

COMMUNITY LINK CWLWM BRO

www.pentyrch.cc

working to improve our communities



PENTYRCH COMMUNITY COUNCIL

 CYNGOR CYMUNED PENTYRCH
 Gaeaf Winter 2022
 Rhif No. 118

PENTYRCH COMMUNITY COUNCIL CIVIC RECEPTION



Left-Right Cllr Gary Dixon, Lord Mayor Cllr Graham Hinchey, Doug Castle, Mrs Christine Priday, Mrs Avril Llewellyn, Penri Williams, Lady Mayoress Mrs Anne Hinchey

Penri Williams

Penri is a former County Councillor, Community Councillor and several times past Chair of PCC. He is an active member of Pentyrch Sports Association. He was a major force in setting up the History Museum at PCC. An Editor of a Welsh Language magazine and has done immense work in promoting the language and 'Welshness'! For several years Penri was the editor and compiler of the Community Link.

Doug Castle

Doug has worked tirelessly as a volunteer warden at the Lan Memorial site in Gwaelod-y-Garth. He has served as a marshal on numerous history walks organised by the Lan Project. His work at the Lan was recognised by the Independent newspaper when they granted him a national Community award. He is a regular and valued contributor to the Community Link and also takes time to volunteer with local children.

Brynmor Jones

Brynmor was a former Community Cllr. He was delighted to learn of this award although unfortunately he passed away in the summer 2021. Arrangements are in hand to present his award to his family who could not be present on the night. Brynmor is recognised for the prominent role he played in the Welsh life of Cardiff and East Glamorgan. He was a member of St David's Church and in a host of The Capital and District's Welsh societies.

All the awardees receive an engraved crystal plaque presented by the Lord Mayor.

The Chair of PCC, Councillor Gary Dixon, who introduced the awards also paid honour and thanked the attendees from local organisations and groups. Over 45 groups were represented at the reception. They cover a



One of the Crystal plaques

huge range of organisations from charity, sport, the environment, education, youth work and caring. Councillor Dixon highlighted the passion and commitment each organisation brings to our community and saluted and thanked all the groups on behalf of all the residents in our communities.

Our new Vicar, the Reverend Steve Wilson, delivered a few words on his early experiences in his new role. Steve is a welcome addition to our community;

The Chair also took the opportunity to present a bouquet of flowers to Helena Fox who has recently retired after 6 years a PCC Clerk. He also thanked Deb Hunt, PCC Community Engagement Officer for her hard work in organising the reception.

The formalities being completed all guests took the opportunity to mingle and chat.

Pentyrch Community Council held a Civic Reception on 3rd October 2022. The reception was to formally Award Freeman and Freewoman Awards to a number of worthy residents and acknowledge and thank the various bodies and associations who serve our community.

The ceremony was held at Pentyrch Rugby Club and was attended by The Right Honourable, the Lord Mayor of Cardiff and Lady Mayoress, Councillor Graham Hinchey and Mrs Anne Hinchey and Mark DrakeFord, First Minister of Wales

The Reception had been delayed several times due to the Covid pandemic but it was wonderful that we were able to meet to honour a number of our citizens from within the ward who's contribution and achievements have been outstanding. Sadly two of the awardees had passed in the intervening time but it was a comfort for their families to know they had been honoured in this way.

The Freedom of the Community awards were given to:

Don Llewellyn.

Don was a passionate, patriotic Welshman. A Welsh speaker, a son of Pentyrch, born and bred. A producer for HTV who made many fine documentaries. He was also an author and a very knowledgeable historian of Wales in general and Pentyrch in particular. Sadly Don has passed since being advised of his award and his wife, Avril, accepted on his behalf. It was a pleasure that Avril was able to attend along with Don's daughter and Son-in Law.

Chris Priday

Chris has served the community with many years service as both County and Community Councillor. She has also given many hours working on the Pentyrch Village Hall Committee and Pentyrch Neighbourhood Watch. Chris still works diligently proof reading each edition of the Community Link. In accepting her Award, Chris was delighted to tell the audience she was looking forward to driving her sheep and cattle through the villages! A right bestowd on Free Men and Women of the Community.

COUNCIL MEETINGS

Due to Covid-19, PCC now holds meetings online via Microsoft Teams. Meetings are held under the Local Government Elections (Wales) Act 2021. The public and press are welcome to attend and the Teams link is on the bottom of each agenda. You will find the agenda on the PCC Meetings page of our website. Pentyrch Community Council holds its main monthly meetings on the 3rd Monday of every month except August.

CYFARFODYDD Y CYNGOR

Oherwydd Covid-19, mae CCP bellach yn cynnal cyfarfodydd ar-lein trwy Microsoft Teams. Cynhelir cyfarfodydd o dan Ddeddf Etholiadau Llywodraeth Leol (Cymru) 2021. Mae croeso i'r cyhoedd a'r wasg ddod ac mae'r Teams link ar waelod pob agenda. Fe welwch yr agenda ar dudalen Cyfarfodydd CCP ein gwefan. Mae Cyngor Cymuned Pentyrch yn cynnal ei brif gyfarfodydd misol ar y 3ydd dydd Llun o bob mis ac eithrio mis Awst.

PCC wish to thank all contributors to this edition of Community Link. We would also like to pay a special thank you to those who have helped with various translations and proof reading the Community Link.

The views expressed in the Community Link are not necessarily those of the Community Council.

Nid yw safbwynt y Cyngor bob amser yn cyd-fynd a'r hyn a fynegir yn 'Cwlwm Bro'.

Community Link

Last date for items in the next issue is

03 February 23. 9:00am

Items submitted will only be included subject to available space on a first come basis. Articles should be limited to 250 words where possible and should be sent to the Council Clerk or to any Councillor.

e-mail: office@pentyrch.cc

The Council is unable to give any guarantee of a delivery date. When placing articles or adverts please take into account the time it takes to prepare print and distribute the magazine



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Mr Adrian Isaacs Clerk to the Council

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Residents can contact Councillors at the email addresses given. Alternatively you can leave a message on telephone number 029 20 891417 and request that the individual councillor returns your call

HYSBYSEBWCH YN CWLWM BRO

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Adverts

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Colour	£60

Tel: 029 2089 1417

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Minutes of meetings of Pentyrch Community Council as well as back-numbers of Community Link are available on the Council's website.

www.pentyrch.cc

Mae cofnodion cyfarfodydd Cyngor Cymuned Pentyrch yn ogystal ag ôl-rifynnau o Cwlwm Bro ar gael ar wefan y Cyngor.

SUBMITTING ARTICLES FOR THE COMMUNITY LINK

When submitting an entry for inclusion in the Community link contributors are requested to take note of the following:-

- Articles should not exceed more than 250 words. If your submission is longer than this it may well be summarised or have to be omitted.
- Articles must not be submitted as pdf files as they cannot easily be adjusted to suit the column sizes.
- Photographs should be submitted as photographs (jpg files).
- The photographs should not be reduced in size or definition.

Stuart Thomas Editor

Cwlwm Bro

Dyddiad olaf am erthyglau ar gyfer y rhifyn nesaf

03 Chwefor 23. 9:00am

Dim ond ar sail y cyntaf i'r felin y bydd yr eitemau a gyflwynir yn cael eu cynnwys. Dylir cyfyngu erthyglau i 250 gair os yn bosib a dylid ei danfon i Glerc y Cyngor neu unrhyw Gynghorydd.

e-bost: office@pentyrch.cc

Wrth gyflwyno erthygl neu hysbyseb ar gyfer y cylchgrawn, byddwch yn ymwybodol o'r amser sydd eisiau i'w baratoi, ei argraffu a'i ddosbarthu. Ni fedr y Cyngor roi unrhyw sicrwydd y bydd yn cael ei ddosbarthu cyn rhyw ddyddiad arbennig.



Community Council Highlights

INTRODUCING THE NEW CLERK TO THE COUNCIL



Adrian Isaacs Clerk to the Council

I was very pleased to be offered the role of Clerk to Pentyrch Community Council.

I have worked in local government for more than 40 years. I am a qualified accountant and have held senior posts in a number of Councils. Before retiring from working full time I was the Finance Director for Buckinghamshire County Council.

I was born and raised in the Rhondda and for the last 20 years my family and I have lived in Caerphilly.

I have a large family - children , grandchildren and 2 dogs.

Since joining PCC I have spent time getting to know the area.

If you want to know more about the Community Council please get in touch.

Adrian Isaacs

PENTYCH SURGERY

Residents will be aware that the building is in poor condition & there are plans to relocate .

PCC is in contact with the GP Practice & is awaiting further information on the timescales for relocation & the extent to which the surgery will continue to be used .

HEOL PANTYGORED/STAR LANE – TRAFFIC CALMING MEASURES.

PCC was very pleased to see the installation of the additional traffic calming measures and signage .

Unfortunately , too many drivers see our village as a short-cut & it is hoped that these measures will persuade them to change their routes .

PENTYRCH PRIMARY EXPANSION

On a number of occasions PCC has discussed the plans to increase the capacity of the school . The planned expansion is a major concern to both residents and the Community Council.

In collaboration with our County Councillors PCC is endeavouring to get Cardiff County Council to appreciate the extent of the current traffic problems and lack of car parking spaces. Without action PCC is concerned that the problems will be magnified , placing an intolerable burden on long suffering residents .

CHANGED USE OF HEOL GOCH , PENTYRCH

PCC has become very concerned by the new risks posed to road users as a result of large vehicles accessing Tonmawr Quarry .

The traffic flows have changed markedly due to the :

The size of the vehicles

The speed of the vehicles

The turning circle required which places these large vehicles on the wrong side of the road

The size of the vehicles is a particular concern given the extent to which Heol Goch is used by buses . The width of these coaches and of course their precious cargo makes them even more vulnerable to these, frankly, beastly lorries.

During the last 12 months there has been a marked increase in traffic flow along Heol Goch resulting from the new housing developments in NW Cardiff.

The significant increase in cyclists using Heol Goch over the last few years has increased the frequency of overtaking manoeuvres performed by motor vehicles.

And there have been some reports on social media of some of these quarry vehicles driving through Pentyrch, despite the extant weight restriction in the village.

CCC has been requested to commission a comprehensive traffic survey in order for it to understand the changed risks & be fully appraised of the actions that need to be taken.

It is clear to the Community Council that motorists , cyclists & residents of Pentyrch and Gwaelod Y Garth now face increased risks when using Heol Goch

CLLR RHIANNA HARDY



Cllr Rhianna Hardy moved to Wales from Canada in 2017 for postgraduate studies at Cardiff University. She has since settled in Gwaelod y Garth with her husband and dogs. She currently works as a Paralegal and has a background in Finance and Project Management.

PLANNING FOR THE FUTURE

The Community Council is preparing a plan for our local community for the next year and beyond.

Do you or your organisation have something they want to do for the community?

Do you or your organisation need some support to realise your ideas?

Do you want to get involved in local projects such as creating community orchard, floral displays or organising community events?

Do you have skills which could benefit the community wellbeing and sustainability.

Please do get in touch by December 1st by emailing office@pentyrch.cc.

We would love to hear from you.

AS YOU PREPARE FOR XMAS

Please remember there are some less fortunate who will struggle to even put a meal on the table Please support the local food banks Creigiau Outside the Church Hall Pentyrch Outside the Community Council Office

Your gesture however large or small will make somebody's Xmas just a little happier



CYFLWYNO CLERC NEWYDD Y CYNGOR



Adrian Isaacs Clerk to the Council

Roeddwn yn falch iawn o gael cynnig rôl Clerc Cyngor Cymuned Pentyrch.

Rwyf wedi gweithio mewn llywodraeth leol am fwy na 40 mlynedd. Rwyf yn gyfrifydd cymwysedig ac wedi dal swyddi uwch mewn nifer o Gynghorau. Cyn ymddeol o weithio'n llawn amser roeddwn yn Gyfarwyddwr Cyllid Cyngor Sir Buckingham.

Cefais fy ngeni a'm magu yn y Rhondda ac am yr 20 mlynedd diwethaf mae fy nheulu a minnau wedi byw yng Nghaerffili.

Mae gen i deulu mawr - plant, wyrion a 2 gi.

Ers ymuno â CSP rwyf wedi treulio amser yn dod i adnabod yr ardal.

Os hoffech wybod mwy am y Cyngor Cymuned cysylltwch â ni.

Adrian Isaacs

MEDDYGFA PENTYCH

Bydd trigolion yn ymwybodol bod yr adeilad mewn cyflwr gwael ac mae cynlluniau i adleoli.

Mae CSP mewn cysylltiad â'r Feddygfa ac yn aros am ragor o wybodaeth am yr amserlenni ar gyfer adleoli ac i ba raddau y bydd y feddygfa'n parhau i gael ei defnyddio.

HEOL PANTYGORED/STAR LANE – MESURAU ARAFU TRAFFIG.

Roedd CCP yn falch iawn o weld y mesurau tawelu traffig ychwanegol ac arwyddion yn cael eu gosod.

Yn anffodus, mae gormod o yrwyrr yn gweld ein pentref fel llwybr byr a'r gobaithe yw y bydd y mesurau hyn yn eu perswadio i newid eu llwybrau.

EHANGU YSGOL GYNRADD PENTYRCH

Ar sawl achlysur mae CSP wedi trafod y cynlluniau i gynyddu capasiti'r ysgol. Mae'r ehangiad arfaethedig yn bryder mawr i drigolion a'r Cyngor Cymuned.

Mewn cydweithrediad â'n Cynghorwyr Sir mae CSP yn ymdrechu i gael Cyngor Sir Caerdydd i werthfawrogi maint y problemau traffig presennol a'r diffyg lleoedd parcio ceir. Heb weithredu mae CSP yn pryderu y bydd y problemau'n cael eu chwyddo, gan roi baich annioddefol ar drigolion sydd wedi dioddef ers amser maith.

NEWID DEFNYDD HEOL GOCH, PENTYRCH

Mae CCP wedi dod yn bryderus iawn am y risgiau newydd i ddefnyddwyr ffyrdd o ganlyniad i gerbydau mawr yn mynd i Chwarel Tonmawr.

Mae llif traffig wedi newid yn sylweddol oherwydd:

Maint y cerbydau a chyflymder y cerbydau.

