

COMMUNITY LINK

CWLWM BRO

www.pentyrch.cc

working to improve our communities

PENTYRCH COMMUNITY COUNCIL



CYNGOR CYMUNED PENTYRCH

Haf Summer 2020

Rhif No. 109

EFA RAISES £1750 FOR FLOOD VICTIMS



Efa Hobbs from Pentyrch (aged 10) was on a family weekend holiday when Storm Dennis struck flooding many homes in Taffs Well. When they came home Efa wanted to do something to help. Efa said "You never know when you're going to need help, so if you help people when they need

help the hope is that, when you need help, they'll help you". Efa came up with the idea to hold a coffee morning in Pentyrch Village Hall on the 22nd February. She prepared her own flyer on social media and was totally overwhelmed by the response. Her mum Catrin said I felt proud that she wanted to do something to help the victims, because it's just a disaster. So many people have lost their homes and lost everything.

"We're lucky that we live in such an amazing area and community because everybody pulled together. We wouldn't have been able to do it by ourselves.

For the event they received donations of cakes and Raffle prizes. Efa was delighted to make cakes saying "Making the cakes has been the best part because I love baking, it's my favourite hobby. I just love it," said Efa.

"I really couldn't have done it without my community and my friends."

On the day the Village Hall was packed out with over a hundred people attending and a queue which stretched out of the door

Efa kept track of all the jobs and donations with a clipboard and lists.

"Her organisation skills have come into their own. Just

Lockdown FB Photo Competition Gwaelod Y Garth



Thanks to everyone who spared the time to enter photos for the competition and also everyone who judged. In first place with a snowy view of the taff and the Garth is Marc Palmer. 2nd place was Hywel Burris with his sunset photo, 3rd place was Kay Adams with another beautiful river view and not quite on the podium was Gavin Hill-John with his very lost squirrel! Hopefully it made a welcome change. Peter Anning

asking friends and neighbours for a little bit of help will hopefully build her up into a successful woman one day," said Mrs Hobbs.

At the end of the event Efa had raised a staggering amount of £1750 and Efa's comment on this "Putting this together makes me feel happy because I'm hoping to help a lot of people," said Efa.

Well Done Efa - You are truly a local hero!

The Community Council would like to thank all those who have helped out in this pandemic be that as an NHS worker, as a key worker, making face shields all those that have assisted the County Council by making deliveries and also all those individuals in our community who have helped out in so many ways supporting and helping their neighbours.

The compassion and community spirit shown in these last few difficult months has been truly heart warming.

THANK YOU



Council Meetings

Due to Covid-19, PCC now holds meetings online via Microsoft Teams. Meetings will be held under the following Welsh Statutory Instrument: The Local Authorities (Coronavirus)(Meetings)(Wales) Regulations 2020. The requirement for the press and public to be present is temporarily suspended. This is completely new territory for town and community councils but we will do our best to keep the business of representing our communities functioning as best we can in these extraordinary times. Emergency procedures are in place as set out in the March 16 Minutes. Pentyrch Community Council holds its main meetings on the 3rd Monday of every month except August. The Annual Meeting will be held on September 21.

Cyfarfodydd y Cyngor

Oherwydd Covid-19, mae CSP bellach yn cynnal cyfarfodydd ar-lein trwy Dimau Microsoft. Bydd cyfarfodydd yn cael eu cynnal o dan yr Offeryn Statudol Cymreig canlynol: Rheoliadau Awdurdodau Lleol (Coronafirws) (Cyfarfodydd) (Cymru) 2020. Mae'r gofyniad i'r wasg a'r cyhoedd fod yn bresennol yn cael ei atal dros dro. Mae hon yn diriogaeth hollol newydd i gynghorau tref a chymuned ond byddwn yn gwneud ein gorau i gadw'r busnes o gynrychioli ein cymunedau i weithredu orau y gallwn yn yr amseroedd rhyfeddol hyn. Mae gweithdrefnau brys ar waith fel y'u nodwyd yng Nghofnodion Mawrth 16. Mae Cyngor Cymuned Pentyrch yn cynnal ei brif gyfarfodydd ar y 3ydd dydd Llun o bob mis ac eithrio mis Awst. Bydd y Cyfarfod Blyneddol yn cael ei gynnal ar Fedi 21.

Community Link

Last date for items in the next issue is

8 November 20. 9:00pm

Items submitted will only be included subject to available space on a first come basis. Articles should be limited to 250 words where possible and should be sent to the Council Clerk or to any Councillor.

e-mail: office@pentyrch.cc

The Council is unable to give any guarantee of a delivery date. When placing articles or adverts please take into account the time it takes to prepare print and distribute the magazine

The views expressed in the Community Link are not necessarily those of the Community Council.



PENTYRCH COMMUNITY COUNCIL
CYNGOR CYMUNED PENTYRCH

1 Penuel Road Pentyrch Cardiff CF15 9LJ

☎ - 029 2089 1417 📧 - clerk@pentyrch.cc

Community Councillors Cynghorwyr Cymuned Mrs Helena Fox Clerk to the Council

Creigiau

Cllr Stuart Thomas	10 Parc y Felin	2089 1812	stuart.thomas@pentyrch.cc
Cllr Wynford Ellis Owen	10 Queen Charlotte Dr	2089 2323	wynford.ellis.owen@pentyrch.cc
Cllr Mike Sherwood	28 Maes Y Nant	2089 0055	mike.sherwood@pentyrch.cc
Cllr Jena Quilter	31 Parc y Felin	2089 1417	jena.quilter@pentyrch.cc
Cllr Amanda Thorpe	2 The Terrace,	07968705309	amanda.thorpe@pentyrch.cc

Pentyrch

Cllr John Harrison	26 Bronhaul	2089 1296	john.harrison@pentyrch.cc
Cllr Sara Pickard	5 Bryn yr Eglwys	2089 2124	sara.pickard@pentyrch.cc
Cllr Simon Roberts	18 Troed y Garth,	2089 1417	simon.roberts@pentyrch.cc
Cllr Karen Thomas	Braeside, Pen y Waun,	2089 1417	karen.thomas@pentyrch.cc
Cllr Ian Jones	7 Bronllwyn,	07946834735	ian.jones@pentyrch.cc

Vacancy

Gwaelod y Garth

Cllr Sandie Rosser	Brynteg Main Road	2081 1811	sandie.rosser@pentyrch.cc
Cllr Teresa Fillipponi	13 Heol Gam,	2089 1417	teresa.fillipponi@pentyrch.cc

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Minutes of meetings of Pentyrch Community Council as well as back-numbers of Community Link are available on the Council's website.

www.pentyrch.cc

Mae cofnodion cyfarfodydd Cyngor Cymuned Pentyrch yn ogystal ag ôl-rifynnau o Cwlwm Bro ar gael ar wefan y Cyngor.

SUBMITTING ARTICLES FOR THE COMMUNITY LINK

When submitting an entry for inclusion in the Community link contributors are requested to take note of the following:-

- **Articles should not exceed more than 250 words. If your submission is longer than this it may well be summarised or have to be omitted.**
- **Articles must not be submitted as pdf files as they cannot easily be adjusted to suit the column sizes.**
- **Photographs should be submitted as photographs (jpg files).**
- **The photographs should not be reduced in size or definition.**

Stuart Thomas Editor

Cwlwm Bro

Dyddiad olaf am erthyglau ar gyfer y rhifyn nesaf

8 Tachwedd 20. 9:00pm

Dim ond ar sail y cyntaf i'r felin y bydd yr eitemau a gyflwynir yn cael eu cynnwys. Dylir cyfyngu erthyglau i 250 gair os yn bosib a dylid ei danfon i Glere y Cyngor neu unrhyw Gynghorydd.

e-bost: office@pentyrch.cc

Wrth gyflwyno erthygl neu hysbyseb ar gyfer y cylchgrawn, byddwch yn ymwybodol o'r amser sydd eisiau i'w baratoi, ei argraffu a'i ddosbarthu. Ni fedr y Cyngor roi unrhyw sicrwydd y bydd yn cael ei ddosbarthu cyn rhyw ddyddiad arbennig.

Nid yw safbwynt y Cyngor bob amser yn cyd-fynd a'r hyn a fynegir yn 'Cwlwm Bro'.



Community Council Highlights

We hope that the last few months have not been too difficult and offer our condolences to those of you who have been ill or lost someone during this extraordinary and difficult time.

As things stand, no one is sure what the future will bring and we will do our best to let you know when we hear anything official that affects our local area. For those of you who can, please keep an eye on our Facebook page and our website www.pentyrch.cc where we publish updates.

We realize that not everyone has access to a computer to read an online-only edition of Community Link but we thought that enough of you would and that it had been a long time since you'd heard from us and your neighbours.

The first thing that PCC did when the lockdown was announced was to find a way to contact all residents in the area to offer help. We were delighted that so many people volunteered to deliver notices to every home with many offering to be their street's contact if help was needed. We particularly want to thank Bev Liney who organised the help leaflets in Pentyrch, Sian Elisabeth Hughes who organised in Creigiau and Liz Taylor in Gwaelod y Garth.

Anticipating a lockdown, we set up temporary emergency procedures at the March PCC meeting. At first, we closed the office at Penuel Road, all staff were on lockdown at home and council meetings were cancelled.

Welsh Government then brought in new legislation that allowed us to meet online: the Welsh Statutory Instrument: The Local Authorities (Coronavirus) (Meetings)(Wales) Regulations 2020. Before that, all councils could only meet in person. We set up Microsoft Teams and are now holding our regular monthly council and the finance committee meetings. For now, there is no legal requirement for councils to include the press and public in their meetings but if this situation continues we will be looking into ways to invite you to join in.

We changed the home page of our website and are using it to give out UK, Welsh and local information. That has been edited now and you can find links to both Welsh Government and Cardiff Council updates. Cardiff issues updates Monday – Friday which is a great way to keep in touch with city-wide changes. We have been publicizing information and promoting links on the PCC Facebook page.

We have managed to keep up the supply of recycling and food waste bags at the office. Our outdoor staff returned to work alternate days and now they are working full time on tasks that can be safely done alone or, when needed, together. We were helped by the beautiful weather in the spring that meant grass didn't grow as fast as it usually does.

The office staff continue to work from home and while the office is closed to the public we are sorry that the library has to remain closed. The advice from Cardiff is that all borrowed books should remain untouched for 72 hours so we will have to consider that when planning to re-open.

A Thank You to our Staff

I would like to thank our staff for all they have done to keep looking after the community as best they can in these difficult times.

Youth Council

PCC is working to establish a Youth Council to give our young residents an opportunity to participate and make their views known. We already have a suggestion for a project which is to use Fairmeadow in Pentyrch as a bicycle track.

Memorial Plaque

A memorial plaque to Will George, a previous Clerk to PCC, will be replaced on a bench in Gwaelod y Garth.

Creigiau Recreation Area

The Pavilion at Creigiau Recreation Area had to close, of course, and sporting activities were stopped until recently. The field continued to be used by local people for exercise and we are glad to have it open to the public at a time when more outdoor space was needed. The allotments were able to be tended and it was good to know that the allotments were able to be counted as part of daily exercise.

Notice Boards

We will be replacing some of our old PCC notice boards in coming weeks and putting a new one in Capel Llanilltern.

Creigiau Community Market.

The Creigiau Market will be using Creigiau Rec for its monthly events until it is safe to return to Creigiau Church Hall.

Introducing Cllr Ian Jones



Cllr Ian Jones was elected to represent Pentyrch on Pentyrch Community Council in March, just before lockdown. He moved to Pentyrch 5 years ago having spent the previous 10 years just down the road in Taffs Well. Cllr Jones says "I was blown away by the community spirit in the village and the way everyone pulls together in times of crisis and wanted to give something back after the amazing welcome we had when moving here. One of the main reasons I stood for election was because I wanted to give the younger people in our area a voice, I am pleased to say that in that regard we are making real progress and hope to have our youth council up and running in the coming months".

