

COMMUNITY LINK

CWLWM BRO www.pentyrch.cc

working to improve our communities

PENTYRCH COMMUNITY COUNCIL



GYNGOR GYMUNED PENTYRCH

Haf Summer 2019

Rhif No. 105



The Great Spring Clean



Three of the volunteers that took part in Pentyrch Litter pick. Just one of the local Spring Clean see pages 14 - 17

Anrhydeddu Pentrefwyr

Y llynedd roeddem yn falch iawn o weld Don Llewellyn yn cael ei urddo a'i dderbyn i Orsedd y Beirdd yn yr Eisteddfod Genedlaethol yng Nghaerdydd. Eleni, roeddem yn falch iawn i glywed bod fod dau arall o Bentyrch wedi derbyn yr anrhydedd arbennig hon.

Un o gerddorion amlycaf Cymru yw Catrin Finch sydd wedi cael gyrfa hynod lwyddiannus fel telynores ddawnus. Mae wedi teithio'r byd i berfformio ac wedi recordio a rhyddhau gweithiau gan nifer o gyfansoddwyr enwog. Yn wreiddiol o Lanon Ceredigion mae bellach yn byw yn y pentref ac yn weithgar iawn yn ei chymuned ac â chysylltiad agos ag Acapela.

Mae'r Dr Rowland Wynne wedi bod yn weithgar iawn yn hyrwyddo'r Gymraeg yng nghylch Taf Elai ers blynnyddoed. Sefydlodd Gylch Cadwgan - cymdeithas lenyddol sy'n cwrrd yn rheolaidd yn yr ardal. Bu'n gweithio i'r Brifysgol Agored a Chyngor Cyllido Addysg Uwch Cymru. Yn ddiweddar cyhoeddodd gyfrol am y gwyddonydd disglair o Geredigion yr Athro E.J. Williams ac fe'i anrhydeddir am y gwaith ymchwil clodwiw ar gyfer y gyfrol honno.

Llongyfarchiadau i'r ddau ohonynt ac edrychwn ymlaen at eu gweld yn cael eu hurddo yn Eisteddfod Genedlaethol Llanrwst a'r Cyffiniau ym mis Awst.

Council Vacancy

There is a vacancy on the Council for the Gwaelod y Garth ward that can be filled by co-option.

If you are interested in the work of the Community Council and wish to represent your community please contact the Clerk of the Council for an application form

Closing date for applications is 12.00 noon 13th June 2019

We are seeking to appoint a councillor at the council meeting on the 17th June.

Villagers Honoured

Last year we were proud to see Don Llewellyn being honoured by Gorsedd y Beirdd at the National Eisteddfod in Cardiff. The honour will this year be bestowed on two other Pentyrch villagers.

Catrin Finch is a highly acclaimed musician who has had a very distinguished career as a talented harpist. She has travelled the world performing with top orchestras and recorded and released works by many famous composers. Originally from Llanon in Ceredigion she now lives in Pentyrch, and has close connections with Acapela. She is committed to promoting the harp and devotes much of her time to working with the younger generation.

Dr Rowland Wynne has worked diligently promoting the Welsh language in Taf Elai. He founded Cylch Cadwgan - a literary society which meets regularly in the area and worked for the Open University and the Higher Education Funding Council for Wales. Recently he published a book about the renowned physicist Professor E. J. Williams and he is to be honoured for his research work for this publication.

Congratulations to both of them and we look forward to seeing them honoured at this year's National Eisteddfod at Llanrwst.

Pentyrch in Bloom



All the planters done ready for the 20th anniversary of Pentyrch Open Gardens 6-7th July. Thanks to Carol, Jeanette and Stewart for helping and Gary and Colin from the community council for their muscle power and ladder.

Just need some help watering now! please get in touch if you can help.
Helen & Chris Edwards
Chris.edwards@totalise.co.uk
07787890284

The Luncheon Club



The Luncheon Club celebrated their 5th anniversary in the Creigiau Inn. The County Council took away the funding for the one held in the Pentyrch Village Hall however Linda Williams agreed to hold it in Creigiau Inn. We celebrated with a wonderful meal of Turkey, followed by cheesecake. The meal was paid for by a donation given by a family of one of our previous members Edna who has sadly passed away. After the meal we all enjoyed some entertainment arranged by Andrew Dodd.

If you would like to join us please contact Ann Angle on 02920 891567, we meet every Tuesday 12.30. until approximately 2 pm. Transport can be arrange if needed.

Submitting Articles For Inclusion In The Community Link

When submitting an entry for inclusion in the Community link contributors are requested to take note of the following:-

- Articles should not exceed more than 250 words. If your submission is longer than this it may well be summarised or have to be omitted.
- Articles should not be submitted as pdf files. Although these may be smaller to email they cannot easily be adjusted to suit the column sizes.
- Photographs should be submitted as photographs (jpg files) and attached to the emailed article. This is to try to ensure that we can provide our printers with the best available images to print from.
- The photographs should not be reduced in size or definition.
- They should never be submitted as part of a word file nor as a pdf.

Your co-operation in submitting articles in this way will be much appreciated. *Stuart Thomas Editor*

Council Meetings

The full Council meetings of the Council on the 3rd Monday Monthly. They are held on a rotational basis in each village through the year. The scheduled meetings for the next 3 months are:-

17/06/19	Creigiau Pavilion
15/07/19	Creigiau Pavilion
19/08/19	Creigiau Pavilion

Details of meetings are published in the Council's Notice Boards, online at www.pentyrch.cc, in local Post Offices and on our Facebook page under Pentyrchcc Wales.

Members of the public are always welcome to attend these meetings. During the council meeting there is an opportunity for residents to address the Council.

Anyone considering to attend a meeting is advised to check the council website just in case there has been a change of venue.

If there is specific matter you wish to discuss with the council you could advise the Clerk so she can look up have information available in preparation for the meeting.

Council Offices are open to the public 9.00am to 1.00pm, Monday to Friday.

**Argraffwyd Printer
Xpedient Print Services, Princess
Way, Swansea. SA1 3LW**



**PENTYRCH COMMUNITY COUNCIL
CYNGOR CYMUNED PENTYRCH**

1 Penuel Road Pentyrch Cardiff CF15 9LJ

☎ - 029 2089 1417 📧 - clerk@pentyrch.cc

Community Councillors Cynghorwyr Cymuned

Mrs Helena Fox

Clerk to the Council

Creigiau

Cllr Stuart Thomas	10 Parc y Felin	2089 1812	stuart.thomas@pentyrch.cc
Cllr Wynford Ellis Owen	10 Queen Charlotte Dr	2089 2323	wynford.ellis.owen@pentyrch.cc
Cllr Mike Sherwood	28 Maes Y Nant	2089 0055	mike.sherwood@pentyrch.cc
Cllr Jena Quilter	31 Parc y Felin	2089 1417	jena.quilter@pentyrch.cc
Cllr Amanda Thorpe	2 The Terrace,	07968705309	amanda.thorpe@pentyrch.cc

Pentyrch

Cllr Simon Davies	34 Bronhaul	20890 078	simon.davies@pentyrch.cc
Cllr John Harrison	26 Bronhaul	2089 1296	john.harrison@pentyrch.cc
Cllr Sara Pickard	5 Bryn yr Eglwys	2089 2124	sara.pickard@pentyrch.cc
Cllr Christine Priday	7 Pantglas	2089 1493	christine.priday@pentyrch.cc
Cllr Simon Roberts	18 Troed y Garth,	2089 1417	simon.roberts@pentyrch.cc
Cllr Karen Thomas	Braeside, Pen y Waun,	2089 1417	karen.thomas@pentyrch.cc

Gwaelod y Garth

Cllr Sandie Rosser	Brynteg Main Road	2081 1811	sandie.rosser@pentyrch.cc
Vacancy			

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Community Link is delivered to 2800 homes in the area and is a valuable source of information.

Adverts

6 cm x 9 cm	£15
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Colour	£60

Tel: 029 2089 1417

Community Link

Last date for items in the next issue is:-

13 AUGUST 19. 9:00am

Articles should be limited to 250 words where possible and should be sent to the Council Clerk or to any Councillor.

e-mail: office@pentyrch.cc

The Council is unable to give any guarantee of a delivery date. When placing articles or adverts please take into account the time it takes to prepare print and distribute the magazine

The views expressed in the Community Link are not necessarily those of the Community Council.

www.pentyrch.cc

Minutes of meetings of Pentyrch Community Council as well as back-numbers of Community Link are available on the Council's website.

Mae cofnodion cyfarfodydd Cyngor Cymuned Pentyrch yn ogystal ag ôl-rifynnau o Cwlwm Bro ar gael ar wefan y Cyngor.

If you have any concerns about an incident that might be criminal, but not an emergency, please call 101.

The Police encourage you to report incidents because without a report they cannot act or get an accurate picture of crime in our area.

Cwlwm Bro

Dyddiad olaf am erthyglau ar gyfer y rhifyn nesaf :-

13 AWST 19. 9:00am

Dylir cyfyngu erthyglau i 250 gair os yn bosib a dylid ei danfon i Glerc y Cyngor neu unrhyw Gynghorydd .

e-bost: office@pentyrch.cc

Wrth gyflwyno erthygl neu hysbyseb ar gyfer y cylchgrawn, byddwch yn ymwybodol o'r amser sydd eisiau i'w baratoi, ei argraffu a'i ddosbarthu. Ni fedr y Cyngor roi unrhyw sicrwydd y bydd yn cael ei ddosbarthu cyn rhyw ddyddiad arbennig.

Nid yw safbwynt y Cyngor bob amser yn cyd-fynd a'r hyn a fynegir yn 'Cwlwm Bro'.



Memorial Park Path

We are continuing to work with Cemex, Taffs Well Quarry and Pentyrch Neighbourhood Watch to upgrade a grassy path that runs through Memorial Park. We hope to have more news in the next issue. This is between the rock outcrop opposite the Lewis Arms and the park fence. There is no pavement on Heol Goch at that point and it is dangerous for people walking to and from the shops, school buses, Village Hall and GP surgeries. Walking along the path over the rocky outcrop is slippery and dangerous. We hope to improve the grassy path to make it usable all year round and the Quarry are looking into ways of helping through their community support programme.

Creigiau Recreation Area

PCC and the users of the Rec are working on the best way to manage the area and deliver CRAMC's ambitious plans for improvements. This involves looking at different legal entities, charity commission rules, recruiting trustees, meetings and other tricky and time-consuming research so we thank all the users for their commitment and the generous giving of their own time.

PCC Library

We have updated our Library with new carpet and room for tables and chairs. We removed the old reception area that was left over from the days the office was owned by the Police and it has given us some useful extra space. This can be used for community meetings so contact the office if you would like to find out more.

