

# COMMUNITY LINK CWLWM BRO

www.pentyrch.cc

*working to improve our communities*

PENTYRCH COMMUNITY COUNCIL



CYNGOR CYMUNED PENTYRCH

Hydref Autumn 2023

Rhif No. 121

CREIGIAU - PENTYRCH - GWAELOD-Y-GARTH - CAPEL LLANILLTERN - CREIGIAU - PENTYRCH - GWAELOD-Y-GARTH - LLANILLTERN - CREIGIAU - PENTYRCH - GWAELOD-Y-GARTH

## CREIGIAU CARNIVAL 2023



First Minister Mark Drakeford, Lady Mayoress Cllr. Bablin Molik, Carnival King & Queen and attendants, Millie aka Elsa from Frozen and a few of the members of Carnival Committee

What a terrific day, bright sunshine and a large happy crowd of residents and visitors.

The procession set off from the Doctors Surgery with a large number of children and adults dressed in excellent costumes reflecting our theme of Creepy Crawlies, the judging was carried with the help of the Lady Mayoress of Cardiff Cllr. Bablin Molik and of course our own AM and regular attendee Mark Drakeford. The procession, led by Millie who was dressed as Elsa from Frozen, wound its way through the village, past large numbers of spectators who then followed the excited participants on to the recreation field signalling the start of Carnival.



Joyful crowds making their way to the Recreation field

This year with the help of the Creigiau Recreation Charity and Creigiau 23 who are the recipients of the profits from Carnival there was a brilliant mix of entertainment, information, food, and beverages. As usual we had our Fun Fair alongside our sports clubs Archery and Tennis. This year we were pleased to welcome Creigiau Golf Club where their Secretary Manager Richard Brookman gave instruction on golf skills, Pentyrch Rugby U13's put on a number of stalls next to the Burger and Drinks tents manned by C23.

Other groups represented were Pentyrch Community

Council, Garth Rotary, Friends of Animals Wales, Creigiau Travel, Friends of the School, our Plant Stall manned by Jenny and Ann and the Cantorian Creigiau stall next to the Recreation Charity who were introducing their new Friends of the Rec offer, and of course Garlic Meadows with the ever popular goats. Simon Sparkles was his usual brilliant self, not only making children and adults laugh on the field but also led the procession and entertained the crowds by making balloon animals.

The Carnival Committee start the planning of this event just after Christmas but this wouldn't be the success it is without the help of a number of people, Dave Wall who takes the photos, Nick Lyon who lends us the Trailer, St John



First Aiders, MRS Communications who supply our 2 way

radios and especially the teachers and children at Creigiau Primary School who every year design the posters we use around the village. We also must thank all the members of C23 and Creigiau Charity who helped distribute our leaflets and then sold the Wristbands from door to door and this year we had the help of Jamie Clode, one of our new residents in Capel Llaniltern, who volunteered to distribute to all the houses on the new estate, and a big thank you to



Harlequin for putting together the leaflets and printing them so quickly.

Our very small number of committee members work very hard to put together an event that everyone can enjoy, and to raise funds for the good causes in the village. So, if you think you can help with either the planning or during a very busy last Saturday in June, we would be pleased to hear from you.



Carnival Day would just not be the same without the traditional egg throwing competition



### COUNCIL MEETINGS

PCC now holds meetings online via Microsoft Teams. Meetings are held under the Local Government Elections (Wales) Act 2021. The public and press are welcome to attend and the Teams link is on the bottom of each agenda. You will find the agenda on the PCC Meetings page of our website. Pentyrch Community Council holds its main monthly meetings on the 3rd Monday of every month except August.

### CYFARFODYDD Y CYNGOR

Mae CCP bellach yn cynnal cyfarfodydd ar-lein trwy Microsoft Teams. Cynhelir cyfarfodydd o dan Ddeddf Etholiadau Llywodraeth Leol (Cymru) 2021. Mae croeso i'r cyhoedd a'r wasg ddod ac mae'r Teams link ar waelod pob agenda. Fe welwch yr agenda ar dudalen Cyfarfodydd CCP ein gwefan. Mae Cyngor Cymuned Pentyrch yn cynnal ei brif gyfarfodydd misol ar y 3ydd dydd Llun o bob mis ac eithrio mis Awst.

**PCC wish to thank all contributors to this edition of Community Link.**

**We would also like to pay a special thank you to those who have helped with various translations and proof reading the Community Link.**

***The views expressed in the Community Link are not necessarily those of the Community Council.***

***Nid yw safbwynt y Cyngor bob amser yn cyd-fynd a'r hyn a fynegir yn 'Cwlwm Bro'.***

### COMMUNITY LINK

Last date for items in the next issue is

**6 November 23. 9:00am**

Items submitted will only be included subject to available space on a first come basis. Articles should be limited to 250 words where possible and should be sent to the Council Clerk or to any Councillor.

e-mail: [office@pentyrch.cc](mailto:office@pentyrch.cc)

*The Council is unable to give any guarantee of a delivery date. When placing articles or adverts please take into account the time it takes to prepare print and distribute the magazine*



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CYNGOR CYMUNED PENTYRCH**

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**Residents can contact Councillors at the email addresses given. Alternatively you can leave a message on telephone number 029 20 891417 and request that the individual councillor returns your call**

### HYSBYSEBWCH YN CWLWM BRO

Dosberthir Cwlwm Bro i 2800 o dai yn yr ardal ac mae'n gyfrwng ardderchog i rannu gwybodaeth

#### Hysbysebion

6 cm x 9 cm £15

9 cm x 13 cm £30

Colour £60

Ffôn: 029 2089 1417

### ADVERTISE IN COMMUNITY LINK

Community Link is delivered to 2800 homes in the area and is a valuable source of information.

#### Adverts

6 cm x 9 cm £15

9 cm x 13 cm £30

Colour £60

Tel: 029 2089 1417

### [www.pentyrch.cc](http://www.pentyrch.cc)

Minutes of meetings of Pentyrch Community Council as well as back-numbers of Community Link are available on the Council's website.

### [www.pentyrch.cc](http://www.pentyrch.cc)

Mae cofnodion cyfarfodydd Cyngor Cymuned Pentyrch yn ogystal ag ôl-rifynnau o Cwlwm Bro ar gael ar wefan y Cyngor.

### SUBMITTING ARTICLES FOR THE COMMUNITY LINK

When submitting an entry for inclusion in the Community link contributors are requested to take note of the following:-

- Articles should not exceed more than 250 words. If your submission is longer than this it may well be summarised or have to be omitted.
- Articles must not be submitted as pdf files as they cannot easily be adjusted to suit the column sizes.
- Photographs should be submitted as photograph files e.g. jpg png.
- The photographs should not be reduced in size or definition.

Stuart Thomas Editor

### CWLWM BRO

Dyddiad olaf am erthyglau ar gyfer y rhifyn nesaf

**6 Tachwedd 23. 9:00am**

Dim ond ar sail y cyntaf i'r felin y bydd yr eitemau a gyflwynir yn cael eu cynnwys. Dylir cyfyngu erthyglau i 250 gair os yn bosib a dylid ei danfon i Glerec y Cyngor neu unrhyw Gynghorydd.

e-bost: [office@pentyrch.cc](mailto:office@pentyrch.cc)

*Wrth gyflwyno erthygl neu hysbyseb ar gyfer y cylchgrawn, byddwch yn ymwybodol o'r amser sydd eisiau i'w baratoi, ei argraffu a'i ddosbarthu. Ni fedr y Cyngor roi unrhyw sicrwydd y bydd yn cael ei ddosbarthu cyn rhyw ddyddiad arbennig.*



# Community Council Highlights Penawdau y Cyngor Cymuned

## THE FUTURE OF PENTYRCH SURGERY

On a number of occasions the Community Council has attempted to have a dialogue with Cardiff & Vale Health Board, on the future of Pentyrch Surgery.

Cardiff & Vale Health Board have failed to respond to our letters & the matter has been raised directly with Mark Drakeford MS.

The text of our letter of 5th April 2023, to the Chief Executive, is reproduced below.

Dear Ms Rankin,

**Pentyrch GP Surgery : move to Rhydlafer, NW Cardiff**

We note, with some disappointment, that we have not received a response to our letter of 21st February and the subsequent follow up on 16th March.

We would now like to raise a number of other points:-

If the project is proceeding can you give a schedule of timings for the work to commence and estimated time before the practice will go live.

The PSOS have approached us and posted publicly that the Health Board have written to them advising PCC will be conducting and collating a survey regarding the proposed new practice. PCC has had no dialogue with the Health Board regarding this matter and has not agreed to undertake any surveys. Can you please clarify this matter?

PCC would request that should a formal group be established to consider transport solutions a patient/public representative be included and a PSOS representative should be considered.

Gary Dixon

Chair of Pentyrch Community Council

## DYFODOL LLAWFEDDYGAETH PENTYRCH

Ar sawl achlysur mae'r Cyngor Cymunedol wedi ceisio cael deialog gyda Bwrdd Iechyd Caerdydd a Vale, ar ddyfodol llawfeddygaeth Pentyrch.

Mae Bwrdd Iechyd Caerdydd a Vale wedi methu ag ymateb i'n llythyrau ac mae'r mater wedi'i godi'n uniongyrchol gyda Mark Drakeford MS.

Atgynhyrchir testun ein llythyr ar 5 Ebrill 2023, at y prif weithredwr, isod.

Annwyl Ms Rankin,

**Llawfeddygaeth Meddyg Teulu Pentyrch: Symud i Rhydlafer, NW Caerdydd**

Nodwn, gyda rhywfaint o siom, nad ydym wedi derbyn ymateb i'n llythyr o 21 Chwefror a'r dilyniant dilynol ar 16eg Mawrth.

Hoffem nawr godi nifer o bwyntiau eraill:-

Os yw'r prosiect yn mynd rhagddo, a allwch chi roi amserlen o amseriadau i'r gwaith gychwyn ac amcangyfrif yr amser cyn y bydd yr arfer yn mynd yn fyw. Mae'r PSOs wedi cysylltu â ni a phostio'n gyhoeddus bod y Bwrdd Iechyd wedi ysgrifennu atynt yn cynghori y bydd CCP yn cynnal ac yn coladu arolwg ynghylch yr arfer newydd arfaethedig. Nid yw CCP wedi cael unrhyw ddeialog gyda'r Bwrdd Iechyd ynglyn â'r mater hwn ac nid yw wedi cytuno i gynnal unrhyw arolygon. A allwch chi egluro'r mater hwn os gwelwch yn dda?

Byddai CCP yn gofyn pe bai grwp ffurfiol yn cael ei sefydlu i ystyried datrysiadau trafnidiaeth y dylid cynnwys claf/cynrychiolydd cyhoeddus a dylid ystyried cynrychiolydd PSOS.

Gary Dixon

Cadeirydd Cyngor Cymunedol Pentyrch

## GLANHAU GYDA'N GILYDD

Tim Lleol - Cyngor Caerdydd

### GWELLA CYMDOGAETHAU!

Ry'n ni yma i wrando amoch chi a'ch syniadau i wella ein mannau cymunedol a chreu cymuned lle gallwn i gyd ymfalchïo ynddi.

### YR HYN A WNAWN!

- Helpu trigolion i glirio eu gerddi o llystyfiant sydd wedi gordyfu a gwastraff deisiâu.
- Hynwddo'r defnydd cywir o biniau a chylleusterau ailgylchu.
- Cefnogi timau eraill sy'n mynd i'r afael â thipio anghyfreithlon, sbwriel a graffiti ledled Caerdydd.



### ANGEN HELP?

Ydych chi'n cael trafferth gyda'ch gardd sydd wedi gordyfu neu wastraff gardd deisiâu? Cysylltwch â'r Tim Lleol i weld a allwn ni helpu.

I gael rhagor o wybodaeth, cysylltwch â'r tim ar **Ffôn: 029 2087 2787**

**EDRYCHWN YMLAEN AT GLYWED EICH SYNIADAU!**



TimLleol@caerdydd.gov.uk

## TEAMING UP TO CLEAN UP!

Local Team - Cardiff Council

### IMPROVING NEIGHBOURHOODS!

We are here to listen to you and your ideas to enhance our community spaces and create a community in which we can all take pride.

### WHAT WE DO!

- Help residents clear their gardens of overgrown vegetation and unwanted waste.
- Promote the correct use of bins and recycling facilities.
- Support other teams tackling fly tipping, litter and graffiti throughout Cardiff.
- Support residents to engage in the community with community gardens and action days.



### NEED HELP?

Are you struggling with your overgrown garden or unwanted garden waste? Then please contact the Local Team to check if we can help.

For further information please contact the team on **Tel: 029 2087 2787**

**WE LOOK FORWARD TO HEARING YOUR IDEAS!**



localteam@cardiff.gov.uk





# Pentyrch Community Council

## Annual Report 2022/23

### Background/Context

The Council has faced another challenging year as the effects of the pandemic and the so-called 'cost of living crisis' have continued to present practical and personal difficulties for us all. Our communities have shown their resilience and resourcefulness in supporting family, friends and neighbours with care and consideration and PCC has continued its often unseen and steadfast work in providing services and planning to the benefit of all who abide within our communities.

### Conducting Council Business and Governance

Pentyrch Community Council (PCC) is made up of 13 Councillors, all of whom live within our boundaries, who attend monthly meetings of the Council. In addition, monthly meetings are held of the Planning Committee and Finance Committee, the minutes of both of which are subject to scrutiny and approval at full council meetings. Several working groups of members, commissioned by full Council, also meet to discuss a variety of important issues and report back. These include Transport, Health and Safety, Building & Estates and Human Resources together with a Group established to produce a comprehensive Business Plan. This ambitious and carefully considered Plan will set forward a progressive programme of initiatives and targets aimed at enhancing the quality of life for the people of our communities.

