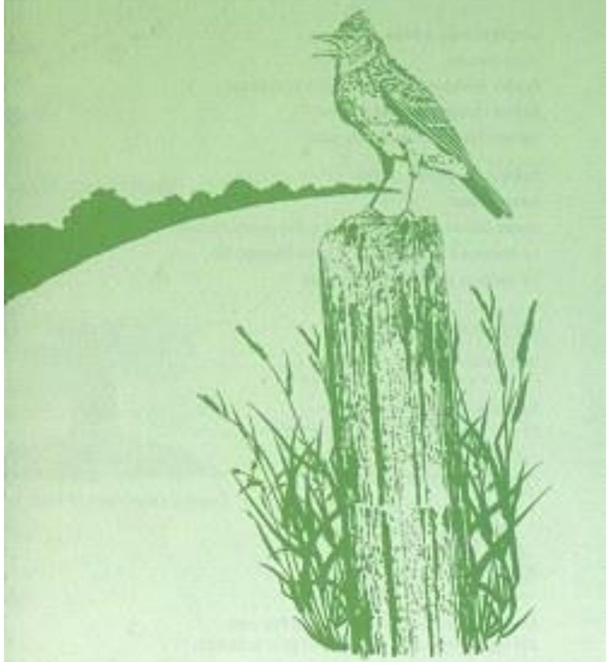
The Garth Mountain

Circular Walk

Taith Gron

Mynydd y Garth



Grade: Advanced   Gradd: Anodd

The Garth Mountain

Circular Walk

1. Exit Taffs Well station into Cardiff Road (A4054). Cross at the zebra crossing and continue straight on over the River Taff by the footbridge.
2. At end of footbridge turn right and follow path along river.
3. Bear left into housing estate (River Glade) following the road to the right.
4. Turn right between houses and rejoin river path continuing up river.
5. At the end of the wooden fence on the left continue on the path to the right into the woods.
6. At the footbridge turn left and climb the zig-zag path to the top of the steep bank. Turn right, follow the road to the Gwaelod-y-Garth Inn.
7. Turn left at the inn and follow the road uphill to a sharp left turn.
8. At sharp left turn leave the road and follow footpath into the woods.
9. At brow of hill take path to the left and continue uphill.
10. On leaving the woods pass through a farm gate and enter the farm yard by a second gate to the left. Turn right and left through the farmyard and pass through a third farm gate onto the farm lane.
11. At road junction turn left.
12. Follow lane and take next left, continue up hill.
13. Turn left up to farm building ruins.
14. Pass farm ruins, continuing uphill crossing stiles and keeping to fence on left.
15. Cross stile and bear right leaving fenceline. Following rutted farm track across mountain.
16. Pass triangulation point to the right *(views Cardiff Bay, Bristol Channel across to Somerset coast)* and carry on down the mountain to road junction.
17. At road junction turn left, pass picnic areas on left to green metal kissing gate on the right.
18. Pass through kissing gate and take footpath across field down to the wood. Cross stile into wood and follow path to the left.
19. At path crossroads take left hand path, continue through woods (rear of houses on the right) to a kissing gate.
20. At kissing gate turn right on to tarmac lane at rear of houses. Turn left into main village road opposite school. Turn left again and follow the main road to the top of the zig-zag path.
21. From the zig-zag path either re-trace your steps to Taffs Well station, or cross the river by the footbridge.
22. Follow lane to main road, turn right and follow main road to station.