Cllr Jones has three children and says he is really excited to see how this develops. He is certain it will be a success and provide tangible benefits for all in our villages. He also says "I'm always happy to hear any concerns from residents so if you see me in the street, please let me know if there is anything you would like to talk about or drop me an email."

Community Book Lending Hub

PCC was asked to help with a community book-lending hub in Creigiau. Having looked into the practicalities we support it in principle but feel it should wait until the Covid-19 situation is safer. Cardiff's recommendation for dealing safely with books is that they should sit untouched for 72 hours after they are returned. And that can't happen in a community hub of this kind.

Road Resurfacing

Heol Pant y Gored re-surfacing is due on the lower stretch but has not yet happened. Cllr Hill-John will look into this and the resurfacing of Bronllwyn.

New Councillor for Pentyrch

We welcomed Cllr Ian Jones to PCC during the lockdown following the election held in Pentyrch in March. It wasn't the easiest of times to join the council and Ian has yet to meet everyone except online.

Church Road

We are delighted to hear that progress is being made on Cardiff's plans to resurface Church Road, Pentyrch. This has been a long time coming and been further delayed by Covid-19 but we now hope to see work starting in sometime between August and the autumn. Pentyrch residents with Pentyrch Neighbourhood Watch, PCC and Cllr Gavin-Hill John have lobbied hard for this for several years.

Play Wales Playscheme

We are trying to arrange a Play Wales playscheme in Creigiau for one day during the October half term break. If successful the free of charge scheme would be able to take up to 30 children for either a 2 hour morning or 2 hour afternoon session on a first booked first served basis. When further details are known they will be posted on the PCC notice boards and on social media. In the future we hope for similar schemes in Pentyrch and Gwaelod y garth

Memorial Park

The play area at Memorial Park was closed in line with Cardiff Council's actions. This was such a shame so soon after the new equipment was completed in February. However, we are sure that everyone understood why it was necessary. The playground opened on July 20.



Special thanks to: Ellie - She wasn't happy with the amount of litter out there

Election results for Pentyrch Ward

Pentyrch Community Council (Pentyrch Ward) - Thursday, 19th March, 2020				
Election Candidate	Party	Votes	%	Outcome
Ian JONES	Independent / Annibynol	190	60%	Elected
Gary Richard DIXON	Welsh Conservatives / Ceidwadwyr Cymreig	126	40%	Not elected

Climate Change & Wellbeing Group

PCC's Climate Change and Wellbeing Group is looking at ways to increase the biodiversity in our area. There are projects to plant native bulbs and reduce the amount of grass PCC cuts to allow wildflower areas to develop. They are also looking at ways to plant more trees to replace those lost, especially to ash die-back.



Register of Clubs & Societies

The Community Council would like to keep a database of all clubs and societies within our villages and to publish the contact details on a dedicated page on our website. This will then be a point of reference for anyone to access what any of the numerous clubs and societies offer. We feel it is particularly relevant at this time not only to inform the existing residents but with all the development going on in the area to inform the increasing number of new residents what clubs have to offer. With the information easily available in one place it will hopefully stimulate more members for all the clubs on the register. We will rely on you to let us know when any of your group's information changes. Regulations regarding the keeping of a database such as this requires that we hold a simple written authorisation to hold the personal contact details. If you wish to be included on our register please send in the following details to the Pentyrch Community Council Office, Penuel Road Pentyrch or by email to office@pentyrch.cc

- The name of the club / society
- Telephone and/or email for club/society contact
- Meeting date (if regular)
- Venue (if regular)

Please also confirm that you give your permission for Pentyrch Council to publish your contact details on our website.



Decorated Pebbles

We are working with the community to find a permanent place for the many pebbles decorated by local children as a thank you to NHS and key workers.



Thank you to Kirsty Cooper and her three children Allyah, Mia and Mason. and her niece Lainey.

Litter Worse in Lockdown

One of the good things about the lockdown was that many of us were able to spend more time outside and getting to know our local footpaths than we usually have time for. An upsetting consequence was that litter in local areas got a lot worse. PCC has been helping you with litter picks for some time now but our Community Engagement Officer, Deb Hunt, a life-long Pentyrch resident, will be looking for more and better ways to encourage everyone to take their litter home or use the bins provided.



Pentyrch Neighbourhood Watch Summer Newsletter



CHURCH ROAD

This long running saga continues. Thanks to the petition that over 700 people signed a meeting was finally arranged with Cardiff CC's Head of Highways and 2 key members of his management team on 9 July. The meeting was very productive and lasted well over an hour. We walked Church Road top to bottom and back highlighting the dangers of the road and its constant poor state of repair. After a lengthy discussion we parted with an agreement that our concerns and objectives would be addressed. Whilst appreciating the problems of the coronavirus and that the agreed extra work would extend the duration contractors would need to be on site, we were cautiously optimistic that work might still be able to start in early August. Much would depend on the 2 contractors involved in terms of no delays on their part. Frustratingly, we were later advised that one of the contractors was now overrunning on their current job and so would not be able to make the planned start date. Given the original 2 week slot to complete Church Road was already a tight window, the extra work the Council had now agreed to meant that any less time would mean the work could not be completed within that period. The contractor concerned is a specialist contractor and so could not be readily replaced. We have been told that the next time the 2 contractors can coincide is October. We are actively trying to get this brought forward and will keep everyone updated as best we can notably via the Facebook sites covering Pentyrch.

GATHERINGS, LITTER AND FLYTIPPING

Wisely the Welsh Government is very cautious about relaxing the measures that have worked so well in bringing down the number of coronavirus cases and Covid19 deaths preferring instead to put health before wealth in spite of the economic pressures. Sadly some amongst us are now ignoring the rules believing they are immune from the virus and more importantly don't care if they pass it on to others and so gather together in large groups. Fuelled by alcohol and the relatively new craze of inhaling gas from small cylinders not only substantially increases putting people's safety at risk it is also causing a litter problem much worse

SHOPPING ON LINE?

The coronavirus lockdown has caused many more people to turn to on line shopping. In May, 34% of all retail sales were carried out in this way. Research shows that only 16% of UK consumers intend to return to their old shopping habits post lockdown. Clearly there are implications for the High St and jobs. But also Action Fraud, the UK's national reporting centre for fraud and cyber crime, received over 16,000 reports relating to online shopping and action fraud during lockdown with losses totalling over £16m. The public have reported buying mobiles (19%), vehicles (22%), electronics (10%) such as games consoles, AirPods/ Mac Books, and footwear (4%) on sites such as eBay (18%), Facebook (18%), Gumtree (10%) and Depop (6%) only for the items never to arrive.

Our Top Tips for on line shopping are (1) choose where you shop carefully – if you don't know the seller or company carry out research first e.g. check out if others have used the site and what their experience was, (2) email accounts – use a strong separate password for your email account. Criminals can use your email to access other online accounts such as those you use for online shopping, (3) Scam messages – some emails/texts you receive about amazing offers may contain links to fake websites. Best to go separately to the website or better still to remember that if it sounds too good to be true it most likely will be, (4) Payment – if you do proceed use a credit card as other providers may not offer the same protection, (5) if you do fall victim first make a note of the website address then close down your internet browser, report the details to Action Fraud and contact your bank for advice. REMEMBER, keep an eye on bank transactions reporting to your bank anything you don't recognise no matter how small.

than we have experienced before. The clips shown on TV recently showing gatherings in parks, by the sea and in Cardiff Bay highlight the staggering amounts of litter particularly single use plastics being just left on site. We cannot expect the Police to deal with all these situations. There is an onus on us all in these situations.

FAKE NEWS

No this topic is not about President Trump it's about those using coronavirus as a way to persuade you to part with your money with nothing of value in return. Commonly, fraudsters provide articles about the pandemic with a link to a fake company site where victims are encouraged to click to subscribe to a daily newsletter for further updates. There are the usual 'HMRC' fraudsters offering tax refunds and 'GOV.UK' sites suggesting you contact them about Council Tax refunds, both directing people to fake websites to gain access to personal and financial details. They often display the HMRC logo so looking legitimate. Always remember to hover your cursor over emails you receive from an unknown source and if a different address is highlighted then the email will be a fake. Door crime is also on the increase with callers impersonating Police Officers, BBC reporters, Red Cross workers and health authorities claiming to be carrying out mandatory testing for coronavirus all of which are designed to get you to let them into your home and carry out robberies. There are even people offering home cleaning services to remove Covid19. There are also reports of scam emails suggesting that as schools are closed all pupils will be given free school meals, followed by a request to families to register their details including bank details so parents can be supported. If you receive such emails do not respond and delete them immediately. If in doubt call the Council on the number you know to be correct. It is a sad world we live in these days in terms of the growth in scams. Being vigilant and taking basic precautions has never been more important.

If you have any concerns about an incident that might be criminal, but not an emergency, please call 101.

For all emergency calls always call 999.

If you are unsure if something classes as an emergency or not call 999

The Police encourage you to report incidents because without a report they cannot act or get an accurate picture of crime in our area.

Planning

Cardiff Council suspended the planning application process for some time. Things are getting back to sort-of normal and all the applications and decisions can be seen, as usual, on the Planning tab of our website. PCC's Planning Committee will start meeting online shortly but Councillors have been reviewing applications and the Clerk given delegated powers to submit PCC's responses to Cardiff.

Many residents in Gwaelod y Garth were very concerned about the loss of hedgerow and the grading of land in what is known as Primrose Field. This is land on the left as you drive up Heol Goch/Pentyrch Hill, just beyond the turning into Main Road, Gwaelod. PCC confirmed that no consent had been given and asked Cardiff's Planning Enforcement Officer to stop all work. This has happened and we are waiting to hear whether retrospective consent is applied for.

On the other side of the road recent planning applications for a range of uses have been refused by Cardiff. The applicant, the owner of Tynewydd Farm and Primrose Field, has appealed, as is his right, and PCC have submitted further objections to be considered as part of the formal appeal to the Planning Inspectorate. We do not think that this site is suitable for development.

In other areas, PCC objected, again, to a request for holiday homes at Elm Cottage, Heol y Parc, Pentyrch. PCC objected to a request for a log cabin on Garth Hill.

The full text of these objections can be found on the PCC's Planning page of its website.

Planning Applications

17/01411/MNR 6 Glan Y Afon, Main Road, Gwaelod Y Garth, Cardiff Full discharge of conditions

19/03257/DCH Dan Y Graig, Holdings Lane, Capel Llanilltern, , Erection Of A Summerhouse, Hay And Tack Room Outbuilding PCC made no comment Granted

20/00326/DCH 10 Llys Illtyd, Creigiau, Removal Of Existing Conservatory And Erection Of A Single Storey Rear Extension Granted

20/00615/DCH. 26 Maes-Y-Nant, Creigiau, First Floor Side Extension Over Existing Garage PCC made no comment Granted

20/00652/DCH 47 Parc-Y-Bryn, Creigiau, Demolition Of Semi Detached Single Storey Garage And Construction Of Two Storey Rear Extension And Single Storey Side Extension PCC made no comment

20/00749/DCH 45 Heol-Y-Pentre, Pentyrch, Construction Of A Double Garage PCC made no comment

20/00835/DCH The Gables, Station Road, Creigiau, Variation Of Condition 1 Of 15/01749/Dch To Extend The Time Period For Implementation Of The Planning Permission PCC made no comment Granted

20/00780/DCH 6 Penffordd, Pentyrch, Single Storey Side Extension, Cardiff, Granted

20/00887/DCH 11 Maes-Y-Dderwen, Creigiau, Two-Storey Side And Rear Extension PCC objected: see website for details

20/00789/DCH 12 Penffordd, Pentyrch, Proposed Rear Extension, Conservatory & Front Porch PCC made no comment Granted

20/00620/DCH Ridgeway, 10b Penuel Road, Pentyrch, , Rear Single Storey Extension And Garage Conversion PCC made no comment Granted

20/00863/MNR Elm Cottage, Heol-Y-Parc, Pentyrch, Proposed Conversion Of Existing Barn To 3no. Self Contained Tourism Units barn At PCC objected: see website for details

20/00966/DCH Land Adjacent To Danygraig, Garth Hill, Pentyrch, , Construction Of A Residential Log Cabin PCC objected: see website for details

20/01072/MNR Land Off The Glade, School Lane, Gwaelod-Y-Garth, Discharge Of Condition 3 (Existing And Proposed Ground/Floor Levels) Of 20/00123/Mnr PCC made no comment

20/01149/DCH 1 Clos Goch, Pentyrch, , Certificate Of Lawful Dev - Recladding Of Garage And Insertion Of Window In Rear Elevation PCC made no comment

20/01182/DCH 2 Parc-Y-Felin, Creigiau, Demolition Of Existing Flat Roof Garage And Construction Of Double Garage With Pitched Roof And Dormer Extensions To Front Elevation. PCC made no comment

20/01269/DCH 25 Penmaes, Pentyrch, Single Storey Rear And Side Extension PCC made no comment

Pentyrch Art Group

We are hoping to resume our meetings in September or October, once it is considered safe to do so. Members are looking forward to meeting again, albeit in a socially responsible manner.