### Community Engagement

PCC has a duty of care not just for the people within our boundaries but also to our staff and members. Health and hygiene protocols have gradually been eased over the year at our busy offices in Peniel Road and for our hard-working Community Facilities Maintenance Team out in the field. Members have increased the number of face-to-face meetings for committees and working group events ensuring that members who are unable to attend in person are able to represent their particular community via a Microsoft Teams link.

Staff and members are working on the preparation of a programme of PCC meetings for the current financial year at venues within our villages which are capable of facilitating a hybrid format in order fulfil our obligation to allow the public and press to join the democratic process as and when appropriate.

The PCC continues to research, compile, publish and distribute around 2,800 copies of the ever-popular 'Community Link' on a quarterly basis to homes across our communities. This publication contains news of local issues, events and developments as well as highlighting the considerable amount of work and activity conducted by local community-based groups. The 'Link' is also useful to bring legal notices and planning applications and permissions to the attention of residents.

The Council also has an active Facebook group which is a useful tool for real time engagement and for highlighting issues and events which are of local interest and importance and also maintains a number of Community Notice Boards across our villages.

PCC employs a Community Engagement Officer responsible for working with local people and organisations across our communities to provide guidance and support to those facilitating activities and services for local people. A comprehensive list of all those assisted is available on the PCC website.

The highlight of the calendar in terms of community engagement was the Civic Reception at Pentyrch RFC. The event was attended by many local groups, clubs, societies and organisations to celebrate the vibrant nature of community activities in our villages. Importantly, it also acknowledged the contribution of several well-known and respected local people to the enrichment of our communities with the presentation of personal achievement awards by the Lord Mayor of Cardiff.

### Finances

There was a very significant underspend during the year as actual spend was not in line with expectations. The previous Clerk to the Council retired & with the transition to a new appointment planned projects were delayed. Last year's financial performance of the Council was as follows (£1000s): -

	Budget £000	Actuals £000
Reserves at Start of Year	153	153
Income for Year	<u>191</u>	<u>201</u>
	344	354
Less Expenditure	<u>242</u>	<u>152</u>
Reserves at End of Year	102	202

### Maintenance of the Public Realm

PCC's Community Maintenance Team have experienced another very busy year. The Council has responsibility for the management of a huge area of land which not only includes the Garth and its environs but also considerable areas of recreational, woodland, cemeteries and open spaces. The work for the Team is constant given the challenges posed by changing seasons and the multitude of fixtures and facilities across and between our villages such as play areas, green spaces, cemeteries, styles, footpaths, kissing gates, benches, litter bins and flower beds.

### Activities and Achievements 2022/23

The Council is pleased and proud to have supported many initiatives and projects within our villages, including:

**Pentyrch RFC** - During the winter months residents were able to enjoy a warm space, a chat and lunch (soup and a roll). This free service was offered due to a £400 grant from PCC.

**Keep Creigiau Tidy** was awarded £150 for long handled litter pickers.

**Gwaelod Y Garth Lunch Club** was awarded £350 to enable residents to go on trips throughout the year.

**Hilltop Theatre** was awarded £300 to purchase screens to safeguard children when performing.

**Gwaelod Rangers** were awarded £250 to help with a coronation fun day. Sadly, this was postponed due to bad weather and is to be-rearranged.

**Garth Country Fair** was awarded £550 to help set up this charitable event.

PCC has been proactive in fulfilling its role as an important part of the local democratic process by expressing to the Senedd, the County Council and other representative public bodies, the views of local people on

*Continued on page 5*

## Annual Report Continued.....

strategic and site-specific plans and processes concerning our local area. Chief amongst these has been raising objections and outlining views regarding the County Council's Local Development Plan including concerns over the lack of social and physical infrastructure, increased traffic generation and impact upon the environment; objections to the removal of Pentyrch Surgery and subsequent lack of engagement by the Local Health Board; lobbying for improved safety measures concerning local traffic movements including speed-limiting measures in and between our villages and controlled school crossings; and continued campaigning for the improvement of local bus services.

PCC is also pleased to have supported the annual Remembrance Service at Pentyrch Cenotaph and Christmas events around the villages. 2022/23 was, of course, a year like no other in as much as we celebrated Her Majesty Queen Elizabeth the Second's Platinum Jubilee and later her very sad passing. PCC played its part in this historic period by organising the lighting of a beacon on the Garth Mountain and supporting community celebrations for the Jubilee and then by making a Book of Condolence available at venues across our communities for people to express their sympathies, gratitude for service and reminiscences.

### Priorities for 2023/24

As mentioned above, PCC is in the process of producing a Business Plan to set out its ambitions for the coming years. This will include improvements to local public transport, the sustainable management of our land assets and the environment, an improved network of foot and cycling paths, exploring ways to improve access to medical services, a focus on youth provision and participation, parent and toddler groups, accessibility for all, tree planting, enhanced community engagement and of course support for local community groups, events, buildings and organisations.



**Some say,  
Speed things up**

**We say,  
TAKE YOUR TIME**

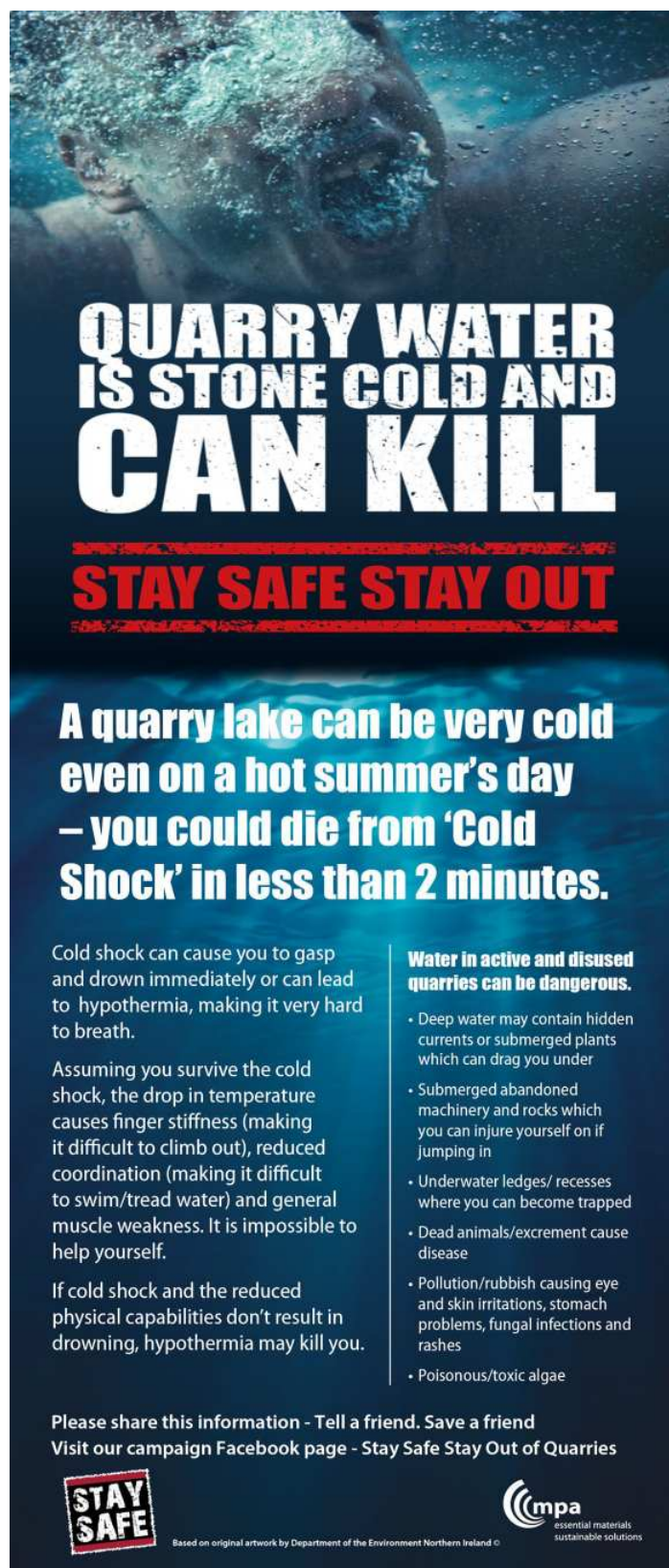
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# QUARRY WATER IS STONE COLD AND CAN KILL

## STAY SAFE STAY OUT

**A quarry lake can be very cold even on a hot summer's day – you could die from 'Cold Shock' in less than 2 minutes.**

Cold shock can cause you to gasp and drown immediately or can lead to hypothermia, making it very hard to breath.

Assuming you survive the cold shock, the drop in temperature causes finger stiffness (making it difficult to climb out), reduced coordination (making it difficult to swim/tread water) and general muscle weakness. It is impossible to help yourself.

If cold shock and the reduced physical capabilities don't result in drowning, hypothermia may kill you.

**Water in active and disused quarries can be dangerous.**

- Deep water may contain hidden currents or submerged plants which can drag you under
- Submerged abandoned machinery and rocks which you can injure yourself on if jumping in
- Underwater ledges/ recesses where you can become trapped
- Dead animals/excrement cause disease
- Pollution/rubbish causing eye and skin irritations, stomach problems, fungal infections and rashes
- Poisonous/toxic algae

Please share this information - Tell a friend. Save a friend  
Visit our campaign Facebook page - Stay Safe Stay Out of Quarries

**STAY SAFE**

**empa**  
essential materials  
sustainable solutions

Based on original artwork by Department of the Environment Northern Ireland ©

### HEDGES AND SHRUBS

We continue to have many concerns and questions about hedges and shrubs that are overgrown from gardens and make it difficult for people to walk along pavements or road trails that connect roads.

The individual houses holders are responsible for any trees and hedgerows overlapping public highways. You should make sure your hedges are cut back and tidy up any docking. Where there is a significant barrier, Cardiff Council can force you to cut back the criminal growth. They can (and have) fined householders who have not had the work done. Keep your hedges and shrubs in good order. Consider that if your hedgerows are overgrown, how this will affect someone with a pushchair, in a wheelchair, or a visual impairment.





# Cyngor Cymuned Pentyrch

## Adroddiad Blynyddol 2022/23

### Cefndir a chyd-destun

Mae'r cyngor wedi wynebu blwyddyn heriol arall gan fod effeithiau'r pandemig a'r argyfwng costau hyw wedi parhau i greu anawsterau ymarferol a phersonol i bob un ohonon ni. Mae ein cymunedau wedi dangos eu gwytnwch a'u dyfeisgarwch wrth gefnogi teulu, ffrindiau a chymdogion ac mae'r cyngor wedi parhau â'i waith diflino i wasanaethu ein cymunedau.

### Cynnal busnes a llywodraethu

Mae gan gyngor cymuned Pentyrch 13 o gynghorwyr, a phob un ohonynt yn byw o fewn ein ffiniau. Rydyn ni'n cynnal cyfarfodydd misol llawn, cyfarfodydd misol gan y Pwyllgor Cynllunio a'r Pwyllgor Cyllid, y mae cofnodion y ddau ohonynt yn destun craffu a chymeradwyaeth yng nghyfarfodydd llawn y Cyngor.

Mae sawl gweithgor o aelodau, a gomisiynwyd gan gyngor llawn, hefyd yn cwrdd i drafod amrywiaeth o faterion pwysig ac adrodd yn ôl. Mae'r rhain yn cynnwys trafniadaeth, iechyd a diogelwch, adeiladu ac ystadau ac adnoddau dynol ynghyd â grwp a sefydlwyd i gynhyrchu cynllun busnes cynhwysfawr. Bydd y cynllun uchelgeisiol hwn yn gosod rhaglen flaengar o fentrau a thargedau gyda'r nod o wella ansawdd bywyd pobl ein cymunedau.

### Ymgysylltu â'r gymuned.

Mae gan CCP ddyletswydd gofal nid yn unig i'r bobl o fewn ein ffiniau ond hefyd i'n staff a'n haelodau. Yn raddol, mae protocolau iechyd a hylendid wedi cael eu lleddfu dros y flwyddyn yn ein swyddfeydd prysur yn Penuel Road ac ar gyfer ein tîm cynnal a chadw cyfleusterau cymunedol gweithgar yn y maes. Mae aelodau wedi cynyddu nifer y cyfarfodydd wyneb yn wyneb ar gyfer pwyllgorau a digwyddiadau gweithgor gan sicrhau bod aelodau nad ydyn nhw'n gallu mynychu yn bersonol yn gallu cynrychioli eu cymuned benodol trwy gyswllt Microsoft Times.

Mae staff ac aelodau'n gweithio ar baratoi rhaglen o gyfarfodydd CCP ar gyfer y flwyddyn ariannol gyfredol mewn lleoliadau yn ein pentrefi sy'n gallu hwyluso fformat hybrid er mwyn cyflawni ein rhwymedigaeth i ganiatáu i'r cyhoedd a'r wasg ymuno â'r broses ddemocrataidd fel a pan fo hynny'n briodol.