Mae angen y cylch troi sy'n rhoi'r cerbydau mawr hyn ar ochr anghywir y ffordd

Mae maint y cerbydau yn bryder arbennig o ystyried y graddau y mae bysiau yn defnyddio Heol Goch. Mae lled coetsis traethodau ymchwil ac wrth gwrs eu cargo gwerthfawr yn eu gwneud hyd yn oed yn fwy agored i'r loriau hyn, a dweud y gwir, afiach.

Yn ystod y 12 mis diwethaf bu cynnydd amlwg yn llif y traffig ar hyd Heol Goch o ganlyniad i ddatblygiadau tai newydd yng Ngogledd Orllewin Caerdydd.

Mae'r cynnydd sylweddol yn nifer y beicwyr sy'n defnyddio Heol Goch dros yr ychydig flynyddoedd diwethaf wedi cynyddu amllder y symudiadau goddiweddyd a wneir gan gerbydau modur. Mae rhai adroddiadau wedi bod ar gyfryngau cymdeithasol am rai o'r cerbydau chwarel hyn yn gyrru trwy Bentyrch, er gwaethaf y cyfyngiad pwysau sy'n bodoli yn y pentref.

Gofynnwyd i CSC gomisiynu arolwg traffig cynhwysfawr fel y gall ddeall y risgiau newydd a chael gwybod yn llawn pa gamau sydd angen eu cymryd.

Mae'n amlwg i'r Cyngor Cymuned fod modurwyr, beicwyr a thrigolion Pentyrch a Gwaelod-y-garth bellach yn wynebu mwy o risgiau wrth ddefnyddio Heol Goch.

CLLR RHIANNA HARDY



Symudodd y Cynghorydd Rhianna Hardy i Gymru o Ganada yn 2017 ar gyfer astudiaethau ôl-raddedig ym Mhrifysgol Caerdydd. Ers hynny mae hi wedi ymgartrefu yng Ngwaelod y Garth gyda'i gŵr a'i chwn. Ar hyn o bryd mae'n gweithio fel Paragyfreithiol ac mae ganddi gefndir mewn Cyllid a Rheoli Prosiectau.

CYNLLUNIO AR GYFER Y DYFODOL

Mae'r Cyngor Cymuned yn paratoi cynllun ar gyfer ein cymuned leol ar gyfer y flwyddyn nesaf a thu hwnt.

A oes gennych chi neu'ch sefydliad rywbeth yr hoffent ei wneud ar gyfer y gymuned?

A oes angen rhywfaint o gymorth arnoch chi neu'ch sefydliad i wireddu'ch syniadau?

Ydych chi eisiau cymryd rhan mewn prosiectau lleol fel creu perllan gymunedol, arddangosiadau blodau neu drefnu digwyddiadau cymunedol?

Oes gennych chi sgiliau a allai fod o fudd i les a chynaliadwyedd y gymuned.

Cysylltwch erbyn Rhagfyr 1af drwy e-bostio office@pentyrch.cc.

Byddem wrth ein bodd yn clywed gennych.

WRTH I CHI BARATOI AR GYFER Y NADOLIG

Cofiwch fod yna rai llai ffodus pwy fydd yn cael traferth i roi pryd o fwyd ar y bwrdd hyd yn oed

Cefnogwch y banciau bwyd lleol os gwelwch yn dda

Creigiau Tu Allan i Neuadd yr Eglwys Pentyrch Tu allan i Swyddfa'r Cyngor Cymuned

Eich ystum ni waeth pa mor fawr neu fach bydd yn gwneud Nadolig rhywun dim ond ychydig yn hapusach



Her Majesty, Queen Elizabeth II
1926 - 2022

HER MAJESTY QUEEN ELIZABETH II

It was with great sadness that the nation received the news of the passing of Her Majesty Queen Elizabeth II on 8 September 2022.

Pentyrch Community Council paid their respects on behalf of our community by setting up a page on our website and opening up books of condolence at Pentyrch, Creigiau and Gwaelod-y-Garth. May we thank both Creigiau Church Hall and Gwaelod Village hall for their support in creating respectful spaces to present the book at very short notice.

We would also like to extend our thanks to the members of Garth Rotary who attended with the books of condolence, Fred and Bev Liney who volunteered to take a book to residents who are housebound and were unable to visit the designated sites. May we also thank Pentyrch resident, Mrs Shian Neale, who provided the Welsh translation of the Chairs statement at very short notice.

STATEMENT FROM THE CHAIR OF PCC:

It is with deep sadness that I pen these words. At 15.10 on the 8 September 2022 Her Majesty Queen Elizabeth II passed away.

Our thoughts and condolences are with her family. The United Kingdom, the Commonwealth and the wider world has lost a unique & inspirational woman. 70 years ago, Her Majesty pledged herself in service to the people of Great Britain and the Commonwealth. Not once in that time has she fallen short of that gold standard.

An amazing lady, our Queen, our Head of State, our Head of the Commonwealth and our Commander in Chief of our Armed Forces. Not only that, but all the while being a wife, a mother, grandmother & great grandmother.

The Queen conducted herself with total dignity, selflessness, grace & humility. She epitomised honour and hope for future generations and her dedication was beyond parallel.

Her Majesty has been served by 15 Prime Ministers and during her reign, the United States has had 14 Presidents.

Her sad passing brings to an end an era that we are unlikely to see again.

God Save the King

Gary Dixon Chairman Pentyrch Community Council

CANTORION CREIGIAU SINGERS CELEBRATE THEIR ANNUAL CAROL CONCERT ANNIVERSARY

Cantorion Creigiau Singers-our local mixed choir, were due to celebrate their 50th anniversary in December 2020 with their annual Carol Concert. Unfortunately this was not possible due to covid - -but- we are delighted to say that the **Carol Concert** will take place this year on **Sunday 18th December 6.30pm in Creigiau Church Hall**. This evening marks the anniversary of when the choir started as a small group of friends carol singing in Creigiau to raise money for a children's charity. Since then the choir has gone from strength to strength but always remembers this Sunday before Christmas with a Carol Concert in Creigiau Church Hall.

We are enjoying rehearsing Christmas music with our new excellent accompanist and some new members. Rehearsals take place on Sunday evenings in Creigiau Golf Club (upstairs) 7.30pm-9.00pm. If you are new to the area do come along and join us- you will receive a warm welcome. You do not have to be able to read music-just a desire to sing with the option of socialising afterwards in the bar downstairs.

Now is a good time to join us to be part of our celebrations.

Former members are also welcome to sing with us at this Carol Concert and celebrate our anniversary. Do come along to rehearsals before 18th December to familiarise yourselves with the music.

Admission to the concert is free-as with tradition we will have a bucket collection for a children's charity and will support Ukraine (children) refugees. We will be singing a carol from Ukraine and welcome any Ukrainian families who have resettled in the area to come along and enjoy the evening as we come together to celebrate the Christmas Story in words and music.

Jane Williams Chair

Merry Christmas Nadolig Llawen

DATGANIAD Y CADEIRYDD:

Gyda thristwch dwfn yr ysgrifennaf y geiriau hyn. Ar yr 8fed o Fedi 2022, bu farw Ei Mawrhydi y Frenhines Elizabeth II.

Mae ein meddyliau ac ein cydymdeimlad gyda'i theulu. Mae'r Deyrnas Unedig, y Gymanwlad a'r byd ehangach wedi colli menyw unigryw ac ysbrydoledig.

70 mlynedd yn ôl, addawodd Ei Mawrhydi ei hun i wasanaethu pobl Prydain Fawr a'r Gymanwlad. Nid unwaith yn yr amser hwnnw y mae hi wedi disgyn yn brin o'r safon aur honno.

Gwraig ryfeddol, ein Brenhines, ein Pennaeth Gwladol, Pennaeth y Gymanwlad a Phennaeth ein Lluoedd Arfog. Nid yn unig hynny, ond drwy gydol yr amser roedd hi'n wraig, yn fam, yn nain ac yn hen nain.

Ymddygodd y Frenhines gydag urddas llwyr, anhunanoldeb, gras a gostyngeddwydd. Ymgorfforodd anrhydedd a gobaieth ar gyfer cenedlaethau'r dyfodol ac roedd ei hymroddiad y tu hwnt i gyfochrog.

Mae Ei Mawrhydi wedi cael ei gwasanaethu gan 15 o Brif Weinidogion ac yn ystod ei theyrnasiad, mae'r Unol Daleithiau wedi cael 14 o Arlywyddion.

Mae ei phasio trist yn dod â chyfnod nad ydym yn debygol o'i weld eto, i ben.

Duw achub y Brenin.

Gary Dixon Cadeirydd Cyngor Cymuned Pentyrch

COMMUNITY ENGAGEMENT OFFICER'S REPORT

Civic Reception

The Civic Reception was a great success with approximately 90 in attendance to include the Lord Mayor, his wife and Mark Drakeford.

Mrs Chris Priday, Penri Williams and Doug Castel delighted to accept a Freedom of the Community award. The awards for the late Don Llewellyn was accepted by his wife Mrs Avril Llewellyn

Remembrance Day Service
I have been organising the service to be held at the War memorial, Pentyrch on Sunday 13th November @ 3pm

Clerk to the Council – Adrian Isaacs

The plan is that the Clerk and I will work together in the office on a Tuesday. I also work at the office every Friday 10-12. Yvonne Williams volunteers in the library most Fridays too.

The Clerk and I have been out walking around the Community so he can familiarise himself with the area .

Community Maintenance Officers – Colin and Gary

Future reports will include a note of anything the Maintenance Officers do on top of the grass cutting, checking all areas, frog pond, empty our bins, litter picking etc

If any drains are covered in leaves rather than wait for CCC the CMOs will try to attend,

Pentyrch Sign into the village from Rhydrafar was covered by overgrown hedge again a CCC job but they attended to this

There have been a number of graffiti episodes noticed in a few areas of Pentyrch. These have been reported to the PSCO. The CMOs Maintenance Officers cleaned as much as they could

Zig Zag path is the responsibility of CCC to maintain this path. Unfortunately it is often covered in lots of leaves and becomes slippery on occasions. The CMOs do check and they sweep away the leaves. They will cut back any overhanging branches spotted.

Cardiff CC Issues

Rhys Livesy found it strange that none of the new bus stops have bins. As a result people are jamming litter down behind the bus stops or just throwing it away. . Cllr Livesy is looking at the bin situation on Llantrisant road, the new Llanilltern Village housing.

Garth Rotary

Shared information regarding the: next Memory café at the Rugby club 17th October

Shared info re: Food Bank and Tin on the wall.

GR organised a drop off for donations to Cwtch nursery charity. Shared info re: Wrap Up Cardiff who collect warm/winterproof winter coats for the Huggard Centre.

PENTYRCH HORTICULTURAL, COOKERY AND CRAFT SHOW.



Last held in 2019, the Horticultural normally planned from January onwards, was revived at fairly short notice from June and was held in the Pentyrch Village Hall on Saturday 3 September 2022.

Two leading lights had moved out of the village, and credit must go to the remaining experienced committee members who worked diligently together to ensure it was a success. Both at committee meetings, on the night before and the day, enthusiastic volunteers from the villages of Creigiau, Gwaelod y Garth, and Pentyrch assisted the setting up, running and taking down of the show.

Due to lack of sufficient advance notice the vegetable and flower and children's sections suffered a lower level of entries than in previous years; nevertheless, the attendance at the show was similar; and the programme advertising from local businesses, together with the refreshments and the raffle contributed to ensure the show remained financially viable. The judges were impressed with the quality and presentation of the entries.

Congratulations to Chris Troughton who won the Fruit and Vegetables shield for the most points across the relevant classes.

The next show will be held in the Pentyrch Village Hall on Saturday 2 September 2023, and the programme showing classes to enter will be available for distribution in April 2023.

Planning will start In January 2023 and we are looking for several new volunteers of any age to help us ensure the show continues to be attractive to the exhibitors and the local populace including Capel Llanilltern for years to come. Particular skills include computer literacy sufficient to set the programme for the printers.

New volunteers or any queries please contact Gavin Davidson 07943290647 gdfd1959@gmail.com

PENTYRCH W. I.

At Pentyrch WI we enjoy a variation of speakers from all walks of life and last month was quite an emotional meeting for our ladies. We were joined by the ladies of Atal y Fro, a fantastic team who support women, men and children who are experiencing violence, domestic and sexual Abuse.

We were so moved by the talk, that when they mentioned Trauma Teds our ladies immediately knew that it was something we could help with. Together with our knit & natter friends, we got out the knitting needles and set about making the "Teds" for Lana and her team. Anyone wishing to join our ever-expanding organisation, can come along to our meetings which are held on the first Wednesday of the month at 7.45pm at Pentyrch Village Hall. Linda and Sue WI Presidents



MY FIRST FEW MONTHS AS A COMMUNITY COUNCILLOR.

Since being co-opted onto the Community Council three months ago, several people have asked me questions about the Community Council so here is an overview for you.

What are the aims of the Community Council?

- To represent the community and ensure we get the best possible service from Cardiff County Council.
- To deliver services which will improve the wellbeing of residents.

What does the Community Council do?

The Community Council is the only statutory body which focuses solely upon our 5 villages - LLanilltern, Criegiau, Gwaelod-y-Garth, Llanilltern Village and Pentyrch.

Our council is responsible for maintaining land including the Garth, playgrounds and burial grounds.

We employ 4 staff who look after our land and buildings & provide support to local groups & residents .

We organise events such as the Civic Reception which brought representatives of over 70 local groups together. Currently the arrangements for the Remembrance Day Service are being made.

We produce this magazine, The Community Link, which is sent to 2,800 homes, quarterly and information can also be found on our Facebook page.

Our staff and councillors collaborate with Cardiff Council and many other groups to get things done.

Visit the Pentyrch.cc website for further details.

What does a Community Councillor do?

We serve the community by:

Listening to the needs of the community.

Decision making on behalf of the community as a whole.

Ensuring the council is properly managed.

Community Councillors can be elected or co-opted if there is an unopposed vacancy.

What have I done in my first 3 months?

Spoken to people and attended training sessions to learn about the role.

Read up on legislation and guidelines.

Attended committee meetings deciding on financial decisions and grants.

Sat with the book of Condolence for the late Queen.

Attended the Civic Reception listening to the needs of the community.

Led a small working group to review the Council training plan.

Led a small working group to prepare a draft business plan for the council.

What's the hardest thing?

Knowing what we can do, who can help, what is outside our control and knowing how and what can make a difference.

How can you help your community?