PCC Planning Committee

This committee meets every two weeks on a Wednesday at noon. The public are welcome to attend and the agenda goes on our website the week before. The Minutes are on the website where you can see any comments the committee has made.

Brofiscin Quarry

Natural Resources Wales have written and said that they are happy that there is no significant pollution over-flowing from the capped quarry. That is excellent to know. However, they have not monitored the bore holes that are sited some way from the quarry and we hope to meet with NRW to explain our concerns and ask for this to be done as a final reassurance.

PCC Vacancy in Gwaelod y Garth

PCC has a vacancy in the Gwaelod y Garth Ward that can be filled by Co-Option. We have advertised this but no one came forward. If you want to know anything about standing for election and about what PCC does and how and why, please contact Helena Fox, the Clerk.

Love Where You Live

We continue to be thrilled at the community's response to this programme. We estimate that about 100 of you are actively involved which is wonderful. We now have projects running in Creigiau, Pentyrch and Gwaelod y Garth. You will see details of these elsewhere in this issue.

If you want to arrange a litter pick in your area please contact Deb on office@pentyrch.cc or telephone the council office on 20891417. We will do all we can to help you.

Over-grown Hedges

We get quite a few concerns and questions about hedges that over-grow from gardens and make it difficult to walk along pavements or the footpaths linking roads. The situation is that individual householders are responsible for any trees and hedges that overhang into public highways and should make sure that they are cut back and tidy up any trimmings. Where there is a significant obstruction Cardiff Council can enforce the cutting back and can (and have) fined householders who have not had the work done.

Memorial Park Play Area

We are impressed with the commitment of the volunteers of PARC, the local group which is raising funds and enthusiasm to improve the play area. There is an article from them elsewhere in this issue. PCC has set aside funds to help with this and we hope to make some changes in the next few months.

Surgeries

PCC Surgeries are continuing regularly in the Creigiau Ward where you have an opportunity to come and talk to your Ward Councillors and raise any issues or concerns with them. These are advertised on our website, noticeboards and Facebook. The reports from each surgery are also online.

Grant Applications to PCC

PCC makes small grants to local groups. Applications should be made to me, preferably by email, (clerk@pentyrch.cc), and should include the last set of accounts or financial statement. Don't delay, do it today. The next grant consideration will be at the September 16 2019 meeting and I need your applications by August 31. Grants are considered quarterly so your deadlines are August 31, November 30 and February 28 2020.

In March PCC awarded grants to: Pentyrch Cricket Club £200 to Keep Creigiau Tidy ; £200 and to The Friends of Coed y Bedw.£200

What to put in litter bins?

The answer to this may seem obvious but we hear and see ourselves, that litter bins are surprisingly often used for domestic waste instead of general litter and dog waste. Waste that should go in black bins and in recycling should not be left out for collection by the team that empties litter bins and they have asked us to remind you about this.

Community Speed Watch Volunteers

We have enough volunteers for the Police to train residents in the use of speed cameras. This will take place in the summer ... Police recruits get priority. We still have forms in the office if anyone wants to sign up.

General concerns

In the office, Deb and I receive all sorts of concerns and questions from residents. The sorts of things that we have reported on your behalf don't change but we are always happy to help you.

We report these to Cardiff Council and to our County Councillors. You can report them too via c2c@cardiff.gov.uk or call 20872087. The more an incident is reported, the more likely it is to be dealt with and quickly. But we are always happy to do it for you if you prefer. We are always pleased to hear when a problem has been solved, so do let us know when that happens. If you have any concerns about an incident that might be criminal, but not an emergency, please call 101. The Police encourage you to report incidents because without a report they cannot act or get an accurate picture of crime in our area.

Summaries of recent PCC Meeting Minutes:

February

- We will be holding Spring Community meetings in your area to give you a chance to speak with your Councillors and hear about community projects. Check your noticeboards for details: Gwaelod-y-Garth March 21; Pentyrch March 28; Creigiau April 4.
- We are working with users of Creigiau Recreation Area to plan for its future.
- We are working with Mark Drakeford and the NWCG to meet with Transport for Wales to discuss the Metro and the rail line to Creigiau.
- We are working with Mark Drakeford to get Natural Resources Wales to check Brofiscin Quarry.

March

- We have a vacancy in the Gwaelod y Garth Ward which we can fill by Co-option. Please see the official advertisement and contact the Clerk if you want to know more.
- We are making progress on our work with users of Creigiau Recreation Area; Brofiscin Quarry and Cardiff Metro.
- We awarded the following grants: £200 to Friends of Coed y Bedw £200 to Pentyrch Cricket Club £200 to Keep Creigiau Tidy

April

- The land south of Creigiau and north of the A4119 will be developed (LDP Site E). PCC will work with you, Cardiff, the land owner and developer on community facilities.
- We held Spring Community Meetings in Gwaelod y Garth, Pentyrch and Creigiau and were able to answer questions from local residents.
- We met with Mark Drakeford, AM and Transport for Wales to press for the re-opening of the rail line from Cardiff through Creigiau. Cardiff, RCT and Welsh Government all support this.

Planning Applications

19/00020/DCH 07/01/2019 John Hse Trefelin, 1 Heol-Y-Parc, Pentyrch, CF15 9NB Extensions to sides and rear 3/02/2019 **Permission Granted.**

19/00131/DCH 25/01/2019 Webster Hse 25 Bronllwyn, Pentyrch, CF15 9QL. Proposed two storey side extension, front porch alteration and bike store 01/03/2019. **Permission Granted.**

16/02033/MNR 19/08/2016 Ward Doc Plot 1, Holdings Lane, Capel Llaniltarn, CF4 6JA Discharge of conditions 4 (external finishing materials), 5 (means of site enclosure), 6 (hard and soft landscaping), 12 (drainage), 13 (details of floor levels) and 14 (scheme of construction management) of 16/01061/mnr 04/02/2019 **Withdrawn by Applicant.**

18/02983/DCH 11/01/2019 Griffiths Hse 6 Brummell Drive, Creigiau, CF15 9NX Proposed Two-storey side extension and works to roof of existing garage 14/02/2019 **Permission Granted.**

19/00150/DCH 28/01/2019 Wilson Hse 48 Parc-Y-Coed, Creigiau, CF15 9LY. Proposed ground floor front & rear, and first floor side extensions 01/04/2019 **Permission Granted.**

19/00227/MNR 05/02/2019 Spragg Cld Ty Newydd, Heol Goch, Pentyrch, CF15 9NA concrete slab will be supplied to support a steel framed agricultural building sited on agricultural land adjacent to tynewydd farm house. Soak away drainage will be implemented for rainwater on private land 11/03/2019 **Withdrawn by Applicant.**

19/00576/DCH 11/03/2019 Fry Hse 73 Maes-Y-Sarn, Pentyrch, CF15 9QR. Single storey rear extension 17/04/2019 **Permission Granted.**

18/02759/MNR 05/12/2018 Short Bros (Developments) Ltd Ful Land At Fairfield Industrial Estate, Mainroad, Gwaelod-Y-Garth, CF15 8LA The erection off our trade counter industrial units and two a1/a3 units with associated vehicular access and parking. 29/03/2019 **Permission Granted.**

Historic Walk Around Pentyrch

Mr. Don Llewellyn has very kindly offered to lead a Historic walk around Pentyrch on Saturday 20th July, meeting at 10.00 a.m. on the village green (opposite the Pentyrch shops). The walk will take approximately 1½ hours. Please contact Deb at the Community Council office should you have any queries.

Community Events and PCC Meetings

We use our community notice boards and Facebook to let you know about forthcoming community events.

PCC meetings are advertised on the PCC noticeboards and on our website. The public are always welcome and have the legal right to attend.

Future Council Meetings:-

June 17th Creigiau Pavillion

July 15th Creigiau Pavillion

Aug 19th Creigiau Pavillion

All meetings commence at 7.00p.m.

19/00020/DCH 07/01/2019 John Hse Trefelin, 1 Heol-Y-Parc, Pentyrch, CF15 9NB Extensions to sides and rear 13/02/2019 **Permission Granted.**

19/00423/MNR 28/02/2019 Walrond Doc Pant Bungalow, 14 Heol-Y-Pentre, Pentyrch, CF15 9QE Discharge of conditions 8 (topsoil), 9 (imported aggregate) and 10 (site won Materials) of 16/02622/MNR 26/04/2019 **Full Discharge of Condition.**

19/00436/DCH 27/02/2019 Gambie/Whitfield Hse Maes Gwyn Cottage, Georgetown, Gwaelod-Y-Garth, CF15 9HF One & two storey side & rear extensions & re-model for revised openings, balcony & porch 12/04/2019 **Permission Granted.**

19/00214/DCH 11/02/2019 Smith Hse 17 Pantglas, Pentyrch, CF15 9TH Remove existing decking at rear and replace with ground level and raised patios 08/04/2019 **Permission Granted.**

19/00351/DCH 20/02/2019 Crabtree Hse Bron Y De, Heol-Y-Parc, Pentyrch, CF15 9NB roposed ground floor kitchen and first floor bedroom extension with balcony. 12/04/2019 **Permission Granted.**

Council Facebook page:

PCC has a Facebook page: we welcome everyone.

Rather than friend requests we are asking residents to please like our Facebook page to stay connected. We aim to provide residents with various useful, important information including forthcoming fundraising events etc. We share information with other local Facebook pages too.

Whilst our opening hours are Monday - Friday, 9.00am - 1.00pm PLEASE NOTE the Facebook page will be monitored less frequently.

For a response during these office hours please email clerk@pentyrch.cc and copy in office@pentyrch.cc or phone 029 20891417. Thank you.

For up to date information you can also visit our website www.pentyrch.cc.

Pentyrch Open Gardens 2019 Celebrating 20 years

As usual, local organisations are invited to apply for a grant from Pentyrch Open Gardens if they have an idea for a project connected to their cause and which improves the village environment. The closing date is 30 September 2019 and application forms are on the website www.pentyrchopengardens.wordpress.com All applications will be considered at the AGM to be held on 24th October 2019.

This year **the Open Gardens weekend is on Saturday 6th July and Sunday 7th July.** We are appealing for cakes for the weekend. If you are able to help with some baking for the event, please contact Carol Saint on 02920891821. We would also be grateful if you can offer any help over the weekend with the catering, selling programmes or manning (not driving!) the courtesy bus. Please get in touch with Helen Edwards on 07787890284.