Our 25th Annual Exhibition will now be held in 2021. Once the situation improves we shall make plans for this and let you know in due course. Anne Peebles

Creigiau Cricket Club

The season has finally started for Creigiau Cricket Club. Nets are operating (bookings via the online app to comply with COVID-19 requirements), juniors being coached, ladies playing Softball Festivals, friendlies until end of September, and three senior teams in the rearranged SEWCL 'groups' competition.

New and returning players welcome. For more information please contact Ben Taylor (chairman) 07999070537

The Re-opening of Creigiau Quarry

Due to the coronavirus pandemic the re-opening of the Creigiau Quarry has yet again been further delayed. A meeting of the Tarmac Quarry Liaison Committee was held virtually on the 12th August

The liaison group is made up of representatives from Tarmac Quarries, Officers from the Planning Department Cardiff County Council and on this occasion by an officer from the Highways Department, your County Councillors, Community Councillors and Resident Representatives.

The meeting were advised that the date for the quarry to reopen has now been put back and is dependant on market conditions but the company are still looking at date of late 2020 or sometime in 2021.

Before that time the highways department will be constructing the 4 passing bays along Heol Pantygored to accommodate the increase traffic the opening of the quarry will bring. We were advised that it is expected

that this work on this will start with hedge removal around the 7th September and construction starting on the 21st September to be completed by the 30th October. This all depends of course on the effect of the pandemic. The question of the protection of hibernating wildlife was raised with the highways officer and if the 30th October completion is achieved this should not be an issue.

The 20mph speed limit for all of Creigiau including Heol Pantygored is planned to be in place within this financial year but this does not include from the Telephone Exchange to Robin Hill. At present there is no plan to extend the 20mph speed limit to cover this area

During this construction period of the passing bays arrangements for the use of Heol Pantygored will most likely be two way traffic lights apart from when the final surfacing is undertaken..

Competition Winner

I have just been notified that I have won a national design competition for children entitled 'See What I See'. It has been run by The Royal Fine Arts Commission Trust and Bath Spa University and my entry looked at the shopping area in Pentrych, an area that I know well living in the village.

The brief for the competition was:

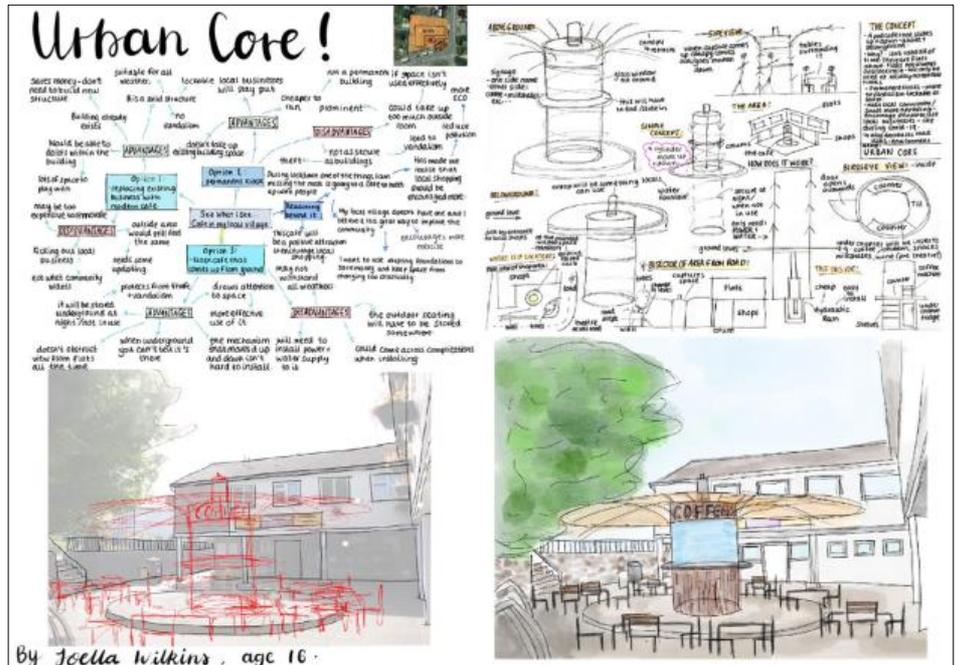
At a time when we all find ourselves separated suddenly from the outside world, our own neighbourhoods and our communities, this competition offers children a creative outlet to set their imagination free.

At this extraordinary time, our desire to engage with our environment has become stronger than ever. This competition is an opportunity to rethink our surroundings that we often take for granted, our streets and the buildings around us, and re-imagine bold, new solutions that inspire new ways of living together.

Using creativity and imagination we want children to focus on developing imaginative responses to how our built environment can be transformed and improved.

My entry has ended up winning the 13-16 age group and my design looked to install an innovative kiosk in the centre of the circular paved area, a pod which I named, Urban Core. My competition summary said:

"The Urban Core is a community based hub which has an innovative up and down mechanism. The design fits to transform a currently under-utilised and tight space in my local area. It is a design concept that has far reaching uses in other communities. Storage within the hub would facilitate



different uses throughout the year e.g. ice cream/milkshakes in the summer and coffee/ hot chocolate in the winter. When not in use the core fits into the ground and can be secured to reduce vandalism and it also frees the space up to be used for other purposes."

I don't know whether this is something that you may be interested in, but thought that you would like to know. The main competition website is www.seewhatisee.me and the gallery that is now showing the winning entries, including my own is <https://www.seewhatisee.me/gallery/>. I entered this competition at the start of lockdown and I really enjoyed taking part and can't believe the end result! Joella Wilkins (age 16)

Update on the Flood Relief Coffee Morning



The floods back in February feel like such a long time ago now. I still cannot believe how successful the coffee morning was, and that we raised an amazing £1800.00 (final count) It was a fantastic day, which seemed to zoom by so quickly. Seeing everyone enjoying a slice of cake whilst having a little catch up was great!

Holding the event wouldn't have been possible or as successful without the help and support of my little sister Carys, my friends and our wonderful community. I feel so lucky to be part of this wonderful community.

I hope that the money we raised, which we took down to Taffs Well village hall who have been doing an amazing job helping and supporting the flood victims, has helped a lot of people.

I would like to take this opportunity to thank everyone who helped and supported my event. I would love to organise another one one day and support another charity. Efa Hobbs



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**Pentyrch Open Gardens
4th & 5th July 2020**



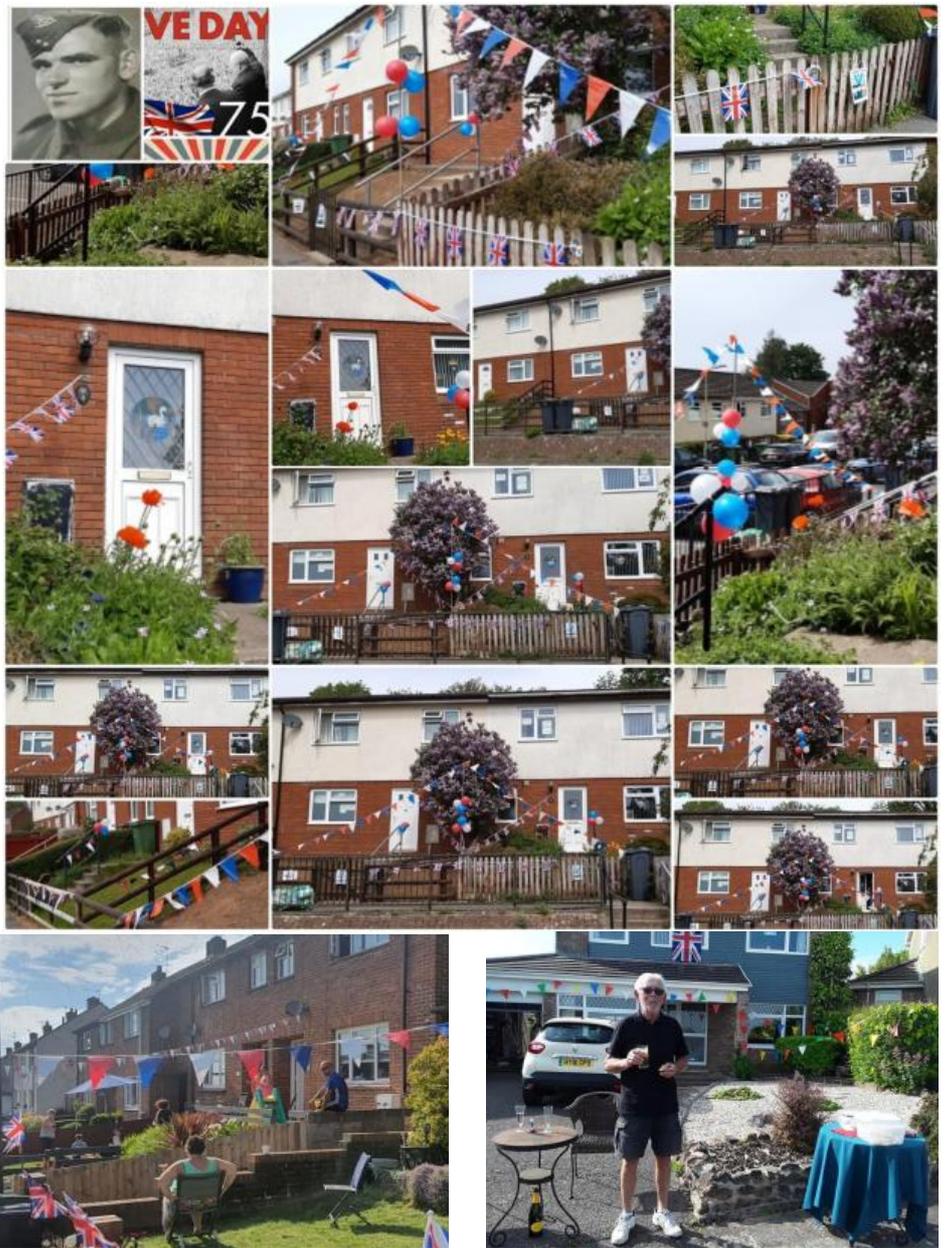
What a year we have had – our gardens were all immaculate thanks to the lockdown. Not to be beaten by Covid- 19 we decided to try a virtual Open Gardens via the internet. We had 30 gardens join in and had to limit each one to 5 photos. A Just Giving page was set up and we raised in excess of £1000 plus monies from Sue & Martin Cragg's excellent plant sales. This money will be used to support Wales Air Ambulance and to maintain the planters, troughs etc around the shops and benches in the village.

If you missed the gardens visit us on to see the pictures www.pentyrchopengardens.wordpress.com. Donations can still be made if you wish to contribute. Either pop an envelope into 2 Penmaes or 6 Cefn Bychan, we will welcome whatever help you are able to offer us. Next year the gardens will be open once again I hope! Cakes will be needed in the village hall (so strange not to have served up 100's of teas and coffees but even stranger to be not exhausted by Sunday tea-time!!!) Please contact Chris & Helen Edwards 07787890284 if you have any questions.