Keep participating in local groups, using local facilities and taking an active role where you can.

Continue to share your ideas and offers for improving our Community.

Want to know more

Myself , my fellow community councillors & our staff would be pleased to meet & talk to you about any ideas you have for our community .

Cllr Louise McGrath

Planning Applications

The Community Council is a statutory consultee for planning applications. These applications are discussed at our monthly Planning Committee meetings and as a part of our monthly Council meetings. Members of the public are able to attend these meetings as observers. The minutes of the planning meetings are published on our website.. Pentyrch.cc/Committees. Where PCC has objected or commented on an application you can see full details of comment / objection within the meeting minutes.

Details of the Cardiff County Council weekly applications and decided planning lists can also be seen www.pentyrch.cc/Planning You can view pending planning applications on the County Council website www.cardiff.gov.uk/planning and follow the appropriate links

Mae'r Cyngor Cymuned yn ymgynghorai statudol ar gyfer ceisiadau cynllunio. Trafodir y ceisiadau hyn yng nghyfarfodydd misol y Pwyllgor Cynllunio ac fel rhan o'n cyfarfodydd misol o'r Cyngor. Gall aelodau o'r cyhoedd fynychu'r cyfarfodydd hyn fel arsylwyr. Cyhoeddir cofnodion y cyfarfodydd cynllunio ar ein gwefan.. Pentyrch.cc/Committees. Lle mae CSP wedi gwrthwynebu neu wneud sylwadau ar gais gallwch weld manylion llawn y sylwadau / gwrthwynebiad yng ngherfyddiadau'r cyfarfod.

Gellir gweld manylion ceisiadau wythnosol Cyngor Sir Caerdydd a rhestrau cynllunio y penderfynwyd arnynt hefyd www.pentyrch.cc/Planning Gallwch weld ceisiadau cynllunio sydd ar y gweill ar wefan y Cyngor Sir www.cardiff.gov.uk/planning a dilyn y dolenni priodol.

22/01479/DCH Single Storey Side And Rear Extensions, Extension And Conversion Of Garage Into A Double Garage With Garden Summer House, With Associated Alterations Rhondda Rise, Heol Pant-Y-Gored, Creigiau, **PCC** Submitted Comments

22/01512/DCH Retention Of A Temporary Sectional Garage Situated In The Forecourt Of "The Glade" The Glade, School Lane, Gwaelod-Y-Garth, **PCC** No Comment.

22/01381/DCH Two Storey Extension To Front Elevation Linking To The East Side Elevation, Extension To Existing Stables/Outbuilding, With Associated Works Tygwyn, 1 Mountain Road, Pentyrch, **PCC** No Comment

22/01753/DCH Single Storey Rear Extension The Long House, Creigiau Farm, Creigiau, **PCC** No Comment

22/01570/DCH Loft Conversion With Rear Dormer Extension, Addition Of A Juliet Balcony And Side Patio With Bi-Fold Doors To Side Elevation, Extension And Conversion Of Existing Garage To Retain Parking And Provide A Garden Room With Storage Area Above 41 Clos Goch, Pentyrch, **PCC** Objected

22/01575/DCH Loft Conversion Including Raising Ridge, Rear Dormer And Conservation Roof Windows The Prospect, Main Road, Gwaelod- Y-Garth, **PCC** Commented

22/01646/DCH Construction Of Rear Single Storey Sun Room Extension Delfryn, Heol-Y-Pentre, Pentyrch, **PCC** No Comment

The Tin on the Wall initiative, now well established in Pentyrch, provides a regular, monthly supply of food and toiletries to the Llantrisant Food Bank. The ongoing support from residents of the village is greatly appreciated especially in these difficult times when foodbanks are becoming increasingly important for many people. The collection continues to take place on the last Friday of each month.

Club members made a sterling job of improving the Village Hall Garden. This involved weeding, pruning and the laying of membrane and bark, resulting in an improved garden area.

The Club organised and funded a day out at Margam Park for local Ukrainian refugee families, which was much appreciated by all. Garth will continue to maintain close links with refugee organisers to support future initiatives and to offer ongoing support to families located in the area.

In conjunction with Cardiff District Rotary, Garth is taking part in the WRAP appeal, aimed at collecting warm coats to distribute amongst homeless and most at need people throughout the winter months. An outstanding response has been received from Pentyrch and Creigiau residents and in the first 2-weeks over 50 bags of coats were delivered by Garth to WRAP. Sincere thanks to donors and those organisations who allowed us to place collection boxes in their premises, namely the Creigiau Golf Club, Pentyrch RFC, Pentyrch Butchers, Vale Health Club, Tongwynlais Dental Surgery. The appeal closes on 31 October.

Through the sale of crocus bulbs, Garth has supported the Rotary National Appeal for the eradication of Polio. £300 was raised and donated to the appeal, again a big thank-you for all those who took part by selling and contributing.

This year the annual Pentyrch Santa Parade will take place on the evening of Friday, 16 December, leaving the Rugby Club car park around 6pm and travelling a circuit around Pentyrch village.

Garth Rotary aims to support the villages of Pentyrch, Creigiau and Gwaelod y Garth. We are a friendly informal group that meets and has fun organising events to help others. Anyone interested in joining or requiring further information should contact Richard Porch 07762904547 or Charles Middleton 07885704902.

**CHRISTMAS PRESENT APPEAL 2022
FOR CHILDREN IN NEEDY FAMILIES IN CARDIFF**



We all have this idyllic vision of what Christmas means to us.
Sadly, there are families with young children who cannot afford to provide basic gifts.

To make this Christmas special for those children living in our area please consider donating a Christmas gift for a child between 1 & 13 years old

The presents need to be new or unused in original unopened packing
If gift wrapped please label describing the contents
to ensure presents go to the correct age group.

The drop off point for your donated gift will be
Pentyrch Community Council Office
Every Friday between 10-11am up to 16th December

THANK YOU FOR YOUR SUPPORT

COMPANIONS: THE OVER 50's CLUB

A rebranding of an old favourite that has been in existence for over twenty years. The question to ask is: "Why rebrand?"

The answer is quite simple: We believe there are so many people out there in the villages of Pentyrch and Creigiau who would really enjoy our stimulating afternoons together, but they need to understand we are not an aging gathering who meet to play bingo and have a cup of tea. We do have a cup of tea and biscuits with it, but what comes before is almost always interesting and stimulating. A typical meeting would be: starting at 2 p.m. after paying our £3 subscription, we are introduced to our speaker who would generally speak and/or demonstrate and answer questions for about 50 minutes,

before we have a discussion of any relevant business over a cup of tea and biscuits. The whole afternoon lasts about two hours.

What sort of topics are addressed at our meetings? Here are a few from the autumn term:

Inspirational women in Wales: The Beatles Story; The Balloon Girl; DNA and Forensics: Visit to Nantgarw Pottery; Gardening: Pharmacy and its NHS future: Bayeux Tapestry: Magistrates in the Community. We have also been out for lunch, and we will be going out for a Christmas meal.

In the New Year we shall be starting a new programme of meetings.

Does that appeal? You can get up to date information on 029 20891721 or 029 20 891652. Look for our posters around our villages
John Gough

TJ LANDSCAPING

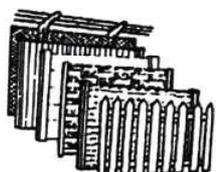
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County Council Notes

INTRODUCING YOUR COUNTY COUNCILLORS

Since the local government elections last May instead of the Pentyrch & Gwaelod ward and the Creigiau and St Fagans ward there is now only a single ward but that is served by 3 County Councillors instead of 2 separate councillors. The contact details for each councillor is give below and the details can be found on the Cardiff County Council website at [Your Councillors : Cardiff Council \(moderngov.co.uk\)](http://Your Councillors : Cardiff Council (moderngov.co.uk))

Catriona.BrownReckless



Catriona.BrownReckless@cardiff.gov.uk
Mobile: 07977 395528

Rhys.Livesy



Rhys.Livesy@cardiff.gov.uk
rhys.livesy@caerdydd.gov.uk
Mobile: 07977 395622

Andrea.Gibson



Andrea.Gibson@cardiff.gov.uk
andrea.gibson@caerdydd.gov.uk
Mobile: 07970 168054

I am grateful to have been elected as one of your councillors, and representing our community is both an honour and an enormous responsibility. I have been working hard these past few months as a new councillor, and I am looking forward to doing as much as I can for the local community. I have been able to meet many of you, and would like to get to know as many people as possible, and you are always welcome to get in touch with me at catriona.brownreckless@cardiff.gov.uk. One of the things I am supporting is our help for Ukraine, and I would like to introduce and thank one of our own residents, Cyndy Litnianska, who works tirelessly with Voice of Ukraine Wales to send humanitarian aid, and medical and hospital supplies, into some of the worst affected areas of Ukraine, and you can go to their Facebook group (facebook.com/ukraine.wales) for more information.

Rydyn ni'n falch, a diolchgar iawn, i gynrychioli 'Ward Pentyrch a Sain Fagan', yn cynnwys Capel Llanilltern, Gwaelod y Garth a Chreigiau, ers yr etholiadau cyngor ym mis Mai.Os hoffech chi gael cymorth gydag unrhyw beth, cysylltwch â ni.Byddwn ni'n dechrau cymorthfeydd ym mis Ionawr, a bydd mwy o fanylion amdanynt yn fuan.

We would like to say how grateful we are to be representing the 'Pentyrch and Saint Fagans Ward' including, of course, Capel Llanilltern, Gwaelod y Garth and Creigiau, since the council elections in May.Please get in touch if you need help with anything.We'll be setting up surgeries in January so please watch this space as well as community notice boards for details.

Andrea Gibson Rhys Livesy
Facebook:
[@andragibson2022](https://facebook.com/andragibson2022) [@rhysowainlivesy](https://facebook.com/rhysowainlivesy)
[@andragibsonrhyslivesycardiffcouncilground](https://facebook.com/andragibsonrhyslivesycardiffcouncilground)

Cardiff Council wants to hear from you!

By taking part in our resident survey you can:

- Tell us about your experiences of public services
- Help us to understand what is important to you and your local community
- Influence changes and improvements to future service delivery

To complete the Survey scan the QR code or visit: www.cardiff.gov.uk/askcardiff2022
Survey closes **Sunday 20th November 2022**.

If you have any difficulties in completing the questionnaire please email consultation@cardiff.gov.uk

All respondents can enter a **Free Prize Draw** to win a family ticket to skate at this year's Winter Wonderland or one of ten **£50 FOR Cardiff Vouchers**, which can be spent in a wide variety of high street shops and restaurants.

FOR CARDIFF

Ymunwch â'r sgwrs #HoliCaerdydd2022 @cynghoracaerdydd

Join the conversation @AskCardiff2022 @cardiffcouncil

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- Dylawadu ar newidadau a gweilannau ar gyfer darpariaeth gwasanaeth yn y dyfodol

I gwblhau'r Arolwg sgantlwyd y cod QR neu ewch i: www.caerdydd.gov.uk/holicaerdydd2022
Mae'r arolwg yn cau ddydd Sul 20 Tachwedd 2022.

Os cechw unrhyw anawsterau wrth gwblhau'r holladur anfonwch e-bost i ymgyngoriad@caerdydd.gov.uk

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Sled Santa

Ar Noswyl Nadolig, bydd sled Siôn Corn ar daith o amgylch Creigiau o 4pm – 6pm, - ei gorachod gweithgar yn rhoi arhegion wrth fynd. Gwirwch y map i wneud yn siwr eich bod yn ei ddal.

Ar ddiwedd eu taith sled, mi fydd Siôn Corn a'r corachod yn parhau â'u gwaith da o'i groto yn Neuadd yr Eglwys, gyda band pres yn ychwanegu at yr hwyl dymhorol, ac fe gewch ddigonedd o deisennau, siocledi a gwin cynnes.

Carnifal Creigiau

Braf oedd gweld Carnifal Creigiau yn dychwelyd eleni, diolch i'r gwaith caled, fel arfer gan Creigiau 23 a CRAMC. Roedd y tywydd braidd yn heriol ar adegau, ond hynny ddim yn amharu ar yr hwyl!

Taith Gerdded Gwyl San Steffan

Hon fydd ein Taith Gerdded Gwyl San Steffan gyntaf ers tair blynedd, ar ôl colli'r ddwy flaenorol i Covid. Yn dechrau am 10:30 tu allan i dafarn y Creigiau, dyma'ch cyfle chi i chwythu'r gwe pry cop ac ymuno â ni ar antur iachus. Ond nid oes angen i chi fod yn archwiliwr profiadol - mae hon yn daith gerdded i bawb, gyda marsialiaid i'ch arwain, a byrbrydau ar y ffordd. Wel...mins peis, siocledi a gwin cynnes. Hei, mae'n Ddolig!

Rhoddion

Eleni rydym wedi rhoi rhoddion i glybiau bowlio, pêl-droed a rygbi ym Mhentyrch; a Chlybiau criced a Pétanque yng Nghreigiau, yn ogystal â Chantorion Creigiau. Rydyn ni hefyd wedi rhoi arian i Arch Noa, Cymdeithas Alzheimer's, Reverse Rett a'r Groes Goch Brydeinig. Os oes gennych achos lleol sydd angen ein cymorth, ebostiwch info@creigiau23.org.uk

PENTYRCH VILLAGE HALL

Pentyrch Village Hall Committee would like to welcome residents and visitors to our newly decorated Village Hall.

The Village Hall is managed by a small group of volunteers. The Committee would like to invite you to a (non-Christmas themed) quiz night on Friday 9 December, doors opening at 7:30 pm with first question at 8:00, entry £3 per person, drinks bar available but bring your own nibbles.

If you are looking for a lovely venue to hire for any occasion, please contact Pentyrchvillagehall.co.uk.

CREIGIAU CRICKET CLUB SQUARE RENOVATION



The @sportwales Be Active Wales Fund has helped Creigiau CC move forward with essential and significant works on our cricket square which will improve the playing surface, protect the future of the club and enable greater development and participation opportunities for our community.



Thanks to @WelshGovernment and @LottoGoodCauses players for their support in making this funding possible! Find out how funding could help your club, too at www.sport.wales/beactivewalesfund



Taffs Well Community Singers

Musicals... Motown... Mozart...
we sing it all!

Come and join your fun and friendly local choir.
New members always welcome!