Spring Community meetings

This year we held Spring Community meetings to give you an opportunity to meet informally with your councillors and raise any questions you have. We set out below the key issues that were raised:

Gwaelod y Garth

- Litter behind the fence opposite bus stop (bottom of Heol Goch): we're in touch with the landowners and trying to get co-operation to clear this.
- No dog litter bins down school lane: Cardiff does not use separate dog bins but bagged dog waste should go in regular litter bins
- Blocked drains were reported to Cardiff for clearing.
- We are looking for a site for a PCC noticeboard near Heol Y Nant by the bus stop.
- We have raised the issue of lighting on the Taffs Well bridge with Cardiff but this would be an expensive project.
- We are looking into planting daffodil bulbs at the edge of the sports field but need consent from Cardiff.
- Road surface concerns are reported to Cardiff as we know about them.
- Speeding through Gwaelod is a constant concern. The Police have been informed and we are encouraging volunteers for Speedwatch training by the Police.
- Trees and overgrown hedges are problems in various places and are generally Cardiff's responsibility. We help where we can.
- WW1 bench: we are still trying to find a good site or convince Cardiff to let us put it by the sports field.
- We were able arrange for a very large log to be removed that was blocking access to a Post Box and a private garden.

Pentyrch

- Gas Pipeline – Concerns were raised about traffic disruptions and road repair after the work is completed. PCC has regular meetings with Persimmon and will raise these. PCC has told Persimmon it expects the Village Hall carpark to be returned in the same condition it was before the work began. will also need an agreement with CCC. The parking bays will have to be remarked for the entire car park. Test holes were dug over the Easter break to identify underground services.

- Road repairs by CCC: PCC has a good working relationship with Cardiff Highways and reports issues to them. It's important to keep telling Cardiff when there is a problem whether it's a new pothole or poorly mended one.
- HGV Traffic: There are more vehicles coming into and through the village. It can be hard to tell whether they are here legitimately or not. Trading Standards have caught a few vehicles in recent local operations. If you can get the company name, registration plate, time of day, location, and send them to PCC, this information can be shared to Trading Standards. The Police can fine the driver but Trading Standards will fine the company.
- Christmas Tree for the precinct: Garth Rotary would like to make a permanent site for a Christmas Tree at the shopping precinct. PCC supports this and is hoping for a yes from Cardiff.
- Litter bins: PCC will see if there can be an extra bin by the bus shelter.
- Pink sacks: if any of our residents would like to do a litter pick they could use a pink sack and leave it beside a public bin for collection by the bin team.
- Post Office: Mark Drakeford, our AM, raised this recently. This is still not resolved: the delay goes back to the previous owner but the new owners are trying to get it reopened.
- Litter: local litter picks have collected bags and bags of litter. We ask Cardiff to work on areas such as Heol Goch which are too dangerous for us.
- Cemex Quarry: concern was raised about herbicide spraying near the quarry. PCC will raise this at the next liaison meeting.
- Overhanging trees/state of the road Heol Goch: this is a long-standing concern. It is the landowners' responsibility to keep their trees/hedges in safe condition – but no easy to find who they are. Cardiff would like the quarries to repair the road, or help with the cost, at the old entrance
- Amenity tree planting and safety checks: PCC has its trees checked annually. It doesn't have a planting plan and would be interested to hear any suggestions.

Love Where You Live

Deb Hunt reported that the Pentyrch group has regular litter picks and is

taking general care of our lovely community.

Pentyrch Open Gardens

POG have raised in excess of £70,000 over the last 20 years since they started. Half of this money has gone to the village hall and other village projects like the planting tubs. Half went to various charities such as Macmillan and most recently Welsh Air Ambulance. Any volunteers are very welcome especially when replanting the plants (please bring your green bins!). This year's Open Garden event is the 6/7th July with some new gardens opening along with the originals from the very beginning.

Pentyrch Memorial Park

PARC, the community group, wants to improve the park for older children but wooden play equipment is very expensive and is working with PCC, which has money on reserve. Parc will be running Teddy Bears' picnic in the park on a September 8 with a donation £2 (depending on the weather).

Pentyrch Orchard Project

It is still early days but the aim is to grow fruit trees locally. There is a Facebook page if you are interested in knowing more.

Pentyrch: an Alzheimer's-friendly village

Garth Rotary are communicating with the Alzheimer's Society and Cardiff are happy to support and give training to make our shops and services aware of issues/perceptions that can make getting out and about more difficult. For example, black mat is perceived as a hole, shiny floors perceived as water. Training sessions will be publicised within the next few months. The Rotary Club recognise how difficult a situation can be for carers and would like to introduce a dementia café, possibly once a month. Support will be offered by the Alzheimer's society. Blaenavon Community Council and the National Museum of Wales have taken this initiative on board. We need to move forward for Pentyrch. Garth Rotary plan to start this initiative in Pentyrch and then take the scheme to surrounding areas.

Pentyrch Neighbourhood Watch

PNG has been running for 20 years with monthly meetings on the 2nd Wednesday of the month at the Lewis Arms at 6.45pm: all welcome. It gives residents the chance to meet face to face with the police to discuss issues raised and see monthly crime reports from the PCSO's. Current issues:

- Church Road: problems with the road for the last 3 years include increase traffic, speeding,

potholes. It has been hard to make any difference despite frequent contact with Cardiff. PNW have recently set up an action group to include Rhydlarf far to apply more pressure.

- Scams: by Facebook, email, cold callers, junk mail, links. There are many of these and elderly people can be very vulnerable.
- Speeding traffic: this is an on-going campaign. Keeping to 20mph is particularly bad on Bronllwyn, Heol Y Pentre and Lon Y Fro. The Police are looking for volunteers to train to use a handheld speed gun/camera. Forms are available from PNW and PCC if anyone is interested.
- Footpaths: an on-going concern. A detailed report was sent to Cardiff and two of the footpaths have been remedied. If anyone has a problem, please report to Cardiff who can contact the owners responsible. The footpath behind the cenotaph is very narrow and dangerous. PNW and PCC are working with Cemex to get this improved.
- Fly tipping: working with Cemex Quarry on Heol Goch. It took three years of negotiation, but Cemex put a barrier up at the old quarry entrance which stopped people driving up and leaving items there.
- Litter pick: PNW used to organise these events but have handed over to PCC but happy to help. It would be good if PCC could purchase their own equipment so not to rely on CCC/KWT.
- Credit Card Holders: these fit your wallet and stops individuals taking details from your cards.
- Please always report any issues to 999 or 101.

Creigiau

- Traffic on the A4119
Main highway works at the new junctions for the Persimmon site starts w/c 8.4.19 and is due to last some 15 weeks.
Traffic lights should operate 9:30-3pm – but can run longer when needed
Robin Hill is temporarily one-way
- Speeding on Cardiff Road. County Cllr Graham Thomas is working to get a 20mph zone but Cardiff are working from the city centre out and this will take some time to reach Creigiau. Needs local pressure to help it be delivered sooner.
- Will look into more Slow signs
- Residents can be trained by Police

as Speedwatch volunteers to use speed-guns: PCC has application forms

- 30mps roundels will be requested from Cardiff
- Vehicle weight limits
There are no limits on Cardiff Road and Cllr Graham Thomas will look into it.
- Pritchard/Project Red vehicles have consent via RCT planning application to use the local roads but we will check if they are complying with any planning conditions
- Bridge by Caesar's Arms could be the weak link on the road: this might lead to introduction of limit?
- Ty Nant Road has signs saying 'unsuitable for heavy vehicles' but these are not enforceable.
- Ynys Bridge: PCC and councillors are trying to get the signs amended to stop all construction traffic at the roundabout.
- Church Road and Robin Hill/A4119 intersections: PCC have asked for signs to stop construction traffic at these points.
- Creigiau Quarry Liaison next meets in June.
- The legal agreement has been signed and planning application for the new passing bays on Heol Pant y Gored is submitted
- Existing bays are sometimes used for extra parking which could cause a problem in future. This will be mentioned during the planning application consultation
- The quarry is waiting for demand to increase and will be asked for projected operation dates: this may be as much as two years' off.
- Gas Main Works
May increase traffic through Creigiau village
Existing road work has not been repaired at all well: this may be because the road will be dug up again and is temporary. PCC will raise this with Persimmon and Cardiff
- Road Repairs
Work was done in early April on Cardiff Road
We will ask if there are plans for the road going towards Caesar's Arms.
Extended strips of road resurfacing are paid from Welsh Government funds, not Cardiff's. Smaller patches are paid for by Cardiff.
3 gullies blocked on Cardiff Road between Canada Lakes and A4119.

- Creigiau children's play area opposite Creigiau Inn
This belongs to Cardiff and they maintain it.
Vehicle access off Station Road means there is no safety barrier on the road.
Residents would like the park improved and modernised. It is heavily used.
Cllr Graham Thomas has raised these issues many times
- LDP Strategic Site E
This is the site north of A4119 and south of Creigiau. A planning application is expected this year
This will be a very important opportunity to secure S106 funding for the community. PCC's Village Plan report can evidence needs including play areas.

Keep Creigiau Tidy

Colin Belward reported:

Started with litter picks but expanding into general environmental improvements
Laid gravel to reduce muddy patch opposite Tesco
Planning tree planting around Terrace Woodlands and taking advice from Cardiff
Working with Cardiff on wild-flower strips in grass verges
Old Cardiff planters: meeting with Cardiff to get compost and perhaps some extra planters at no cost. KCT will provide the plants and maintain them. KCT will contact the school, golf club and Creigiau 23 to increase village involvement
KCT and PCC could work together on Christmas lights

Creigiau Carnival:

Simon Titman, Chairman, reported:
Annual Carnival is on the last Saturday in June

2019 theme: Jungles and Wildlife
Been running for 40 years and only one of 2 in Wales to have a procession

All PCC members invited and this is extended to other local councils
£5,000 raised last year and this is the biggest fund-raising event in the village

There are 8 organisers, helped by Creigiau 23

The committee applies for grants, but put their own money up-front to get things going each year. Insurance costs £500 and the programme printing costs £500.

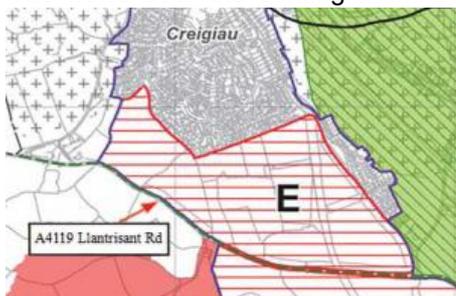
Very keen to have Pentyrch and Gwaelod y Garth represented and to have floats. PCC have promoted this.

- **Social media** needs developing for Creigiau and Cllr Quilter will work on this.

County Council Notes

By Cllr Graham Thomas,
Creigiau and St Fagans

On Friday 17th May, I was honoured to attend a ceremony in Cardiff City hall, where Dame Shirley Bassey was awarded the freedom of Cardiff. She becomes the first musician to receive this honour. The award is made to honour the contribution made to Cardiff, and her patronage of the Noah's Ark Charity and of the Royal Welsh College of Music and Drama. The news over the coming months



will be the proposals from planning agents for the development of Site E 'South of Creigiau' from the LDP map – see illustration. This is effectively the land north of Llantrisant Road. You might recall from the Local Development Plan, that this site could allow for 650 houses with close strategic links for Site D. Site D is already under construction with highways access being the first major step and most impactful to local residents.