VE Day 8th May 2020

Due to lock down there was no formal VE Day Celebrations on Friday 8 May, however all was not lost! The Royal British Legion encouraged residents to decorate houses in red, white & blue & enjoy a picnic in the Garden.

It was great to see lots of houses decorated. Here are just some of them.



County Council Notes Councillor Gavin Hill John Pentyrch & Gwaelod y Garth

As you can imagine the past few months have been extremely difficult for Cardiff Council and a number of difficult decisions had to be taken resulting in delays to a number of projects.

Fortunately, things are starting to return to normal in terms of major projects along with the regular services. The Council are continuing to make adjustments allowing more services to get back to business as usual.

There is still a concern that the Council will face operational difficulties if there is a second wave of the virus or an increase in infection rates as has been seen in Manchester recently.

In the meantime, work is continuing on a number of projects.

Church Road

A recent structural survey of the road has confirmed that work can begin to improve the surface and the drainage. It is hoped that this work will be completed in October however this is clearly subject to the current situation remaining the same or improving.

I would like to thank Pentyrch Neighbourhood Watch for their continued work lobbying for this improvement.

Bus Services

Understandably our bus services have been severely

impacted by the situation. The majority of bus companies lost nearly 90% of their customers at the height of the lockdown which had a huge impact on their ability to function and has threatened their survival.

The Welsh Government are providing support for the bus companies and it is hoped that with this support they will be able to continue.

As many people will be aware a new service is being trialled in Gwaelod Y Garth called 'Ffleksi'. This service is being provided by Welsh Government and could if successful ensure bus services are retained. This is the second trial in the area and there are some operational issues which need to be addressed. I am working with the Council and Welsh Government to iron these out.

I will be working closely with all operators to ensure that our bus services can return to normal as soon as possible.

Litter

A number of residents have been in touch with me regarding an increase in litter. Cardiff Council are taking this issue very seriously and have put in place a number of initiatives to reduce litter across the City.

In conjunction with the Community Council we will shortly be preparing a petition calling for more to be done to tackle this issue across the City.

If you have any issues regarding this matter or any other issues, please get in touch. You can email me gavin.hill-john.cardiff.gov.uk or call 07813 990897.

Pentyrch Face Masks



A small group of people in Pentyrch, led by Richard Blackwell and his 3D printer, made visors as extra PPE for front-line NHS staff. They were able to print the head-piece and then attach a plastic face shield. The group says: This was a real success story, and thanks to all of you, both volunteers and donors, we have made a real tangible difference during this pandemic. You have helped save lives, it's as simple as that.

We produced and distributed 20,087 visors to doctors, nurses, care workers and other healthcare professionals across South Wales and further afield.

We received over 400 donations from individuals and companies totalling over £15,000!

Let's raise a glass to our magnificent team of printers, volunteers and donors, but most of all, to the amazing key workers who have continued to give their upmost during these challenging times!

We want to give a special thank you to Western Power Distribution who kindly provided a grant towards our



visor production as part of their Covid-19 "In This Together - Community Matters Fund" scheme. They, along with everybody's kind donations, have enabled the team to contribute far more visors than we ever anticipated possible when this journey first started.

Thanks to the help of our hard-working team of volunteers we provided 2,000 visors to Cwm Taf Health Board in a single day. This was the largest single order we had filled to date: 3500 visors to one health board.

I want to take a moment to give a special thank you to Kerry Bassett and Diane Offord who have become an integral part of the team. Not only has their project management experience proved invaluable but they have got stuck in at every part of the process, cutting acetate, assembling visors and even delivering visors to frontline workers.

The phenomenal volunteer response enabled us to far exceed what we set out to achieve. This was to provide a stopgap solution to get visors to NHS staff and key workers as quickly as possible.

Following updated government legislation on the production of PPE, we decided to switch off our GoFundMe fundraising page and stop producing visors.

Pentyrch Pharmacy

"Committed to healthcare and you"

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www.pentyrchpharmacy.co.uk

Experiences of people aged 50 or over in Wales during the Covid-19 lockdown







This survey is for people aged 50 or over across Wales, and is being undertaken by key organisations that represent older people. It is important that Welsh Government and others hear from older people about **their** experiences of the lockdown and the impact that this has made on them.

This survey will take 15 minutes to complete.

The main purpose of the survey is to ensure older people are engaged as to their views on their experience of the last 4 months and aspirations for recovery from the pandemic. This has clearly been an unprecedented period for older people (not ending yet) and it is important their voice is heard now and over the coming year when there are likely to be many economic and social difficulties emerging.

CARDIFF IDEAS SUMMER CHALLENGE

Open from 01/07 - 01/09

Cllr Huw Thomas, the Leader of Cardiff Council needs the help of young people aged 18 and under (21 with ALN). We need as many ideas as possible to keep Cardiff a great place to grow up during and after COVID-19!

STEP 1: Think of an idea that can shape the future of our city and make it a better place.

STEP 2: Get creative! You can send us your ideas as pictures, posters, paintings, written text or voice clips - no videos however

STEP 3: Share your idea with your friends and family, ask for their advice and use their feedback to make your idea even better!

STEP 4: Send your ideas to the pool of problem solving using the email address childfriendlycardiff@cardiff.gov.uk with your age, name and school or use the hashtag #CARDIFFIDEAS2020

Logos: unicef, Child Friendly Cardiff, Cardiff Council, Cardiff Youth Service

#CYSGetSocialDistancing

Are you keeping safe? Show us your fun and creative ways of keeping to the social distancing rule

For your chance to Win a brand new iPad, enter the competition by sending us a video, poster, song/rap to:

@CardiffYouthService
using the hashtag:
#CYSGetSocialDistancing

closing
date
28th of
August

@CardiffYouthService

YOUTH COUNCIL

Pentyrch Community Council intend to set up a Youth Council later in the year. It will be made up of local young people between the ages of 11 and 18 and members will be able to influence and directly contribute to decisions that will help shape the community that they live in. We want to empower young people in our villages to make positive changes to their local area and ensure they are provided with services and facilities that matter to them. The Youth Council will set their own agenda. They will be able to suggest matters to the Community Council as well as give opinions on matters that are referred to them by the Community Council. For example they may wish to make suggestions to the council on how the PCC can improve it's reaction to climate change. It is envisaged that there will not be any elections to the Youth Council. Those that want to be involved will be able to attend and contribute to the meeting. The meetings will however elect their own Chairman and Vice Chairman This is the same model; by which the Cardiff Youth Council operates By the end of September we expect to be able to give further details of when the council will meet. These details will be placed on Social Media and on notices in the councils notice boards. It is expected that because of the Coronavirus pandemic initially meetings will be held via Teams or Zoom. We want every young person who lives in Pentyrch, Creigiau, Gwaelod y Garth and Capel Llanilltern to have a voice and all will be welcome to get involved if they want to.

Cardiff Council | Cyngor Caerdydd

Cardiff Youth Service have launched a competition where young people can show fun and creative ways of keeping to the social distancing rule! Send them a video, poster, song or rap to [Cardiff Youth Service](https://www.facebook.com/CardiffYouthService) using the hashtag #CYSGetSocialDistancing for the chance to win an I-Pad! Check our feed to see how Cardiff Youth Service staff are staying safe whilst sticking to social distancing. Mae Gwasanaeth Ieuenctid Caerdydd wedi lansio cystadleuaeth I't gal pobl ifanc ddangos ffyrdd hwyliog a chreadigol o gadw at reolau ymbe#hau cymdeithasol Anfonwch fideo, poster, can neu rap atyn nhw i [Cardiff Youth Service](https://www.facebook.com/CardiffYouthService) gan ddefnyddio'r hashnod #CYSGetSocialDistancing am y cyfle i ennui IPad! Ewch f'n ffrwd i weld sut mae staff Gwasanaeth Ieuenctid Caerdydd yn cadw'n ddiogel gan gadw at ymbellhau cyradeithasol.

Community Play Ambassadors

Are you a dynamic 14 to 19 year old who wants to make a difference in your community in Cardiff or the Vale of Glamorgan?

We are looking for volunteers who are passionate about children's right to play to become Community Play Ambassadors.

Who are Community Play Ambassadors?
Ambassadors will work with local play teams to improve opportunities for children to play in their communities and help adults to understand the importance of play.

Ambassadors agree to undertake a Playwork Level 1 qualification and 10 hours of volunteering each month.

What Ambassadors get in return

- A playwork qualification
- Key skills for life and work
- Work experience.

For more information and to get involved contact: 029 2048 6050 communityplay@playwales.org.uk

KEEP CREIGIAU TIDY

The Lockdown Report

Despite the unusual and unkind circumstances, and a pause in so many community activities, there have been some tasks that we have been able to do or participate in. This is our feedback report:

Community Planter



Jan Thomas of Creigiau WI manages this planter (plants from Stokey). Thank you.

Thanks to some amazing people, the black community planters and the green hanging trough opposite Tesco have been filled, through a combination of 'grow your own' from green fingered residents and some timely purchase from a local entrepreneur who then also donated some plants.

We are grateful to all those who help with maintaining our community planters. It gives a lovely pop of colour for those of us walking through the village and is a great

Natural Resources Wales (NRW) Trees, Seeds & Advice



A highlight from 2020, is our strengthening of the community relationship with NRW (our national environmental, conservation and forestry agency). They give us intelligent guidance on how to improve biodiversity and are a source of help and a brilliant friendship. They are providing us with heritage trees to create a community orchard and most recently, some amazing wildflower seed packs to share amongst the community. Look out for our next Pop Up giveaway.

Nature Planters Arrive



Brothers Rowan & Charlie demonstrating the art of social distancing whilst planting.

With a very big thanks to Keep Wales Tidy, our Creigiau community were awarded 2 of their local places for nature kits that really came with everything from compost to planter to trellis and some lovely plants and bird seed feeders, in fact the list was long. The butterfly planter has found a home at the Creigiau Scout Hut where it will be a useful outdoor resource for Meithrin and the Scout Group and has already acted as a catalyst for other ideas in what is a lovely secret natural garden.

The nature planter has been successfully installed at the Parish Church hall in Creigiau and again, it is being viewed as part of the Parish's vision for the future.

Free Vegetable Giveaway



Jan (and neighbour) rising to the challenge of growing aubergines.

A new collaboration (Green Squirrel) and an existing partner, Cardiff Council's Bute Nursery resulted in Creigiau's participation in the 'Stay Home Grow Veg' campaign and we had a range of free vegetable plants through the summer to give away. Residents, including two lovely ladies, Cath & Anne provided chilli and tomato plants. It was a bit of fun, something to do and hey, edible produce.

Informal Flower Areas



Despite a mini drought, and using home-made flower seed mixes, we were able to keep the wilder flower areas thriving ourselves and hope to do even more next year. Not perfect, but better than nothing.

£500 Grant Awarded

Time spent indoors resulted in a successful grant application. We were given a Community Champion award of £500 for environmental projects in the community.

Sustrans Footpath Safer



Our valuable community partnership with Sustrans continues. An excellent set of steps and handrail have been installed at what was an unsafe sloped area of the railway path near Tyn Y Coed Road. Sustrans have also been busy managing dangerous or fallen trees. All the volunteer hours spent clearing footpaths for walking has been rewarded by seeing so many residents using these paths.

Bulb Planting

We are planning to plant more bulbs in the community this year, expanding the type of bulb and the locations. All ideas and involvement welcomed.

Thank you

A big thank you to all our volunteers and community who have helped be the best of neighbours, who have volunteered or who have simply made do and found alternative actions without compromising anyone's health. Thank you, Diolch

THANK YOU—That's Blooming Marvellous



Thank you to the volunteers from Keep Tidy Creigiau, pictured here with one of their community planters in the village. (Photo taken before social distancing measures applied.) Diolch i'r gwirfoddolwyr o Keep Tidy Creigiau, yn y llun yma gydag un o'u planwyr cymunedol yn y pentref. (Llun wedi'i dynnu cyn i fesurau ymbellhau cymdeithasol ddod i rym)

Pop Up Art on the Planters



Talented Children of Creigiau displaying their artwork.