Mae'r CCP yn parhau i ymchwilio, llunio, cyhoeddi a dosbarthu tua 2,800 o gopiau o'r Cwlwm Bro poblogaidd pob tri mis i gartrefi ar draws ein cymunedau. Mae'r cyhoeddiad hwn yn cynnwys newyddion am faterion, digwyddiadau a datblygiadau lleol yn ogystal â thynnu sylw at y cryn dipyn o waith a gweithgaredd a gynhaliwyd gan grwpiau cymunedol lleol. Mae'r 'ddolen' hefyd yn ddefnyddiol i ddod â hysbysiadau cyfreithiol a chynllunio ceisiadau a chaniatâd i sylw preswylwyr.

Mae gan y cyngor hefyd grwp Facebook gweithredol sy'n offeryn defnyddiol ar gyfer cyfathrebu ac ar gyfer tynnu sylw at faterion a digwyddiadau sydd o ddiddordeb a phwysigrwydd lleol ac sydd hefyd yn cynnal nifer o fyrdau rhybudd cymunedol ar draws ein pentrefi.

Mae CCP yn cyflogi swyddog ymgysylltu cymunedol sy'n gyfrifol am weithio gyda phobl a sefydliadau lleol ar draws ein cymunedau i ddarparu arweiniad a chefnogaeth i'r rhai sy'n hwyluso gweithgareddau a gwasanaethau i bobl lleol. Mae rhestr gynhwysfawr o'r holl rai a gynorthwyr ar gael ar wefan CCP.

Uchafbwynt y calendr o ran ymgysylltu â'r gymuned oedd y derbyniad dinesig yn RFC Pentyrch. Mynychwyd y

digwyddiad gan lawer o grwpiau, clybiau, cymdeithasau a sefydliadau lleol i ddathlu natur fywiog gweithgareddau cymunedol yn ein pentrefi. Yn bwysig, roedd hefyd yn cydnabod cyfraniad sawl person lleol adnabyddus ac uchel eu parch at gyfoethogi ein cymunedau gyda chyflwyno Gwobrau Cyflawniad Personol gan Arglwydd Faer Caerdydd.

### Cyllid.

Roedd tan-variant slweddol iawn yn ystod y flwyddyn gan nad oedd gwariant gwirioneddol yn unol â'r disgwyliadau. Gadawodd y clerc blaenorol y cyngor a chydâ'r newid i benodiad newydd a gynlluniwyd gan brosiectau

Roedd perfformiad ariannol y cyngor y llynedd fel a ganlyn:

	Gwirioneddau £ 000	Cyllideb £ 000
Cronfeydd wrth gefn ar ddechrau'r flwyddyn	153	153
Incwm ar gyfer blwyddyn	<u>191</u>	<u>201</u>
	344	354
Llai o wariant	<u>242</u>	<u>152</u>
Cronfeydd wrth gefn ar ddiwedd blwyddyn	102	202

### Cynnal a chadw

Mae tîm cynnal a chadw cymunedol PCC wedi profi blwyddyn brysur iawn arall. Mae gan y Cyngor gyfrifoldeb am reoli ardal enfawr o dir sydd nid yn unig yn cynnwys y Garth a'i amgylchoedd ond hefyd ardaloedd sylweddol o hamdden, coetir, mynwentydd a mannau agored. Mae'r gwaith i'r tîm yn gyson o ystyried yr heriau a berir gan dymhorau newidiol a'r lluo o osodiadau a chyfleusterau ar draws a rhwng ein pentrefi fel ardaloedd chwarae, mannau gwyrdd, mynwentydd, arddulliau, llwybrau troed, gatiau cusanu, meinciau, biniau sbwriel a gwelyau blodau.

### Gweithgareddau

Mae'r cyngor yn filch ei fod wedi cefnogi llawer o fentrau a phrosiectau yn ein pentrefi, gan gynnwys:

**Pentyrch RFC** - Yn ystod misoedd y gaeaf roedd preswylwyr yn gallu mwynhau lle cynnes, sgwrs a chinio (cawl a rhodyn). Cynigiwyd y gwasanaeth rhad ac am ddim hwn oherwydd grant o £ 400 gan CCP.

Dyfarnwyd £ 150 i gadw **Creigiau yn daclus** am godwyr sbwriel hir.

Dyfarnwyd £ 350 i **Glwb Cinio Gwaelod y Garth** i alluogi preswylwyr i fynd ar deithiau trwy gydol y flwyddyn.

Dyfarnwyd £ 300 i **Theatr Hilltop** i brynu sgriniau i ddiogelu plant wrth berfformio.

Dyfarnwyd £ 250 i **Gwaelod Rangers** i helpu gyda diwrnod hwyl coroni. Yn anffodus, gohiriwyd hyn oherwydd tywydd gwael ac mae i gael ei aildrefnu.

Dyfarnwyd £ 550 i **Ffair Gwlad Garth** i helpu i sefydlu'r digwyddiad elusennol hwn.

Mae CCP wedi bod yn rhagweithiol wrth gyflawni ei rôl fel rhan bwysig o'r broses ddemocrataidd leol trwy fynegi, i'r Senedd, y Cyngor Sir a chyrrff cyhoeddus cynrychioliadol eraill, barn pobl leol ar gynlluniau a phrosesau strategol a safle-benodol sy'n ymwneud â'r ardal. Y pennaf o'r rhain oedd ynghylch cynllun datblygu lleol y Cyngor Sir gan

## Adroddiad Blynyddol Parhad

gynnwys pryderon ynghylch diffyg seilwaith cymdeithasol a chorfforol, cynhyrchu mwy o draffig a'r effaith ar yr amgylchedd; gwrthwynebiadau i gael gwared ar lawdriniaeth pentyrch a diffyg ymgysylltu dilynol gan y Bwrdd Iechyd Lleol; llobio am well mesurau diogelwch sy'n ymwneud â symudiadau traffig lleol gan gynnwys mesurau sy'n cyfyngu ar gyflymder yn ein pentrefi a rhwng ein pentrefi a chroesfannau ysgol rheoledig; a pharhau i ymgyrchu dros wella gwasanaethau bysiau lleol.

Mae CCP hefyd yn falch o fod wedi cefnogi'r Gwasanaeth Coffa Blynyddol yn Pentyrch Senotaff a digwyddiadau Nadolig o amgylch y pentrefi. Roedd 2022/23, wrth gwrs, yn flwyddyn fel dim arall gymaint ag y gwnaethom ddathlu ei Mawrhydi y Frenhines Elizabeth Jiwbilf Platinwm yr ail ac yn ddiweddarach ei marwolaeth drist iawn. Chwaraeodd CCP ei ran yn y cyfnod hanesyddol hwn trwy drefnu goleuadau disglair ar Fynydd Garth a chefnogi dathliadau cymunedol ar gyfer y Jiwbilf ac yna trwy sicrhau bod llyfr cydymdeimlad ar gael mewn lleoliadau ar draws ein cymunedau i bobl fynegi eu cydymdeimlad, diolchgarwch am ei gwasanaeth ac atgofion.

## Blaenoriaethau ar gyfer 2023/24

Fel y soniwyd uchod, mae CCP yn y broses o gynhyrchu cynllun busnes i nodi ei uchelgeisiau ar gyfer y blynyddoedd i ddod. Bydd hyn yn cynnwys gwelliannau i drafnidiaeth gyhoeddus leol, rheolaeth gynaliadwy ein hasedau tir a'r amgylchedd, rhwydwaith gwell o lwybrau traed a beicio, gan archwilio ffyrdd i wella mynediad at wasanaethau meddygol, ffocws ar ddarpariaeth a chyfraniad ieuencid, grwpiau rhieni a phlant bach, hygyrchedd i bawb, plannu coed, gwell ymgysylltiad cymunedol ac wrth gwrs cefnogaeth ar gyfer grwpiau cymunedol lleol, digwyddiadau, adeiladau a sefydliadau.

## WALES CONNECTIVITY SURVEY

Dear Residents of Wales,  
We understand that slow internet speeds can be frustrating and challenging. We are particularly interested in hearing from those of you who experience speeds of less than 4Mbps across Wales.  
We kindly ask for your participation in this important survey and encourage you to share it with others in your networks who may also be facing similar connectivity issues.  
Your feedback will be crucial in shaping future support and finding solutions to bridge the digital divide. By working together, we can amplify our voices and strive for a more connected and accessible Wales.  
Thank you for your time and support.  
Marc.davies@cwmpas.coop

## AROLWG CYSYLLTEDD CYMRU

Annwyl Breswylwyr Cymru,  
Rydym yn deall y rhwystredigaethau a'r heriau sy'n dod gyda chyflymder araf y rhyngwyd. Rydym yn awyddus i glywed gennych os ydych yn derbyn cyflymder is na 4Mbps ledled Cymru.  
Gofynnwn yn garedig am eich cyfranogiad yn yr arolwg pwysig hwn ac rydym yn annog chi i'w rannu ar draws eich rhwydweithiau, gan gyrraedd at eraill y gwyddoch eu bod yn wynebu problemau cysylltedd tebyg.  
Bydd eich adborth yn cael eu defnyddio i lunio adroddiad a fydd yn helpu i lunio cefnogaeth a datrysiadau ar gyfer pontio'r bwch digidol. Gyda'n gilydd, gallwn gryfhau ein lleisiau ac ymgyrchu tuag at Gymru fwy cysylltiedig â hygyrch.  
Diolch yn fawr am eich amser a'ch cefnogaeth.  
Marc.davies@cwmpas.coop

## GWAELOD Y GARTH SCHOOL BIKE BUS



We are excited to announce that our first Bike Bus journey was a great success! On Friday 23 June, over twenty pupils, parents, and volunteers came together and cycled from Taffs Well to the school. We are very grateful to Tori who has a son in Reception, for helping to set up Ysgol Gwaelod Y Garth bike bus. We are also grateful to Hamish from Sustrans, and all the parents and staff for their support. The next trip is planned for Friday, July 7th and will start at Taffs Well (from King Street) meeting time: 8.20. Encouraging active travel is a priority for us here at Gwaelod y Garth school and our walking bus which operates daily from Heol Berry is going from strength to strength. Remember to follow our Twitter account for further information.

## GREEN ROUTES CHALLENGE

In collaboration with Welsh Government, we here at Gwaelod y Garth School have established a parliament for primary pupils in Cardiff. We organize "Ein Senedd Ni" meetings every term at Tŷ Hywel Cardiff Bay and collaborate with members of the Welsh Government and the Welsh Youth Parliament for Wales. As pupils, we discuss how we can improve our schools and contribute to our communities. Our latest project is the Green Routes Challenge. On Friday, June 30, we have set a challenge to the city's schools and we want to turn Cardiff's roads green. We encourage everyone not to use a car to come to school in the morning or afternoon! Instead, use the walking bus, cycle to school, park a car, and walk to school or come by bus. We will report back to parliament in the afternoon on the success of the day.

## GWAELOD Y GARTH PUPILS LEARNING LIFE SKILLS



The Friday Girls (ex W.I.) have finished their 10<sup>th</sup> year teaching the 5<sup>th</sup> year pupils of Gwaelod y Garth school life skills such as cooking, sewing, knitting, cross stitch, etc. At the end of each term, the children get to take home the items they have made, such as Christmas stockings, snow globes, tree decorations, shopping bags, cushions, cross stitch book markers, felt leeks and daffodils. In July, they are given a recipe book with over 25 recipes of things they have made and tasted. Both the children and our group really enjoyed the sessions and created new friendships.



# Planning Applications


The Community Council is a statutory consultee for planning applications. These applications are discussed at our monthly Planning Committee meetings and as a part of our monthly Council meetings. Members of the public are able to attend these meetings as observers. The minutes of the planning meetings are published on our website..Pentyrch.cc/Committees. Where PCC has objected or commented on an application you can see full details of comment / objection within the meeting minutes.

Details of the Cardiff County Council weekly applications and decided planning lists can also be seen [www.pentyrch.cc/Planning](http://www.pentyrch.cc/Planning) You can view pending planning applications on the County Council website [www.cardiff.gov.uk/planning](http://www.cardiff.gov.uk/planning) and follow the appropriate links Use the 'View Planning Applications' to lodge comments on current applications

Mae'r Cyngor Cymuned yn ymgynghorai statudol ar gyfer ceisiadau cynllunio. Trafodir y ceisiadau hyn yng nghyfarfodydd misol y Pwyllgor Cynllunio ac fel rhan o'n cyfarfodydd misol o'r Cyngor. Gall aelodau o'r cyhoedd fynychu'r cyfarfodydd hyn fel arsylwyr. Cyhoeddir cofnodion y cyfarfodydd cynllunio ar ein gwefan.. Pentyrch.cc/Committees. Lle mae CCP wedi gwrthwynebu neu wneud sylwadau ar gais gallwch weld manylion llawn y sylwadau / gwrthwynebiad yng ngherfyddiadau'r cyfarfod.

Gellir gweld manylion ceisiadau wythnosol Cyngor Sir Caerdydd a rhestrau cynllunio y penderfynwyd arnynt hefyd [www.pentyrch.cc/Planning](http://www.pentyrch.cc/Planning) Gallwch weld ceisiadau cynllunio sydd ar y gweill ar wefan y Cyngor Sir [www.cardiff.gov.uk/planning](http://www.cardiff.gov.uk/planning) a dilyn y dolenni priodol Defnyddiwch y 'Gweld Ceisiadau Cynllunio' i gyflwyno sylwadau ar geisiadau cyfredol

## COED CAERDYDD UPDATES

Coed Caerdydd is a 10 year  programme to increase the number of trees in Cardiff, supporting the city's Planet climate change strategy.

Please join our network if you would like to be kept informed of project updates – including tree planting volunteer opportunities from November onwards.