Thursdays 7.30-9.30pm
Taffs Well Village Hall

We are a mixed voice adult community choir.
There are no auditions and the ability to read music is not essential.

www.taffswellcommunitysingers.com

Come along to a rehearsal or call Ian on 07368 418314 for more information.

PENTYRCH SCARECROW TRAIL

October saw the 5th Annual Pentyrch Scarecrow Trail, the theme was Myths & Legends and there were over 20 fantastic entries including UFOs, fairies, trolls & a singing Leprechaun. The trail was still ongoing at the time of going to press but whichever scarecrow ran out the victory after the public vote was a worthy winner and would have definitely earned their gift voucher kindly donated by Pughs Garden Village. Families came from all around the area to view the wonderful creations & at the time of writing over £200 had already been raised for local causes. Thank you to everyone who took part either by entering a scarecrow or by completing the trail. We are already planning for this years trail which will once again be completed over the Autumn half term, if you have any ideas for a theme for this years trail please let us know on pentyrchscarecrows@gmail.com



CLWB GWYDDBWYLL PENTYRCH CHESS CLUB

We are now mid season with two teams competing in the East Glamorgan League. On the 17 October we marked the retirement of 3 of our longest serving members from competitive matches. Richard Morgan steps down as Treasurer after over 30 years, Vivian Martin (long time secretary of the club) and Richard Livermore (who has kindly stepped out of his "retirement" to help complete a team.

The club is grateful to Adam Christopher for volunteering as Treasurer and taking on from Richard.

The Kings Arms hosted us for an evening of delicious food, games and reminiscing. The Chair Mike Maguire presented trophies and a £25 voucher to each of them for their contribution to the club over the years.

The club is open to anyone interested in playing chess, either competitively or socially; children and adults. To make contact – see



www.pentyrchchess.co.uk. or come along to the Kings Arms on a Monday evening. The league runs to mid May and we meet up at 7.30pm most Mondays at the Kings Arms for social or competitive play. We appreciate the support of the King's Arms landlord, Dan in providing us with a space to host our practice sessions and matches.

Cafwyd noson i ddatlu cyfraniad 3 aelod hir-oes y clwb ar nos Lun y 17eg

Hydref. Yn anffodus maent yn ymdeol o chwarae gwyddbwyll yn gystadleuol. Henaint ni ddaw ei hunan.

Bu Richard Morgan yn drysorydd am dros 30ain mlynedd. Vivian Martin oedd ysgrifenydd y clwb am amser maith. Ac mae gan Richard Livermore yr anhydedd o fod yr aelod a drefnodd i'r glwb ei leoli yn y Kings Arms.

Rhoddyd tlws a thalebau gwerth £25 i ddiolch am eu cyfraniad dros y blynnydoedd.

Mae croeso cynnes i aelodau newydd i ymuno gyda ni i chwarae gwyddbwyll, boed i chwarae yn gystadleuol neu yn gymdeithasol. Rydym yn cwrdd yn wythnosol yn nhafarn y Kings ar nôs Lun. Diolchwn i Dan yn nhafarn y Kings Arms am gael cynnal ein nosweithiau yno. Lleoliad delfrydol am gemau o wyddbwyll.



L-R Richard Morgan, Vivian Martin, Richard Livermore

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CYMDEITHAS HANES LLEOL PENTYRCH A'R CYLCH PENTYRCH AND DISTRICT LOCAL HISTORY SOCIETY

During the autumn season we have had an interesting and varied programme.

In September Penri Williams presented, memories of Don Llewellyn based on videos of some of his talks.

In October we erected a bench for the community outside the village hall underneath the willow tree and a memorial blue plaque in memory of Don. We hope that people will rest on it enjoy the view and remember our old friend.

The end of October brought us a talk by Alan Thorne about the life of Ernest Willows a very early aviator from Cardiff.

We try to have a varied programme to appeal to everyone

The November talk on 25th is by Elaine Davey about Ruperra Castle, a site in much need of conservation both the castle and the surrounding historic landscape.

The Society does not meet during December or January but on February 24th we have, the renowned author, poet and raconteur Peter Finch. Peter spent Covid lockdown walking around the outskirts of Cardiff and has a new book called "Edging the City". As Pentyrch residents we know about living on the edge of the city, so it will be interesting to have another viewpoint, put it into your diary.

All information about meetings and much more is posted on the web site pentyrchlocalhistory.wordpress.com All are welcome and we look forward to seeing you Denise James



Santa's Sleigh

On Christmas Eve, Santa's sleigh will be touring Creigiau from 4pm – 6pm, his hard-working elves giving out gifts as they go. Check the route map to make sure you catch him.

At the end of their sleigh ride, Santa and elves continue their good work from his grotto in the Church Hall. A brass band adds to the seasonal good cheer, and you'll find a plentiful supply of mince pies, chocolates and mulled wine.



Boxing Day Walk

This will be our first Boxing Day Walk for three years, having lost the previous two to Covid. Starting at 10:30 outside the Creigiau Inn, it's your chance to blow away the cobwebs and join us on a bracing adventure. But you don't need to be a seasoned explorer – this is a walk for everyone, with marshals to guide you and emergency rations en route. Well, all right, mince pies, chocolates and mulled wine. Hey, it's Christmas!

Creigiau Carnival

It was great to see the return of the Creigiau Carnival this year, thanks to the hard work, as always, by Creigiau 23 and Creigiau Area. The weather was a bit challenging at times, but that didn't dampen anyone's enthusiasm!

DONATIONS

This year we've made donations to the bowling, football and rugby clubs in Pentyrch, Creigiau Cricket and Pétanque clubs, and Cantorion Creigiau. We've also given to Noah's Ark, Alzheimer's Society, Reverse Rett and British Red Cross. If you have a local cause that needs our help, please email info@creigiau23.org.uk

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PENTYRCH ART GROUP



Pentyrch Art Group recently held their 25th Annual Exhibition at the Village Hall. The exhibition was very well attended, with over 250 people coming during the course of the day. We had so many lovely comments from visitors that it made all the hard work worth while. We were lucky to sell lots of paintings too. Thanks to all those who attended, to help make it such a lovely social occasion. We plan to hold another exhibition in 2023-date to be confirmed.

As we're now holding normal meetings - post Covid, a full programme is planned for the present term, and we recently welcomed local portrait artist Sophie Galliers, who gave us a lesson on portrait drawing, this was thoroughly enjoyed by everyone. Well known local artists Alison Fennell and Andre Massaro will also be teaching us this term.

Members are still exhibiting at The King's Arms, and this has proved to be very popular. Thanks again to Dan and his team, who allow us to exhibit our work there.

We are also hoping to have an exhibition at Garth Olwg in 2023, hopefully we shall publish the date in the next edition of Community Link. ' Anne Peebles

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~~new games console~~
~~a kitten~~
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In Creigiau you can make your donation outside the Church Hall

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Elderfit 14.00-15.00
Guides 17.30-19.00
Rangers 19.00-20.30 (monthly)

Wednesday

Nursery 9.00-12.30am
Qi Gong 13.00-14.00
WI 19.30-22.00 (monthly)
Pilates 20.00-21.00

Thursday

Nursery 9.00-12.30
Hilltop Theatre 19.30-21.30

Friday

Nursery 9.00-12.30
Garth Gardeners 19.30-21.30 (monthly)
History Society 19.30-21.00 (monthly)

Saturday

Yoga 9.30-10.30
Hilltop Theatre 19.30-21.30

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1ST PENTYRCH RANGER GUIDES BECOME PART OF HISTORY!

During the summer, 1st Pentyrch Ranger Guides celebrated the Platinum Jubilee of Queen Elizabeth II. She was the Patron of Girl Guiding and, with her sense of duty and adventure, I considered her a great role model for all in Guiding. We joined the lovely community event lighting the beacon on the Garth mountain, had a jubilee treasure hunt around Pentyrch and, on learning that the Queen's favourite activity as a Buckingham Palace Guide was to take part in an assault course made from nature, did the same. We made a card for the Queen - written in Welsh - and told her about the ways we had celebrated her reign.

In September, following the Queen's death, we received some royal mail! Alongside, a generic thank you card, we had a personalised letter on Balmoral headed paper and dated the end of August! It is likely that we were the recipients of one of the last pieces of correspondence to leave Balmoral on behalf of Queen Elizabeth II and I'm sure that the girls will treasure the memory of being part of something so historic.

The Rangers should also feel very proud of themselves for being proactive in the wake of Russia's invasion of the Ukraine. Last year, we undertook some Parliament week activities in Rangers with an emphasis on how young people can get their voices heard in the UK Parliament. Remembering this, the girls decided that they did not have to feel completely helpless and they expressed their concerns in a letter to our local MP.

Following our letter, an outreach worker from UK Parliament ran a workshop with us and she, like me, was incredibly impressed with the girls' understanding of our world and the things that can be done to make it a better place. Watch this space because I have a feeling that our future leaders could come from Pentyrch! We're now planning a trip to London next year for a tour of Parliament and to see for ourselves a working day there.

HILLTOP THEATRE COMPANY

Hilltop Theatre Company's 20th Anniversary celebrations continued in September with two brilliant performances by Delyth Lewis as Shirley Valentine. The large audiences that attended absolutely loved it and gave standing ovations each night!

It is now all systems go to prepare for our big March production of Rodgers & Hammerstein's "The Sound of Music". The show will run from March 8th - 11th, and tickets at £13 will soon be on sale. If you would like to be involved either backstage, front of house or as a singing nun, please contact us on 07943 183169.

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If you would like further information, please call us on 02920 873797 for an informal chat or visit our website at www.cardiff.fosterwales.gov.wales for more information.

If you know a young lady aged between 14 and 18 years with a sense of adventure, she would be welcome to join our small and friendly group. We meet once a month on a Tuesday evening in Pentyrch Village Hall and, to come and give us a no obligation try out, contact me, Sharon O'Leary, leader of the 1st Pentyrch Ranger Unit, on olearysharonc@gmail.com.



Pentyrch Rangers are rapidly growing in size and this season we've hit over 300 players!

Our success as a club is, in the main, down to the brilliant coaches we have on board ensuring our training and games run as smoothly as possible.

This season our Vets team has expanded and we now have players in our over 40s and over 45s age groups. The youngest members of our club at U6 are thriving and we are building up the coaching team.

We would love for more U6 coaches to become part of our brilliant club! If you're interested in joining us as a player or helping out as a coach, please contact Lucy O'Leary at lucypentyrchrangers@outlook.com for more information

CELTS EXPLORER SCOUT UNIT –



What's the Storey – Summer Camp Glory

The highlight of the Celts ESU calendar is summer camp. Obviously the past two years have been difficult, so this year it was great to be able to arrange a proper Summer Camp. With the cost of living and travel costs increasing, we stayed closer to home this year with a week-long activity camp at Storey Arms.

Day 1 was spent climbing on the climbing wall at the activity centre. Day 2 took in beautiful scenery from along the Brecon canal in 2 person Canadian canoes. Day 3 was a busy one, firstly gorge walking at Dina Rock and jumping off Loonies Leap. In the evening we walked up Pen y Fan to see the sun set. On day 4 we went underground, caving at Porth yr Ogof. Day five, and sadly the final day, was back on the water, stand up paddle boarding.

I think it's fair to say a fantastic and adventurous time was had by all, with the young people pushing their boundaries and building friendships. Now on to planning Summer Camp 2023 for the remainder of the Unit not involved with other events. Seven of the Explorers are going to Iceland with Scouts Cymru, and three leaders heading off staff at the World Scout Jamboree in South Korea.

Explorer Scouts are aged 14 to 18, if you have a young person interested in joining in with the adventure or participating in the Duke of Edinburgh Award scheme, please email celts@cardiffwestscouts.org.uk.

Cardiac Arrest Information you need to know

- There are **30,000** Out-of-Hospital cardiac arrests in the UK every year.
- The overall survival rate is **1 in 10**.
- Every minute without cardiopulmonary resuscitation (CPR) and defibrillation reduces the chance of survival by up to **10 per cent**
- Performing CPR can **more than double** the chances of survival in some cases (ventricular fibrillation).
- It's estimated that public-access defibrillators (PADs) are used in **less than 10 per cent** of OHCA's.

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FOPSA

FRIENDS OF PENTYRCH SCHOOL ASSOCIATION

FOPSA have been busy since our return to school in September. We've had a very successful Christmas Card project where the children designed their own cards ready to give to family. We also held a Halloween Spooktacular for the children and their parents to celebrate all things spooky! We are currently planning our Christmas Fair and as ever, thinking ahead to our Spring term events. We are hoping to have a very busy year indeed!

CHRISTMAS FAIR
DECEMBER 6TH 2022
3.45PM - 5.15PM
SCHOOL HALL

This festive season sees the return of our Christmas Fair. The past two years we had to put our festivities on hold but we are very excited to be back with our Santa's Grotto, Raffle, Refreshment Stall, Jolly Jars, Teddy Tombola and - much more. It would be lovely to see the wider. Pentyrch community come along.

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Paths to Wellbeing Programme

FOOTPATH WAY MARKER



A competition was held to design a way marker that could be used for the posts that will be needed for some of the footpaths in our local area. The competition was included in the Pentyrch Show 2022 programme and the excellent, winning design by Emily Christopher, is shown above.

GIVING A HELPING HAND

Ramblers Cymru will be donating 400+ UK native sapling trees (from the Woodland Trust) for planting as a hedgerow (at Pentyrch Primary School) and hoping to install 2 new benches, somewhere close to footpaths, where it would be good to rest and take in the view. We are currently scouting for suitable locations for the 2 benches.

Ramblers Cymru are also donating 2kg of wildflower seeds & we are looking for suitable sowing spots, big or small where the landowner or occupant are receptive to having wildflowers sown.

INVASIVE WEEDS & PROTECTING NATURE

With thanks to a local landowner, the first volunteer days to remove invasive weeds encroaching on a Site of Special Scientific Importance (SSSI) from a field in Pentyrch took place in early Summer. In the Winter, there is the opportunity to have a talk on biosecurity and invasive weeds, for any local community group from the Wildlife Trusts.

If this is of interest, please contact: Jessica.minett@northwaleswildlife.trust.org.uk

WALK & TALK – TRAINS

There have been a series of walks and talks with Ramblers Cymru, Transport for Wales and Amey that have permitted a behind the scenes look at the new trains as well as information on the current construction programme of the train depot at Taff's Well and the electrification and future operation of the south Wales rail network.