To supplement the amazing pop up art in the windows of our homes and the decorated pebbles, we made available the community planters as a place to display children's art as it is simply a good display background for some colourful drawings.

Botanic Gardens Seeds

National Botanic Gardens are working with Morriston Hospital to create patient gardens and residents in Creigiau helped by being a Plan B and growing on a range of seeds that would have been wasted & it was lovely to work with such a new organisation and help out.

Library of Things

We have litter picking equipment for short-term loan to anyone in the community. We can provide the usual support, risk assessments etc, bags, advice and we are so very pleased when someone offers to help

Litter

We have all noticed the huge increase in litter in the Sustrans and Tyn Y Coed Woods. It is not acceptable to litter at any time, but particularly during a virus pandemic where we should not be touching other people's litter. Please take all your litter home,



Tyres Dumped on our Tyn Y Coed Rd.

including those plastic dog poo filled bags. It is not a good look for our community, in fact it is shameful. We are still doing small solo litter pickers by individuals and as always, the people who are picking up the rubbish are not the selfish lot who put it there. Please help us, by removing the litter. It really won't magically degrade or disappear. It will stay in our community for decades if not centuries, if it is not removed. We do use gloves and have 'pickers' and personal hand sanitiser but please, right now it is challenging for us to litter pick regularly. Finally, someone offloaded so many tyres along Tyn Y Coed Road so please keep an eye out for flytipping and report straight to the police if you see anyone dumping rubbish as it is a crime.

Litter at Creigiau Rec.



Thanks to the Creigiau Cricket Club for helping deal with both the partygoers and the rubbish.

Bags

Keep Creigiau Tidy hold a large stock of recycling and compost bags for Cardiff Council so if there is another lockdown and you need bags, please know that we have a personal delivery service ready just for you.

JOIN THE CARBON ZERO CLUB

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Be a carbon hero - be Carbon Zero!

**Gwaelod's Botanist
MARY GILLHAM**

It was one of those low cloud days. Mary Gillham was at my desk and I was trying to sketch her. She had just finished writing her book on the Garth area and was looking for a publisher. At the time, Clive Thomas was moving from his Taff's Well print works into publishing. They were soon to meet up at Wood Cottage. The Garth Countryside had found its publisher - and Mary found in Clive a true friend.



She was impatient sitting still while I sketched her, had brought her knitting and a pile of little garments made for Oxfam - she wanted to get on with it. As she sat at my desk, the wooden chair brought back memories. She told me when, as a child, sat in her own little wooden chair, she had watched her mother shell peas. One pea caught her attention - it was starting to grow. Another had a maggot wriggling out. This, she said, started her life-long obsession with the natural world.

Mary was a woman in a man's world. Born in Ealing in 1921, she left her London office job when WW2 broke, joining the Women's Land Army. After the war, she came to Wales, gaining First Class Honours in Botany at Aberystwyth university, then a doctorate at Bangor. A

lecturer for 36 years at Cardiff University, she was to travel across the world, researching every step of the way. Projects took her to New Zealand, Australia, Nigeria, South Africa, the Indian Ocean, the Bahamas. She was one of the first women to join the Antarctic Division. She wrote 22 books, co-authoring another 6 - yet it has taken a research project after her death to bring her name to the fore.

Mary was my friend. I don't know what happened to the painting at my desk, but can say without hesitation the best portrait of Mary Gillham is the video Robin Davies Rollinson made of her in Coed y Bedw. You can view the video at <https://vimeo.com/17145423> Norma Procter

Our local woods and wildlife reserves have been more popular than ever since the start of lockdown, with walkers and cyclists enjoying the clean air.

But what most don't realise is just how many of these beautiful surroundings owe much of their heritage to Dr Mary Gillham who lived in Creigiau and Gwaelod-y-Garth.

In a feature for The Western Mail and Wales Online, Amanda Powell has written about this pioneering ecologist who challenged stereotypes around the world and whose lasting legacy has been called "the stuff of dreams".

You can read the full article at cutt.ly/marygillham or by a Google search for Mary Gillham, Wales Online.

**DO YOU THINK YOU NEED TO
VISITING AN EMERGENCY UNIT .**

Cardiff and Vale University Health Board is introducing a new 'phone first' triage system, called CAV 24/7, for people needing urgent care which will signpost the user to the most appropriate service. Traditionally patients have been able to access our Emergency Unit and services by walking in and the "phone first" system replaces this. This new approach is a response to COVID -19 and to ensure services remain safe while we practise social distancing, meaning that our Emergency Unit will not become overcrowded while patients wait safely in their own home for an appointment.

How will CAV 24/7 work?

Instead of going straight to the Emergency Unit (EU), people will be asked to phone a dedicated telephone number, 0300 10 20 247. This will be available 24 hours a day, 7 days a week. This does not replace 999 calls; if people have an emergency that is life-threatening, they should still call 999.

Calls to CAV 24/7 will be taken by a call handler who will take the details and make an initial assessment. A clinician will ring the caller back within 20 minutes if it is classed as urgent, or within an hour if it is less urgent. The caller will then be referred to the most appropriate service; the right place, first time. If that is the Emergency Unit or Minor Injuries services, an appointment will be made for them to attend within a particular timeslot. The CAV 24/7 number will also replace the current GP Out of Hours numbers for both Cardiff and the Vale; the call handler will take the call and follow the same process as they do now for the Out of Hours service - this will not change.

Why introduce CAV 24/7?

- We believe introducing this 'phone first' system will:
- Help staff and patients adhere to social distancing
- Keep staff and patients safe
- Save patients' time as they get a dedicated timeslot to attend EU
- Allow patients to be seen at the right place, first time (which may not be EU)
- Prevent overcrowding in Emergency Unit

**Do you think you need to
visit the Emergency Unit?**



Ffoniwch yn Gyntaf

Phone First

Arhoswch yn Ddiogel

Stay Safe

Y Lle Iawn, Y Tro Cyntaf

Right Place, First Time

**Ydych chi'n meddwl bod
angen i chi ymweld â'r
Uned Achosion Brys?**

www.cavuhb.nhs.wales



CAN WE HAVE OUR PAVEMENTS BACK PLEASE



We get quite a few concerns and questions about hedges that over- grow from gardens and make it difficult to walk along pavements or the footpaths linking roads. The situation is that individual householders are responsible for any trees and hedges that overhang into public highways and should make sure that they are cut back and tidy up any trimmings. Where there is a significant obstruction Cardiff Council can enforce the cutting back and can (and have) fined householders who have not had the work done. Please keep your hedges in good order especially now that more of us are out and about in our local communities during the lockdown.



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Farm - Country Code

I appreciate how lovely it is to walk across the countryside, especially now in the midst of the coronavirus pandemic. The numbers now crossing our farm Cefn Colstyn have increased dramatically recently and I ask all of you please to work with me to ensure that the footpaths remain open. Please keep to the footpaths, do not follow sheep tracks. Do not take short cuts across the field. Please if you have a dog with you, keep it on a short lead, do not play ball in the fields. Even when you think there is no livestock in a field, please keep your dog on a lead. Obviously, we need to practice social distancing, so be careful at stiles or gates, consider wearing gloves to get over a stile and when opening gates. If you meet someone approaching from the opposite direction one of you will have to leave the path, but please return to it as soon as possible. If you come across a ewe or a lamb that doesn't look 'right', please get in touch on 07508 224 559 or by contacting Will Carnell on Facebook (explaining locations are often difficult so what 3 words or a google maps pin is very helpful). A really big thank you to those of you that already do. Please do not pick young lambs up and never move them from a field however cute they look. The number 16 that was taken from its mother was returned after 2 nights away. After looking and calling for him for 24 hrs its mother gave up trying to find him as normally it would be dead. She won't now take him back so we now have a pet lamb to feed 4 times a day. In the middle of lambing we don't need the extra work. Please remember that this is a working farm providing food, as well as providing natural habitats for many species. Every year I spot about 50 different species of birds, I know there are more that I have yet to identify, warblers in particular are my downfall. Thanks for your cooperation in these difficult times and stay Safe, Charlotte Llewellyn.



FRESH AIR FRIDAYS

- Are you sleeping badly?
- Do you find yourself stressed, anxious or irritable?
- Do you work from home and sometimes feel a bit isolated?
- Are you going through change, feel a bit stuck or feel there must be more to life?

If you answered yes to any of the above then Fresh Air Fridays Sessions running in Pentyrch may be just what you need.




Wellbeing for you
Community, coaching, connection.



For more information and to book visit
www.freshairfridays.co.uk
Or call 02920 892783

Argraffwyd Printer
Xpedient Print Services, Princess Way, Swansea. SA1 3LW

The Ding Dong



I walk the Garth a lot. Sometimes when I pass the Ding Dong, my thoughts go to my father. If it hadn't been for him, it would have been taken for scrap years ago. He alerted the National Maritime Museum it was in danger - they came out to see him, took photographs of him near it and asked him to dig it out for them. It went down deep. My father kept digging and the hole got deeper, till they suddenly stopped him, worried he would get stuck in the hole! They asked him to get out quick and fill it in again! I still have the letters they sent to him. He was miner, living in the village behind the pub when I was born, just before we moved to Heol Berry. The Ding Dong was obviously important to him and now it's an important part of our village history.



Pentych Primary School World War II Emersion Day



Sixty children from Llanishen Fach Primary School were evacuated to Pentych Primary School as part of a World War II emersion day. Fully dressed in 1940s attire, the children were uprooted from class and sent, with nametags around their necks, to their partner school in the 'safe-haven' of Pentyrch. The two schools have been working together on a number of projects with teachers creating an 'Evacuation Day' to give children a first-hand understanding of the impact that war had on many Welsh families. The plans for Pentyrch to visit Llanishen Fach Primary to participate in a VE day celebration was halted because of the Corona Virus pandemic.

Cafodd 60 o blant o Ysgol Gynradd Llanisien Fach eu symud i Ysgol Gynradd Pentyrch fel rhan o ddiwrnod trochi ar thema'r Ail Ryfel Byd. Wedi'u gwisgo yn nillad y 1940au, cafodd y plant eu symud o'r dosbarth a'u hanfon, gyda bathodynnau enw o amgylch eu gyddfau, i'w hysgol bartner yn 'hafan ddiogel' Pentyrch. Mae'r ddwy ysgol wedi bod yn cydweithio ar nifer o broiectau gydag athrawon yn creu 'diwrnod symud' i roi dealltwriaeth uniongyrchol i blant o'r effaith a gafodd y rhyfel ar lawer o deuluoedd yng Nghymru.



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There are a lot of drifts and levels on the Garth. The Ding Dong is above what was the Cuckoo level. A horse would have operated the windlass walking round and round all day as it hauled up drams of coal from the steeply dipped working. In my childhood it was a place where people went for picnics round it. Boys used to bang metal on metal and hear it echo through the valley. For those who don't know, it's just off the old mountain road between Gwaelod-y-Garth and Pentyrch about a hundred yards from the Collier's Arms ruins. I try to keep it clear so it doesn't disappear in the undergrowth. Perhaps I do that in memory of my father who saved it from the scrap merchants. Doug Castle

Stay Steady Virtual Clinic

Have you had a fall in the last year?

Do you need to use your hands to get up from a chair or ever feel unsteady on your feet?

Does a fear of falling stop you taking part in activities or doing daily tasks?



Bwrdd Iechyd Prifysgol Caerdydd a'r Fro Cardiff and Vale University Health Board

If you answered yes to any of these, then contact us to get advice on managing the risk of falls.

Call us on 029 2183 2552

Or email us:

staysteady.cardiff@wales.nhs.uk

Leave us your details and we will contact you within a few days.

Stay Steady clinics offer consultations with a falls specialist physiotherapist which can be done over the phone or a secure video link.

Stay Steady

Clinigau Aros yn Gadarn Rhithwir

Ydych chi wedi cwmpo yn ystod y flwyddyn ddiwethaf?

Oes angen i chi ddefnyddio'ch dwylo i godi o gadair neu a fyddwch chi byth yn teimlo'n sigledig ar eich traed?

A yw ofn cwmpo yn eich rhwystro rhag cymryd rhan mewn gweithgareddau neu gyflawni tasgau bob dydd?