I shall be meeting with the planning consultants for Site E shortly to discuss the proposals. The first stage will be a public engagement event. I shall be very keen to make sure residents have the opportunity to see and comment on the plans, before they are formally submitted to Cardiff Council for planning permission. This public consultation is done over a period of 28 days.

The council is also expected to begin a consultation in June 2019 for the proposal to build a new Primary School in the Plasdwr Development. This school is expected to serve the North West of Cardiff, including Plasdwr but also the Creigiau and St Fagans Area to meet increasing demand from new developments. The proposal indicates September 2021 when the new school admits its first pupils offering Welsh and English entries. Much more to come on this.

If you need assistance with any local councils issues, please contact me using graham.thomas@cardiff.gov.uk or 07805 850812. You can also contact the Council directly using email c2c@cardiff.gov.uk or Tel : 029 2087 2087.



Pentyrch Neighbourhood Watch Summer Newsletter



MOBILE PHONES

Whilst most drivers recognise the potentially fatal results of using their mobiles whilst driving, there are still large numbers of drivers who think they know better. Even the £200 fine and 6 points on a license for a first offence and a second offence resulting in a driving ban doesn't seem to deter these irresponsible people. Just checking for messages, making a 'quick call', taking pictures or even videos is considered okay by some. Legally, drivers cannot use a hand held mobile when their engine is turned on. This includes using it as a Sat Nav unless it is set up and fixed into your car prior to setting off. To use a mobile phone it must be fully hands free. The same rules apply even when stopped at traffic lights. We ask all drivers to drive responsibly and in accordance with the law. If you find it hard to comply then switch off your mobile and put it away in your glove compartment before setting off on your journey. It's not that hard really. It isn't that long ago since we managed perfectly well without these devices.

FREE ADVICE

PNW has managed to obtain 50 very useful and simple to understand booklets giving excellent advice on avoiding scams. These will be available free of charge from the Community Council office. Or, if you know of someone who may be vulnerable and may find the booklet helpful leave the name and address of the person in the Council office and PNW will arrange for a copy to be put in their letterbox.

CHURCH ROAD ACTION GROUP

PNW is opening up this action group to anyone who recognises the dangers of this road and is prepared to give up a little of their time to participate in organising a campaign to remedy the situation before there is a serious accident. PNW is happy to play a part and help organise the group in its early stages. We can share correspondence etc we have had with our County Council so the ball is rolling so to speak. It now needs a higher profile and increased momentum. This is best achieved by forming the Action Group whose sole focus will be this one issue. Many people in Pentyrch and Rhydyfaer are concerned about this dangerous road so please leave your contact details at our Community Council Office and we will be in touch.

FAKE TV LICENSING EMAILS

Action Fraud (the UK's national reporting center for fraud and cyber crime) has received over 900 reports of money lost to TV licensing scams in the past year totalling over £830,000. Whilst we might think we are tech savvy and so can spot dodgy emails a mile away these emails are very good and contain links to a very convincing web site where you are asked to enter personal and financial details. Fraudsters then use the details to pose as someone from your bank to say your account has been compromised by a phishing scam. They then ask you to transfer money to a new safe account which means straight into their pockets. **REMEMBER-** be extremely cautious with unsolicited emails/calls, look carefully for telltale spelling errors or the absence of your name, do NOT open links/attachments of suspicious emails, **NEVER** respond to messages asking for personal/financial details, don't assume a call is genuine just because someone knows your basic details. **REMEMBER** your bank will **NEVER** call and ask for your PIN number, banking password or ask you to transfer money.

If you think you have fallen victim contact Action Fraud on 03001232040 or www.actionfraud.police.uk

KEYLESS CARS

We recently put a post on the Community Facebook page about a series of car thefts and thefts from keyless cars over a 6 day period in Radyr and Morganstown. These actions are carried out by your smarter than average thief and done by them using a device which picks up the pulse emitted by the keyless car which is recognised by your 'key'. This responds saying 'yes' I am here'. A second thief picks up this message using a similar device so enabling the car to be unlocked. It doesn't matter where your car 'key' is located in your house it can still be detected. The only protection you can take is by purchasing a decent 'key' pouch which acts as a shield preventing the signals from being detected. These can be found on line and are a must for anyone with a keyless car. They work similar to the Credit Card holders we have made available at our local village pharmacy at just 50p each. Incidentally, only a few of these are left so move quickly.

**Pentyrch Neighbourhood Watch
meet every 2nd Wednesday
monthly at the Lewis Arms
Pentyrch at 6.45pm**

Bogus Callers — Rat Infestation

South Wales Police warn residents to be vigilant after receiving a report of a bogus caller claiming to be from Environmental Health in relation to rats infestation in the this area and are requesting large amounts of money to treat and dispose of the rats. Don't let callers pressurise you. Check before going to the front door and If In doubt Keep Them Out. Please report any suspicious persons to the Police if possible gain a description of the person/s or any vehicle being used by the caller. Neighbours are urged to look out for each other especially if your neighbours are elderly/vulnerable. Call 101 - report any suspicious persons to the Police

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Talking to your local Councillors in Creigiau

In these days of social media and emails, there are lots of electronic ways in which you can speak to your local Community Councillors. But you know there are times when you simply might want to speak to a person. It is often easier and simpler. So, on the 3rd Saturday of every month if you go down to the Church Hall in Creigiau, you will find, in addition to hot drinks and biscuits (and always a raffle), local Community Councillors and in recent months, community police officers. You can talk to us informally about any village concerns, ask for community information or report any problems (potholes and the construction works are very popular topics). It doesn't just have to be about the negatives. It is an opportunity to discuss ideas you might have for the community that you might be keen on or have seen elsewhere. You can talk about any ongoing or future projects you might be involved in within the community. Whatever community aspect you want to talk about, please do not hesitate to come down to the Church Hall in Creigiau, every 3rd Saturday – look out for the banner.

If that is not convenient, then get in touch and, diaries permitting, we can meet up or come to a particular event or community meeting. As the saying goes, 'It is good to talk'.

Should you prefer online communications, then we do have those too – you can contact all the councillors by email as below:

Mike.sherwood@pentyrch.cc

Wynford.ellis.owen@pentyrch.cc

Stuart.thomas@pentyrch.cc

Jena.quilter@pentyrch.cc

Amanda.thorpe@pentyrch.cc

Prefer the phone – then the Community Offices are open Monday to Friday 9am – 1pm (telephone 02920 891417), and of course you can call in, at any time.

There is also a website www.pentyrch.cc and Facebook page for Pentyrch Community Council where there is a tremendous amount of information.

However, you want to communicate, it doesn't matter... as long as you do.

Ciwb y Dwrllyn

Bu'r misoedd diwethaf unwaith eto yn rhai prysur i Glwb y Dwrllyn. Dathlwyd Dydd Gwyl Dewi yng Nghlwb Golff Creigiau a'r gwr gwadd eleni oedd y darlledwr adnabyddus Dewi Llwyd. Daeth criw da ynghyd i wledda a chafwyd anerchiad difyr a phwrpasol gan ein gwetai.

Yn ddiweddarach yn y mis croesawyd Ffion Dafis atom a hithau ynghanol prysurdeb perfformio'r fonolog "Anweledig" ar lwyfannau Cymru. "Walia" oedd ei thema wrth iddi gyfeirio'n gelfydd iawn at nifer o brofiadau llon a lleddf yn ymwneud â waliau. Noson arbennig arall a'r gynulleidfa wedi mwynhau.

Ym mis Ebrill ein braint oedd cael noddi un o gemau clwb rygbi Pentyrch a hyn ar Barc y Dwrllyn. Y gwrthwynebwyr oedd Cymric Caerdydd ac fe lwyddon nhw o drwch blewyn ar y funud olaf i drechu'r tim cartref. Cafwyd bwffet blasus a chyfle gwych i gymdeithasu ac i gefnogi gweithgaredd pwysig yn y pentref.

Wrth i'r tymor ddirwyn i ben byddwn yn manteisio ar y tywydd braf gobei-thio, ac yn mynd am benwythnos i'r gorllewin i Landeilo i fwynhau gogoniannau Sir Gâr. Yna ym mis Gorffennaf daw cyfle arall i fwynhau crwydro Gwent yng nghwmni'r hanesydd lleol, Frank Olding.

Am fwy o wybodaeth 20891577

Ciwb y Dwrllyn

It's been another busy season for Ciwb y Dwrllyn. We celebrated St David's Day at Creigiau Golf club with guest speaker Dewi Llwyd (BBC). The well known Welsh author & actress Ffion Davies shared her experiences with us in April & later in the month we were pleased to be able to sponsor Pentyrch Rygbi Club at home in their match against Cymric Caerdydd. In the coming months we hope to take advantage of good weather and head West for a weekend of outdoor activities in the Llandeilo area. The season ends with an annual outing to Gwent in the company of local historian Frank Olding.

For more information: Tel. 20891577

Summertime with Garth Gardeners



Great Dixter – Summer Tour 2018

Summertime – trees in full green leaf, flowers in full bloom, the birds singing and the bees buzzing, children playing happily, barbecues, deckchairs and the sounds of the slugs and snails merrily eating our hostas.

For gardeners it is a busy time, but don't forget to sit awhile and look around and enjoy your garden or even better someone else's. There will be lots of open garden events in the area this summer, including Pentyrch Open Gardens in early July. Details of each will be posted on our web site nearer the time.

It is end of term for Garth Gardeners with our AGM and Social on May 17th. For those joining us on the June tour to Devon, there is a lot to look forward to and I expect there will be photos on the web site in July.

If you are growing the dahlia summer challenge, remember to bring it along to The Pentyrch Show (7th September) in Pentyrch Village Hall, for judging and to add colour to the hall.

We hope you have an enjoyable summer and look forward to seeing you for our new term on the 20th September with a talk by Mary Payne, entitled, "Minimum Effort, Maximum Effect", which sounds like a good idea.

As well as the return of old friends, new members and visitors are always welcome.

All details are on our web site at garthgardeners.wordpress.com

Denise James

Pentyrch Rangers AFC
Celebrating Winning Youth Team



Dylan Jackson, Archie Evans, Max Critcher (c), Ollie Wylie, Callum Williams, James Evans, Morgan John, Todd Palmer, Aaron Jolly, George Amodeo, James Williams, Liam Cleaver, Ben Whelan, James Chan, Richard Evans, Jorge Randall, Evan Davis

Pentyrch Rangers AFC is your local football teams based in Pentyrch with over 250 children from the age of 5 through to early 20's. We have over 68 qualified coaches too so really are a growing club. This year we are delighted to celebrate our amazing Youth Team. The team was formed in 2007 as an under 7s team, and several of the players from that original team have played every season and are still part of the side to this day. Grant Critcher has also coached the team throughout this time.