Mailing list: [coedcaerdyddproject@cardiff.gov.uk](mailto:coedcaerdyddproject@cardiff.gov.uk)

Social Media: [@coedcaerdydd](https://www.facebook.com/CoedCaerdydd) / [www.facebook.com/CoedCaerdydd](http://www.facebook.com/CoedCaerdydd)

## Tree Guardians

Would you like to become a tree guardian for newly planted trees across Cardiff?

We're asking residents to check on newly planted trees in their area and provide feedback on how they are doing.

This can also include some seasonal tasks such as watering during dry spells.

Please email if you are interested in signing up or would like to find out more: [coedcaerdyddproject@cardiff.gov.uk](mailto:coedcaerdyddproject@cardiff.gov.uk)

## Tree nursery volunteer sessions

Would you like to help care for our tree stocks?

We need your help with watering and weeding trees in our nursery to keep them healthy for planting next season.

All sessions 10am-12pm at Forest Farm Country Park, Whitchurch. All ages and abilities welcome.

**Wednesday 23<sup>rd</sup> August** **Saturday 2<sup>nd</sup> September**

**Wednesday 6<sup>th</sup> September** (also seed collection)

**Saturday 16<sup>th</sup> September** (also seed collection)

**Wednesday 20<sup>th</sup> September** **Saturday 30<sup>th</sup> September**

Please visit our Eventbrite : [www.eventbrite.com/cc/forest-farm-tree-nursery-volunteering-1947089](http://www.eventbrite.com/cc/forest-farm-tree-nursery-volunteering-1947089) to book

## Tree and wildlife surveying events

Would you like to improve your tree and wildlife identification skills?

Coed Caerdydd is teaming up with Local Nature Partnership and the Wildlife Trusts of South and West Wales to run free workshops on identifying trees and woodland wildlife.

This is also a great opportunity to find out about support on offer from Coed Caerdydd and Local Nature Partnership, including free trees for households, nature enhancing resources for community groups (e.g. ponds, birdboxes, pollinator friendly plants), and nature volunteering opportunities. The workshop is open to all ages. No equipment or previous knowledge required.

**Friday 25<sup>th</sup> August, 10am-12pm**

**at Forest Farm Country Park, Whitchurch** Please visit [www.eventbrite.com/cc/tree-and-wildlife-surveying-events-2399169](http://www.eventbrite.com/cc/tree-and-wildlife-surveying-events-2399169) to book.

Since the last edition of the Community Link PCC has considered the following planning applications :

**22/00182/MJR** Phase 2, Land North of Pentreban Road PCC - No Comments

**23/00923/FUL** Ysgol Gynradd Gwaelod Y Garth PCC - No Comments

**23/01178/FUL** Unit 3 , Ynys Bridge Court PCC - No Comments.

**23/01073/HSE** 41 Clos Goch The Community Council objected .

**23/01382/RFO** Installation of Electric Line , Llantrisant Rd PCC - No Comments

**23/00497/DOC** Radyr Golf Club PCC - No Comments

**22/00883/MJR** Land To The South Of Llantrisant Road (A4119) , residential development of 160 dwellings The Community Council objected

**19/02523/MJR** Land South Of Creigiau , residential development of approx. 650 dwellings The Community Council objected

**23/01354/FUL** Electricity substation Crofft-y-genau Road , St Fagans PCC - No Comments

## Tree citizen survey

We would be very grateful if you could please respond to our citizen survey about Coed Caerdydd and tree planting.

We carried out citizen surveys in 2019 and 2021 to find out how much trees impact on your life, whether you are aware of the increased tree planting that has taken place and what tree planting you would like to see in the future.

We would like to find out if citizens' views on tree planting have changed and to what extent people have interacted with the Coed Caerdydd project.

Your views really matter to the project: they will help us to adapt our approach, and ensure we are planting the right trees in the future.

## Survey closes Friday 25<sup>th</sup> August 2023

Please use the link to respond to the survey: <https://online1.snapsurveys.com/CoedCaerdydd>

## Chloe Jenkins

Forest Cardiff Volunteer Co-ordinator, Parks Services Cardiff Parks, Sport and Harbour Authority, Queen Alexandra House, Cargo Road, Cardiff Bay CARDIFF CF10 4LY

Email: [chloe.jenkins@cardiff.gov.uk](mailto:chloe.jenkins@cardiff.gov.uk)

Ffôn / Tel: 07970 407227

Website / Gwefan: Coed Caerdydd - Outdoor Cardiff

Facebook: [@coedcaerdydd](https://www.facebook.com/CoedCaerdydd) [www.facebook.com/CoedCaerdydd](https://www.facebook.com/CoedCaerdydd)

Twitter: [@coedcaerdydd](https://twitter.com/coedcaerdydd) CoedCaerdydd (@CoedCaerdydd) / Twitter



## CELTS EXPLORER SCOUTS SUMMER TERM – DISTRACTION FROM EXAM PRESSURE

Summer term is a busy one for the Explorer Scout age group with important exams, but we aim to give the young people an escape from the books and a chance to do something totally different to help them relax a bit.

At the start of last term we visited to the Warhammer Store in Cardiff to learn how to paint tabletop wargaming models. Four Explorers went on to compete in the first ever Scouts Cymru Wargaming Championships. In alternative communication week we used morse code, semaphore, lip reading and text emojis to send and receive messages.

We held a tea party to celebrate the Coronation of King Charles III. Fairtrade week saw them making tasty delights from Fairtrade and ethically sources foodstuffs.



For bee week we had the opportunity to visit a beekeeper and see how a hive worked and produced honey, which was absolutely fascinating. The first half of the term finished with a chippy hike from Radyr to Tongwynlais, with a chippy tea to reward all the effort.

The first meeting after half term was proper chill time with the Explorers learning how to make relaxing bath bombs. The following week was the chance to blow off steam with bike ride down to Pontcanna fields and a game of Ultimate Frisbee.



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Next up was time for reflection and an introduction to Buddhism, the Explorers all enjoyed making their own individual prayer flags. The sky was the limit the week after, we made rockets from pop bottles powered by vinegar and bicarb.

The penultimate session of the summer term was an elaborate game of escape an evade in the woods, leaving subtle clues for the pursuers to track. Term ended with a pizza party for the Explorers and their families.

In amongst all of this, our Silver Duke of Edinburgh team successfully completed their practice and qualifying expeditions. The weather for each could not have been more extreme, baking hot for the practice in the Black Mountains and nothing but wind and rain for qualifying in Bannau Brycheiniog.

If all of this isn't enough excitement, four of the Celts Leadership Team are currently in South Korea working at the 25th World Scout Jamboree. And at the end of August, 6 Explorers are heading to Iceland for the adventure of a lifetime for, amongst other things, rafting, hiking to hot springs, glacier walks and a trip to the world-famous Blue Lagoon.

Explorer Scouts are aged 14 to 18, if you have a young person interested in joining in with the adventure or participating in the Duke of Edinburgh Award scheme, please email [celts@cardiffwestscouts.org.uk](mailto:celts@cardiffwestscouts.org.uk). To see more of what we do, check our Instagram by searching for [celts\\_esu](#).

## DEFIBRILLATORS ARE LOCATED AT :

### Creigiau:

- Old Phone Box opposite Creigiau Inn (outdoors)
- The Pavilion Creigiau Recreational Area, (outdoors)
- Creigiau Primary School (outdoors)
- Tesco Stores (indoors)
- Creigiau Golf Club (indoors)
- Caesars Arms (indoors)
- Canada Lodge (indoors)
- Pencoed House (indoors)

### Gwaelod Y Garth

- Village Hall, Main Road (outdoors)
- Western Security Systems Ltd, (outdoors)

### Pentyrch:

- Pentyrch Rugby Club (outdoors)
- Pentyrch Pharmacy (outdoors)

### Rhydlafar

- The nursery car park (outdoors)

Cabinet Code for all the above C159 (X)





### Eisteddfod Yr Urdd

Ddydd Llun, dydd Mawrth a dydd Mercher yn ystod hanner tymor, cystadlodd nifer o ddisgyblion yr ysgol yn Eisteddfod Genedlaethol yr Urdd yn Llanymddyfri, Sir Gaerfyrddin. Perfformiodd pob un yn wych. Roedd Raffi, Class 2, yn gyntaf ar y Llefaru Blwyddyn 2 ac iau i ddysgwyr, daeth y Grwp Llefaru i Ddysgwyr yn ail a'r Grwp Perfformiad Theatr i Ddysgwyr yn ail hefyd. Perfformiodd Elsie, Class 6, ac Eddie, Class 4, yn wych yn eu cystadlaethau unigol. Rydym yn hynod falch o'r holl ddisgyblion a fu'n cystadlu ac yn cynrychioli'r ysgol mor wych. Diolch i'r staff am hyfforddi'r disgyblion a diolch o



*Theatric Performance for Learners*

### Summer Trips

All classes have been on a summer trip recently. All pupils thoroughly enjoyed their trip with their friends and displayed impeccable behaviour and enthusiasm all day. Meithrin and Nursery pupils enjoyed a show and party in the school hall; Reception and Derbyn pupils visited Techniquet. They all enjoyed participating in a Fairy Tale science workshop; Class 1 and Dosbarth 1 visited Cefn Mably, Farm Park. They had an opportunity to meet the animals on the farm and enjoyed a trip on a little train around the park; Class 2 and Dosbarth 2 visited Castell Coch; Class 3 and Dosbarth 3 pupils visited St. David's Hall to attend and to enjoy a concert with the BBC Orchestra of Wales - what a fabulous experience! They also visited the National Museum of Wales; Class 4 and Dosbarth 4 went bowling to Nantgarw; Class 5 and Dosbarth 5 visited Llantrisant Leisure Centre and Class 6 and Dosbarth 6 pupils spent a fantastic day at Cardiff Sailing Centre.

### Rights Respecting Silver Award

In June, Stuart Whiffin, a Rights Respecting Schools Award Professional Adviser, met six members of staff and Year 6 representatives from our various school committee groups to assess our work towards the Rights Respecting Silver Award. It is a pleasure to announce that we have been awarded the Silver Award. I would like to thank Ms Griffin for leading on the Children's Rights at school, our pupils, staff, parents and governors for all their hard work and support in achieving this award. Excellent team work!

### Gwobr Arian Ysgolion Sy'n Parchu Hawliau

Ym mis Mehefin, roedd Stuart Whiffin, Cyngorydd Proffesiynol Gwobr Ysgolion sy'n Parchu Hawliau, wedi cyfarfod â chwech aelod o staff a chynrychiolwyr Blwyddyn 6 o'n gwahanol bwyllgorau ysgol i asesu ein gwaith tuag at y Wobr Arian Ysgolion sy'n Parchu Hawliau. Mae'n bleser cyhoeddi ein bod wedi ennill y Wobr Arian. Hoffwn ddiolch i Ms Griffin am arwain ar Hawliau Plant yn yr ysgol, ein disgyblion, staff, rhieni a llywodraethwyr am eu holl waith caled a'u cefnogaeth i gyflawni'r wobwr hon. Ardderchog Bawb!



*Recitation Group for Learners*

### Urdd Eisteddfod

On Monday, Tuesday and Wednesday during half term many pupils from school competed at the National Urdd Eisteddfod in Llandovery, Carmarthenshire. They all performed brilliantly. Raffi, Class 2, won the Recitation for Year 2 and younger for Learners competition. The Recitation Group for Welsh Learners came second and the Dramatic Presentation Group for Welsh Learners was also second. Both Elsie, Class 6, and Eddie, Class 4, performed excellently in their individual competitions. We are very proud of all the pupils who competed and represented the school to such a high standard. Many thanks to the staff who taught the pupils and also a massive thank you to all the parents and families for their support.



*Raffi - winner of the Recitation for Learners*

### Gwibdeithiau Haf

Mae pob dosbarth wedi bod ar wibdaith haf yn ddiweddar. Mwynheuodd pob disgybl eu taith gyda'u ffrindiau ac arddangoson nhw ymddygiad a brwdfrydedd anhygoel drwy'r dydd.

Mwynheuodd disgyblion y Feithrinfa a'r Nursery sioe a pharti yn Neuadd yr Ysgol; Ymwelodd disgyblion y Derbyn a Reception â Techniquet. Roedd pawb wedi mwynhau cymryd rhan mewn gweithdy gwyddonol; Ymwelodd

disgyblion Dosbarth 1 a Class 1 â Pharc Fferm Cefn Mably. Cawsant gyfle i gwrdd â'r anifeiliaid ar y fferm a mwynhau taith ar drên bach o amgylch y parc; Ymwelodd disgyblion Dosbarth 2 a Class 2 â Chastell Coch; Ymwelodd disgyblion Dosbarth 3 a Class 3 â Neuadd Dewi Sant i fynychu a mwynhau cyngerdd gyda Cherddorfa Gymreig y BBC - am brofiad gwych! Buont hefyd yn ymweld ag Amgueddfa Genedlaethol Cymru; Aeth Dosbarth 4 a Class 4 i fowlio i Nantgarw; Ymwelodd Dosbarth 5 a Class 5 â Chanolfan Hamdden Llantrisant a threuliodd disgyblion Dosbarth 6 a Class 6 ddiwrnod gwych yng Nghanolfan Hwyllo Caerdydd.



### Performing For The Local Community

In July, members of the local community visited school. They were entertained by Dosbarth 2 pupils performing their 'Tafwyl' songs. They were amazed that the pupils sang for 25 minutes and had learned such a variety of songs. Thank you to members of 'Clwb y Dwrllyn', 'Merched y Wawr', 'Cantorion Creigiau', Creigiau Companions, the WI and local community councillors for coming into school and enjoying our talented pupils' performance.

