## About the walk

How far is it? 4 miles / 6.5 kilometres.

Where does it start? Opposite the Dinevor Arms, Groes faen (ST071809), Please park on streets not at pub.

Can I catch the bus? Rhondda buses and Shamrock Shoppas stop at Groes faen.

Where can I get a drink? Dinevor Arms, Groes faen.
Which map should I take? O. S. Explorer 151

## Getting to the start

From J34, M4, take the A4119 to Llantrisant. At the first set of traffic lights turn right to Groes faen (A4119). The Dinevor Arms is on your left at the end of the village. Alternatively follow the A4119 from Cardiff to Llantrisant.

## The Taff Ely (Llantrisant) Ramblers

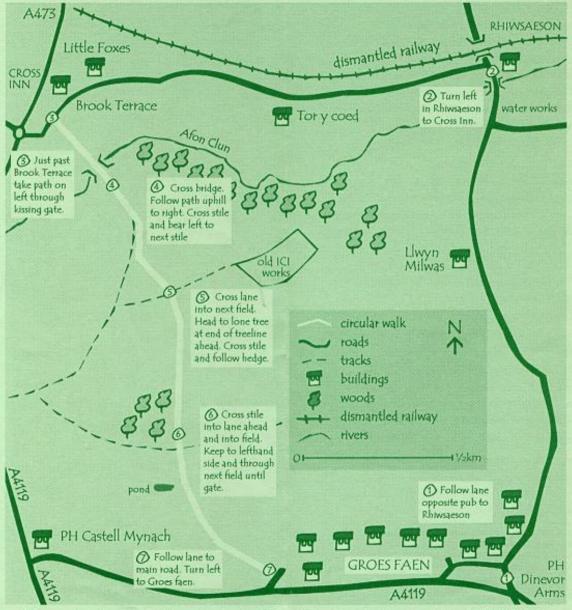
The Taff Ely (Llantrisant) Ramblers Group, now with more than 120 members, was formed in 1993. The Group promotes rambling, protects rights of way, campaigns for access to the open country and defends the beauty of the countryside.

Maintaining the local footpath network is a priority. Some of our volunteers undertake practical footpath work to help maintain the local footpath network. The Group's walks programme consists of weekly walks in South East Wales, and are usually approx. 5 to 15 miles in length.

We have a national reputation for our friendly welcome and relaxed attitude on our walks and new walkers are always welcome. So come and enjoy the countryside in the friendly company of fellow walkers.

This leaflet was produced by the Taff Ely (Llantrisant)
Ramblers, assisted by Caerphilly Mountain Countryside
Service and supported by Llantrisant Town Council. For more
information call (029) 2081 3356.





This is one of a series of walks guides produced by the Taff Ely (Llantrisant) Ramblers. For more details call (029) 2081 3356.