This season was their last one together as a squad, as many of the players will now head off to work and/or university and it is fitting that they should finish by winning their first ever trophy together - the SWFA Youth League South. They only lost 1 league match all season, winning 14 of their 16 matches and scoring over 100 goals in the process, only conceding 17. We have seen some scintillating football during the season and they were crowned champions on the last day of the season with an emphatic 15-0 win, finishing off the season in style.

The boys have been a credit to themselves, their families and also the club not just during the season, but over the

Celebrating 20 Years



Pentyrch

Open Gardens

Weekend

Saturday 6th July -
Sunday 7th July 2019

Sat 10.00 am - 5.00 pm Sun 11.00 am - 5.00 pm

Visit many varied village gardens

Tickets on the day from Pentyrch Village Hall (CF15 9PY)

£6 per person for a weekend pass

Accompanied children free No dogs - except guide dogs

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- Large plant sale
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www.pentyrchopengardens.wordpress.com
Tel 029 2089 1337 or 07787890284
Email: Chris.edwards@totalise.co.uk

Supporting Wales Air Ambulance and projects to improve the village environment.



many years they have been playing together. The players and the coaches and the parents will remain friends for life, and we wish them every success in whatever they do in the future.



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Sound Bath and Healing

I have been a nurse since the age of 18yys and after my diagnosis and treatment for breast cancer I decided to leave my job as a practice nurse. I loved my job but felt that it was time to try new things,



new horizons and new experiences. I had always been in the caring profession and so I was not surprised to find that I wanted to help in the healing side of things with sound.

I went to my first Sound Bath shortly before my diagnosis and was mesmerised by it. It is an expensive interest I was soon to find out!! I bought a set of crystal singing bowls, followed by a gong, Tibetan bowls, drums, rattles, strings another gong and my voice! A sound Bath brings deep relaxation and a profound sense of peace and wellbeing. It slows down to brain waves from Beta as in normal

waking to Alpha, to Theta and even Delta where many people who are present at the Sound Bath are asleep!! The blood pressure can drop a little, heart rate slow down, we relax and healing can take place. It can seem as if time is suspended as we enter a world of vibration and sound.

For the Sound Bath, most people lie on something comfortable with a blanket or sit in a chair. It is suitable for all ages. Sound Healing is not new. Used by the Aboriginal people 40.000, the Native American Indians with their use of voce, drum and rattle, Tibetan monks and the beautiful bowls, and many more.



It is my passion and my joy and has helped me on my path of healing following breast cancer. Sometimes I go as a volunteer to the Maggie Centre, where people are recovering from cancer. It is so beautiful to see at the end of the session, everyone totally relaxed and often asleep. I am blessed. Gail Stewart

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Pentyrch Orchard Project Update

We are a group of Pentyrch and Creigiau residents that have come together because we want to plant some fruiting trees in Pentyrch. This is a community initiative lead by residents for everyone to enjoy, regardless of participation. The aim is to create a free resource that many of you can get involved with around your busy lives. Nothing is set in stone so far – even the project name is up for debate.

We are aiming to add to the village appeal, bring the community together in a positive way, grow fruit and look after our wildlife. The location has not been decided; we will be working closely with resident opinion and the PCC to arrange this. Please rest assured; resident consultation is vitally important to us – we want to listen to your thoughts and make sure we get the right location before we proceed.

We are just at the forming stages of the project so far – if you are interested in joining our little steering group please get in touch we would love to welcome you on board (there will be cake). Enthusiasm is the only necessary skill. In due course we will also need help with preparing some land and planting and maintaining our trees.

Up to date details can be found on our Facebook page: search @PentyrchOrchard.

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Radyr Kumon Centre

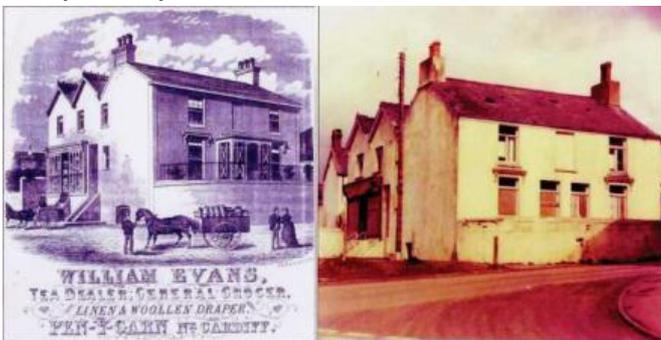
Robyn Dow

02922 362639

cardiffradyr@kumoncentre.co.uk

THE WILLIAM EVANS PAPERS

In 1974 I was alerted to the fact that some interesting pieces of paper had been found floating on the wind near the soon-to-be-demolished old shop in Penygarn (the upper village of Pentyrch). With permission from the owners I searched the crumbling premises and after finally breaking into the roof above the stables I made a remarkable discovery. Upon examining the bundles of papers on spikes I found that the proprietor in Victorian times, William Evans, had thoughtfully kept every document relating not only to his business but also to almost every aspect of village life from 1860 to 1898. Apart from grocery orders and tradesmen's invoices there were private letters from the vicar, the schoolmaster, the postmaster, the land agent, also friends and business acquaintances. The content of the letters varies from blessed to tear-jerkingly sad. Particularly moving are those which illustrate the abject poverty that many residents suffered when the Pentyrch Ironworks closed down in the 1880s. The collection was described by the Local Studies section of Cardiff University as the most comprehensive of its kind ever found in Glamorgan. Today, thirty three years after the discovery it continues to be a rich source of information for our thriving Local History Society.



Some questions arise with regard to this phenomenal collection. One is: how did William Evans manage to build such a huge business in a comparatively small rural community? Another is why the shop never blew up? After all it stocked paraffin, pitch, lampblack, gunpowder and dynamite! For me, though, perhaps the biggest question is why I was given this privilege by fate to find this treasure.
Don Llewellyn

A Request To All Dog Owners

After all the recent publicity about keeping dogs on leads in the countryside. Yesterday there were some people on the Garth Mountain with their alsatian dog running free, despite all the signs requesting dogs be kept on a lead especially when there is livestock up there (The PCC have signs saying dogs to be kept on leads at all times) The dog drove a sheep from the top of the Garth all the way down to the mountain road, which incidentally is still part of the Garth. Fortunately the ewe, despite being very shaken, was not bitten, and survived the ordeal. Today, Saturday, another dog was up there running amok. The countryside is not a playground, it is our place of work, please treat it and the farmers with respect. Please realise your responsibilities when visiting, and appreciate how lucky you are to be able to use these beautiful facilities. There is no other industry that would welcome you onto their factory floor like the farmer does!!! Please realise this message is intended for the irresponsible dog walkers, not the many responsible ones, for which we are most grateful.

HILLTOP THEATRE COMPANY

Our next production will be the hilarious farce 'One Man, Two Guvnors' on 20-22 June 2019. In 1963 Brighton, out-of-work skiffle player Francis Henshall becomes separately employed by two men – gangster Roscoe Crabbe, and upper class Stanley Stubbers. But Roscoe is really his own sister Rachel Crabbe posing as her own dead brother, who's been killed by her boyfriend Stanley Stubbers! Francis tries to keep the two from meeting, and a riotous farce ensues with plenty of hilarious twists, confusion and complications along the way! We also have our summer fundraiser on Saturday 13th July entitled 'The Summer of Love', featuring songs and entertainment of that theme. Tickets for our productions are available from the box office on 07943 183169 or online from <https://www.ticketsource.co.uk/hilltoptheatre>. Further information about the group and all our productions are on www.hilltoptheatre.co.uk Richard Jones.



We NEED you.
Can you HELP?

1st Creigiau Scout group need your help!!!!
We are looking for volunteers to help with our Beaver section.

If you would like to help the team to deliver a fun and interesting programme of activities teaching 6-8 year olds the basic skills of scouting then please contact me at 1stcreigiaugs1@gmail.com.

Whether you would like to help on a regular basis or as an occasional pair of hands it is a fun, enjoyable and rewarding way to help young boys and girls in the Community to start their scouting journey



WE enjoyed a World Book Day Parade with children strutting their stuff around the school hall. It was a huge task to pick class winners but well done to everyone who made the effort to get dressed up!



ARTIST Louise Clough helped children create four fantastic murals. The work draws inspiration on what it is like to be Welsh and to live in Wales.



ONE of our pupils has given us all food for thought! Eliza raised money for Cystic Fibrosis by eating all her meals with chop sticks! All a bit messy but well worth it. Well done Eliza!

THE importance of Internet safety was driven home. School Community. Officer Jane visited pupils to give valuable advice on how to use the Internet, social media, and how to stay safe online.



YEAR 2 found out all about road safety. The Kerbcraft crew were in school to give important advice about how to stay safe.



YEAR 1 spent a thrilling day exploring Caerphilly Castle. Children found out all about history at the former Welsh stronghold with time to try out the stocks for size!



Well done Pentyrch Primary School, excellent exhibit at the Cardiff RHS show



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Pentyrch Active Recreation Committee - PARC.

Our campaign to assist PCC in updating the play equipment at Memorial Park has gathered momentum now.

You can find our collection pots in the village shops, the pubs and in Pugh's Garden Village. Huge thanks to all the local businesses for supporting us and to everyone who has donated so far.

Whilst the task of grant applications continues, we have an event coming up that we're looking forward to - a teddy bears picnic.

We'd love for you to join us at Memorial Park on Sunday 8th September from midday for a picnic and fun, look out for further details.

All of this will bring us much closer to hitting our target of providing some exciting new facilities.

As ever, you can contact us at pentyrchmemorialpark@gmail.com on Facebook — PentyrchMemorialPark and on Twitter @PentyrchPark
Thanks, Pentyrch Active Recreation Committee

Eisteddfod yr Urdd

Llongyfarchiadau i bawb a fu'n cystadlu yn yr Eisteddfodau ysgol, Gylch a'r Sir eleni. Rydym yn falch iawn ohonoch i gyd. Pob lwc i'r rhai ohonoch fydd yn cystadlu yn yr Eisteddfod ym Mae Caerdydd. Diolch i bawb sydd wedi bod yn brysur yn eu hyfforddi ac i'r rhieni am eu cefnogaeth.



Eisteddfod yr Urdd

Well done to everyone who competed in the School, Cylch and County Eisteddfodau. We are extremely proud of all of you. GWYCH! Thank you to everyone who has helped and supported the children.

Diwrnod y Llyfr

Trefnwyd llawer o weithgareddau gwahanol i Ddiwrnod y Llyfr eleni gyda'r gyda'r plant (a'r athrawon!!!) wedi gwisgo fyny fel cymeriad allan o lyfr. Gwnaeth y plant nôd llyfr yn ystod y dydd a daethant a'u hoff lyfr mewn i'r ysgol.