Taith Gron

Mynydd y Garth

1. Ewch allan o Orsaf Ffynnon Taf i Heol Caerdydd (A4054). Croeswch wrth y groesfan sebra ac yn eich blaen dros Afon Taf dros y bont droed.
2. Ym mhen pellaf y bont droed trowch i'r dde ac ar hyd y llwybr wrth yr afon.
3. Trowch i'r chwith i'r ystad tai (River Glade) a dilyn y ffordd i'r dde.
4. Trowch i'r dde rhwng y tai ac yn ôl at lwybr yr afon i fyny'r afon.
5. Ym mhen pella'r ffens bren ar y chwith ewch ymlaen ar hyd y llwybr i'r dde i mewn i'r coed.
6. Wrth y bont droed, trowch i'r chwith ac i fyny'r llwybr igam-ogam at ben y llethr serth. Trowch i'r dde a dilyn y ffordd at Dafarn Gwaelod-y-Garth.
7. Trowch i'r chwith wrth y dafarn a dilyn y ffordd i fyny'r rhiw at dro sydyn i'r chwith.
8. Wrth y tro sydyn i'r chwith ewch oddi ar y ffordd ac ar hyd y llwybr troed i mewn i'r coed.
9. Ar ben y rhiw trowch at y llwybr ar y chwith ac i fyny'r rhiw.
10. Ar ôl dod allan o'r coed ewch drwy gât fferm ac i mewn i glos y fferm drwy ail gât ar y chwith. Trowch i'r dde ac i'r chwith drwy glos y fferm a thrwy drydedd gât at lôn y fferm.
11. Wrth y gyffordd trowch i'r chwith.
12. Dilynwch y lôn, yna'r nesaf i'r chwith i fyny'r rhiw.
13. Trowch i'r chwith i fyny at adfeilion fferm.
14. Ewch heibio i adfeilion y fferm, i fyny'r rhiw dros y gamfa a chadw at y ffens ar y chwith.
15. Ewch dros y gamfa ac i'r dde oddi wrth y ffens a dilyn lôn fferm arw ar draws y mynydd.
16. Ewch heibio'r man triongli ar y dde (mae Bae Caerdydd, Sianel Bryste ac arfordir Gwlad yr Haf i'w gweld) ac i lawr y mynydd at y gyffordd.
17. Wrth y gyffordd trowch i'r chwith, heibio'r mannau picnic ar y chwith at gât mochyn werdd ar y dde.
18. Ewch drwy'r gât ac ar hyd llwybr troed ar draws cae i lawr at y coed. Dros y gamfa i'r coed a dilynwch y llwybr i'r chwith.
19. Wrth y groesffordd ar y llwybr, cymerwch y llwybr ar y chwith, ymlaen drwy'r coed (wrth gefnau'r tai ar y dde) at y gât mochyn.
20. Wrth y gât trowch i'r dde at lôn darmac yng nghefn y tai. Trowch i'r chwith i'r ffordd fawr drwy'r pentref gyferbyn â'r ysgol. Trowch i'r chwith eto ac ar hyd y ffordd fawr i ben y llwybr igam-ogam.
21. O'r llwybr igam-ogam gallwch naill ai fynd nôl at orsaf Ffynnon Taf neu groesi'r afon dros y bont droed.
22. Dilynwch y llwybr at y ffordd fawr, trowch i'r dde ac ar hyd y ffordd fawr at yr orsaf.

The Garth Mountain Circular Walk
Taith Gron Mynydd y Garth

Distances and times are approximate
Map not to scale
Suitable clothing is recommended

Rhai bras yw'r pellterau a'r amserau
Nid yw'r map ar raddfa
Argymhellir gwisgo dillad addas

Length of walk: 6 miles 10 Km
Time: 3 hours
Grade: Advanced (fit walkers with stout footwear)
Begins / Ends: Taffs Well Station
Terrain: Steep slopes, muddy paths

Hyd y daith: 6 milltir 10 Km
Amser: 3 awr
Gradd: Anodd (cerddwyr profiadol gydag esgidiau cadarn)
Yn cychwyn / Yn gorffen: Wrth Orsaf Ffynnon Taf
Tir: Llethrau serth, llwybrau lleidiog

Key / Allwedd

Main Route / Prif lwybr
Footpaths / Llwybrau Troed

Produced by / Cynhyrchwyd gan
Groundwork Merthyr & Rhondda Cynon Taff
Fedw Hir
Llwydcoed
Aberdare CF44 0DX

For further information on walking in this area:
Am ragor o wybodaeth am gerdded yn yr ardal hon:

Cearphilly Mountain Countryside Service
Taff Gorge Countryside Centre
Heol y Fforest, Tongwynlais
Cardiff CF4 7GE
Telephone: 01222 813356

Gwaelod-y-Garth village has been designated a conservation village because of its row of miners cottages dating back over 150 years.

Gwaelod-y-Garth Inn, built in the early part of the 19th Century has known many interesting landlords in its history, especially Dai Peters a Welsh light heavy-weight champion who used to give boxing lessons at the Inn.

The Garth Mountain stands at over 1,000 feet high (308m) and provides an imposing sight as you enter the Taff Gorge.

In 1995 The Garth provided the storyline basis for the British Film, The Englishman Who Went Up A Hill And Came Down A Mountain.

The Taffs Well Gorge due to its strategic position as gateway to the valleys, has seen extensive transportation works including 4 railways, 1 canal and 2 roads during its industrial heyday.

Mae pentref Gwaelod-y-Garth yn bentref treftadaeth oherwydd y rhes o fythynnodd glowyr yno sy'n mynd yn ôl dros 150 o flynyddoedd.

Bu yn Nhafarn Gwaelod-y-Garth, a godwyd ar ddechrau'r 19edd ganrif, nifer o berchnogion diddorol yn ei oes, yn enwedig Dai Peters, y pencampwr bocsio pwysau trwm a arferai roi gwersi bocsio yn y dafarn.

Mae Mynydd y Garth dros 1,000 o droedfeddi o uchder (308m) ac mae'n olygfa ryfeddol wrth i chi droi i mewn i Hafn Afon Taf.

Ym 1995 Mynydd y Garth oedd safle'r stori yn y ffilm The Englishman Who Went Up A Hill And Came Down A Mountain.

Yn Hafn Ffynnon Taf yn ei anterth, oherwydd ei safle strategol fel y porth i'r Cymoedd, roedd gwaith cludiant helaeth a gynhwysai 4 rheilffordd, 1 gamlas a 2 ffordd.