### Perfformio I'r Gymuned Leol

Ym mis Gorffennaf fe wnaeth aelodau o'r gymuned leol ymweld â'r ysgol. Cawsant eu diddanu gan ddisgyblion Dosbarth 2 yn perfformio eu caneuon 'Tafwyl'. Roedden nhw'n rhyfeddu bod y disgyblion wedi canu am 25 munud ac wedi dysgu cymaint o amrywiaeth o ganeuon. Diolch i aelodau Clwb y Dwrllyn, Merched y Wawr, Cantorion Creigiau, 'Creigiau Companions', y 'WI' a chynghorwyr cymunedol lleol am ddod i'r ysgol a mwynhau perfformiad ein disgyblion talentog.

### Parti Ffarwel Blwyddyn 6

Diolch yn fawr i Gyfeillion yr Ysgol a rhieni disgyblion Blwyddyn 6 am drefnu Parti Ffarwel bythgofiadwy ar gyfer disgyblion Dosbarth 6 a Class 6. Roeddent i gyd wedi mwynhau'r noson yn fawr ac wedi gwneud atgofion bythgofiadwy gyda'u ffrindiau. Diolch yn fawr i'r holl staff am helpu dathlu eu noson arbennig.



*Dosbarth 6 in their Leavers' Party*

### Visitors From Lesotho

Special visitors from Lesotho visited the school recently. Dosbarth 2 pupils entertained them with their beautiful singing in the school hall. They had a tour of the school and spoke with our Year 6 pupils. They were visiting Wales following an earlier visit this year to Lesotho by staff and pupils at Ysgol Plasmawr.



*Visitors from Lesotho with Dosbarth 2 pupils*

### Ymwelwyr O Lesotho

Daeth ymwelwyr arbennig o Lesotho i'r ysgol yn ddiweddar. Bu disgyblion Dosbarth 2 yn eu diddanu gyda'u canu hyfryd yn neuadd yr ysgol. Cawsant daith o amgylch yr ysgol a chyfle i siarad â rhai o ddisgyblion Blwyddyn 6. Roedden nhw'n ymweld â Chymru yn dilyn ymweliad cynharach eleni i Lesotho gan staff a disgyblion Ysgol Plasmawr.



*Dosbarth 2 entertaining the local Community*

### Year 6 Farewell Party

Many thanks to the Friends of the School and the Year 6 pupils' parents for organising an unforgettable Farewell Party for Class 6 and Dosbarth 6 pupils. They all thoroughly enjoyed the evening and made wonderful memories with their friends. Many thanks to all the staff who helped celebrate their special evening.



*Class 6 in their Leavers' Party*

### Sports Day

Our School Sports Day was an astounding success. The pupils were excited and eager to participate in the competitions. A fantastic afternoon was enjoyed by all. The SNAG group sold all their delicious strawberry pots. Einion was the winning house at the end of the afternoon. Many thanks to all our families for coming along to support and for making it a very successful Sports Day.



*Sports Day Captains*

### Mabolgampau

Roedd ein Mabolgampau'n hynod lwyddiannus. Roedd y disgyblion yn gyffrous ac yn awyddus i gymryd rhan yn y gwahanol gystadlaethau. Cawsom brynhawn gwych ac roedd pawb wrth eu boddau. Gwerthodd y Grwp SNAG pob un o'u potiau mefus blasus. Einion oedd y llys buddugol ar ddiwedd y prynhawn. Diolch i'n teuluoedd i gyd am ddod i gefnogi a helpu gwneud y diwrnod yn un llywyddiannus



### Royal Welsh College Of Music & Drama

On 17th July our school choir performed at the Royal Welsh College of Music & Drama. They were invited as part of a showcase concert arranged by Cardiff and The Vale Music Services (CAVMS). They sang brilliantly - what an unforgettable experience!



### Coleg Brenhinol Cerdd A Drama Cymru

Ar 17eg Gorffennaf perfformiodd côr ein hysgol yng Ngholeg Brenhinol Cerdd a Drama Cymru. Fe'i gwahoddwyd fel rhan o gyngerdd arddangos a drefnwyd gan Wasanaethau Cerdd Caerdydd a'r Fro (CAVMS). Canon nhw'n wych - am brofiad bythgofiadwy!



*Rights Respecting Ambassadors*

### Soiree Haf

At 19eg Gorffennaf cynhaliwyd ein Soiree Haf ar iard yr ysgol. Roedd yn ddathliad o dalentau creadigol ein disgyblion. Roedd yn noson wych. Diolch i Gyfeillion yr Ysgol am werthu lluniaeth ysgafn yn ystod y noson.



*Twm, Osian and Ioan in the Summer Soiree*

### Dwlu Dysgu

Diolch yn fawr i'n holl deuluoedd am ddod i'n Prynhawn Dwlu Dysgu i ddathlu gwaith anhygoel eu plant eleni. Roedd y disgyblion wedi mwynhau cael eu teuluoedd a'u frindiau'n ymweld â'u dosbarth!

### Best Of Luck!

We wish the very best to all our Year 6 pupils in their High Schools in September. They have all been amazing pupils. Their Leavers' Assemblies, in front of their parents and families, were absolutely fantastic. Good luck to all of you!



*Class 6 in their Leavers' Hoodies!*

### Pob Lwc!

Dymunwn y gorau i bob un o'n disgyblion Blwyddyn 6 anhygoel yn eu hysgolion uwchradd ym mis Medi. Mae nhw i gyd wedi bod yn ddisgyblion gwych. Roedd eu Gwasanaethau Ffarwel, o flaen eu rhieni a'u teuluoedd, yn hollol wych. Pob lwc i bob un ohonoch!



*Dosbarth 6 in their Leavers' Hoodies*

### Summer Soiree

On 19th July a fantastic Summer Soiree was held on the school yard. It was a celebration of our pupils' creative talents. Many thanks to the Friends of the School for selling light refreshments during the evening.



*Harpists in our Summer Soiree*

### Love For Learning

Many thanks to all our families for coming to our Love for Learning Open Afternoon to celebrate their children's amazing work this year. The pupils thoroughly enjoyed having their families and friends visit their class!



### Show Racism The Red Card

Roxanne Beckles, an Education Worker with Show Racism the Red Card, delivered two excellent workshops for Class 5 and Dosbarth 5 pupils. The pupils thoroughly enjoyed the informative workshops. Persimmon Homes have kindly funded workshops for several schools in the South Wales area, including our school. As part of the funding Persimmon visited at the end of the day to hand over a cheque of £6000 to Show Racism the Red Card.



Show Racism The Red Card Workshop

### Dangoswch Y Cerdyn Coch I Hiliaeth

Cyflwynodd Roxanne Beckles, Gweithiwr Addysg gyda Dangoswch y Cerdyn Coch i Hiliaeth, ddau weithdy ardderchog i ddisgyblion Dosbarth 5 a Class 5. Roedd y disgyblion wedi mwynhau'r gweithdai addysgiadol yn fawr. Mae Persimmon Homes wedi ariannu gweithdai ar gyfer sawl ysgol yn ardal De Cymru, gan gynnwys ein hysgol ni. Ymwelodd Persimmon a'r ysgol ar ddiwedd y dydd i drosglwyddo sic o £6000 i Dangoswch y Cerdyn Coch i Hiliaeth.

### PENTYRCH HORTICULTURAL, COOKERY AND CRAFT SHOW

open to all from Cardiff and beyond.

**Saturday 2nd September 2023**  
PENTYRCH VILLAGE HALL

Exhibits for judging to be brought between  
9.30am and 11.00am

Open to the Public at 2.30pm  
(Prize giving at 3.45pm)

Refreshments available from 2.30pm

Admission to the show £1.00 ( Children Free)

New categories for children –  
shield and £10 for winners; medals for all participants  
7 years and under,  
8 - 11 years  
12 – 16 years

We look forward to seeing our regular exhibitors again  
and if you haven't entered before, why not give it a go

75 categories spread across

Vegetables and Fruit

Flowers and flower arranging

Cookery

Craft and Art

### Programmes available from

PR Hopkins – Butchers, Pentyrch Pharmacy,  
PCC library or by email from [gdfd1959@gmail.com](mailto:gdfd1959@gmail.com)

### PENTYRCH RFC

#### Promoted Pentyrch look renew old rivalries next season as a new chapter begins

After achieving promotion to WRU Division 2 East Central, the 1st XV are working hard in pre-season training. Local derbies against Taffs Well, Llantrisant, and Llantwit Fardre all add interest to the forthcoming campaign. There have been changes in the off season, with Head Coach Chris Moss leaving us for new challenge across the Severn at Gordano RFC. We thank Chris for the contribution he's made and wish him all the best in his new role.

As one chapter closes, a new one begins. We're very pleased to welcome Mark Barrington as our new Head Coach. Mark is Director of Sport at the Cathedral School Llandaff and a BUCS coach at Cardiff Met University. Mark joins our existing player-coach, Morgan Hayward, who we are pleased to have retained.

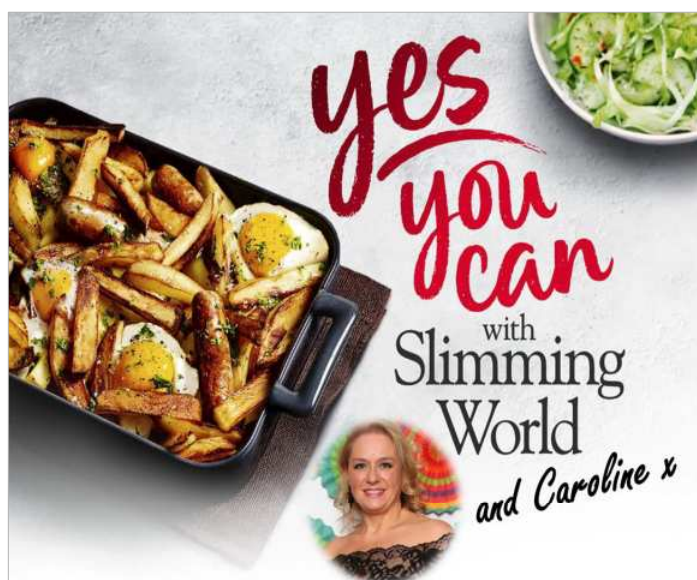
The Rams XV will be playing at least once a month, alongside the 1st XV.

Our Mini and Junior Section continues to thrive and we look forward to welcoming our new U7 intake in September. There has been change here too, with Chair Joe Wilson stepping down, and Matt Billing taking up the reins for the coming season. Thank you Joe. Good luck Matt.

Our ambitions to grow the female game in the Pentyrch area continue. The ladies touch rugby group meets every Thursday evening and we have applied to the WRU to host a girls' hub.

Please get in touch if you're interested in getting involved in joining us - on or off the field!

More details are available at [rfc.wales](http://rfc.wales) or from our social media channels.



**Tuesdays**

**TONTEG**

**Community Centre**

**3pm, 5pm & 7pm**

**Thursdays**

**PENTYRCH**

**Rugby Club**

**NOW 6pm!!!**



Tonteg and Pentyrch Slimming  
World with Caroline



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**Call or Message**

**07894 140386**

[slimmingworld.co.uk](http://slimmingworld.co.uk)







A fantastic final term at Pentyrch Primary with children and staff sharing some wonderful experiences together and, as we wave a fond farewell to our Year 6's, we have one eye on the future and an exciting move into our new, purpose-built extension and nursery

### THE BIG BUILD

The project is moving at rapid pace with the new building going up before our very eyes. The construction team are confident plans are on schedule with completion date on target for December. Exciting times ahead!

### HAKUNA MATATA!



We are SO SO proud of Dosbarth Ddraig & Dosbarth Garth for their outstanding performances of The Lion King. From lions to hyenas, birds to zebras, an absolutely fantastic effort from each and every one of them. Shows were received to high acclaim and rapturous applause and the perfect culmination of our Year 6's time at Pentyrch.

### SPLIT PORTRAITS

The children in Dosbarth Dafad created self-portraits when they experimented with texture and tone using charcoal pencils. Incredible pictures Dafad!



### DOSBARTH DDRAIG



Dosbarth Ddraig's final days were capped with a series of leavers parties and an emotional farewell assembly with family, friends and staff.

Goodbye, as we wish you all every success in the future, as you move into Secondary School. We will miss you all!

### HIGH FIVE

Dosbarth Ddraig decided to donate all profits from their entrepreneurial 'Fiver Challenge' to @SU2CUK and @CCFC Foundation. Children wrote letters to each charity explaining why they wanted to support their important work.

### MAD SCIENCE

Dosbarth Dafad were also extremely lucky to have a surprise return visit from Mad Science. They looked at mixing, changing and testing materials. The children each mixed materials to change them into slime, and tested the results by bouncing, banging and stretching!

### TAG TOURNAMENT



Sports stars of the future took part in a tag tournament hosted by Pentyrch Rugby Club.

Two mixed squads of players did their school proud as they competed, some for the first time, against their primary rivals.

An exciting tournament was given a fitting finale as Pentyrch played out a pulsating 10-try extravaganza to rapturous cheers. Da lawn!

### BAT'S LIFE

This term we were very fortunate to welcome Miriam and Llewellyn from @greatglamorganway. The kindly duo provided us with a new bee post, two bird boxes and a bat box as part of our context for learning and to encourage animals to visit our school.