The walk helped to balance the generous portions of cake and there were many a photo taken of budding train drivers sitting in the new cabs. With thanks to Amey & Transport for Wales for providing a walk and set



KNIT AND NATTER

The ladies from Knit and Natter enjoyed their Summer Lunch date at Pentyrch Rugby Club on the 25th August. The ladies would like to thank Carol for organising this and would also like to thank Trish and Abi for providing the amazing food. The knitting goes on. Some beautiful hats and baby blankets were given

SCULPTOR IN TYN-Y-COED WOODS



In October, there was an opportunity to look for possible locations in Tyn-y-Coed Woods for some benches and a sculpture being made by an artist from West Wales, Mared Davies, who often uses metal to create structures linked to both industrial heritage but also to the rural & natural world. We were very pleased to have the expert and knowledgeable assistance of NRW and Taff Ely Ramblers.

of interesting talks, all combined with a very large train set and an insight into the future look of the trains, railway network and the depot on our doorstep.

If any local community group would like to repeat the walk & talk that we did, please know that Ramblers and Transport for Wales & their partner, Amey, are open to holding dedicated sessions, as often finding a suitable time slot is the issue for us all. If this is of interest, please contact: engagement@tfw.wales

to the Tirion Birthing Unit at the Royal Glamorgan Hospital after they put out an SOS. It is always worth keeping a few back for emergencies like this. When I dropped off the hats and blankets to the hospital today they were delighted Carol Saint Pentyrch Knit and Natter

Dr Steffan Cook
Domestic Energy
Consultant
Tel: 02922 526 247

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The Knit & Natter Lunch

KEEP CREIGIAU TIDY

LOVE WHERE YOU LIVE TEAM

On the very last day of August, Cardiff Council sent its 'Love where you Live' team to Creigiau Playground for a local litter pick. This Summer, for the first time, the Council had a programme of litter picks, starting from playgrounds and Creigiau was included.

As well as having a bit of clean-up and removing litter from different areas of the village, it was also an opportunity to talk with the Cardiff Council team on current issues with litter & absence of bins on critical roads.

Thank you to everyone who came along, with special thanks to our new Cardiff Councillor, Rhys Livesy, and to all the youngsters who brought an energy & enthusiasm to the litter treasure hunt.



Charlotte and Alex from Cardiff Council's Love Where You Live Team.



TREE PLANTING - TERRACE WOODS, CREIGIAU

SAT, DEC 17, 10:00 AM

Free, family event, save the date Cardiff Council has embarked on an ambitious 10-year tree planting programme and our community is included. It would be great to give them a helping hand and a warm welcome to support this climate change and biodiversity project, to say thank you, and to encourage a return visit to us and to our neighbours.

Trees are to be planted on the land known as The Terrace Woodland, opposite Tesco. This is an area where diseased trees had to be felled and the land is largely vacant. Trees were here before and great to have trees here again for the future generations.

Please join us for our community tree planting events across Cardiff! // Ymunwch â ni ar gyfer ein digwyddiad plannu coed cymunedol ledled Caerdydd!

If you are able to help or support or want to find out more about the Tree Planting Programme in Cardiff, please join us, and, if you can, please register using the link detailed below.

To book a free space: <https://www.eventbrite.com/cc/coed-caerdydd-tree-planting-22-23-1265329>

NETWORKING WITH CARDIFF COUNCIL

We are lucky to be included in a number of litter networking events and to be part of a wider team with all the different wards of Cardiff as well as Keep Wales Tidy. Through this interaction, we have obtained equipment and resources, as well as an opportunity to highlight our waste issues, which can be different to those in the urban city centre.

On 7th September, Cllr Caro Wild held an inaugural meeting of the Waste and Litter Advisory Group, and we were invited as a key stakeholder. Councillor Rhys Livesy represented us on what we hope will be regular discussions on current issues and improvements.

We also work with Coed Caerdydd and recently participated with them in a partnership call with Woodland Trust on the mapping of veteran and ancient trees. Right now, there are none recorded for our community, which can't be right, so there is a call for volunteers to assist.

SMALL COMMUNITY ORCHARD

In January 2021, we planted a small number of Welsh heritage fruit trees, which were kindly donated by Natural Resources Wales. The trees are on Pentyrch Community Land, and we are pleased to say, they have survived. They are staked and hopefully will be yielding fruit in a few years' time.

The trees types have been recorded on www.creigiaucommunityorchard.org and also on a national community orchard database, so that we retain the information of the specific variety of these special trees with heritage DNA, for future generations.

CREIGIAU COMMUNITY FOOD BANK DONATIONS



KCT member Colin Belward hands over the food donations to the Dusty Forge team

A huge thank you to local Creigiau residents and the pupils & staff of Creigiau Primary School for the donations to the food bank in October. The team at Dusty Forge are extremely grateful given the ever increasing demand.

Volunteers continue to collect from the Donation Box outside the Village Hall on a regular basis. All donations of food and toiletries are very much welcome.

VOLUNTEERING OPPORTUNITIES

Young People - We continue to lend equipment and work with youngsters who are participating in the Duke of Edinburgh awards.

Autumn Leaf Sweep - If we can gather enough volunteers, we are likely to repeat our Annual Big Leaf Sweep, where we try and clear the leaf fall in key footfall areas and invite Cardiff Council to bring in the road sweepers as their contribution.



The Terrace woodland lost most of the trees last year that had to be cleared after suffering from Ash Die back

WELSH WOMAN IN MARATHON RACE TO BEAT HEARTBREAK



This year on Sunday 2nd October I took on my challenge of a lifetime and ran the TCS London Marathon in memory of much-loved husband Edward (Ted) Williams who lost his life suddenly due to a heart condition.

I am 59 years old and live on Garth Farm in Pentyrch where my sons, Ben and Ethan have taken over running the farm since my husband Ted died suddenly aged 43 following a cardiac arrest in April 2009.

Ted was a farmer, extremely fit, a rugby player, he was strong, and looked an absolute picture of health.

He did have an irregular heartbeat, but we didn't think it was anything to worry about. Every day on the farm we were up and out early. I was away from home the day Ted died, we spoke at 7am on the phone, chatting quite normally, and by half past nine he'd had a cardiac arrest and died.

It was my family who kept me going through the traumatic aftermath of losing Ted. "I didn't know where to start because although I worked from home, and we were a close family, it was Edward that ran the farm. I can sit here now and wonder how on earth we got through it, but we have, and life is good again.

It's taken me 13 years me to feel ready to face the daunting prospect of running the London Marathon in Ted's memory, I've always been a runner but never a long-distance runner. I love my running; it's part of my life and I don't feel right all day if I haven't had a run in the morning. I've run for my mental health after losing my husband, but I decided to run the London marathon this year because the British Heart Foundation was the official charity and they're doing such a brilliant job with their research.

I have been touched by the reaction of the local community here in Pentyrch, a village I have lived all my life, by the farming community

and all my friends and family who tracked me during the race and have given so generously to my fundraising efforts in raising money for the British Heart Foundation. "Fundraising so far has been quite easy with people wanting to support me in my efforts. Ted was loved by so many people and thought so highly of.

Despite running on a daily basis, I knew taking on a marathon was a major endeavour, but the atmosphere and the crowds, carried me on.

It was the most amazing experience, probably the best thing I have ever done, for the entire 26.2 miles I kept thinking I'm doing this for Ted, I'm doing this for the British Heart Foundation.

By taking part in the iconic TCS London Marathon 2022, I have helped the BHF turbo charge pioneering research into regenerative medicine – including the development of a Heart Healing Patch, which could save and improve the lives of millions of people worldwide affected by heart failure.

Every single step I took will power science with the potential to heal damaged hearts.

To support me, go to: www.justgiving.com/fundraising/karen-williams121

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“LLAIS” OUR SCHOOL PARLIAMENT

This half term we've elected new pupil committees for our "Llais" parliament meeting. Our whole school parliament was established two years ago and every child from Year 3 to Year 6 is part of a school committee. Our committees include the School Council, Lively Learning, Digital Wizards, Welsh Dragons, Wellbeing Ambassadors, Eco Council, and Citizens of the Future. This half term, the committees discussed their ideas for the year and created a strategic plan setting out their priorities for the term. For example, the Welsh Dragons intend to create a company to teach Welsh to the midday supervisors and to parents and the local community. The Lively Learning committee will be going on a learning walk and will be looking at ambition and challenge in the classroom. The Citizens of the Future have decided that "Heart Heroes" will be our school charity this year and have organized a number of charity activities for the term. A day without electricity is the challenge set by the Eco Council and mindfulness and the rights of the child will be the priority of the Wellbeing Ambassadors. The Digital Wizards will continue to upskill staff, pupils, and parents and the Digital Desk will be launched once again this term. For further information, please go to our website to read the strategic plans. Thank you to the staff and the pupils for their enthusiasm and hard work.



CHICKENS

After half term, our chickens will be arriving! Last term we had a STEM bake off and the seven lucky winners will be going to the farm in November to choose the chickens. Our chicken coop will be located on the bottom field next to our STEM pod. Every morning the pupils will have the opportunity to collect the eggs and we will be selling the eggs in our STEM shop. Redrow has been working with us as a school and will be helping us to build a STEM street on the bottom yard this year which will include our STEM shop, STEM café, and STEM houses.

FOREST SCHOOL

The pupils from Progression Step 2 and 3 have had a wonderful time this half term in Forest School. They've explored the local forest, built dens, learned how to light a fire, and enjoyed toasted marshmallows!



Our Forest school provision in Gwaelod y Garth school offers all children opportunities to develop confidence, social skills, communication adeptness, and more through interacting with nature. Our aim is to develop in each person the skills they need to become Capable Learners, Personally Sustainable, and ambitious learners. Thank you Mrs Williams and all the parent volunteers who have helped us this term.





CYCLING FOR YEAR 6 PUPILS

This term Dosbarth 6 and Class 6 pupils have received cycling proficiency lessons from Cardiff Council's road safety officers. They have learned how to ride safely on main roads and how to care for their bikes. They thoroughly enjoyed their sessions.



Class 4 supporting Show Racism the Red Card

SHOW RACISM THE RED CARD

On Friday, 21st October, we supported the charity 'Show Racism the Red Card' by dressing in red and holding a special assembly led by our School Council members. We collected £367.55 for the charity – many thanks to all for their generous contributions.



Class 5 supporting Show Racism the Red Card

SEICLO I DISGYBLION BLWYDDYN 6

Y tymor hwn mae disgyblion Dosbarth 6 a Class 6 wedi derbyn gwersi seiclo gan swyddogion diogelwch y ffordd Cyngor Caerdydd. Maent wedi dysgu rheolau'r ffordd fawr a sut i ofalu am eu beiciau. Mwynheun nhw'r profiad yn fawr.



Year 2 girls looking frightful!



Dosbarth 2 yn cefnogi Dangos y Cerdyn Coch i Hiliaeth

DANGOSWCH Y CERDYN COCH I HILIAETH

Ddydd Gwener, 21ain Hydref, fe gefnogon ni'r elusen 'Dangoswch y Cerdyn Coch i Hiliaeth' drwy wisgo mewn coch a chael gwasanaeth arbennig dan ofal aelodau'r Cyngor Ysgol. Casglon ni £367.55 i'r elusen – diolch i bawb am eu cyfraniadau hael.



Nursery supporting Show Racism the Red Card

HALLOWEEN DISCO

Before the half term holiday the Friends of the School arranged a Halloween Disco for the pupils. The school hall was full of ghosts, witches, zombies and many other frightful characters! Many thanks to the Friends of the School for all their hard work arranging the disco.



Dosbarth 2 yn mwynhau yn y Disco Calan Gaeaf

DARK SKIES' WORKSHOP

Recently our Year 5 pupils participated in a 'Dark Skies' workshop arranged by Brecon Beacons National Park Authority. The Brecon Beacons National Park was the first area in Wales to be awarded the international 'Dark Sky' status. An expert astronomer explained to the pupils how the Solar System works and how to stargaze at home. All the pupils now know where to find the planets in the dark night sky. They were all enthused by the workshop and are eager to investigate this theme further.

'COAL WAS KING' WORKSHOP

Dosbarth 6 and Class 6 pupils enjoyed an online workshop titled 'Coal was King'. The workshop gave them a lot of background information to inspire them for this term's inquiry, Cynefin (Our locality) - 'Welsh coal's biggest tragedy: did children lose their childhood?'



Meithrin yn eu dillad coch yn cefnogi Dangos y Cerdyn Coch i Hiliaeth

'GWEITHDY 'PAN OEDD GLO YN FRENIN'

Mwynheudd Dosbarth 6 a Class 6 weithdy ar-lein o'r enw 'Pan oedd glo yn frenin'. Cafodd y disgyblion lawer o wybodaeth gefndirol er mwyn eu hysbrydoli ar gyfer eu hymchwiliad y tymor hwn, Cynefin - 'Trasiedi fwyaf Glo Cymru: a gollodd plant eu plentyndod?'



Dosbarth 4 yn cefnogi Dangos y Cerdyn Coch i Hiliaeth

DISGO CALAN GAEAF

Cyn gwyliau'r hanner tymor trefnodd Cyfeillion yr Ysgol ddisgo Calan Gaeaf i'r disgyblion. Roedd neuadd yr ysgol dan ei sang gyda gwrachod, sgerbydau a phob math o greaduriaid brawychus eraill! Diolch i Gyfeillion yr Ysgol am eu gwaith caled yn trefnu'r disgo.



Having fun in the Halloween Disco

EDUCATIONAL VISITS

A number of classes have been on an educational visit this term.

Our Year 3 and 4 pupils enjoyed a visit to Cardiff Castle as part of this term's inquiry, Cynefin (Our Locality). Our Year 6 pupils visited Big Pit National Coal Museum to learn more about how the Coal Industry shaped Wales and the mining communities. Our Year 1 and Year 2 pupils went on a walk around the village to visit some of the key buildings in Creigiau - Tesco, the Church Hall and the Creigiau Inn. Everyone enjoyed the varied experiences.



Class 6 in Big Pit



Class 4 enjoying Cardiff Castle

LLANGRANNOG

A very warm welcome home to Dosbarth 6 and Class 6 pupils following their stay at Llangrannog Urdd camp - Dosbarth 6 in September and Class 6 in October.