Bwrdd Iechyd Prifysgol Caerdydd a'r Fro Cardiff and Vale University Health Board

Os gwnaethoch ateb yn gadarnhaol i unrhyw rai o'r rhain, cysylltwch â ni i gael cyngor ar reoli'r perygl o gwmpo.

Ffoniwch ni ar 029 2183 2552

Neu e-bostiwch ni:

staysteady.cardiff@wales.nhs.uk

Gadewch eich manylion a byddwn yn cysylltu â chi o fewn ychydig ddyddiau.

Mae clinigau Aros yn Gadarn yn cynnig ymgynghoriadau gyda ffisiotherapydd arbenigol ym maes cwmpo a gellir gwneud hyn dros y ffôn neu drwy gysylltiad fideo diogel.

Aros yn Gadarn

**Pentyrch and District Local History Society,
Cymdeithas Hanes Lleol,
Pentyrch a'r Cylch**

Considering the continuing situation with Covid-19 we have decided not to reconvene in the autumn and will reassess the situation in the New Year as to the possibility of resuming meetings from February 2021.

Meanwhile, we have continued to receive enquiries through the website. We have people researching their family tree, we have others who used to live in the village or have recently moved to the area and are very pleased to be able to get copies of the book of photographs or copies of the Garth Domain. There is also an eminent author who is researching for a new book on local rugby legends and is very grateful to have the Society as a source of information.

Our website address is:

www.pentyrchlocalhistory.wordpress.com

where you will find full details of our publications the Garth Domain which are a series of booklets compiled by Don Llewellyn describing local people and places as they were. Copies of all of these are available digitally and we have hard copies available of most of the editions. Contact us via the website or email pentyrchistory@gmail.com.

Dementia Awareness Session



Thanks to Hildegard for your very informative Dementia awareness sessions. It was great to offer an evening session particularly for residents who usually work during the daytime. The sessions are very professional and informative. We also would like to thank John Young for his talk about the memory cafe and also two of our Councillors Amanda and Teresa for taking the time to attend.

It is so reassuring to see these sessions taking place in our community and we are so pleased that there is a Happy Memory Café, hopefully to re-open soon. We will continue to host these sessions hopefully within the coming months. Please keep an eye out for posters/facebook messages.

We also have copies of our book of old photos of Pentyrch, Creigiau and Gwaelod-y-Garth.

**Pentyrch Horticultural Show 2020
CANCELLED**

The 2020 Horticultural Show that was due to take place on Saturday 5th September has been cancelled. With the numbers allowed in the Village Hall due to social distancing, it was felt it would not be possible to run the show practically or safely. Hopefully we will return in 2021.

I'm sure many of you will have been growing beautiful vegetables and flowers, as due to lockdown we have had so much more time to spend in our gardens. Not to mention all the wonderful extra baking and crafting that lockdown has given us the time and inclination to do.

If you would like to send us photos of your giant produce, lovely flowers, baking or craft we can hopefully include some in our 2021 year book.

PentyrchHS@gmail.com

We hope to welcome you all back to next year's show.

Guidance on litter picking during the COVID-19 pandemic can be found <https://www.keepcardifftidy.com/litter-picking-during-lockdown/>

Gellir dod o hyd i ragor o ganllawiau ar godi sbwriel yn ystod y broses gloi COVID-19 ar wefan <https://www.keepcardifftidy.com/cy/casglu-sbwriel-wrth-aros-gartref/>

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Pentyrch Rangers AFC

It has been a strange year for the children and coaches at Pentyrch Rangers, with the season being cut short in March resulting in many unplayed matches. But with the relaxation of Covid-19 restrictions, we are now carefully returning to training with very clear protocols to ensure the safety of our coaches, players and their families. At the time of writing, in line with Sports Wales and the FAW guidelines, we are not yet playing matches or introducing tackling, instead we are running training programs focusing on fitness and ball skills in small groups with social distancing being followed. In this way, our children can get some much-needed exercise, engage in some social interaction and keep up their football skills. We have 250 children but are always looking out for new players and coaches so if you would like to be involved with this friendly local club do get in touch. Currently we are looking for a Treasurer as Andy Butler has stepped down after 16 years doing an amazing job for us. His calm, efficient handling of our finances has left us in a better state than when he took over all those years ago. Ideally his replacement will come from an accountancy background. We cannot operate as a Club without this role, so if a local person could help us by taking this on, we would be incredibly grateful. Please get in touch with Stef Carnell, Club Secretary via stefkean@hotmail.com for more information.



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Garth Gardeners – Lockdown News

It doesn't look like we will be able to hold a meeting anytime soon – *too many people*. However, the committee has been busy in the background. Thanks go to:

- Sue and Barbara for untangling the trips programme – *perhaps next year!*
 - Julie for ensuring everyone's trips' payments were refunded
 - Barbara for rescheduling the speaker programme – *hopefully next year!*
 - Bill for keeping the web site going
- Garth Gardeners might be dormant at the moment but, as gardeners, we know that new life suddenly sprouts from apparently lifeless wood, so there is hope.

If you have been using lockdown time to do "projects" in your garden, large or small for example, that overgrown border, the path that needed relaying, the pots that needed sorting, the window box that needed brightening up. Vince decided to dig up the front lawn (see photo) and I managed to hurt my back realigning a path (all better now).

If you have been busy with garden improvements of any sort or size we would love you to share them with us, send us a photo and explanation and we will try to put them on the website so that everyone can admire

Bin Not Collected?

On your normal collection day if your bin hasn't been collected you can report it on the County Council website:

<https://www.cardiff.gov.uk/ENG/resident/Rubbish-and-recycling/Report-a-problem/Pages/default.aspx>

A Thank You from Ty Hafod

A few local children wrote letters, drew picture or coloured a rainbow for the residents and staff at Ty Hafod Care Home who have been in lock down. They have not seen families or friends for months. The children were able to bring a smile to them.

Thank you Deb Hunt, PCC
Community Engagement Officer



Project in progress – this was the front lawn!

your handiwork.

It is nice to have this opportunity to say "hello" and when we have any news be assured that we will be in touch. It will be really good to see you all again.

Denise James July 2020

Creigiau Tennis Club

Creigiau LTC excited and proud to introduce their new head coach Tom Richards

Tom is a level 4 club coach with over 12 years of coaching experience. who has coached in West Wales and South Wales at a number of clubs in different roles. He also has performance coaching experience as lead coach for the South Wales boys U14s for the past 2 years.

We are thrilled to announce group lessons have now started,

Tennis for kids course - limited spaces Starts Monday August 10th
<http://tennisforkids.uk/CreigiauLTC>

Adult beginner/intermediate pay and play sessions - every Wednesday 6-7pm

Adult squad training Wednesday 7-8pm (for team players or aspiring club players)

All lessons will be carefully planned and social distancing will be maintained to ensure the safety of our players.

For Membership enquires contact Trudi- 07768386119 or

Twitter - creigiautennis or

Facebook - creigiau tennis club

Thanks where thanks are due:

We live in a beautiful spot. I should know – I've spent my life here. We do have a problem though. Our area attracts those who come with backpacks full for partying or picnicking. All too many of those visitors don't take home what they bring and the resulting garbage is left in our woodlands. I mean broken bottles, generally litter.

Dog walkers take a lot of stick. I want to say a big thank you to our local dog walker, Lindsay Patmore. Not only does she pick up after her dogs but she comes back from her walks armed with bags of broken glass and rubbish left in the woodlands.

Lindsay is an example to be followed and I thank her most sincerely, but to those who leave their waste, I say you brought it. Take it home with you.

Thanks Lindsay for clearing up after those who litter!
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<https://www.facebook.com/gwaelodseamstress/>

William J George

Many residents of Gwaelod-y-Garth will remember Mr William J George, known as Will, who lived in Glan-yr-Afon. Will was a popular, well respected and efficient Clerk to the Parish Council (Pentyrch) from 1952 to 1976 when we were under Cardiff Rural District Council. He is the longest serving clerk, to date.

Will was born in Fishguard in 1904 and moved to Maerdy when he was thirteen. He began his working life as a miner, then due to a medical condition changed career and worked as an Insurance Agent. He was also a Union Official. In 1949 he was made a Justice of the Peace, a position he held for over twenty years. In 1951 he was shortlisted as a Parliamentary Labour candidate for the local constituency. In 1960-61 he was also Chairman of Cardiff Rural District Council, a busy man indeed. His portrait can be seen in the committee room of the village hall.

He was also very interested in music and when he moved to Gwaelod-y-Garth was a conductor of several choirs, including the Garth Gleemen, a local male voice choir remembered for its involvement with community singing evenings held in Horeb Chapel (now Acapela) during the Second World War.

When Will retired as Clerk from the Community Council, the then Councillors put a plaque on the first bench on the zig-zag to commemorate his long service. In due course, Cardiff County Council replaced the bench but minus the plaque. The current Community Councillors recently agreed to replace this plaque on the bench.

Will died in 1988 aged 84 years. Cllr Mrs S Rosser
With thanks to Don Llewellyn and Gaynor Phillips for providing background information

Play Bowls at Pentyrch

Pentyrch Bowling Club is working hard to survive the COVID-19 pandemic and is looking for new members for 2021. The Welsh Government has suggested that lawn green bowls is an excellent way to get out in the fresh air, to exercise and to have some fun. So, why don't you come along and have a go at this fun sport, for free, in what is left of this summer? No equipment is required, other than flat-soled shoes, and qualified coaches will be available to show you the basics of the game. If you fancy a go on a Monday, Wednesday or Friday afternoon (3-7 pm), then please contact either Ian Broxton (02920 843896 or 07966 424614) or Brian Ilbery (02920 891814 or 07979 658481) to arrange a specific time. Social distancing will be practised, along with other COVID-19 measures, and so you will be able to enjoy the outdoors quite safely.

This is an ideal opportunity to come along and try lawn green bowls. It will also mean that you are up and running, ready to play bowls at the start of the 2021 season! We at Pentyrch Bowling Club want to ensure that this community facility is here for all to enjoy over the coming years and we need your support.
Brian Ilbery and Ian Broxton

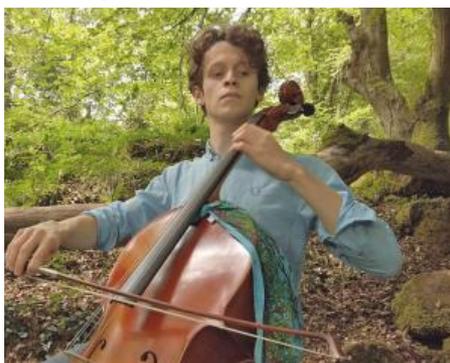
A Woodland Solo

There's a spot in the Georgetown woods near Gwaelod-y-garth that has been for me almost a spiritual home, due to its air of tranquility and timelessness.

So much so, that it has featured in several short films that I've made over the years.

It was doubly interesting then to read reports on Facebook about a young cellist - Benjamin Lewis from Taffs Well - who had been heard playing in this very spot.

Immediately, the idea of encapsulating the magic of this location with the equal magic of a musical performance was just too amazing to resist.



Benjamin has been studying Cello from a young age. He was born in Maidenhead and from there lived in Suffolk before moving to Taff's Well during his primary years. It was there

Pentyrch Knit & Natter Group



Meetings were suspended in March sadly - however we did manage to meet up via Zoom for several weeks. The most at a zoom meeting was 12 and it was quite a noisy affair. As you will see from the photo we have now managed to meet up by the horse chestnut trees a couple of times! Not a lot of knitting goes on!

that he began studying the cello with a cellist from the Welsh Opera.

Today he teaches on the Island of Jersey, but has enjoyed being back in the family home these last 4 months.

He also finds Georgetown Woods to be a space which encompasses peace and real melodic tones of forest life.