### THE GREAT OUTDOORS



Walking on the wild side was just one activity when Dosbarth Garth ventured to an outdoor pursuit centre at Dolygaer, near Brecon. Adventurers kayaked, canoed, and gorge-walked through rivers, streams and forests during their thrilling one-night stay.

### FUN IN THE SUN



Laughter filled the air in our final week as children enjoyed a fun-soaked week of games and activities. Highlights included the Leavers' Party, a visit from Glamorgan Cricket, and a hugely popular Ice Cream Van on site – Thank You FOPSA!

What a way to finish the term and we will see you all, and a few new faces, in September. **Enjoy your Summer!**



## CREIGIAU RECREATION CHARITY / ELUSEN HAMDDEN CREIGIAU



The last few months have been extremely busy for the charity with the Golf Day, Carnival and completing applications for the funds we need. It has been necessary to employ an architect to complete technical drawings of the proposed extension. After a number of interviews this has been achieved and the process has been started, with the hope that towards the end of August or early September we should be in the position where the plans are completed, and we can put the work out to tender. Our hope would be to use a local company, but obviously the tender process will be strictly administered in line with the rules of funding organisations.

We have also put in place the first section of perimeter path which was completed by Nick Lyons. We will continue the progress around the field, but we do need help from Tarmac to help us cure the problems we have with the drainage due to the water outflow from the quarry.

We also owe our thanks to the Carnival Committee who once again staged a terrific event where we launched our Friends of Creigiau Rec campaign. This gives everyone who uses our field either for sports, dog walking or just a quiet stroll, an opportunity to support our plans and help with the maintenance of the grounds. We are very lucky to have the services of Edenvale to keep the grassed area in such a great condition, but obviously there is a cost involved, and by giving your donation you will ensure that we can continue to develop our plans.

The coming improvements are of importance to all residents, and not just the regular users of the grounds, as anyone moving to the area would like there to be enough facilities either for themselves or their children to use. The Multi Use Games Area, children's playground and very importantly the extension on the pavilion will

improve the community facilities by introducing an environment where children can play safely, and adults can meet and exercise.

Our committee asks for anyone with banking or financial experience, or with previous knowledge of applying for funds, to volunteer to help your village achieve these exciting plans. If you don't have the time to be a trustee, we would be more than happy for you to join our select number of advisors, where your speciality can be utilised to the full.

Our Trustees are confident of fully achieving our plans, and to that end we will continue to work to provide community facilities for our growing village of Creigiau and all the new families moving into Capel Llanilltern, the Parish, and the surrounding villages.

Colin Belward Chair CRC/EHC

## MERCHED Y WAWR

We recently enjoyed Mati Roberts' company when she came to talk to us about the company maticostudio.com she has set up to fund a school for children in Ghana. She brought with her many colourful items which she sells to raise money to help young people who would otherwise be deprived of their education because of poverty.

In June we had the privilege of visiting John Hughes' wonderful garden on Heol Pantygored. We had a most enjoyable afternoon & thank him for the warm welcome.

## PENTYRCH SUMMER CAMPS

Pentyrch Tennis Camps run every Wednesday during the school break for ages 6-12. Sessions are run by an LTA qualified Instructor with all equipment provided and non members welcome.

Bookings can be made online at <https://clubspark.lta.org.uk/PentyrchLTC>

Robert Wedlake Director / Head Coach Tennis Squad Ltd. [www.tennissquad.net](http://www.tennissquad.net) Office: 02920 705348 Mobile: 07903 524456

# Friends of Creigiau Rec

## Cyfeillion Caeau Creigiau

**Mae angen eich help ar Elusen Hamdden Creigiau!**

Mae'n costio dros £3500 y flwyddyn i gynnal y meysydd chwarae heb unrhyw arian allanol rheolaidd

Ymunwch â ni fel ffrind i gaeau hamdden Creigiau i gefnogi datblygiadau cyffrous y dyfodol a'r cynnal a chadw. Ewch i [www.creigiaurec.com](http://www.creigiaurec.com) neu sganiwch y côd QR am fanylion pellach

Wrth gyfrannu fe gewch chi:

- Cylchlythyr rheolaidd yn rhannu'r digwyddiadau diweddaraf
- Mynychu dau gyfarfod blynnyddol gyda'r ymddiriedolwyr i roi adborth ar sut mae'r caeau yn cael eu rhedeg
- Cydnabyddiaeth o'ch cefnogaeth ar ein gwefan

Creigiau Recreation Charity
 @CreigiauRec
 creigiaurec

# Friends of Creigiau Rec

## Cyfeillion Caeau Creigiau

**Creigiau Recreation Charity needs your help!**

It costs over £3500/year to maintain the Recreation Ground, with no regular external funding

Become a Friend of Creigiau Rec and help support the maintenance and exciting future developments. Visit [www.creigiaurec.com](http://www.creigiaurec.com) or scan the QR code for more details

What your donation will get you:

- A regular newsletter updating you on the progress of our plans
- A twice yearly meeting with trustees to give feedback on how the recreation ground is run
- Acknowledgement of your support on our website

Creigiau Recreation Charity
 @CreigiauRec
 creigiaurec



# Pentyrch Neighbourhood Watch

## Autumn Newsletter



12<sup>th</sup> JULY

Late on 12th July an incident occurred outside Acapela on Heol y Pentre. The sandwich board, Police cones and wall notice all seeking people's co-operation in not parking around the corner of Heol Goch and Heol y Pentre where Acapela is located, and where the Rugby Club signs are, were removed. A PNW Facebook appeal for information proved very helpful but also uncovered a more worrying side to the incident. It appears the trouble was caused by a group of youths congregating close to the 2 bus stops near the shops. The youths used the cones and sign to block traffic on Heol y Pentre. When drivers went to move the cones they faced intimidating behaviour from the youths. The Police are aware of events and an investigation is under way. We thank everyone who came forward with information. Anonymity was respected where requested. It is some years since we had problems with youths in the village. Let's hope it is many more years before we see anything similar. In the meantime please report incidents like this by calling 999 if it is happening there and then or, 101 if after the event. Make sure you get a crime number and also inform PNW so we can follow it up with our local South Wales Police representatives.

### HOW NOT TO TAKE THE SHINE OF YOUR HOLS

In 2022/23 there were over 6400 reports of holiday fraud with £15 million lost to scammers. Some UK holiday makers travel overseas only to find their holiday apartment or villa is non-existent leaving them stranded. Criminals clone well known 'respectable' sites or, publish their own fake 'deals' on social media. You then enter your personal details on a bogus site which the fraudsters then make use of. Precautions are 1) avoid requests on a well known site to move your conversation to a different medium. Direct payments are a red flag. 2) Check websites carefully. As with all websites, check the address is valid. If after hovering your cursor over the address a different one appears it's a scam. 3) Don't click on links in emails or texts purporting to be from holiday booking sites. Go direct to the verified website only 4) Only pay by credit card. When using taxis beware of drivers who claim their meter is broken. Ask your hotel or tour guide for a rough idea how much a journey should cost. Avoid using ATM's which have scratches, glue residue, tape or parts of the machine which look different to the rest. Check for hidden holes in the machine as these are a sign of a hidden camera.

### WE NEED YOU

Having had to move the start time of PNW meetings to 5pm in order to ensure we have a Police presence at our meetings, is not the best way to encourage more residents to come to our meetings. However, we are hoping that changes to how many now work e.g. flexible working or home working etc, will encourage more to attend our meetings on the fourth Monday of each month (except August) in Pentyrch Rugby Club. Your input is important to us. PNW is not a closed shop where you are restricted as to what you can say, when and on what. Everyone attending can raise and/or speak on any issue so why not give it a try. You will be made very welcome.

### COMPANIONS: THE OVER 50'S CLUB

As far as Companions is concerned, the Covid effect is now well into the background, with numbers at meetings averaging 35. As I have written many times before, the meetings are lively, with good speakers and animated discussions. Our programme of activities is now full until the end of the year, and we welcome anyone out there who would like to join us – men and women, of course, and of any age, and from any village. Recent meetings have included a coach trip to Wells and the Cheddar Gorge; a display of Kimonos (and how to put one on) by local resident, Kaoli; local

pottery, particularly Creigiau: 30 years of British Comedy.

For the rest of the year the programme is: 31st August – Hall of names; 14th September – Summer lunch; 28th September – Out of the Box; 12th October – Magistrates; 26th October – How to deal with changes in Life; 9th November – Christmas Tales; 23 November – From Swansea with Love; 7th December – Christmas Lunch; 14th December – Christmas Party with Castell Coch Choral Society. Meetings: every other Thursday 2pm in the Church Hall, Creigiau. John Gough

### SAVING A SURGERY AND PHARMACY IN PENTYRCH

Over the weekend of 22/23 July a Pentyrch Save Our Surgery & Pharmacy (PSOS&P) newsletter was distributed to every household in Pentyrch updating everyone on the current situation. After almost 3 years of trying to ensure our legal rights are respected, and those without transport of their own are simply not abandoned and denied access to basic healthcare services, PSOS&P finally got to have an impromptu meeting with the Chief Executive of our Health Board. Please monitor Pentyrch Community and Pentyrch and Creigiau Facebook sites for updates.

### VILLAGE WIDE MEETING

The risks with on line/mobile banking are rarely mentioned partly because Banks would much prefer you to do all your transactions on line so they can claim branch closures are justified, make staff redundant and make even more money than they do now. As a consequence, we all need to be very careful how we look after our money. Some precautions are obvious e.g. ensuring no one can see you logging in to your account, but there are other less well known precautions that can help us. PNW has arranged for a specialist in online/mobile banking to come and give a talk on how to try and keep safe. If money matters to you then the time and place to be is Pentyrch Rugby Club Monday 16 October at 7pm. It's free so put it in your diary.

### 'GONE PHISHING' - THE BEST MOBILE ANTIVIRUS

Did you know that mobile antivirus can protect from phishing scams? That well known consumer watchdog WHICH, recently subjected each mobile antivirus app to at least 200 known phishing sites on the internet and found all were more effective than the built in protection from Apple and Android. The best paid for antivirus (overall) was Trend Micro Mobile Security for Android with an 88% detection rate. Cost is £24.50 per annum. It includes anti theft features and has supreme anti-malware capabilities and strong phishing detection. The best FREE mobile antivirus is Sophos Intercept X. It is ad free with excellent anti-phishing and has strong anti-malware. It detected 84.5% of phishing sites. It's easy to use and includes Password Manager, a QR scanner and update alerts.



We are now well into our 21st year and would like to say a massive thank you to everyone who has supported us over the years.

We always try to put on a great variation of productions, and this season is no exception! We kicked off the year with *The Sound of Music*, followed by *"Duets"* a trio of short plays and to finish the year on November 9th -11th 2023 we will perform *Witness for the Prosecution* a courtroom drama at the Pentyrch Village Hall.

Tickets are available at the Box Office on 07943 183 169

We do have a performance of "A night at the musicals" in October, however. The event sold out as soon as the tickets were released!

As Pentyrch and the surrounding areas are expanding so quickly, then maybe you feel the need to take an active role in Community Theatre. We're always looking for new members, on stage or on backstage. We build our own sets and make our own costumes so if you think you could contribute to either department then please get in touch.

Thank you again for the support you have given us for the last 20 years.

Long may we continue

Sue Gambarini.

Hilltop Theatre Company Chair

## PENTYRCH TERRACYCLE

### What do TerraCycle do?

"We develop recycling solutions for waste streams that are not typically curb side recyclable. After we recycle the waste into raw material, it's sold to manufacturing companies who produce the end product and complete the recycling journey. These end products may include outdoor furniture and decking, plastic shipping pallets, watering cans, storage containers and bins, tubes for construction applications, flooring tiles, playground surface covers!"



For more information visit the TerraCycle website: [www.terracycle.com](http://www.terracycle.com).

The Pentyrch Terracycle Team would like to thank our local communities for your recycling donations. The volume is increasing and we need to pack more than once a month, so we don't run out of

storage! PCC have kindly given us an area to store and pack our recycling and we aim to upgrade our bins soon at Pentyrch shops and at the PCC building, to enable you to drop off larger deposits.

Last month we had some wonderful volunteers to help us sort and pack the recycling: thank you to Bev and Fred and Ruth. Thanks also to Dave for supplying us with boxes for packing. Please get in touch if you would like to help us pack. It only takes about an hour and you don't need to commit regularly. Any help is



appreciated.

Two of the team were recently spotted at the Creigiau Carnival, where the "Litterbug" won First Prize for Adult Fancy Dress. Good effort ladies!

For any questions or suggestions, please contact us via our Facebook

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**WANTED**

**WHITE GOODS & ELECTRICAL APPLIANCES**

Must be in working order



**Garth Rotary**

in conjunction with Boomerang Charity and Cardiff City Council operate a scheme to recycle and distribute unwanted appliances to homeless families being rehoused, who need help and support.