Class 6 enjoying in New Quay

They all thoroughly enjoyed the adventure and displayed impeccable behaviour and manners throughout the week. Well done! Many thanks to Mr Evans, Miss Hatcher, Mrs Tewkesbury, Miss Phillips and Miss Davies for accompanying Dosbarth 6 pupils and to Ms Griffin, Mr Williams, Mrs Willis, Mrs John, Mrs Stone and Mrs Long for accompanying Class 6 pupils.

YMWELIADAU ADDYSGIADOL

Mae nifer o ddsbarthiadau wedi bod ar ymweliad addysgiadol y tymor hwn. Cafodd disgyblion Blwyddyn 3 a 4 ymweliad â Chastell Caerdydd fel rhan o'u hymchwiliad, Cynefin.

Aeth disgyblion Blwyddyn 6 i Amgueddfa Lofaol Cymru 'Big Pit' i ddysgu mwy am y Diwydiant Glo yng Nghymru a'r cymunedau glofaol. Aeth disgyblion Blwyddyn 1 a 2 am dro o amgylch y pentref i ymweld â rhai o'r adeiladau allweddol yng Nghreigiau - Tesco, Neuadd yr Eglwys a Thafarn y Creigiau. Mwynheuodd pawb y profiadau amrywiol.



Dosbarth 6 in Big Pit



Dosbarth 3 yn mwynhau yng Nghastell Caerdydd

LLANGRANNOG

Croeso nôl i ddisgyblion Dosbarth 6 a Class 6 wedi iddynt dreulio wythnos yn y Gwersyll ger y lli - Dosbarth 6 yn mis Medi a Class 6 ym mis Hydref. Roedd pob un wedi



Dosbarth 6 yn mwynhau yn Llangrannog

mwynhau'r antur yn fawr iawn ac wedi dangos ymddygiad ac agwedd arbennig yn ystod y ddau ymweliad. Da iawn chi blant! Diolch yn fawr iawn i Mr Evans, Miss Hatcher, Mrs Tewkesbury, Miss Phillips a Miss Davies am fynd gyda disgyblion Dosbarth 6 ac i Ms Griffin, Mr Williams, Mrs Willis, Mrs John, Mrs Stone a Mrs Long am fynd gyda disgyblion Class 6.

SNAG JUICE BAR



Our SNAG committee mixing their tasty smoothies

Our Snag committee members had an experimental afternoon recently preparing apples and other various fruits and vegetables grown locally and juicing them to create delicious drinks and smoothies. The apple, orange, carrot and ginger one that Class 3 created was delicious!



Class 1 visiting key buildings in Creigiau

GWEITHDY SEFYDLIAD BENEDETTI

Ddydd Iau, 21ain Hydref, aeth disgyblion Dosbarth 5 a Class 5 i ymweld â Choleg Brenhinol Cerdd a Drama Cymru i gymryd rhan mewn gweithdy Benedetti. Cyflwynodd y cerddorion weithdy cerddorol ysbrydoledig, egniol ac arloesol i'r disgyblion. Mwynheuodd pawb y profiad newydd hwn yn fawr.

SIOP SUDD SNAG



Y Pwyllgor SNAG yn profi eu diodydd blasus

Cafodd aelodau'r pwyllgor SNAG brynhawn arbrofol yn ddiweddar yn paratoi, torri a malu afalau ac amryw o ffrwythau a llysiau eraill a dyfwyd yn lleol i greu diodydd a smwddis blasus. Roedd y diod afal, oren, moron a sinsir a greodd Class 3 yn flasus iawn!

'SHWMAE SU'MAE DAY'!

On Friday, 14th October, we celebrated 'Shwmae/Su'mae Day' by having fun participating in lots of Welsh language activities. Diwrnod Shwmae Su' Mae! Ddydd Gwener, 14eg Hydref, fe ddathlon ni ddiwrnod Shwmae/Su'mae wrth gael hwyl drwy gyfrwng y Gymraeg.



Class 3 enjoying the Halloween Disco

BENEDETTI FOUNDATION WORKSHOP

On Thursday, 21st October, Dosbarth 5 and Class 5 pupils visited the Royal Welsh College of Music and Drama to participate in a Benedetti Foundation Workshop. The musicians on stage delivered an inspirational, energetic and innovative musical workshop for the pupils. They all thoroughly enjoyed this new experience.

HAPPY CHRISTMAS FROM CREIGIAU WI
Creigiau WI have just celebrated our 53rd "birthday" with a lovely meal at Rhodri's by the Lake. Thinking back over what has happened in the three years since we had our 50th celebrations, also at Rhodri's - back then we knew nothing of Covid, very little of Ukraine or Liz Truss. Boris Johnson (remember him?) was either the biggest fly in the ointment or the best thing since sliced bread (delete as appropriate!) But Creigiau WI is still here and the warm welcome, excellent food and beautiful surroundings at Rhodri's are as good as ever. We thank them for a lovely afternoon. In other WI news - in September our



walking group walked around Bute Park to enjoy the Champion Trees there. Another walk is planned in St Fagan's Museum on Tuesday November 15th.

On Thursday 20th October eleven members enjoyed an evening playing Whist in the Creigiau Inn and we plan to make this a monthly event. On Tuesday December 13th we shall have our Christmas Party in the Church Hall, starting 7.30pm. In January, instead of our usual evening meeting, we shall enjoy an afternoon tea at a venue to be decided.

On Tuesday February 14th we shall be entertained by a local Ukulele Band, Our March meeting (Tuesday 14th at 7.30) will be a talk by Sarah Austin from CRISIS on eliminating homelessness.

We are always happy to welcome new members phone Ann on 029 20890885 contact creigiau.w.i@gmail.com, or just turn up to one of our Tuesday meetings in Creigiau Church Hall

GWEITHDY 'AWYR DYWYLL'

Yn ddiweddar cymerodd disgyblion Blwyddyn 5 ran mewn gweithdy 'Awy'r Dywyll' a drefnwyd gan Awdurdod Parc Cenedlaethol Bannau Brycheiniog. Parc Cenedlaethol Bannau Brycheiniog oedd yr ardal gyntaf yng Nghymru i ennill statws rhyngwladol 'Awy'r Dywyll'. Esboniodd seryddwr arbenigol wrth y disgyblion sut mae Cysawd yr Haul yn gweithio a sut i syllu ar y sêr adref. Mae'r disgyblion nawr yn gwybod sut i ddod o hyd i'r planedau yn awyr dywyll y nos. Roedd y gweithdy wedi ennyn eu brwdfrydedd ac maen nhw'n awyddus i ymchwilio ymhellach i'r thema hon.

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CANCER CARE FUNDRAISING EVENT



We are overwhelmed by your continued support, kindness and generosity. I think its fair to say we all had a very enjoyable morning. We raised a staggering £1787.00. This was made up from monies received throughout the year and to thank Hilary Nicholas and Sue Hillier for baking and selling cakes to their neighbours, their contribution from last year and this year accounted to over £400. The running total is £9,440.00 so well on our way to a target of £10,000.00. Thank you to all who brought raffle prizes and baked cakes and thank you to Trish and team at the Rugby club for allowing us to hold this annual event, very much appreciated.

I received a very nice letter from Marie Curie, Penarth and Friends of Y Bwthyn, Llantrisant, both thanking us for each receiving £893.50.

We do this fundraising to help nurses who do an incredible job looking after people in such an amazing upbeat positive way with compassion and dedication. Local hospices rely on us, especially in these difficult times. We think of those fighting this awful disease and our thoughts are with those who have lost loved ones especially my dad David Rogers.

With love and best wishes,
 Deb Hunt and family.

MEETING THE KING



It was such an honour to be presented to His Majesty King Charles 111 and the Queen Consort on their visit to Wales. Such a privilege to be representing The National Botanic Garden of Wales and to speak to his Majesty about the wonderful work the NBGW its staff and volunteers carry out.

The service of prayer and reflection for the Life of Her Majesty Queen Elizabeth 11 at Llandaff Cathedral was deeply moving - a fitting and beautiful tribute. And the scenes at Castle tribute. were so lovely as thousands lined the streets to welcome our new King. As always, I was so proud of Wales. Mel Davies

BRIDGE, COFFEE & CAKE

We are a new and very friendly Bridge Group. We meet every Monday afternoon from 1.30 in Pentyrch Rugby Club.

The Bridge is fun, and the coffee and cake are delicious. We'd love you to join us. If you need any further information, please contact, Jenny Rees on 07527990710.

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Pentyrch Neighbourhood Watch Winter Newsletter



ENERGY PROBLEMS?

The ever-increasing cost of energy bills continue to cause very serious problems for everyone especially those who are less well off. It is widely expected that the number of deaths caused by hypothermia that occur each year will increase substantially this year because of people not being able to afford to heat and eat. A less well talked about energy problem is the risk of power cuts because of supply problems. Western Power has a free Priority Services Register specifically for the elderly, those who are very ill or those who have a disability. To join simply contact Western Power on 0800 0328 301. In the event of a power cut those registered can call 0800 032 0311 for extra support. In the meantime every household should have a torch with batteries ready (do not use candles), check you have the right kind of phone, digital or cordless phones may not work in a power cut so keep an ordinary phone that plugs into the wall to use should this situation arise. If you keep your freezer shut food should stay frozen for about 12 hours. Ensure you have plenty of warm clothes. At times like this we all need to be good neighbours.

FANCY A PINT?

PNW meets at 6.30pm on the 4th Monday of each month (except December when we meet on the 19th) in the function room in Pentyrch Rugby Club. All villagers (regardless of age or anything else) are very welcome to come along, raise an item and/or contribute to any item that is discussed, all whilst enjoying a drink (or two). We look forward to meeting you.

ARE YOU OK?

Neighbourhood Watch at national level is leading a campaign to raise awareness of street/public harassment which is sadly on the rise due in part to our culture of acceptance and tolerance. Harassment includes unsolicited sexualised or offensive comments or gestures, stalking, intrusive staring, persistent sexual advances, unwanted touching, being insulted, shouted at or, hate or race issues. Where a person(s) witnesses this behaviour and it is safe to do so, NW is encouraging people to ask the victim 'are you ok?' This lets the victim know you do not condone the harassment. Instances should be reported to the Police and victims

PENTYRCH SURGERY AND PHARMACY

The 2 year struggle to force our Local Health Board to comply with its legal obligations under Welsh Government legislation to engage and consult citizens from the outset and throughout the process of identifying a new location for Pentyrch Surgery, continues. Much has happened during this time including the likely added closure of our much valued and widely used pharmacy. As we (still) await the outcome of the formal complaint to the First Minister regarding how the LHB and Health Minister have handled this matter, we are now at a critical stage. Consequently, Pentyrch Save Our Surgery (of which PNW was the founder and remains a part of), is calling a meeting at 7.30pm on Tuesday 22 November in Pentyrch Village Hall for all Pentyrch residents and patients of the surgery living outside Pentyrch to bring everyone up to date, answer any questions and, to decide what should happen next. This is an important meeting for all Pentyrch residents. Please come along.

encouraged to contact Victim Support (24/7) on 0333 271 0094 or on line. Victim Support is a charity independent of the police, who can help victims to deal with the emotional impact of crime and, to find a Counsellor to help with what has happened.

A COUPLE OF QUICKIES

1. Christmas sees a rise in some clever scams. The best way to keep abreast of these is to join the Which Scam Alert Service via info@act.which.co.uk and never give out your personal details to cold callers, emails or texts. It's a free service and ad free.
2. Make sure you use several timer lights set for different times in different locations in your home when you are out now the dark nights are rolling in and Christmas is coming.

PENTYRCH SAVE OUR SURGERY AND PHARMACY

An Important Meeting For All Pentyrch Residents And Surgery Patients-
Pentyrch Village Hall
Tuesday 22 November 7.30 Pm

MERCHED Y WAWR

Braf oedd gallu croesawu Eifion Glyn Penywaun atom i gyfarfod mis Mai yn y Clwb Rygbi. Yn amserol iawn soniodd am ei ymweliadau â'r lwcraïn fel gohebydd pan oedd yn gweithio fel newyddiadurwr i'r Byd ar Bedwar. Clywsom am ei deithiau i Chernobyl a Belarws ar ôl y drychineb ofnadwy a ddigwyddodd yno yn 1986 a hefyd am ei daith i ohebu ar ôl yr etholiad cyntaf yn y wlad wedi dymchwel yr Undeb Sofietaidd. Llwyddodd i gyfuno'r llon a'r lleddf a chawsom brynhawn cofiadwy iawn yn ei gwmni. Diolch i swyddogion y gangen am eu gwaith diflino yn llwyddo i gadw'r fflam ynghyn yn ystod blwyddyn arall ddigon heriol.

**Do You Feel Safe
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Every year, your South Wales Police and Crime Commissioner runs a community survey.

This gives him valuable insight into:

- making people feel safer where they live, work or visit
- what can be improved to make them feel even safer
- people's views of policing contributions via Council Tax

Please spare a few minutes to share your views with us before the survey closes on **Tuesday 13th December 2022**

How you can take part:

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Scan the QR code:

Request a paper copy:
01656 869366
engagement@south-wales.police.uk

ELUSEN HAMDDEN CREIGIAU

Mae Elusen Hamdden Creigiau (EHC) wedi bod yn brysur iawn yn mireinio'r cynlluniau i ddatblygu ardal hamdden Creigiau, 'y Rec', a chodi arian at hynny.

Mae cynlluniau datblygu'r cyfleusterau bron wedi'u cwblhau. Rydyn ni nawr yn chwilio am Dechnegwyr Cynllunio neu Benseiri i'n helpu i gwblhau'r darluniadau technegol. Bydden ni hefyd yn croesawu cyswllt gan adeiladwyr lleol a allai adeiladu'r estyniad sylweddol sydd ei angen ar adeilad y Pafiliwn. Tra bod gwelliannau mawr yn yr arfaeth, hoffem ni ddiolch i Glwb Criced Creigiau sy'n ymgeisio am grant bach i wella cawodydd y Pafiliwn. Am fod y gwaith cynllunio'n tynnu at ei derfyn, rydyn ni'n cydnabod yr angen i sicrhau bod pawb yn y gymuned yn ymwybodol o'r hyn sydd ar y gweill ac yn cael cyfle i gymryd rhan. Felly, byddwn ni'n gwahodd cynrychiolwyr o grwpiau lleol i gyfarfod cyn bo hir i drafod eu hanghenion dros y blynyddoedd nesaf. Os hoffech chi fynychu, cofrestrwch eich diddordeb ar ein gwefan, www.creigiaurec.com. Byddwn ni mewn cysylltiad cyn gynted ag y bydd dyddiad wedi'i bennu.