The video is available for viewing on Youtube, at youtu.be/yB7BiLLBAhM

We both hope that you enjoy it!
Robin Davies-Rollinson



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Port Eynon and Pennard Cliffs Walk, Sunday 15th of March 2020

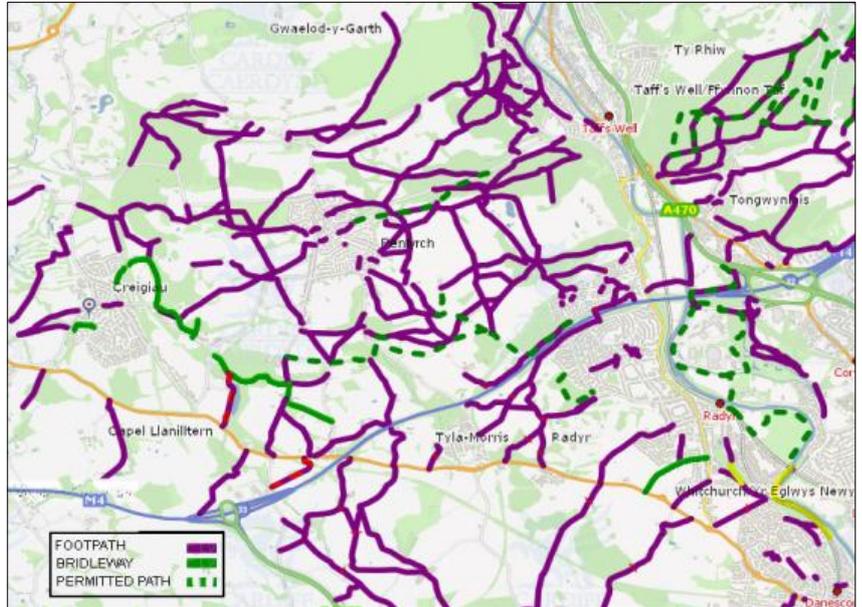
The day out on the Gower Peninsula started off really wet! However, the first birds spotted were stonechats at the car park area, so a good start.

Making our way towards the sea and the rocky beach, we heard dunnocks and blackbirds in nearby trees and saw a rock pipit...on the rocks! On towards the most Southerly end where we saw ringed plovers, turnstones, and witnessed around 9 purple sandpipers flying low across the sea and coming into land.



Accompanying were herring gulls, great black-backed gull and oystercatchers. A cormorant landed next to a shag and we compared both similar looking birds, mainly the shag is smaller.

Llwybrtroed Footpath Group



Local Footpaths and Bridleways
<https://ishare.cardiff.gov.uk/mycardiff.aspx>

Some Creigiau residents have formed a group to explore the footpaths in our area. Our aim is to promote the use and maintenance of public rights of way. We have the full support of Pentyrch Community Council and would like others to join us in this venture (Covid rules apply, of course). We have maps of the existing public footpaths and would encourage anyone who spots difficulties on the routes (broken stiles, discarded or missing waymarks or barriers to easy walking etc.) to contact us on llwybrtroed@gmail.com We will pass on those details to the County Council for action. We have copies of a checklist that can be used for this purpose. Once safety considerations are satisfied we hope to arrange guided walks along some of the lesser-known footpaths.

Mae rhai o drigolion y Creigiau wedi creu grŵp i archwilio llwybrau troed ein hardal. Ein nod yw hyrwyddo defnyddio a chynnal a chadw hawliau tramwy cyhoeddus. Mae Cyngor Cymuned Pentyrch yn ein cefnogi'n llawn a hoffem i eraill ymuno â ni yn y fenter hon (gan gofio bod rheolau Covid ar waith, wrth gwrs). Mae gennym fapiau o'r llwybrau troed cyhoeddus presennol a byddem yn annog unrhyw un sy'n gweld anawsterau ar y llwybrau (camfeydd wedi torri, cyfeirbwyntiau wedi eu taflu o'r neilltu neu ar goll, neu rwystrau i gerdded rhwydd, etc.) i gysylltu â ni ar llwybrtroed@gmail.com Byddwn yn trosglwyddo'r manylion hynny i'r Cyngor Sir weithredu arnynt. Mae gennym gopiâu o restr wirio y gellir ei defnyddio i wneud hyn.

Unwaih y bydd ystyriaethau diogelwch wedi eu datrys, gobeithiwn drefnu teithiau tywys ar hyd rhai o'r llwybrau troed llai cyfarwydd.

What a difference a few hours made! The sun appeared for lunchtime. Here, a Mediterranean gull flew by, also a kestrel, and starlings and jackdaws close by.

Next stop was Pennard Cliffs. Instantly we saw a buzzard being harassed firstly by gulls, then a raven, with the raven showing much bigger than the buzzard. We ventured to the top of the cliffs, seeing stonechats, dunnock, goldfinches on the way. A skylark took off directly in front of us, and a meadow pipit showed well as it bobbed along the ground. Our aim here was to see the red-billed and legged chough, and eventually saw a handful darting about the cliffs, making the most of the strong winds.

A total of 27 bird species seen and heard, and a contented flock of birders!

Website: rspb.org.uk/groups/Cardiff. Also on Twitter and Facebook.

Angharad Jones

HILLTOP THEATRE COMPANY



We were so lucky to perform our production of Agatha Christie's "And then there were none" to appreciative audiences at Pentyrch Village Hall in March...the week before lockdown! Following government guidelines we have been unable to meet as a company since, and so our next productions of "The Railway Children" and "The Wizard of Oz" have been put on hold until 2021. The annual NODA Awards in June could not be held at The 4 Counties Hotel in Hereford, but took place online instead. However, we were delighted to win 3 awards... Best Individual Performance (Bella Kemble in "The Lion in Winter") and Best Youth Performance (Gethin Day) and Best Production for "Goodnight Mr. Tom". Thanks to everyone for your support throughout the year, and watch this space...WE WILL BE BACK!

Pentyrch Cricket Club On Our Way To Lord's?

The club has had a cracking return to cricket after the lockdown, the highlight so far being winning the Regional Final of the National Village Cup. At the time of writing we are now only 4 matches away from the final at Lord's on 13th September with the next match away against Tiddington C.C in Oxfordshire on Sunday 16th August. Follow us on Twitter (@PentyrchCC) or Facebook (Pentyrch Cricket Club) to see whether the dream goes on.

Another highlight is that the construction of our new 2 lane non-turf practice facility should be completed by the end of August. What a fantastic facility for the development of the club and its juniors for many seasons to come.

And finally the club would like to thank the 80 or so villagers who have joined the club as Social Members. These villagers have recognised the important work the club continues to do in maintaining the playing fields for the benefit of the community – a fact brought home to many during the lockdown. The club unfortunately cannot provide too much in the way of hospitality this season but just wait

FOODBANKS, RECYCLING AND GOD

Over the last month the Church in Wales has granted permission for Churches to open to enable people to come and spend quiet time reflecting and praying. In recent weeks we have gone a stage further by opening some of our churches for public worship subject to certain regulations. Pandemic or not, It goes against the grain for

Christian churches to close their doors, in fact, in recent years there has been a big push to them open whenever possible and encourage wider community use of these sacred spaces.

Despite the necessity of locking Church doors one of the small ways we have been able to use the building to serve the community is by utilising the lych gate at St Catwg's, Pentyrch as a little outdoor exchange venue. Scores of people have rediscovered the georgeous walks passing by all our Churches but St Catwg's has also become a useful point to hold council recycling bags and a drop off point for foodbank contributions. I have acknowledged your generosity via social media platforms but I would also like to add a huge 'thank you' here to all of you who continue to contribute by depositing, dried and tinned food and toiletries. This is such important work and most of you will know that the need will continue to be profound over the coming months. The recycling symbol, so well known to us all, is strangely reminiscent of traditional celtic cross artwork which denotes the inexhaustible love of the Trinitarian God, the kind of love exemplified by the care of the people of this community for creation and one another.



How lovely for residents of Panteg to continue with their wonderful Thursday music night inviting everyone along (social distancing) to listen to live music! they played various classics including Disney .. 'Let it Go', 'A Whole New World' and many more.

until cricket normality returns next season – cream teas, BBQs at our new "Outdoor Edge" garden area and plenty of great senior and junior cricket to look forward to.



TOGETHER WHILST STAYING APART

Since our last "normal" face to face full meeting last February and the introduction of "Lockdown" we have used virtual means such as Zoom meetings to keep in touch and try to keep things going the best we could. The photograph above was taken during our first "real" meeting since lockdown eased; the meeting taking place in glorious sunshine outside the picturesque Pentyrch Cricket Club in accordance with the Covid19 regulations. Food was cooked by Simon Atkins on the new Cricket Club BBQ was enjoyed by all. During the meeting Don Llewellyn gave an interesting and humorous talk on the history of the Cricket Club since its original founding in the 1880s; John Moore continued the talk of its history from its re-emergence in the 1980s to the present day.

Garth Rotary has over the past months joined in with many others in trying to help ease the problems caused by the pandemic specifically: Provided support to Richard Blackwell in Pentyrch in the production of PPE visors for our NHS.

Supplied food to a Pentyrch family in their time of need

Supplied an ipad to Ty Hafod care home, and have had feedback saying that the residents have been using this to keep in touch with their families and friends.

Supported Scrubs Project in the production of PPE.

Members have agreed to financially support Rotary International disaster aid box scheme; sponsor four students from Radyr Comprehensive and Ysgol Gyfun Plasmawr to attend RYLA outdoors pursuit programme and provide food to local food-bank.

Norman Mathias was elected our new President from July 2020 and took over from Charles Middleton, who has served since the formation of the club in June 2017. Our sincere thanks go to Charles for his competent management over the last three years Rhiannon Chivers from Creigiaw was elected to Council during our AGN in June. Our best wishes go to Norman and Rhiannon. Garth Rotary has various initiatives planned for the future, our main one being to instigate a Community Raffle to benefit various local groups.

The Cardiff Dogs Home reopens, but with changes

Cardiff Dogs Home has re-opened, with some changes for dog walkers and those looking to give a dog a home. Following the success of their 'fostering' scheme during lockdown, which saw more than 30 dogs find their forever homes, and the dogs being looked after in the home much more relaxed without people walking around looking at them, the team at Cardiff Dogs Home have made some changes to their rehoming process.

Once you've done some research on the breed, size and age of the dog that might best suit your lifestyle, take a look on the Dogs Home website at the dogs currently available to rehome and decide on the dog you're interested in. Fill in a form and if the team think you're a good match, they'll be in touch to arrange introduction, if that's successful you will be able to foster the dog for two weeks, during which the team will have regular contact with you. After that, if all goes well, the dog will be rehomed with you permanently.

Dog walking will now have to be booked, ideally online via the website. Appointments will be at 20 minute intervals to avoid people meeting at reception. Due to the limited number of dogs available at the moment, please only book if you are an experienced walker.

Plans are being developed to re-start walking inductions but these are not currently taking place.

Full details on rehoming and dog walking

www.cardiffdogshome.co.uk/covid-19-procedures-at-cardiff-dogs-home/

Clwb y Dwrllyn

Mae hon yn flwyddyn arbennig i Glwb y Dwrllyn gan ein bod yn dathlu'r deugain ond yn anffodus daeth y dathlu a'r cymdeithasu i ben am y tro. Bu'n rhaid gohirio taith i'r Fenni a phenwythnos yng Nglyn Ceiriog. Yng nghyfarfod mis Chwefror trefnodd Colin a Nia Williams Rifiw yn edrych yn ôl ar y deugain mlynedd ers sefydlu'r gymdeithas yn 1979 ac roedd Guto Roberts ein cadeirydd wedi adeiladu trac trydan go arbennig i gario cacennau'r dathlu. Rhan bwysig arall o'n dathliadau oedd y llyfryn llawn lliwiau a baratowyd gan Penri Williams fel cofnod arbennig o'n hanes ers ein sefydlu.

Y tro diwethaf i ni gwrdd fel cymdeithas oedd ar gyfer y Cinio Gwyl Dewi a gynhaliwyd yng Nghlwb Golff Radur. Y wraig wadd oedd Mererid Hopwood a chafwyd ganddi araith ysgubol ar y testun "Beth yw iaith?"