World Book Day

Lots of different activities were organised for World Book Day this year. The children (and some teachers!!) dressed up as characters from their favourite book and extracts from stories and books were shared.

Cwis Llyfrau /

Llongyfarchiadau i dimoedd Blwyddyn 3 a 4 a 5 a 6 fu'n cystadlu yng nghystadlaethau'r Cwis Llyfrau a Book Slam. Roeddent wedi trafod a chyflwyno eu llyfrau yn arbennig o dda.

Book Slam

Well done to the Book quiz and Book slam teams from Year 3 and 4 and 5 and 6. They discussed and presented their books excellently.

Llysgenhadon Lles

Mae Mrs Cooksey wedi bod yn hyfforddi grwp o Flwyddyn 6 ar sut i fod yn Llysgenhadon Lles. Maent wedi dysgu sgiliau meddwlgarwch ac wedi rhannu hyn gyda Blwyddyn 2. Maent hefyd wedi cael cyfle arbennig i ymweld â thrigolion Cartref Dyffryn Ffrwd. Yno, cawson nhw gyfle i rannu eu sgiliau meddwlgarwch trwy chwarae gemau, trafod gyda'r trigolion a chynnal gweithgareddau.

'Mae hi wedi bod yn bleser i ddod i adnabod y trigolion a dysgu am hanes eu bywydau. Maent wir wedi mwynhau ein sesiynau ac rydym ni'n edrych ymlaen i barhau gyda'r berthynas.' Tilly a Carys 6C

Wellbeing Ambassadors

Mrs Cooksey has been training a group of Year 6 pupils to be Wellbeing Ambassadors. They have been learning mindfulness skills and have shared their knowledge with year 2 pupils. They have also been visiting Dyffryn Ffrwd Residential Home. There they had the opportunity to play games with the residents, to have discussions with them and organise different activities.

'It has been a pleasure to get to know the residents and learning about their lives. They have enjoyed our sessions and we are looking forward to continuing with the relationship between the school and Dyffryn Ffrwd.' Tilly and Carys 6C

Diwrnod Trwynau Coch /

Trefnodd y Cyngor Ysgol ddiwrnod Trwynau Coch penigamp eleni. Pleser oedd cael gweld nifer o blant wedi ymdrechu cymaint. Fe welson llwyth o steiliau gwallt doniol tu hwnt! Diolch i bawb am eich cefnogaeth ac ymdrechion.

Bu'r athrawon yn brysur iawn hefyd yn pobi ar gyfer cystadleuaeth 'bake off'. Jane o ddsbarth 1E a gipiodd y teitl 'bake off champion' gyda'i pice ar y maen blasus iawn!



Red Nose Day

We wore red clothes and wild hair to support Red Nose day this year. It was a very successful day. Thank you to everyone for your support and efforts. It was a pleasure to see that so many children had made an effort. We saw lots of crazy and funny hairstyles!

Newyddion o'r ystafell athrawon

Llongyfarchiadau mawr i Mrs Tania Price sydd wedi priodi dros y Pasg. Fe fyddwn yn edrych ymlaen i groesawu Mrs Evans yn ôl i 1C!

Llongyfarchiadau i Mr Geraint Williams 6C a'i wraig Mrs Stephanie Evans ar enedigaeth Cadi Gwen. Rydym yn edrych ymlaen i gael cwtsch gyda hi!

News from the Staffroom

Congratulations to Mrs Tania Price who got married over the Easter holidays. Congratulations Mr and Mrs Evans!

Congratulations to Mr Geraint Williams 6C and his wife Mrs Stephanie Williams on the birth of their baby, Cadi Gwen. We are looking forward to meeting her.

RSPB Cardiff & District Local Group

Are you a person who is interested in local wildlife and would welcome an opportunity to join a lively and friendly local group?

The Cardiff Group offers you this chance!

The Group carries out a range of activities, including meetings at which guest speakers give illustrated talks covering the local area and to the far corners of many countries.

The presentations this year have included talks on 'Goshawks', 'The Gwent Levels', 'Birds without Borders' and 'Galapagos and Ecuador'.

Further presentations will include 'The French Pyrenees' and 'Macro Techniques for Butterflies'.

There's an opportunity to join one of our field trips, visiting a wide range of natural areas. Enjoying the local wildlife and landscape, being at one with nature, improving your knowledge and joining others with the same interests as you.

This year we have visited local nature reserves at Lamby Lake and Rumney Great Wharf, Newton and Porthcawl and, further afield, RSPB Ham Wall and Shapwick Heath at the Somerset Levels and The Great Bustard Project on Salisbury Plain.

Further field trips will include a local Nature Ramble around Forest Farm and a visit to WWT Llanelli Wetlands Centre.

You do not need to be a member of the RSPB (or our local group) to join us on our events, and birdwatching experience isn't necessary.

It is amazing what nature and wildlife has to offer so to find out more about our Group, visit our website:

www.rspb.uk/groups/cardiff

Twitter: @Cardiff_RSPB

Facebook: @CardiffLocalRSPB

Creigiau Community April Spring Clean

Well, not even Storm Hannah could stop people turning up to give the village a bit of a litter pick on Saturday 27th April.



Keep Wales Tidy asked all communities to do a 'spring clean' and Creigiau answered the call and, despite doing a 'deep clean' in February, still managed to find a large amount of litter in the village.



This time we managed to collect 27 bags of litter and an assortment of finds, including a very large street sign for Parc-y-Bryn, numerous golf balls and a spade in the stream. We focused on old favourites, in the woods, Heol Pant-y-gored (and associated lane) and in the Playground, but we also did the central part of the village and the stream that runs through. Some fly-tipping in the woods was also noted and reported to Cardiff Council for removal.



A lovely new addition for this litter pick, was an absolutely amazing pop up café in the Creigiau Pavilion, provided by Heather and Tealicious Vintage teas which waited for us to burn off the calories, do our 10,000 steps picking up the litter and then rewarded us with hot drinks and home-made cakes. This added to



the social atmosphere and provided a lovely informal gathering place

In terms of feedback as to how clean a village we are - well, some of the litter we found was historic, especially in the woods and beneath the hedge lines and at times, it was more of an archaeological dig where we marvelled at old crisp packets and the prices of tins & cans from years ago. Our hedgerows look clear until you look a lot more closely, at ground level, and then you can see years and years of accumulated waste, none of which has magically degraded or disappeared. This is now twice that we have done this sort of deep clean of the vegetation, so hopefully we are starting to remove the backlog of discarded (mostly) packaging materials.

However, a large part of the litter we picked up, was clearly very recently chucked, even now, despite all the very clear and active messaging about how damaging it is to the environment. The majority of the discarded waste we found was food & drink related, with the popularity of 'meal deals' showing up in our village litter with the trilogy of a drinks bottle, sandwich packet and a crisp bag, all often together as a bundle amongst the vegetation. There were hotspots of drinks bottles and cans and some occasional sweet wrappers. There are blue plastic disposable gloves along one particular lane, and unpleasant hotspots of filled dog poo bags decorating parts of the village. Once again, this could not have been done without the support of Keep Wales Tidy who lent us the equipment, Cardiff Council who collect the litter bags and of course, the extraordinary people that literally turned up to give the village a second spring clean. The people who pick up the litter are never the ones who dropped it in the first place.

Finally, the day after our community litter pick, there was a lovely BBC programme by Iolo Williams (the housebuilding along our section of Llantrisant Road featured) where the message to us was very clear. We must look after our environment & the wildlife it contains. This is where we live and we have a vested self interest to be good stewards and caretakers of our communities. We can't expect others to do it for us. We are supposed to be caring and responsible grown-ups after all.

Amanda Thorpe

LOVE WHERE YOU LIVE Litter pick Gwaelod Y Garth Saturday 13th April 2019

Thank you to Gareth from Keep Wales Tidy and to all the local volunteers for turning up to do the first organised litter pick in the Gwaelod Y Garth area. There were 28 volunteers and we collected 16 sacks of rubbish. We were very grateful to Cardiff County Council for collecting said sacks.



The next litter pick has been provisionally arranged for Saturday 12th October Meeting at Gwaelod y Garth Primary School between 10.00am and 12.00pm.



However if you would like to collect rubbish you can use the pink sacks provided, by the County Council and available from the Community Council office. We would ask you to stick to the main roads, not to collect broken glass, needles, dead animals and leave said pink sacks next to a council bin and they will be collected.

Please keep in touch by email at office@Pentyrch.cc or by telephone 20891417 and let us know if you have any queries.

Details of the next litter pick will be on our website, noticeboards and face book



#LitterHeroes Ambassador

Have you got what it takes to be a #LitterHeroes Ambassador? If so, join us! We should all care for our local environment but we know that some go above and beyond. Whilst juggling work, family and life, people are caring for the environment not just on their own doorstep but on their neighbours' too.

We are looking for people, with infectious enthusiasm and a passion for action, to become a #LitterHeroes Ambassador in their local community, to help us shape the future of a litter-free community.

Whether you can spare an hour a month or an hour a day, if you are passionate about the fight against litter, making a difference on your own doorstep and spreading the message further, this could be the opportunity for you!

You will need to enjoy getting outside and leading by example, encouraging others to love where they live and make tangible improvements to your neighbourhood. We will help you make a difference and together we'll clean up our communities. Please get in touch with Deb: office@pentyrch.cc 029 20891417. Thank you

Fixing my Street

Walking around our community, it is not unusual to see broken or weary items. I am not talking about us residents but the potholes and broken benches and rusted signs. Most things are in good working order, but it is the worn out or damaged that can stand out and jar the view or simply annoy.

In this world of self-service tills and online check-ins everywhere we go, it is not surprising that individual reporting of issues is now the new norm.

Keen to have a go, I did not have far (actually less than 20 steps) to see a broken bench outside the playground in Creigiau and the most annoyingly angular divot in the tarmac whose sole purpose was to catch every tyre that crossed its path in the unavoidable middle of the road that I live in.

For those of us with smart phones, there is a 'Fix my Street' app for our Cardiff area. Taking the phone out for a stroll (who is without their phone these days anyway), it is easy to stand next to the offending item and follow the very quick and simple prompts for a photo and a description (with kind words). The modern technology automatically identifies your exact position so no need for cryptic clues. You can be anonymous or not when you upload. Giving details gets you a monthly



Pentyrch Litter pick - 6th April



Thank you very much to Mike Colley who led this litter pick organised by Deb/Pentyrch Community Council. We very much appreciate all the help we received from local volunteers who collected a staggering 30 sacks of rubbish. Thanks must go to Hayley Farr from CCC who loaned us the equipment and thanks to her team for collecting said rubbish. The next organised village litter pick will be Saturday 5th October 10 – 12 meeting at the Village Hall car park, (please make a note in your diary so you can join us).