**boome**<sup>Cardiff</sup>  
**rang**

Large kitchen appliances will be collected by boomerang  
 Please call 02920 497724 to make a collection appointment.  
 Small electrical appliances can be dropped off at their depot at  
 Unit 5, Templar Park, Eastmoors Rd, Splott, Cardiff, CF24 5EW  
 9am-4pm Mon-Fri



## PENTYRCH OPEN GARDENS



What a lovely weekend we had at the beginning of July – with the weather of the last few weeks we were extremally lucky! We had many visitors both days and Sunday was busier by 1 person! The kitchen completed record numbers of sales and we would like to thank all of you who donated, volunteered and helped in any way. The kitchen was so busy that the planned cake sale at 3pm Sunday was abandoned as there were no cakes left to sell. Of course, we could not carry out this event without the gardeners who prepare for months to get their gardens looking their best. The plant sale was also well attended and thank you to those who grew plants especially for this event. The pop-up sales in May were also well

supported and thank you to our hosts at Pentir Hir for organising this. The total sent to Wales Air Ambulance will be £2,000 – that leaves us money to continue to keep the planters, tubs and baskets around High Corner looking good. There will also be enough for small grants for other community enhancing projects in Pentyrch. The application forms can be found on [www.pentyrchopengardens.wordpress.com](http://www.pentyrchopengardens.wordpress.com) and will be discussed and allocated by the gardeners at the AGM in early October. Please ensure applications are in by 24th September 2023 – late applications will not be considered.

Helen & Chris Edwards 07787890284  
[helenedwards1956@icloud.com](mailto:helenedwards1956@icloud.com)

## BRONHAUL RESIDENTS CLEAN UP



Well done residents of Bronhaul for weeding, cleaning path/steps.

A great example for all and it shows what we can all achieve when we all muck in. Sadly it's not CCC's priority to weed and keep clean our paths and steps.

If we all picked up litter too that would be great (I know we shouldn't have to, but it is what it is). PCC's Maintenance officers are out every morning collecting bag loads of litter, it's disgraceful. They also spray/weed our many areas regularly.

Keep up the good work and let's all try to follow suit

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Mae deiliaid y tai unigol yn gyfrifol am unrhyw goed a gwrychoedd sy'n gorgyffwrdd â phriffyrdd cyhoeddus. Dylech sicrhau bod eich gwrychoedd yn cael eu torri yn ôl a thacluso unrhyw docio. Lle mae rhwystr sylweddol, gall Cyngor Caerdydd orfodi eich bod yn torri'n ôl y tyfiant troseddol. Gallant (ac maent wedi) dirwyo deiliaid tai nad ydynt wedi cael y gwaith wedi'i wneud. Cadwch eich gwrychoedd a'ch llwyni mewn trefn dda. Ystyriwch, os yw'ch gwrychoedd wedi gordyfu, sut y bydd hyn yn effeithio ar rywun sydd â chadair wthio, mewn cadair olwyn, neu â nam ar ei olwg.

### CLWB GWYDDBYWLL PENTYRCH CHESS CLUB

Pentyrch chess club is actively seeking new members of all abilities to join us. We have social games on a Monday evening which we coordinate via WhatsApp, and league matches from September which tend to be Mondays and Tuesdays. Both our teams, the Amateurs and Brigâd will be in the same division this year.

As always, we're grateful to Dan in the King's Arms for allowing us to base ourselves there.

Rydym yn chwilio am aelodau newydd i ymaelodi gyda'r clwb gwyddbwyll. Eleni bydd ein 2 tîm yn cystadlu yn yr un adran - 3ydd adran. Nid oes angen bod o safon uchel i gystadlu yn y gynghrair.

Rydym yn ddiolchgar i Dan am gael cynnal ein clwb o'r King's.

### WE WERE ORDINARY MEN- WE BOUGHT A PIT'



Tyrone O Sullivan - Lan Memorial

Back in 2012 a handful of friends decided to mark the 1875 mining disaster in the village. We shared the cost of a plaque, invited Ann Gray, to unveil it at an event in the village hall. Why not invite Tyrone o Sullivan, 'Arthur Welsby suggested. On Jan 6th. 2012, snow was falling as it had on the day of the disaster. It was standing room only in the village Hall. The Lord Mayor and Rhodri Morgan were welcomed and seated, the media watching - and the doors at the back swung open and in walked Tyrone! A huge figure of a man, he had driven through the snow from Mumbles. 'I had to be here,' he said. Since that day, he stayed in touch, a strong supporter of the Lan and the film project.

Born into a mining family he knew tragedy. His great-grandfather died in a pit explosion at Mardy in 1885; his father, David, was killed in a rock fall at Tower when Tyrone was 17. Undaunted, Tyrone entered the pit. An apprentice electrician, he became a union member in one of the most militant pits in the coalfield. During 22 years as NUM representative, he never lost a vote for industrial action, but it's his buyout of Tower by the men that created history. The first ever pit to be owned by the men! Tyrone was proud of it. His achievements made him a national hero, yet he came to our village memorial and stayed in touch. We are grateful to him. A Welsh legend, Tyrone died age 77 on 27th. May. He is survived by Elaine, two daughters and five grandchildren.

Norma Procter for the Lan Memorial Project.



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Daeth gweithgareddau ffurfiol y Dwrllyn i ben am eleni ddechrau Mai pan gawsom gwmni dwy gerddorol iawn – June ar yr acordion ac Ann ar y delyn. Cyflwynwyd i ni nifer o drefniannau gwerin a chawsom noson hynod ddifyr yn gwrando ar sylwadau diddorol y ddwy a rhyfeddu at eu dawn greadigol.

Ddechrau Mehefin cawsom benwythnos i fwrdd yn y gorllewin a'r tro hwn gwesty'r Strade yn Llanelli oedd ein cyrchfan. Cawsom groeso cynnes yno a chyfle i gymdeithasu a mwynhau gweithgareddau amrywiol. Bu rhai yn cerdded llwybr yr arfordir ac eraill yn mentro ar gwch i weld y golygfeydd. Aeth rhai i'r gwlypdroedd, eraill i'r gerddi a Pharc Gwledig Penbre yn atyniad poblogaidd. Cafwyd penwythnos i'w gofio.

Aethom i gyffiniau Merthyr am drip undydd ym mis Gorffennaf. Frank Olding oedd ein tywysydd gwybodus unwaith eto eleni a braf oedd gallu elwa ar ei wybodaeth anhygoel o hanes yr ardal.

### CLWB Y DWRLYN

Our last formal meeting of the season was a musical evening in the company of June & Ann two very talented musicians who entertained us, one on the accordion the other on the harp.

In June we spent an enjoyable weekend at the Stradey Park Hotel in Llanelli & a day trip to Merthyr followed in July.



Are organising a collection of second-hand toys behalf of the



**Saturday 9<sup>th</sup> September 2023**  
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### GLAMORGAN FEDERATION OF WOMEN'S INSTITUTES:



Members of Pentyrch and Creigiau WI enjoying a fabulous day at Margam Garden Party, weather was surprisingly good, food and drink fantastic and the company the best, well it had to be it was the WI



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## NEWS FROM CREIGIAU WI

Despite the unpredictable weather Creigiau WI continues to run a full and varied programme. In recent meetings we have discovered how to care for our garden hedgehogs with Sue Verran from the Bridgend hedgehog rescue group; learnt about the small things we can all do for climate change, which together can make a big difference; and were inspired by Sue Trusler telling us how she



2 members enjoying Tyntesfield Garden.

developed a passion for art after retirement.

In June we decided to postpone our annual Boules session at Creigiau Rec because it was too hot, and then, in July it was too wet! We are now hopeful that it will happen in September. We did, however, have a lovely day for our coach outing to Tyntesfield House and Gardens in June. Glamorgan Federation of WIs hosted a garden party at Margam Park and a whist drive, which was won by our own Natalie Biddlecombe.

As always, our meetings are on the second Tuesday of each month at 7.30pm in Creigiau Church Hall.

Coming up we have:-

Circle Dancing with Beti Jones - 12th September  
Gift wrap demo with Yvonne Randall 10th October

"Women who changed Astronomy" with Martin Griffiths 14th November

Prospective new members are always welcome to come along and "try us out". We would like to extend a particular welcome to anyone from the new estates across Llantrisant Road.

For further information email [creigiau.wi@gmail.com](mailto:creigiau.wi@gmail.com)



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## CANTORION CREIGIAU SINGERS

Cantorion Creigiau Singers, our local mixed choir would like to thank everyone who attended our 50th Anniversary Concert at St Mark's Church Gabalfa in July. It was lovely to see friends, past choristers and composers enjoying a wonderful performance by both Cantorion Creigiau and the children's choir Cor Heol-Y - March. Cantorion Creigiau sang a commissioned piece of music with beautiful words describing the life of the choir written by local Eisteddfod Bard Glenys Roberts. Tributes were paid to the choir's Musical Director Mair Roberts who has been the Musical Director since it first started over 53 years ago.

Choir rehearsals will resume on Sunday 10th September 7.30pm-9.00pm in Creigiau Golf Club (upstairs) with the option of socialising in the bar afterwards. Former members and new members are welcome to join us-just come along. You do not have to be able to read music just have a desire to sing and socialise. Rehearsals are paced to suite everyone and Mair is herself a trained singer.

## Future plans include

A concert at St Catwg's Church -Saturday 7th October 7.30pm. No tickets --just arrive and give a donation to the Church Organ Fund.

Our Annual Carol Concert will be held in Creigiau Church Hall on Sunday 17th December at 6.30pm. This is the anniversary of when the choir first went carol singing in Creigiau village. As is tradition there will be a "bucket collection" for a children's charity.

If you would like to join us, come along!

See you Sunday 10th September arrive just before 7.30pm.

Jane Williams Chair

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21st October 2023



**Never The Bride**  
22nd October 2023

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## HEALTH IN THE DAYS OF IRON

Britons have "among the worst population health in Europe" due to high levels of obesity, excessive drinking and large health inequalities, according to a new report in 2023. When Gerallt Cymro trekked 600 miles around Wales in 1188 he spoke very highly of the health of the people. But industrialisation the 18th and early 19th centuries meant the rural environment changed to an industrial one. In Gwaelod y Garth, itself an industrial settlement, houses were built quickly on the valley floor, trees came down for charcoal, a huge holding pond was created where the sports field now stands, tunnelling went into the Garth and the Lesser Garth was awash with iron mining. Bird song was replaced by the noise of industry as this rural area faced industrialisation. As the population grew there were distinct problems for public health.

Overcrowding and lack of proper sanitation led to cholera and typhus. In the cholera outbreak of 1848 no fewer than 3,000 people died in Glamorgan. In our villages typhoid was recorded around the Level Houses near the Lan and amidst the cottages on the mountain.

A Public Health Act in 1875 was supposed to mitigate the problems of sanitation and squalid living conditions, but the mine owners and iron masters like the Bookers, who were supposed to help finance improvements, bitterly resented having to provide improvement funds and fought against it.

There was a company doctor situated in what is now the garage of Furnace Hall, but the fate of those injured at the Lan would have been largely dependent on family care. Antiseptic was still in the future, 'germ theory' was still controversial, though Chloroform and Ether were available for surgery. After the fall of the Booker industry poverty compounded the problems. The list of health problems of outdoor paupers in our villages makes grim reading.

Traditional medical practices during most of the 19th century relied on symptomatic treatment, bloodletting, blistering and high doses of mineral poisons, regimens that resulted in high rates of death in patients unfortunate enough to undergo treatment.

There had been government investment in sewerage and water supply in 1872 but I see no reference to investment in our area. However, there was clear spring water flowing freely from the mountain which will have played its part in keeping people healthy. The care of family, sick and injured will have largely fallen on the women. Given the horrendous nature of recorded injury, they must have had nerves of iron. All praise to them. Norma Procter

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## UPCOMING CONCERTS IN ST CATWG'S CHURCH, PENTYRCH

St Catwg's Church is an excellent concert venue because the acoustic is so good.

Two regular performers are Marc Elton (Violin and Viola) and Despina Homtidou, Harpsichord. Both are professional performers who regularly perform throughout the UK and Europe as soloists and as members of chamber groups and orchestras. They specialise in Baroque music and have performed many times in St Catwg's Church. They will be presenting a programme which they call "A flock of Dances" and evening full of dance, rhythm and animal sounds in Music from the 17<sup>th</sup> and 18<sup>th</sup> century, on Saturday 14<sup>th</sup> October at 6 pm. Pay at the door £12 and Students at £10

Cantorion Creigiau will be in concert on Saturday 7<sup>th</sup> October at 7 pm. This is a "Thank you" concert for the use of the Church in a recording of Welsh hymns that will be placed in the BBC and National Library of Wales archives. Proceeds will go into St Catwg's Organ Refurbishment Fund. I look forward to greeting you. John Gough



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gael a chynnyrch ar werth.



## SLIMMERS COULDN'T "WEIGHT" TO RACE FOR LIFE!



A group of inspiring and determined ladies from Tonteg & Pentyrch Slimming World have raised an incredible £2800 for Cancer Research UK.

The group of 12 women ran, jogged or walked the 5km course in Cardiff's Bute Park on Sunday 9th.

Consultant Caroline Williams, says "I am so proud of them all! All shapes, sizes, weights and abilities took part to raise all important funds for such a worthwhile cause. It didn't matter how long it took, we just agreed to finish! Seeing so many people brought together for one reason was heartwarming and equally

## GARTH GARDENERS

What amazing weather, but unfortunately as gardeners we will probably have to adapt to extreme weather patterns. This makes it even more important to put the right plants in the right place. The drought made it clear which plants are drought tolerant, e.g. the lavender and Californian poppies really enjoyed the hot dry sun, there were plants that wilted badly and they probably need a shadier spot with a good covering of moisture retaining mulch. Having carried water for the pot plants concentrates the mind; try to group them together, not in full sun and near a water source. Lawns will always recover and those of us on a water meter are always careful of water use.

The torrential rains and high winds that followed (though grateful for the

heartbreaking, so much courage in one space, you couldn't help but be touched by atmosphere"

It's not the first time that the group have raised funds within the community, in May, the Slimmers from Caroline's groups, donated 290 bags of the clothes they'd slimmed out of, to "The Great Big Clothes Throw" and raised £7800!