Rydyn ni wedi cyflwyno "Mynegiant o Ddiddordeb" Cyn-gymhwysio i gronfa o bwys ac mae dau gais arall yn cael eu paratoi am gyllid gan ddwy gronfa arall, gan gynnwys o dan "Adran 106". Drwy hyn, mae datblygwyr yn talu cyfraniad tuag at gronfa sy'n cael ei rhannu rhwng grwpiau cymunedol (fel ein helusen ni) er mwyn darparu cyfleusterau newydd yn yr ardal. Rydyn ni'n sicrhau bod gan ein Cynghorwyr yng Nghyngor y Ddinas yr holl wybodaeth sydd ei hangen arnyn nhw i gefnogi ein cais.

Erbyn hyn, mae 11 o ymddiriedolwyr gennym sy'n drigolion lleol ac sy'n barod i helpu a chefnogi ein hachos, ond mae gwir angen Trysorydd arnon ni. Mae'r sefyllfa gyllidol o ddydd i ddydd yn syml iawn, ond mae angen rhywun penodol arnon ni sy'n meddu ar y sgiliau priodol. Cysylltwch â ni trwy ein gwefan os hoffech chi ein helpu yn hyn o beth.



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GWAELOD RANGERS U9 BOYS HOSTING TOURNAMENT AT HEOL BERRY



Gwaelod Rangers U9 invited Surbiton boys Prep School to Heol Berry to play in a festival at Heol Berry, on Sunday, 16th October

They were also joined by Ty Celyn and Ty Celyn Academy

The club are now aiming to build on the partnership and invite more teams to Gwaelod in future.

Gwaelod Rangers currently has teams from U5 (reception) to U13 (Year 8). If your child is interested in joining, please email joingrfc@gmail.com

WORLD CUP FREE FUN FOOTBALL SESSIONS

Gwaelod Rangers will be hosting four free sessions, around the World Cup, which will be aimed at new starters to the game.

They will be held at Heol Berry, on Sundays at 10am, from November 20 to December 11.

The sessions will be mostly aimed at reception age children but can accommodate older children who are new to the game.

Spaces are limited so please sign-up asap at www.funfootball.cymru

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PENTYRCH TENNIS CLUB

The junior section at the Club is celebrating another successful season, with a record number attending a year-round coaching programme and several members competing in local events.

During the Summer the Club held its first LTA Youth Open Tournament with players attending from across South Wales and 2 from England. Home-grown player Twm Rogowski impressed in his first full court event after progressing from Mini Tennis. Pentyrch members also took part in the first Progress Tour Mini Challenger Tour in Cardiff. This new global initiative for 10-year-old and under players follows a value-driven format including both team and individual events



Mini Challenger Tour Players

There was success for the coaching team too, with coaching assistant Emily Jordan being named Tennis Wales Young Person of the year. Rob, Ellie and Emily are supported by some superb role models through the Tennis Leader Scheme for ages 11+ which teaches juniors the basics of tennis coaching and volunteering so that they can buddy up with younger players to help their development. The committee congratulates the whole team on their success,

Junior coaching runs on a Monday evening year-round with some spaces available in the 8 and under category.

For joining information please email pentyrch@tennisquad.net. With floodlighting installed on all 3 courts Tennis is played all year round and adult players who wish to join will be made most welcome whether beginners of players who wish to join the match team squads - please visit our website at www.pentyrchtennis.co.uk for more details, A discounted membership fee is available for new members who join in the winter period. Adult coaching is also available.

The Men's and Ladies teams had a satisfactory season in the LTA South Wales Tennis Doubles Summer Leagues with both teams finishing mid-table in their respective leagues. A Men's and Mixed team have been

HAPPY MEMORIES CAFE

We are continuing to meet at Pentyrch Rugby Club on the third Monday of each month between 11.00 -1.00

The next meetings will be held on 21st November & 19th December.

We welcome people with Dementia, and similar conditions, together with their carers, to enjoy a sociable morning- playing games, looking at books and photographs, chatting and joining in with our regular sing-songs ...accompanied, of course, by tea & coffee & cakes

If you, or anyone you know would enjoy this then please just come along ..no need to book !

If you would like any further information, please contact John or Toni Young on 02920 890455 or email toniyoung@gmail.com Rotary Club

entered in Winter Leagues, The Club annual singles tournament was held in September which was won by Owen Morris in the men's event and by Ffion Henry in the ladies' competition.



Emily Jordan

PENTYRCH OPEN GARDENS



As we approach Autumn and Christmas is around the corner we have been busy replanting the pots and planters all around Pentyrch. The cost of plants has increased as has everything else and to date these plants have been fully funded and planted by Pentyrch Open Gardens. We carry this out twice a year and are grateful to St Mellons Nursery who deliver the plants and give us a good discount. They also deliver hanging baskets to Pentyrch! At our AGM grants totalling £1440 were given to Pentyrch Bowling Club towards rebuilding of the toilets, The Village Hall for plants, Garth Rotary towards new batteries for the defibrillator outside the pharmacy and Pentyrch Terracycle for new bins in Pentyrch. Welsh Air Ambulance received £1376 as 50% of the weekend total. The dates for next year are Saturday 1st July & Sunday 2nd July 2023. Plant sales will be held a Pentir Hir, Heol y Pentre as and when plants are ready. These will be advertised by the shops. If you have any good quality plants to donate please contact Liz at Pentir Hir. If you would like to open your garden next year or are willing to help in any way please contact Helen & Chris Edwards 2 Penmaes 07787890284.



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Yng nghyfarfod olaf y tymor yng Nghlwb Rygbi Pentyrch roedd yn hyfryd cael cwmni Steffan a Marged Jones – brawd a chwaer hynod dalentog. Fe'n swynwyd gan lais briton cyfoethog Steffan a dawn arbennig Marged yn cyfeilio iddo. Braint oedd cael cyfle i werthfawrogi amrywiaeth o gerddoriaeth o opera i sioeau cerdd a mwynhau noson arbennig iawn.

Llwyddom eleni ym mis Mehefin i fynd ar ein taith flynyddol yng nghwmni Frank Olding i gyffiniau Trefynwy a chael cyfle i grwydro o gwmpas y dre a dysgu cryn dipyn am yr hanes lleol cyn gorffen ein taith yn Abaty Tyndyrn a swpera yn y dafarn gerllaw. Diolch i Peter a Gill Griffiths am eu trefniadau trylwyr ac i Frank Olding am rannu ei wybodaeth helaeth.

Daeth y tymor i ben gyda thaith i ogledd Cymru i ardal Llangollen – taith hir ddisgwyliedig y bu'n rhaid ei gohirio ddwywaith oherwydd Covid. Cawsom amser wrth ein bodd yn mwynhau taith mewn cwch ar y gamlas, cyfle i gerdded i Gastell y Waun ac ar y bore Sul ymweld ag amgueddfa Glyn Ceiriog. Penwythnos cofiadwy a hynod bleserus. Diolch i Guto Roberts am ei drefniadau manwl ac am ei waith fel cadeirydd y gymdeithas yn ystod cyfnod anodd y tair blynedd diwethaf. Dymunwn yn dda i John a Marian Evans Radur a fydd yn cymryd yr awennau yn yr hydref.

Tristwch mawr i ni fel cymdeithas oedd clywed yn ddiweddar am farwolaeth un o'n haelodau a chyn-gadeirydd sef Gary Samuel o'r Creigiau - cymeriad hoffus a hynaws a gyfrannodd gymaint i'w gymuned. Roedd wrth ei fodd yn cymdeithasu boed hynny yn y clwb rygbi, yn ei gapel yn Efail Isaf neu fel aelod o gorau lleol. Cydymdeimlwn â Bethan Rhodri a'r teulu. Bydd bwllch mawr ar ei ôl.

CREIGIAU TENNIS CLUB NEWS

New Head Coach

Griffiths has joined us at Creigiau, he is an experienced coach and has worked in the States and in the UK for 15 Years, Matt has fitted in at the club very well, and we are all looking forward to working with him, and hopefully improving our game.

He will be running Junior Courses in term times for all ages, holiday camps in school holidays, adult group lessons and adult individual lessons.

To find out more contact Matt on 07719702380 or visit <https://clubspark.lta.org.uk/CreigiauLTC>

Social Centurion Events

After our successful quiz night in June, we held a Ladies Tournament in August where twenty-four ladies took part from local Tennis Clubs. A

THE MEMORIAL TO DON LLEWELLYN



On Sunday October 23rd the Pentyrch History Society and the family and friends of Don Llewellyn eventually got to say the goodbye that we were denied during covid.

Though the weather was stormy the rain stopped to enable the family to unveil the blue plaque on the village hall and the bench under the adjacent willow tree and join together to remember Don.

It is hoped that people will rest on the bench, enjoy the view and remember our late friend Don who was a man who enjoyed his village of Pentyrch

After the ceremony we gathered in the hall for tea and shared many happy memories, about 60 people attended including many members of Don's family and all made the gathering a very special time.

Thank you to all who contributed to this occasion, the plaque and the bench.

great time was had by all and a delicious cream tea was provided to our visitors, all asking us to make it a regular event.

On Saturday 15th October in Creigiau golf club, we held a social night with again a quiz, which seems to be very popular, eighty-six members and friends attended.

Our committee is looking to hold future events.

Team News

We have four Teams in the leagues this Winter and for a small club like

DADORCHUDDIO COFEB I DON LLEWELLYN



Dydd Sul, 23 Hydref, daeth aelodau o Gymdeithas Hanes Pentyrch a theulu a chyfeillion Don Llewellyn ynghyd i roi'r ffarwel teilwng a fu'n amhosib ei gynnal oherwydd y cyfnod Covid.

Talwyd teyrnged am gyfraniad Don i nifer o fudiadau yn y cylch ac yn arbennig am ei waith yn cofnodi hanes yr ardal. Dadorchuddiwyd y plac glas ar wal Neuadd y Pentref a'r fainc ger yr helygen gan ei wraig, Avril, ac aelodau o'r teulu.

Mae cyfle i bobl orffwyso ar y fainc, mwynhau'r olygfa a chofio am Don, ein cyfaill hoff, a fu'n gymaint o ran o fywyd Pentyrch.

Roedd tua 60 o bobl wedi dod i'r seremoni yn cynnwys llawer o deulu Don. Yna cafwyd te yn Neuadd y Pentref a rhannu llawer o atgofion hapus amdano.

Diolch i bawb a gyfrannodd i'r achlysur, y plac a'r fainc.

ours, is brilliant. Two mixed, one Ladies Vets, and a Men's team, and all are doing well.

Court Maintenance

We have just replaced a set of net posts and net. Also, next month we are having our courts demossed and washed, making sure our courts are well maintained to a high standard.

We would also like to welcome new members to our club of all standard. Any queries you may have please contact Trudi on 07768386119 or e.mailtrudi1951@btinternet.com

TOOLS AND SEWING MACHINES WANTED.



I am a trustee with a charity called Tools For Self-Reliance Cymru (TFSR Cymru). The charity essentially collects old tools and sewing machines and ships them to Tanzania where they are refurbished by our staff there and then used to improve the conditions in the rural areas. We also help build workshops and provide training there. The tools and training that is required is driven by our Tanzanian co-ordinators who identify what is most needed to ensure that we are as effective as possible.

We are a non-profit with minimal administrative overheads, run by volunteers. Our base is in Crickhowell but we rely on donations of tools and sewing machines from all over Wales and beyond. We have a group of tool collectors who take the donated items from their areas to the Crickhowell workshop for refurbishing. I am the collector for this area, if you have any tools or sewing machines, that you could donate it would be much appreciated. Typical tools would include DIY, woodworking, gardening, mechanical etc.

To cover shipping costs, we also sell refurbished tools at our depot in Crickhowell and at events we attend (see website). We have a great selection of quality used tools often of better quality than modern equivalents, along with some very

CREIGIAU RECREATION CHARITY

Creigiau Recreation Charity (CRC) has been very busy working up its plans for Development of Creigiau Rec and for fund raising.

The facilities development plans are nearing completion. We are now looking for Planning Technicians or Architects to help us complete the technical drawings. We would also welcome contact from local builders who could build the substantial extension we need on the Pavilion. Pending major improvements, thanks go to Creigiau Cricket Club which is applying for a small grant to improve the showers.

With planning nearing completion, we recognise the need to keep everyone informed and involved. Therefore, we will shortly be inviting representatives from local groups to a meeting, to discuss their needs over the coming years. If you wish to attend, please register your interest via our web site www.creigiaurec.com and we will contact you as soon as we have a confirmed date.

We have submitted a Pre-Qualification "Expression of Interest" to a major fund and are working on funding applications to two more, one of which involves "Section 106" funding. This is where developers pay a contribution into a fund that is dispersed to community groups like ours to bring facilities to the area. We are ensuring that our Cardiff City Councillors have all the information they need to enable them to support our application.

We now have 11 residents as Trustees who are willing to help and support our cause, but we do need a Treasurer. The day-to-day finances are very straightforward but, moving forward, we really need someone dedicated to the task who has the appropriate skills. Please contact us via our web site if you think you could help us with this.

unusual items, do please visit us. To find out more, donate tools or get involved as a volunteer please visit our website www.tfsrcymru.org.uk/ or contact us contact@tfsrcymru.org.uk Thank you so much. Pete Dickson

Slimming World
taste the
freedom
With Caroline x

TUESDAYS

Tonteg Community Centre

3pm, 5pm & 7pm

THURSDAYS

Pentyrch Rugby Club

6.30pm



Tonteg and Pentyrch Slimming World with Caroline



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WINTER WITH GARTH GARDENERS



*Witch Hazel
bringing colour and scent in winter*

Winter is a time in the garden for thinking, planning and reading rather than getting cold, wet and muddy outside. With fallen leaves it is now possible to access the overall plan of the garden, the structure, the focal points and the viewpoints. Even in a very small garden these aspects can make an enormous difference.

This is also the time for pruning whilst the plants are dormant. Consider, would the structure be better if you lifted the canopy on large shrubs or trees to free up ground cover interest? Do your shrubs need reshaping to make the most of their impact? If some plants are not really worthy of their space in the garden, go for "tough love" and cut them back severely to encourage fresh new growth.