We also thank our litter champions who organise separate litter picks in their areas or in and around our communities. Also thanks to Harry Rees and Simon Atkins for their efforts clearing the Sports field

update until the problems were fixed but incognito is fine too.

It took about 4 weeks for the pothole to be repaired and 6 weeks for the above bench. That is actually much quicker than my own home repairs. In this instance, the self-reporting worked.

Now every time I walk past that new bench outside the playground and the newly filled pothole in my street, I think I did that. Although the reality is of course very different. I simply reported it, using less than 5 minutes of my time, and some very hardworking Council workers came along and did the rest. Buy hey, in my mind, I was part of that. Amanda Thorpe



Small improvements can make a difference

Last month, a group of community minded residents in Creigiau put some stone down along a verge. A small and simple action indeed, but it made a difference to the parking on a busy street and reduced the risk of stepping into mud when getting out of the car.

This was all thanks to a local resident who enabled a donation of a lorry load of stone from Neal Soils who were working locally in the area. The stone was recycled and glass free (a must for all the dogs in the community). This act of generosity, together with



some hard labour by the residents has resulted in a minor but important improvement to the street.

At any one time, there are so many tasks that are needed in the community and it is proving challenging for the Councils, either because of funding shortages or a lack of people and hours in the day. Now whilst some of the work can only be carried out by Council staff, there must be actions that we could do, with a little generous help & donations from local businesses to keep the costs down and a bit of initiative and a few hours of work from us, we could do a lot more than we think.

Community Champions in Creigiau

Following the fantastic enthusiasm and support from the community with regards to the recent community litter picks, we want to take this to the next level. We want to create a network of individuals or clubs & groups who might, from time to time, perhaps go out and adopt a stretch of the community.

Activities could include litter picking (personal equipment can be supplied) or keeping a watchful eye on any issues such as potholes, broken benches, or non-working street lights and help reporting issues, either directly using the 'Fix my Street' app or to a member of Keep Creigiau Tidy or Pentyrch Community Council. No obligations, no time commitments, as frequently (or not) as life permits.

There are many wonderful people who are community champions already. You can often see individual acts of litter picking or, as in in one part of Creigiau, so called 'guerrilla gardening', with the most beautiful flower planting of verges as well as neighbours cleaning street signs and sweeping up leaves off the pavements. The banks of daffodils were planted by volunteers and indeed, the Creigiau stone sign was funded and built by Creigiau 23.

This is a call to see if anyone (or group) would like to join in and become a community champion. There is no minimum time commitment necessary, no compulsory duties. This is meant to be a positive experience, that can be done collectively or solo, at any time. Being outdoors has been shown to bring tremendous health and well being benefits and this could be viewed as a 'green gym' with the added bonus of helping to maintain the place we live in.



It could also be an opportunity to visit parts of the community that you might be less familiar with (or conversely to have a street 'environmental action' party). It could be a one-off event or a regular activity, all options have equal value and warmly welcomed.

This could also be an opportunity for any youngsters who are looking for community engagement hours, as part of studying for the Welsh Baccalaureate, or to help with those earning scout and guide environmental and global citizen badges.

This call for community champions is just about making us stewards and guardians of our own community and trying to assist with managing the place we call home. We can't really expect others to pick up the litter we have dropped (or clear up the mess our dogs have left), nor can we really demand that strangers plant bulbs or sow those wildflower meadows. We are more than capable of doing this, and indeed, we have a vested self-interest, because we live here, to be pro-active in making our community look good.

Finally, we have been very fortunate to have received a donation from Pentyrch Community Council to purchase litter picking equipment. The Keep Creigiau Tidy is a brand-new group, and this donation has meant that we have a small 'library' equivalent of litter picking equipment (and stylish high vis waistcoats and gloves) that is available to lend.

Interested? Then, please don't hesitate to contact us:

Amanda Thorpe Tel 07968 705309
Email - amanda.thorpe@pentyrch.cc
& If you are on Twitter then follow us @TidyCreigiau

Mind the gap

On the basis of 'You can't do everything but you can do something,' the gap in the Creigiau playground was 'plugged' last month by local residents from The Terrace. Gaps in hedgerows have an alarming ability to quickly widen and the hole in this stretch has been rapidly growing in less than a year.



The hedgerow is actively used by a large family group of sparrows as well as helping to be a natural safety barrier separating a busy road from the playground. In just one hour, the gap was filled using donated plants and rabbit guards from Keep Wales Tidy.



It is generally easy to do this kind of local 'diy' community improvements. Costs are low and the main skill required is an ability to 'take action'. If you want to take advantage of the good weather and be outdoors, then Keep Wales Tidy are currently running a campaign to encourage better stewardship and increased planting of hedges. At a time, when there is concern about hedgerow loss in our community, we would like to encourage the downloading and use of the Long Forest hedgerow survey app. In the era of 'big data', there is actually not much known about our hedgerows and the different plant species or even their location and status. So if you are someone who is out and about, why not put the app on your phone and do a mini survey of a hedgerow or two. And if you spot a gap in the hedgerow or think a natural hedge in the garden might be far more useful to the planet than brick walls or solid fences, then why not do something about it.

<https://www.longforest.cymru/surveying>

Storm Hannah



Storm Hannah brought a tree down in Gwaelod.



The community got together and soon cleared the road

Y Garth Rotary Club

Y Garth Rotary Club meets at the Lewis Arms, Pentyrch on the 1st and 3rd Tuesday evening of each month to discuss ways we can improve our local community, and also fundraise for various charities. New members are welcome so if you are interested in joining us please contact Charles on charles@fairwoodtrust.com or via Garth Rotary Club on Facebook.

During the last three months we have had a variety of social evenings including a whist drive, a fascinating talk by Eifion Glyn on his career in journalism, a presentation by Jeff Hobden on the Rotary Young Leader Program.

In February we held a Curry Night at the Spice Connoisseur which raised £517 for Velindre Cancer Centre.

Thanks to Dave Williams for organising a great evening.

In April we organised a litter pick which concentrated on the old haulage road from Heol Goch to the Cemex quarry and adjacent SSI woodland. 15 people attended and 33 bags of litter were collected.



Our future fundraising events are as follows:

14th June Garth Rotary Charity Golf Day at Creigiau Golf Club to raise funds to purchase a defibrillator for Creigiau.

28th June Race Night at Pentyrch Rugby Club to raise funds for Creigiau Explorer Scouts Group.

WHEN LIFE GETS BUSY, DO WE JUST FORGET?

Our lives are busy and litter is often the last thing on our minds. But the rubbish we leave behind is having a lasting impact on our wildlife, countryside and oceans.

Every day we drop millions of pieces of litter. All this rubbish is a real danger to animals - hedgehogs, squirrels and turtles try to eat it and get entangled. So we are calling time on rubbish excuses for littering.

What can you do to help?

It's simple, no matter the reason - you may be running late, the bin might be full - make sure you keep your rubbish with you until you find a bin. If we all take care of our litter we can make the world a better place to live, for our wildlife and for us. Keep it, Bin it.

Greening the Community

Living in our community, you might think that we have lots of trees and hedges and that there is no need for more. That is obviously so very wrong. The massive housebuilding along Llantrisant Road will impact on hedges and trees and introduce a more built-up feel to our area. If you walk around, you might notice a lot of wonderful mature trees but not very many smaller, younger trees. We all of us need to be better about successional planning and this is true for trees and hedges too. Without succession planting the community could experience a canopy crisis when these lovely mature trees reach the end of their natural life or simply keel over during a storm.

Over the course of the next year, Keep Creigiau Tidy would like to plant native British trees around the community. The trees we are planting will increase local biodiversity and provide a greater degree of adaptability and resilience to environmental change. It could also help with making the landscape more appealing in the future. We have a small number to plant now and an even bigger number arriving in November. (If you are interested in 'hosting' and 'parenting' a tree or two, please get in touch).

In the wild, the focus is always on planting native trees, but if you have room for a tree in your garden or your business has some grounds, there are so many beautiful trees to choose from to fit the space and your aspirations whether it be for spring flowering or fruit bearing or simply a place to put a bird feeder or foliage for Christmas.

In addition, the wonderful hedges that we take for granted do need to be maintained with holes plugged and new hedge lines planted. A 'green' hedge can provide habitat, shelter and food for so much wildlife and looks much more pleasant than a brick wall. So, if you are doing a little local gardening, never too late to plant a tree or hedge or take care of existing village green infrastructure.

Finally, over the next 12 months, we are hoping to significantly increase the wildflowers and flowering bulbs that we have in our green spaces. This is better for nature and better for us too. We are also hoping to get more bird and bat boxes installed. We can't do everything, but we can do something.



JUNIOR HELPER'S AWARD



Congratulations to George and Henry Palmer, who have recently been awarded Junior Helper's Certificates for their work at the Lan Memorial Woodland.

Both boys attend regularly on work days. Both are adept with tools and use the litter picker with skill. As well as helping regularly to keep the woodland tidy, they recently single-handedly cleared the litter from School Lane. It is good to see these young residents of the village so deeply involved in Community Service.

Mark Palmer, their father, said both boys felt highly honoured by their award. Henry commented it was a badge of honour.

Congratulations, George and Henry. Your work for the village is truly appreciated. Thank you from the Lan Team. Norma Procter

PROPOSED MOBILE PHONE MAST

An update on the proposed mobile phone mast on Parc Y Dwyrlyn fields on behalf of the Pentyrch Sports Association (PSA)

Further to our statements on 14th February 2019, 12th November 2018 and initially on 24th September 2018 (all of which are available on the Planning section of the Pentyrch Community Council website), there continues to be no substantive progress to report in the negotiations between our agent and the mobile phone operator at the present time. All parties are attempting to come to terms with the impact of the new legislation and recent case law. The PSA's objective continues to be to try and achieve a satisfactory outcome without the matter having to be referred to the Land Tribunal by the mobile phone operator.

Any further developments will also be published on the Planning section of the Pentyrch Community Council website and on the council's Facebook page. PSA - 14th May 19

Celts Explorers clean up Creigiau



On Thursday 09th May, the Celts Explorer Scout Unit got to work cleaning the street signs of Creigiau. Some of the village signs were very much in need of a little wash and polish and so the Explorers took to the streets and got to work removing years of grime and dirt. Being the Explorers, they got creative and turned street sign cleaning into a game and managed to make it fun.