"Raising pounds whilst losing pounds seems to be our mantra in group and we couldn't be prouder!"



*Californian Poppies*

water) bring more problems. Plants get a battering and we had rose petals everywhere including indoors whenever the door was opened. A bit of pruning will tidy storm damage with few long term consequences. Whether you are welcoming visitors into your garden or visiting other gardens, be prepared with both a sunhat and an umbrella.

The Garth Gardeners autumn season starts on Friday 15th September with a talk by Kevin Thomas on the topic of propagation. It will be good to see you all again and hear about your summer and prepare for the autumn; we always welcome new members.

All details are on our web site at [garthgardeners.wordpress.com](http://garthgardeners.wordpress.com)  
Denise James

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Garth Rotary Club teamed up with the Charity 'Tools For Self Reliance Cymru' in June and received a very positive response from residents collecting lots of tools and 10 sewing machines for Tanzania.

The real treasures donated were two excellent Singer 221's and overlocker machines, which are in great demand in Tanzania and suitable to the co-operatives, tailors etc that the Charity set up.

Container 19 will shortly be making its way from Crickhowell to Tanzania. The sewing machines enable residents to set up a sustainable livelihood pathway to support disadvantaged girls and women, sometimes abandoned by husbands and family, also to assist disabled people, so they are very much



The Gwaelod y garth Tuesday Club was formed following the disbandment of the local W.I. The group meets on the first Tuesday of each month, and it gives the local residents a place to meet and socialize over a cup of coffee. Thanks to the recent grants from the P.C.C. we have been able to book Vest buses for some trips to places of interest to the group. We also have themed events such as our American Independence Day Tea Party, which all our members enjoyed

appreciated together with all the donations of tools.

**The next 'Tools for Self Reliance Collection for Tanzania' is at Pentyrch Rugby Pagoda on Saturday 2nd September - 10am to 12noon**

All types of tools and sewing machines are welcome, which will be cleaned and refurbished at the Charities Workshop in Crickhowell. For further information email : [contact@tfsrcymru.org.uk](mailto:contact@tfsrcymru.org.uk)



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Cawsom brynhawn hyfryd ganol Mehefin yn ymweld â gardd fendigedig John Hughes yn Y Waunwyllt ar Heol Pantygored yn y Creigiau. Cawsom groeso cynnes, gwledd o gacennau, diolch i'n haelodau, a chyfle i grwydro a mwynhau yr ardd odidog hon. Diolch John - roedd yn brynhawn arbennig iawn.

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## CELEBRATION AT THE PUB 19TH CENTURY STYLE



*Mr Bryant and his harp.*

What an event must have been at the Gwaelod y Garth Hotel! Spring! The band, the procession and Mr Bryant's harp creating the music for dancing to mark an anniversary of the Oddfellows. It was a huge event with around 150 guests eating together and the Pentyrch brass band leading a parade from Gwaelod to Tongwynlais and back, then playing between the speeches. Pentyrch's first village band was

## PENTYRCH LOCAL HISTORY SOCIETY. SUMMER 2023

For those of us with an interest in archaeology, the analysis of brown "crop marks" that delineate building remains from hundreds of years ago, was brought to mind by the numerous brown patches on the lawns of those of us with gardens during this summer's drought.

Unfortunately we didn't find a roman villa, just yet more Pentyrch bedrock,

created around 1863 with a second one replacing it in 1868 under its conductor, Thomas Morgan. The band made its first performance on Saturday 9th. May that year. The bandmaster was E. John until 1871. In 1869, its conductor was Mr Poulton, by Leonard Davies in 1875, the year of the Lan disaster. O Pritchard took over in 1891.

Brass Bands were popular. Mr Booker had his own band at Melingriffith, its headquarters a row of workers cottages near the tin plate works. He was its Commandant. Known as Booker's Band, The Melingriffith Brass Band was well known in the 19th and early 20th century. In 1798 it was simply a Drum and Fife Band, becoming Booker's full brass band in 1850. It was subject to splitting but remained one of the best known brass bands in Wales. Norma Procter

which is never far from the surface. We have never found anything of interest when digging the garden. If you want to see found artefacts from this area, pop into the museum at the council offices in Penuel Road, in the display cases we have everything from bricks to clay pipes, chunks of haematite and pottery. The offices are now open every morning Monday to Friday.

The society has enjoyed a very varied programme during the spring / summer and are now looking forward to starting our autumn season with a talk on September 29th by James Stewart. He will be telling us about the smallpox outbreak in south Wales in 1962. Those of us living in the area at the time remember it was a bit scary.

Our programme continues with Madeleine Gray's "Halloween lecture" about cadavers, tombs and macabre art, on the 27th October, and on November 24th Dean Powell from Llantrisant visits with a talk entitled "the battle for the land of song"

As always we welcome old friends, new members and visitors to our meetings.

You can find our web site at [pentyrchlocalhistory.wordpress.com](http://pentyrchlocalhistory.wordpress.com)  
Denise James

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## CREIGIAU TENNIS CLUB NEWS



On behalf of Creigiau 23 Mark presenting the cheque to Trudi (Chair of Creigiau Tennis Club).

### Ladies Doubles Open Tournament

A Ladies Doubles Tournament will be held on Wednesday 30th August (open to all). We held this Tournament last year and it was so successful we are holding it again. There is no need to enter with a partner, as everyone mixes in and plays with a different partner in a round robin format. There are Prizes, a Raffle, and even more important, a fabulous afternoon tea served at the end.

12.30pm for a 1pm prompt start. If interested, please ring Trudi: 07768386119.

### Winter League

This winter we are entering six teams: two Mixed, two Ladies, and two Men's. For a small club this is very impressive and shows how passionate our members are about the game. We would welcome more members, especially if you would like to join our Winter Teams; I know you would have fun.

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Another advantage to joining the club, is the ability to join our Clubspark site, allowing you to have an LTA (Lawn Tennis Association) profile, which enables you to opt into next year's Wimbledon ticket ballot. For those who have never been, it is an amazing day out. Interested in joining? Visit Clubspark Creigiau online, or call Trudi for a chat and any questions you may have about the Club: 07768386119.

### Donation from Creigiau 23

We are very grateful for a £250 donation from Mark Landon, Chair of Creigiau 23.

Last year, three of our court benches were vandalised, so with this kind donation we are going to replace one of them.

### PENTYRCH LADIES CRICKETERS





### FUNDING SUCCESS AT PENTYRCH BOWLING CLUB

2023 has been a successful year as we continue to raise funds to improve our facilities/equipment at the bowling club. A Crowdfunder/Sport Wales initiative in February raised £8,500 towards the cost of replacement toilets; thanks to everyone who pledged financial support for this project. Both Open Gardens and the Community Council also provided grants for the new toilets; their continued help is much appreciated. The new toilets will be in place for 2024.

More recently, our grant application to Sport Wales for nearly £5,000 to help buy a new electric lawn mower was successful. The Allett mower comes with replacement cartridges for mowing, dethatching, scarifying and verticutting our bowling green. Lighter and much easier to handle than the old petrol mowers, the new system is more environmentally and economically sustainable.

The bowling club is always looking for new members to join in our bowling and social activities. We welcome experienced and new bowlers, both male and female, and qualified coaches offer free taster sessions to show you the basics of the game. All you need is a pair of fairly flat-soled shoes. The bowling season finishes in mid-September, but social events take place throughout the year. You can find out about us on our website ([www.pentyrchbowlingclub.co.uk](http://www.pentyrchbowlingclub.co.uk)) and more information is available from Brian Ilbery (07979 658481). Why don't you give lawn green bowls a go and join a friendly and community-oriented club? Brian Ilbery Membership Secretary

### PENTYRCH ART GROUP

The Group had an enjoyable Summer term, with a varied and interesting programme.

We are now looking forward to a full programme from September, including watercolour and acrylic lessons. We are also having a charcoal demonstration, by Taffs Well artist Kevin Williams, on Monday, October 2nd. This will be open to non members, and will be from 1.15pm to 3.15pm, with a £2 admission charge for any visitors.

On October 15th, we shall be holding an afternoon exhibition at the Village Hall, from 1pm to 6pm, with free admission and refreshments as usual. As well as many new paintings, there will be cards on sale, these always prove to be very popular. As this will be a shorter exhibition, paintings which are sold can be taken away at the time of purchase- we usually ask buyers to return at 6pm. We now have a card reader, so can accept card payments as well as cash or cheques.

We look forward to welcoming many of you to this- a new venture for us.

### CREIGIAU COMMUNITY MARKET

After its Summer holiday in July and August, Creigiau Community Market will return on Saturday, 10<sup>th</sup> September, 9am. and 1 pm.

All of your favourite farmers, smallholders and artisan food producers will be in attendance serving artisan bread, organic meats, free range eggs, a variety of artisan loaf cakes, Welsh cakes and fancy cakes, together with the return of two firm favourites Organic Vegetables and artisan Preserves.

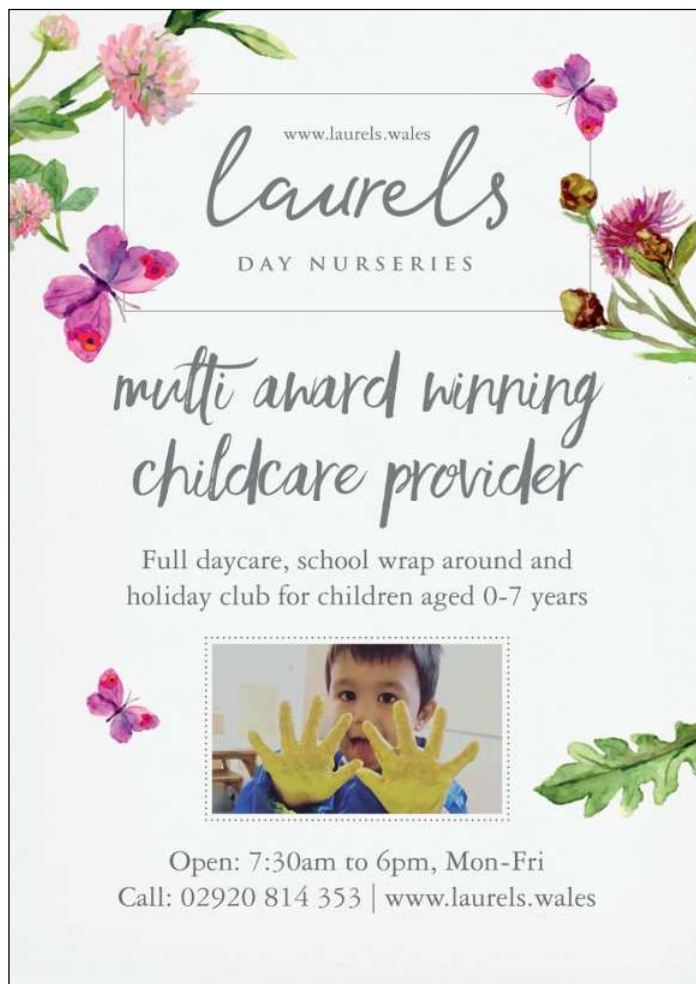
This month's Late Summer Theme will be explored with a Children's Workshop between 10.00am. and 11:30 am.

There is always a warm welcome at Creigiau Community Market, together with the opportunity to have a refreshing break in Cafe Coffi over tea, coffee, (£1-50) and homemade cake (£1) or, before 10:30 am a tasty bacon roll (£1.50). Just follow the yellow signs (and smell of bacon cooking!) to Creigiau Church Hall.

Make it a date! We'd love to see you!

### PENTYRCH SCARECROW FESTIVAL

The 6th Annual Pentyrch Scarecrow Festival will as usual be held over the Autumn Half Term which this year starts on October 28th. This year's theme is going to be TV & Film so plenty of scope for everyone to get involved!! As the Memorial Park work is now successfully completed we envisage any & all of the money raised this year & beyond to go towards some Christmas Lights to brighten up the village each & every year. Please follow the Pentyrch Scarecrows Facebook page for more details.



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### WALES PATH QUESTIONNAIRE 2023

We know that many of you walk regularly and that you often report issues with paths, but we would like to understand your views on the current state of paths in your local area. We want to know about the Public Rights of Way (PRoW) near you and how you use them and any potential obstacles you have encountered over the past 12 months. [www.ramblers.org.uk/walespathsurvey](http://www.ramblers.org.uk/walespathsurvey)

Gwyddom fod llawer ohonoch yn cerdded yn rheolaidd a'ch bod yn aml yn rhoi gwybod am faterion gyda llwybrau, ond hoffem ddeall eich barn ar gyflwr presennol llwybrau yn eich ardal leol. Rydym am wybod am Hawliau Tramwy Cyhoeddus yn eich ardal chi a sut rydych yn eu defnyddio ac unrhyw rwystrau posibl yr ydych wedi dod ar eu traws yn ystod y 12 mis diwethaf.

Oliver Wicks. Team Leader – South & West Wales (Paths to Wellbeing) / Ramblers Cymru 3 Coopers Yard, Curran Road, Cardiff CF10 5NB.

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## SOME MORE MEMORIES OF CREIGIAU CARNIVAL



Millie AKA Elsa from Frozen sang on the way around



Carnival Committee with Lady Mayoress Cllr Molik



Not everyone has got the egg throwing cracked



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## PENTYRCH VILLAGE MUSIC FESTIVAL ON 7<sup>TH</sup> JULY