Yn ystod y cyfnod clo rydym wedi bod yn brysur yn crwydro'r ardal yn cadw'r llwybrau cyhoeddus yn agored ac yn darganfod rhyfeddodau newydd yn yr ardal o'n cwmpas. Mae ambell un wedi bod yn egniol iawn yn ystod y cyfnod hwn. Llwyddodd Huw Llywelyn Davies i seiclo 26 milltir a chodi swm anrhydeddus o £4,000 tuag at Ysbyty Felindre a'r cyfraniadau'n

dod o bedwar ban byd. Bu Rowland Wynne yntau'n brysur yn cwblhau'r cyfieithiad Saesneg o'i lyfr Cymraeg diweddar yn olrhain hanes y Cymro o wyddonydd Evan James Williams. Ein gobaith ni fel cymdeithas yn awr yw y byddwn yn gallu cwrdd a chymdeithasu wyneb y wyneb unwaith eto yn y dyfodol agos.

Merched y Wawr

Er nad ydym wedi gallu cwrdd fel cangen ers dechrau'r gwanwyn mae ein swyddogion wedi bod yn brysur yn sicrhau ein bod yn cadw mewn cysylltiad ar lefel ranbarthol a chenedlaethol. Cynhaliwyd grwpiau sgyrsio a thrafodaethau ar Zoom a chyfle i lobio'r Ysgrifennydd Addysg Kirsty Williams a cheisio'i darbwylllo o bwysigrwydd rhoi lle creiddiol a chanolog i hanes Cymru yn y cwricwlwm newydd. Bu'n rhaid i'r wyl wanwyn gael ei gohirio ond cynhaliwyd gwyl lenyddol rithiol a rhaid llongyfarch ein llywydd rhanbarth Eluned Davies-Scott am ennill y tlws eleni. Mae Eluned erbyn hyn yn yn byw yn Meisgyn ond bu ar un adeg yn byw ym Mhentyrch. Roedd y noson werin rithiol a gynhaliwyd hefyd yn llwyddiant a Siân James y ein diddanu o'i chartref ym Maldwyn. Tymor o weithgarwch amrywiol felly er yn wahanol i'r arfer!

Pam ti'n twlu sbwriel fan hyn? Why are you tossing litter around here?

✓ Dwi'n ddiog I'm lazy ✓
✓ Dwi ddim yn becco am y gymuned 'ma I don't care about this community ✓
✓ Dwi'n credu y dylai pobl eraill dalu i lanhau ar fy ôl i. I think other people should pay to clean up after me. ✓

DWLI YW TWLU PAID BOD YN DWLSYN **DON'T BE A TOSSER**
Ti ddaeth â'r sbwriel yma, Nawr cer â fe adre. You brought your rubbish here, please take it home with you.

LLYWODRAETH CYMRU
CARDIFF DOGS HOME

Clwb Rygbi Pentyrch

Mae'n brâf cael dweud bod pethe'n symud gam wrth gam yn ol at ryw fath o normalrwydd erbyn hyn yng Nghlwb Rygbi Pentyrch. Ar Offennaf 13 eg ail agorwyd y clwb y tu fâs ar y patio, a'r lle 'n edrych yn ddeniadol iawn i gwsmeriaid ar ol gwaith clodwiw'r chwarewyr, y pwyllgor a'r aelodau i wella'r cyfleusterau. Yn ystod y cyfnod clo bu'r gwirfoddolwyr yn glanhau'r clwb y tu fewn a'r tu fâs; yn peintio'r dodrefn a gwneud yn siwr bod popeth yn cydymffurfio gyda chanllawiau Llywodraeth Cymru. Rydyn ni wedi gwario £4,000 i sicrhau hynny gan gyflwyno sgriniau, gwresgyddion, pabell a gwisgoedd diogelwch i'r staff. Cyn hynny bu'r clwb yn cynorthwyo'r rheini ddiddfod yn sgil y llifogydd; y gwasanaeth iechyd lleol, ysbyty Felindre yn sgil ymdrech y Llywydd yn seiclo 26 millir, cartre gofal lleol, a chan i daith y chwaraewyr i Toronto gael ei chanslo, ar y cyd fe seiclod chwarewyr ac aelodau'r 7094 milltir rhwng Pentyrch a Thoronto gan godi £1,800 at gronfa Tom Maynard.

Nawr mae'r bechgyn yn cael ail ddechre ymarfer ac mae'r clwb ar agor o dan do hefyd - gyda'r canllawiau cadw pellter yn amlwg iawn. Felly dewch lawr i ymuno gyda ni. Dewch yn rhan o'r criw. Bydd croeso mawr i chi i gyd, un ac oll. Edrychwn ymlaen at gael eich croesawu i deulu Clwb Rygbi Pentyrch Huw Llywelyn Davies (Llywydd)

Creigiau Allotments



Well 2020 has been memorable so far – the wettest February, the hottest May, and of course Coronavirus. Plenty of reasons to lose heart when it comes to gardening, but allotmenters are a hardy breed and manage to overcome most diversity. Thankfully visiting and working an allotment is an approved activity during lockdown as long as social

distancing is observed. As a result the plots at Creigiau have been well attended tidied, cultivated, manured, planted and harvests are being enjoyed. Life on the plot has not been too insular, as it is still possible to have a conversation and a cuppa at a safe distance, and discuss which crops are doing well (or not) and swapping surplus seeds, plants and generally sourcing anything that is in short supply. Additionally many plot holders have helped others who have been unable to work their plot due to self-isolating, and have dug and planted neighbouring plots. With plenty of time and hard work, the allotments are looking their best – tidy, productive and colourful - many people plant a patch of flowers on their veg plot to attract bees and pollinators, or just to have some cut



flowers to take home. Our waiting list has quadrupled over the last four months, which realistically means a wait of probably three years for those who have recently applied for a plot. If you would like to know more about Creigiau Allotments visit our webpage at <https://dynevorgardening.wordpress.com/> or look out for details of our 2021 Open Day which will be some time during July.

Pentyrch RFC

Floods, Lockdown & Beyond

Some of you may have seen the Club Newsletter, issued in April, outlining the work undertaken in helping local communities impacted by the floods in February. Subsequently, with the onset of Covid19, we also supported local NHS hospitals, a care home and offered assistance to local residents. In all, a total of £1,200 was donated, either in cash or unwanted stock, prior to the club having to close from 21 March. The senior players tour to Toronto in May was cancelled. As a result they and other club members decided to cycle the distance of the round trip (7094 miles). A total of over £1,800 was raised through sponsorship and donated to

the Tom Maynard Trust. Sponsorship of £4,100 was also donated to Velindre Hospital, when our Club President, Huw Llywelyn Davies, cycled 26 miles. During lockdown players and club volunteers cleaned both the inside and outside structure of the club. Nearly £4,000 has been spent on customer improvements and ensuring the club complies with WAG regulations, such as patio heaters, a marquee, PPE, screens, etc. When the club re-opened outside on 13 July it looked very inviting to customers. On 4 August the club re-opened its indoor service, with screens having been fitted in the lounge and bar areas for social distancing purposes. On 10 August training began for all age groups, under strict WRU conditions. The club wish to thank all members, guests and staff for their support during this uncertain period. Everyone is welcome to visit the club.

New Bus Service

Transport for Wales has teamed up with Adventure Travel and Cardiff City Council to launch a trial of a new service which is starting this week in Cardiff called fflecsi, designed to help people making essential journeys by bus. fflecsi is replacing the G1 service with a more flexible service that can pick up and drop off passengers at any bus stop within the fixed area by request. The fflecsi service covers Gwaelod-y-Garth, Whitchurch, Tongwynlais, Llandaff North and Coryton. You can travel anywhere within the zone. Tickets cost £2 for a single journey and £3 return and your fflecsi ticket can be used for through-journeys on other Adventure Travel routes in Cardiff. All current season tickets are valid and of course concessionary travel card holders travel for free. Rather than wait at a bus stop for a bus to turn up, you simply book a journey when you need it using our new app or by calling 0300 234 0300. To download the app go the [App Store](#) or [Google Play](#) and search for **fflecsi**. We'll let you know where to catch the bus and when it will be arriving. The pick-up point will be near you, but might be a short walk away so that it's in a safe place for the bus to stop. Most importantly we can work out what size vehicle we'll need to ensure everyone on the bus can maintain social distancing to ensure their safety. To find out more, including details of the services and how to book, please visit fflecsi.wales.

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Back to School in Creigiau

During this Covid-19 pandemic, along with most local businesses, the local primary schools were forced to close for most students. However, the Head and Staff of Creigiau Primary School went above and beyond to make sure that the impact on the children's education was kept to a minimum. This included providing work for the pupils to do at home, together with offering guidance and



support for both the pupils and the parents. The staff also phoned or held video chats with the pupils, which helped the children maintain a connection with the school and their

teachers as well as giving them a familiar face to see during lockdown. They did all of this along with teaching in the local hub school which allowed the children of key workers to be cared for and to also continue their education while their parents were working. When schools were informed that they were allowed to open, Mrs Kirkman worked really hard to ensure a safe return for both the pupils and the staff. She even spent a very long time creating a tour and demonstration video of the classrooms as well as informing the pupils what will happen when they returned to school so they would feel prepared. This included a bilingual demonstration of how the children would go into the school and what they needed to do. This allowed them to feel prepared and less scared of what will happen on the first day back. The video of the classroom

allowed the pupils to see what it will be like in class, as the classrooms were all changed to allow for the two metre rule to be maintained within the pupils' learning environment. Seeing this gave parents, staff and pupils alike reassurance that they can return safely. Mrs Kirkman also provided a video of the school yard to show the pupils where they would play and have outside learning. They would be buddied up into small groups but also keeping to the social distancing rule. These videos really helped to ease the stresses and worries that the pupils felt about going back to school.



All of this led to the pupils and staff having a happy return to the school, with the children coming home saying how



much fun they had. Mrs Kirkman said "The children who have returned have all been happy, confident, enthusiastic and positive. It's been a pleasure to welcome them back to school. I am so very proud of them

all." Mrs Kirkman also greeted each child at the gates every morning to provide a familiar and welcoming face for them to see, so the return didn't feel as scary. So with all of the hard work and effort that the Head and Staff of Creigiau Primary have put into maintaining the children's' educational needs during lockdown, as well as allowing them a safe return to school, they all deserve a big thank you and praise for everything that they have done during this difficult time.

Cllr Jena Quilter, PCC Governor Creigiau Primary School.

Pentyrch Active Recreation Committee PARC Update



It's great to see the park now being used so much, it just goes to show how necessary the new equipment is. The lockdown has helped the grass return and we're really pleased with how it's looking now.

The donations from the shop collection pots have continued, so thank you for your change, it all adds up.

We have more finishing touches to bring to the park, so we're looking forward to getting busy again to deliver even more soon. Watch this space.

Facebook: PentyrchMemorialPark

Twitter: @PentyrchPark

Email: pentyrchmemorialpark@gmail.com

Creigiau Companions

Along with every other organisation, Companions has had to endure shutdown, much to the disappointment of its members.

Of course, meeting at the Church Hall in Creigiau, means that Companions is subject to the Senedd and Diocesan regulations. Initially, we cancelled all speakers until June, but when it became obvious that the shutdown would extend beyond that date, we cancelled until the end of August, but now we will review our decision at the end of October, but, obviously, we can not meet without a hall being available.

We suspect then when opening restrictions are lifted, there will still be a number in place that were not there prior to lockdown, and we, as a management group, will have to address that.

All we can say to our members is that when restrictions are lifted and we believe that we will be able to hold meetings safely, we shall do so. We, as with everyone, are at the mercy of Covid-19.

John Gough

The Irresponsibility Of Some That Causes Anguish To Many



Residents are rightly upset with groups having parties in our local fields and leaving their rubbish behind. "Whilst we don't want to be a killjoy we ask please that you take your rubbish home with you. This particular photo is just one of many taken within the last couple of weeks.

A note to parents:- if you know your son or daughter has gone out camping for the night would you please reiterate the importance of keeping our lovely countryside clean, tidy and safe for others to enjoy and more importantly so that animals don't get hurt.