In the house by the fire with a nice cup of tea enjoy the gardening magazine, seed catalogues and bulb catalogues. Also, a day November is not too late to plant tulips.

And of course, there will always be a warm and friendly welcome at Garth Gardeners meetings. On Friday 18th November we have a visit from Pete and Carol Whittaker of Glyn Bach Nursery in Pembrokeshire, telling us all



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about Monardas. Then on Friday 16th December we will hold our convivial Christmas Social.

We look forward to seeing you. For more information visit www.garthgardeners.wordpress.com Denise James

CREIGIAU COMMUNITY COFFEE MORNING

Saturday, 19th NOVEMBER

from 10 am until 12 noon

Creigiau Church Hall

Contact Sue and TI Hall Suetomhall@hotmail.com

CREIGIAU ARTISAN CHRISTMAS CRAFT FAIR

Thursday, 1st DECEMBER from 7 until 9:30 pm

Creigiau Church Hall.

FREE ENTRY.

BAR.

Return of the hugely popular annual artisan Christmas craft fair featuring high quality makers of individually hand crafted items. Contact. Jennynelmes@hotmail.com

ADVENT LUNCH

Sunday, 4th December Church Hall, Creigiau

The return of our popular PARISH ADVENT LUNCH

A self catered feast held toward the beginning of Advent giving us the opportunity to focus on the true meaning of Christmas in the midst of the hustle and bustle of our usual Christmas preparations.

Contact Sue and TI Hall. email. tomsuehall@hotmail.com

CREIGIAU CHRISTMAS COMMUNITY MARKET

Saturday, 10th December, 9 am until 1 pm.

Creigiau Church Hall

Our wonderful farmers, smallholders and producers of fresh, organic fabulous foods, with arts and craft stalls groaning with unique gifts for Christmas. A special Market not to be missed !

CONTACT. jennynelmes@hotmail.com

CAROL CONCERT

St. Catwg's Church, Pentyrch at 7 pm Saturday, 10th December

Featuring the SINE NOMINE SINGERS.

A choir of professional standard celebrating Christmas with the local community.

The one Christmas concert not to be missed !

CONTACT. Johngoughpentyrch@btinternet.com

CHRISTMAS AT ACAPELA STUDIO

Music Nights, Party Nights...simply great nights!



An Evening with Bob Harris and Martyn Joseph
1st December 2022



Christmas with Coldplace
(Tribute to Coldplay)
2nd December 2022



Christmas with Coldplace -2nd night
(Tribute to Coldplay)
3rd December 2022



Mediaeval Baebes at Christmas
4th December 2022



Supersonic 70's
All your favourite sounds of The 70's at Christmas!
9th December 2022



Made In Liverpool
Christmas Concert
(Beatles Tribute direct from the Cavern Club)
10th December 2022



Christmas with the Rat Pack and Marilyn
11th December 2022



Seth Lakeman in concert
14th December 2022



Supertramp
Tribute to Supertramp
16th December 2022



Abba Arrival
Christmas Party
(Tribute to Abba)
17th December 2022



Christmas By Candlelight
22nd December 2022

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DEFIBRILLATORS ARE LOCATED AT :

Creigiau:

Old Phone Box opposite Creigiau Inn (outdoors)

- The Pavilion Creigiau Recreational Area, (outdoors)
- Tesco Stores (indoors)
- Creigiau Primary School (outdoors)
- Creigiau Golf Club (indoors)
- Caesars Arms (indoors)
- Canada Lodge (indoors)
- Pencoed House (indoors)

Gwaelod Y Garth

- Village Hall, Main Road (outdoors)
- Western Security Systems Ltd, (outdoors)

Pentyrch:

- Pentyrch Rugby Club (outdoors)
- Pentyrch Pharmacy (outdoors)

Rhydlafer

- Little Haven Nursery (outdoors)

A map of these locations is on <http://ishare.cardiff.gov.uk> under My Maps - Emergency Planning - Defibrillators

If you believe a person has suffered a sudden cardiac arrest (SCA) and is unresponsive and not breathing, ring either 999 or 112 ask for the ambulance service. They will advise you on what action to take and either inform you where your nearest defibrillator is located or ask if you have a defibrillator. The operator will remain on the line and ask you a series of questions which should only take you a few moments and advise you on what steps to take to assist in emergency.

Any queries regarding these Defibs please contact Calon Hearts Sharon@calonhearts.org 02922 402670/07730 944700. For any group who would like to apply for a grant: defibs@calonhearts.org

PENTYRCH R.F.C

Firsts start the season strong

The 1st XV has enjoyed a strong start to the season, topping their group stage in the Cup and winning their first four matches in the league.

There's a real sense of momentum around this team. The vast majority of players, and the coaches, have their roots in the community, having played in our M&J and Youth sections before progressing to the Seniors.

Whilst fixtures quieten down during November, due to the Autumn internationals, rugby in Pentyrch returns in December. Come along and support your local team and warm up in the Clubhouse afterwards!

Our Youth have had success too and are fielding strong teams despite a number of players playing for representative sides some weekends. Congratulations to those players of course - we're proud of your achievements.

The Mini and Junior section is as successful as ever, with teams from U7 to U16 enjoying their rugby Fridays and Sundays.

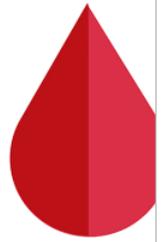
It's never too late to get involved - on or off the field - you'll find a warm welcome and the support you need whatever your rugby interest.

All in all, a fine start to the 140th season of rugby in Pentyrch. We look forward to seeing you at the Club soon.

Mae angen mwy

o **roddwyr gwaed**

More **blood donors** are needed



gwaedcymru.org.uk | welshblood.org.uk



Wed	23 Nov 22	Park Inn (Cardiff City Centre)
Fri	25 Nov 22	City Hall, Cardiff
Tue	29 Nov 22	City Hall, Cardiff
Wed	30 Nov 22	City Hall, Cardiff
Wed	30 Nov 22	Welsh Wound Centre, Talbot Green
Thu	01 Dec 22	Asda Cardiff Bay
Fri	02 Dec 22	Eastern Leisure Centre, Llanrumney
Mon	05 Dec 22	University Hospital of Wales
Thu	08 Dec 22	Park Inn (Cardiff City Centre)
Fri	09 Dec 22	IKEA
Wed	14 Dec 22	City Hall, Cardiff
Thu	15 Dec 22	City Hall, Cardiff
Thu	15 Dec 22	Welsh Wound Centre, Talbot Green
Fri	16 Dec 22	Velindre Cancer Centre
Fri	16 Dec 22	Welsh Wound Centre, Talbot Green
Mon	19 Dec 22	Welsh Wound Centre, Talbot Green
Mon	19 Dec 22	St Peters RFC, Roath
Wed	21 Dec 22	City Hall, Cardiff
Wed	21 Dec 22	Principality Stadium
Thu	22 Dec 22	Principality Stadium
Wed	28 Dec 22	Welsh Wound Centre, Talbot Green
Thu	29 Dec 22	Eastern Leisure Centre, Llanrumney



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LAN MEMORIAL

NOVEMBER 28th. 10.00 am.

with
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 GWAELOD
 Y GARTH
 TAFF'S WELL
 COMMUNITY
 CHOIR



We invite you to join us at the Lan as we remember the men and boys who died in the 1875 pit disaster. Refreshments in the Village Hall after.

CHRISTMAS CHURCH SERVICES

Please find below details of Church in Wales services in Pentyrch, Groesfaen and Capel Llanilltern for the Christmas Season. Anyone is welcome to attend any of our services – we seek to be a welcoming and inclusive church.

You might also be interested in two other events in the run up to Christmas:

Llandaff Cathedral is holding a Christmas Crib Festival from 22nd - 27th November. This will feature an array of Nativity scenes from matchbox-size to life-size and offering various perspectives on the birth of Jesus.

One of our partner churches, **Christ Church, Radyr**, are holding a Christmas Tree Festival from 16th December until 6th January. A similarly wide variety of Christmas Trees will be on display in the church.

Details of both events will be on the respective church's website.

Carol Services

Tuesday 13 th Dec	7.00pm St David's, Groesfaen
Sunday 18 th Dec	9.30am St Ellteyrn's, Capel Llanilltern
Monday 19 th Dec	7.00pm St Catwg's, Pentyrch

Christmas Eve

St David's, Groesfaen	3.00pm Crib Service
St Catwg's, Pentyrch	5.00pm Crib Service,
St Catwg's, Pentyrch	11.00pm Holy Communion

Christmas Day

St David's, Groesfaen	9.30 am Holy Communion
St E's, Capel Llanilltern	9.30 am Holy Communion
St Catwg's, Pentyrch	11am Holy Communion

For more information about any of these services, for pastoral support in difficult times or for other matters relating to the church please contact our Vicar - Rev'd Steve Willson — stevewillson@cinw.org.uk Telephone 20891490

Wanted

WHITE GOODS & ELECTRICAL APPLIANCES

Must be in working order



Garth Rotary

in conjunction with Boomerang Charity and Cardiff City Council operate a scheme to recycle and distribute unwanted appliances to homeless families being rehoused, who need help and support.



Large kitchen appliances will be collected by boomerang
 Please call 029 2132 3071 to make a collection appointment.
 Small electrical appliances can be dropped off at their depot at
 Clydesmuir Rd. Ind. Estate Tremorfa, Cardiff CF24 2QS
 9am - 4pm Mon - Fri





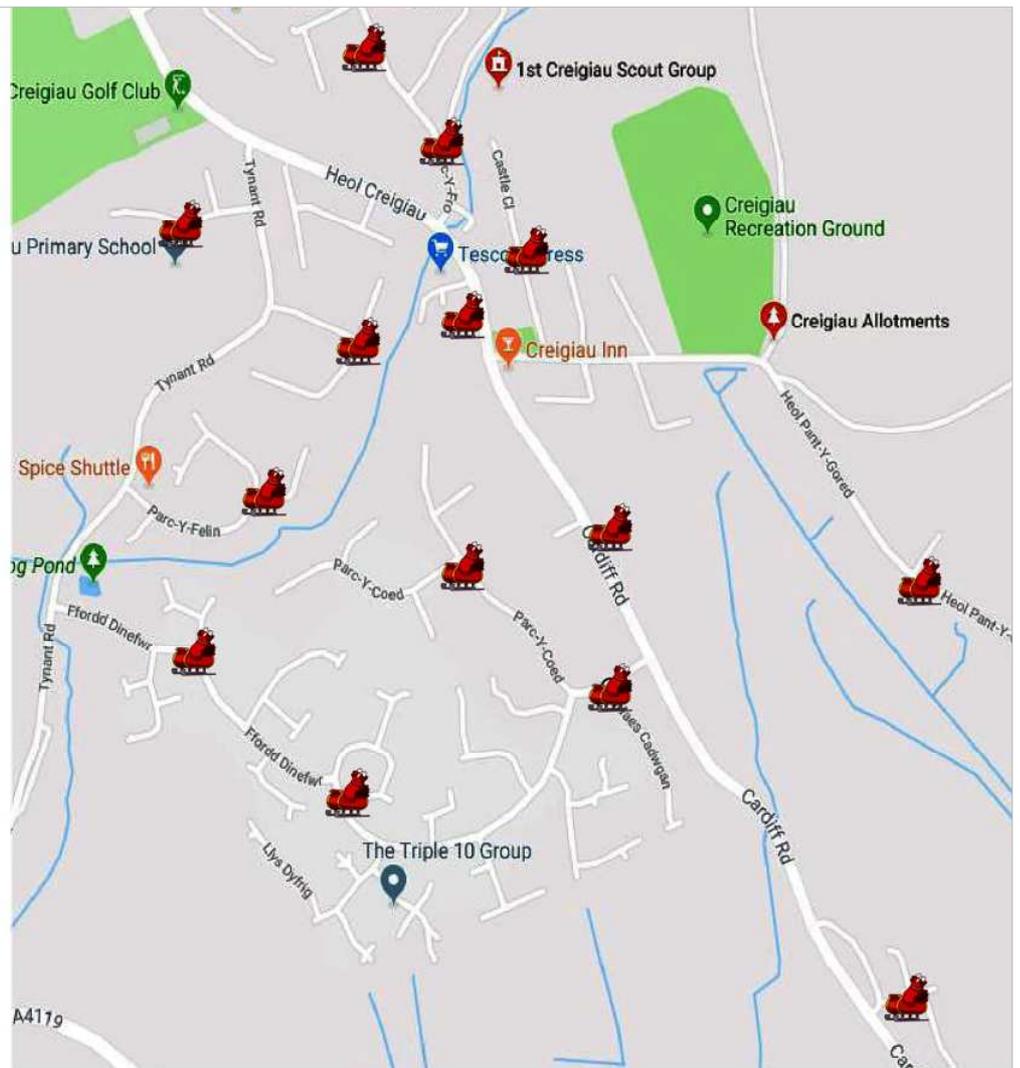
Come and see Santa and his Elves on Christmas Eve. Watch his tour around the village on his way to the Church Hall.....

- 4:30pm The Terrace
- 4:40pm Heol Pant Y Gored
- 4:50pm Brummel Drive
- 4:55pm Queen Charlotte Drive
- 5:05pm Maes Cadwgan/ Parc Y Coed
- 5:10pm Parc Y Coed
- 5:15pm Ffordd Dinefwr
- 5:20pm Ffordd Dinefwr/ Maes Y Nant
- 5:30pm Parc Y Felin
- 5:40pm Parc Castell Y Mynach
- 5:45pm Tregarth Court
- 5:50pm Parc Y Fro
- 5:55pm Parc Y Bryn
- 5:55pm Heol Creigiau
- 6:00pm Church Hall

Santa might be running a bit early so make sure that you are there in plenty of time to avoid missing him!

All village children are welcome - no charge!

Creigiau 23 - Supporting the Community
www.creigiau23.org
Registered Charity No: 1172008



SANTA'S BACK IN TOWN!



Friday 16th December

Save the date as Santa will be back bringing Christmas cheer to Pentyrch!

Pentyrch's Christmas Market

• **NOVEMBER 27TH 2022** •

2.30 - 4.30pm

Pentyrch Village Hall

Please join us for a festive shopping afternoon and support our local vendors.

Mulled wine and mince pies will also be available at our refreshments stand.

Entry: Adults £1 / Children FREE

Profits from this event will benefit Pentyrch Rangers and FOPSA