This was part of the wider environmental & community programme that the Explorers have planned for the Summer. Next up will be bat and bird box building and a plant & tree survey around the woods at the back of the Creigiau Scout Hall. The Celts meet on Thursday evenings in Creigiau. If you want more information, visit us on www.creigiau.scoutsites.org.uk/explorers

HISTORY WALK

Snow was falling in the December of 1875 when a dreadful explosion ripped through Brass Vein at the Lan Colliery. On a beautiful sunny day in May, Friends of the Lan Memorial History Group guided a tour around the industrial relics of our mining history, including the ruins left on the Garth. Many walkers climbed to see what older residents called the Ding Dong, a circular disc at the head of a mine shaft once owned by Twm



Crydd. Looking down to the sports field and the peaceful valley floor, it is hard to understand it was once a sea of filth, ochre coloured mud and industrial noise, the sports field a holding pond for the iron industry, complete with a water wheel. On the Garth, the ruins of the cottages built for workers, who flooded in during the days of industry, led to endless discussion. While children explored in excitement, Gwaelod resident, Mary Hill was able to tell us who lived where, when in her childhood, there was still a thriving community in these

cottage. Mary proved to be a great source of oral history. Around ninety walkers were joined by Mark Drakeford, First Minister. Our County Councillor, Gavin Hill-John and Pentyrch Community Councillor Simon Roberts also walked the pathways of our history. The Lan team send their thanks to all who came and made this walk a success, especially to CCC's Richie Roberts, without whom no walk could have taken place. Norma Procter

GOLDEN GIRLS IN CREIGIAU

No, not a remake of the James Bond classic, but a reminder to all members and prospective members of Creigiau WI that we celebrate our 50th anniversary in October this year!

The WI meets in the Parish (Church) Hall on the second Tuesday of each month at 7.30pm, where we enjoy informative speakers, tea and biscuits, and a friendly natter. Details of the next meeting are posted on the hall notice board a week before. (Our August meeting usually takes the form of a day out instead of an evening meeting). In addition to our monthly programme we have a full range of activities:- theatre trips, gentle walks in Cardiff's stunning parks, boules sessions, whist evenings, a special 50th birthday dinner, and more. New members are always welcome. Phone Ann (20890885) for more details or just turn up to a meeting.



Paul Hogan and William Fox started Cymru kitchens in 1989. Their philosophy was to create rooms that suit your lifestyle, not force boxes into a given space. Hence their motto

'We'll fitwhere other can't'

Together with their dedicated team of carpenters, installers, builders, electricians and plumbers, they have installed over 5,000 dream kitchens, bedrooms and studies. That's more than one satisfied customer every day since they started.



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Wildlife on Our Doorstep

In our non-stop quest for exotic travels and daring adventures, do we sometimes miss the most amazing natural world that is literally in our neighbourhood? No need to drive or find a place to park, how lucky are we to have so much wildlife within walking distance. And, after a false start with a warm February and then a colder March, Spring has now well and truly arrived.

Our woodland floors are covered in their green blanket of wild garlic, the jackdaws are now paired up and nesting around our villages, and our hazels, alders and willows are covered with catkins. As we look around our local woodlands the trees are still bare of leaves, but the catkins provide a welcome patchwork of yellows, browns and oranges that punctuate the presently drab broadleaf stands and the bluebells are just beginning to push through the winter leaf litter.

The best place in our area to see a bluebell wood is on the hillside between Creigiau Farm and Tyn-y-Coed Road where there are numerous footpaths through the woods. The beechwoods above Castle Coch are also worth a visit.

The unseasonably warm February brought our insects out of hibernation early. The bumble bees that you may have seen buzzing around close to the ground are queen bees looking for new nest sites. A small number of butterflies have also been out and about, most notably speckled woods whose wings have a brown marbled pattern and as their name suggests, are most commonly seen beneath trees. These early waking insects are highly dependent on early flowering tree species for sustenance prior to the full onset of spring, and catkin-baring trees are essential to them, simply because they flower so early providing nectar at a time when food is scarce. Traditionally, emerging insects would have fed on clover and other early flowering plants grown in the pastures that were required to feed farm horses, but with post-war mechanisation replacing horses with tractors, these pastures became redundant and were turned over to other uses. As a result, catkin-baring trees are now essential for many insect species. Catkins are also a valuable food source for some of our bird species, particularly blue and great tits that can often be seen flitting around at the top of these trees taking droplets of nectar.

But catkins are not the only source of food for birds at this time of year. Ivy berries are also a major food source for our thrushes and blackbirds. Redwings are migrant thrushes that arrive in the UK from Scandinavia and Russia in autumn and leave in spring. They look similar to our normal song and mistle

thrushes but smaller with an obvious red flash beneath the wings, hence the name. We get large numbers in the fields between Pentyrch School and Creigiau Rec every winter, particularly in the fields and woods on the footpath as we descend down to Creigiau. The flocks can be huge and very noisy. At the time of writing (late March), redwings are still present in large numbers in our woods and seem to be feeding on the remaining ivy berries. So if you are walking in Tyn-y-Coed woods, or along the railway lines in Creigiau, or in the woodland along Heol Goch hill between Pentyrch and Gwaelod-y-garth, keep your ears open for them and then just follow the sound. You will see them flitting from tree to tree in large numbers. Whilst redwings are winter migrants, blackcaps and chiffchaffs are usually our first summer migrants to arrive. Both have been seen on bird tables and feeders in our villages this year and can now be heard throughout our parish. Both species are warblers. The blackcap has a particularly loud (for a small bird), complex and melodious song, whilst the chiffchaff is an onomatopoeic name, its song is a chiff followed by a chaff, although you may occasionally hear chaff-chiff. Both species are doing very well with numbers in the UK enjoying huge increases in recent years with their ranges spreading north through Scotland, something that only a few years ago would have not been predicted. If you see one of either on your bird table at this time of year, chances are it is just passing through, so enjoy it while you can. But if you really want to hear bird song at its best, rather surprisingly the top of Garth Mountain is the place to be to hear the master of persistent singing, the skylark.

The long grass on the top of the Garth is ideally suited to this ground nesting species. Skylarks have been in decline for many years due to changing farming practises, so we are blessed to have them in our area. Visually they are a patterned brown bird larger than a sparrow but smaller than a blackbird, and when you are on the Garth you will see them flying around at ground level quite freely. But when they sing, they rise vertically off the ground and hover often at the limits of our vision singing continually, before they drop back to earth again vertically. Quite a unique behaviour.

Song birds are typically plain to look at and it is only the males that sing. Bird song and colourful plumage are designed to attract mates so only one or other is necessary, and noisy brightly coloured small birds would be easy pickings for predators. Consequently, song birds tend to be inconspicuous with the robin being the obvious exception. However male and female robins are

indistinguishable as both have red breasts, but the male is the singer. Not all birds "sing", but all birds have alarm or location calls. Colourful birds like kingfishers, nuthatches and woodpeckers simply make "peep" noises for example. Our woodlands have lots of nuthatches, woodpeckers and a variety of other species including the UK's smallest bird, the goldcrest of which there seems to be many around this year along the railway lines going out of Creigiau. To see a kingfisher, Forest Farm opposite Radyr train station (over the Taff footbridge) is a good place to start. The hide overlooking the pond has a resident kingfisher that will pose for photographs in a very obliging way. Tyn-y Coed woods seems to be undergoing a transformation at the moment with lots of tree felling in process. There is UK-wide recognition that the vast stands of coniferous forests planted as sustainable sources of timber may not be the optimal use of land, with many of these forests being too densely planted resulting in small trees of limited timber value. Moreover, these forests are usually of a single species of tree providing relatively little benefit to wildlife. They are dark, claustrophobic places where light cannot penetrate, woodland plants cannot get established and biodiversity (the number and range of animal and plant species) is retarded. Several organisations are now looking to thin out, remove and replant these dark coniferous woodlands with broadleaf trees such as beech, sycamore, oak and other species that will not only increase biodiversity but will provide recreational space for people.

There is clear link between human wellbeing and being outdoors, and the ongoing work in Tyn-y-Coed woods is testament to that, even at this early stage of transformation. Where the work has been taking place, the area is light and airy rather than dark and unfriendly, and whilst it currently looks like the Klondike during the gold rush (very muddy and bits of tree everywhere), it is still a great place to spend time. It will only improve with time and is well worth a visit.

In all parts of our wonderful community, there are amazing things to see and hear and it is all on our doorstep. So what's stopping you? Get out there.

For further information on the birds in this article please go to: <https://www.rspb.org.uk/> or <https://www.bto.org/>. All the wonderful bits were written by local behavioural scientist, Dr Si Brooks. For feedback, comments and suggestions for this article please contact via amanda.thorpe@pentyrch.cc or call in to our offices, any morning between 9am-1pm, in Pentyrch.

Yoga

Gwaelod-y-garth Village Hall

Yoga for all ages. Improving strength, balance and flexibility.

Thursdays

6.15pm - 7.15pm Beginner/Improvers
7.30pm - 8.30pm Intermediate

13th June - 18th July 2019 (6 weeks £42)

1st August - 22nd August 2019 (Mixed ability summer class, 4 weeks £28)

Contact Johanna on 07515028072 or jo@johannapaxton.com

Groups & Classes regularly in Pentyrch Village Hall

Nursery	- Mon-Fri morning
Art Group	- Monday afternoon
Bridge Class	- Monday afternoon
Brownies	- Monday evening
ElderFit	- Tuesday afternoon
Guides	- Tuesday evening
QiGong	- Wednesday afternoon
JPJ Dance	- Wednesday afternoon/evening
Woman's Institute	- Wednesday evening monthly
Ladies Badminton	- Wednesday evening
Childrens Dance	- Thursday after school
Tang Soo Do	- Thursday evening
Hilltop Theatre	- Thursday & Sunday evening
Pentyrch Ladies	- Thursday evening monthly
Happy Gatherings	- Friday afternoon monthly
Garth Gardeners	- Friday evening monthly
Historical Society	- Friday evening monthly

If you would like any more information about any of these groups email pentyrchvillagehall@gmail.com

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Balance in Yoga

'The Tree' is one of my favourite yoga poses for balance, building strength, ankle stability and calming the mind. A complex set of sensory inputs, inner ear (vestibular), eyesight and proprioceptive sensing (touch) feed into the nervous system in humans to maintain healthy balance. In upright yoga poses like 'The Tree' we are exploring the quality of grounding and stability. Engaging key muscles in the legs, hips and core we can keep the lower body stable whilst allowing our upper body and breath to remain free and responsive.

Explore - Tree Pose.

Standing up tall, place the heel of your foot on top of your other foot or inside of lower opposite leg (Avoid pushing into the knee joint).

Try to keep your balance, steady in the ankles, press evenly into the four corners of the standing foot.

Reach your arms up wide above your head, relax your shoulders.

Quieten the mind, keep your breathing steady and relaxed.

If you feel a bit wobbly use a wall or someone in your family to help keep you steady.

Try changing your arm positions, taking one arm out to the side, and make a tree with a branch.

Don't forget to smile!

Johanna teaches relaxed, friendly yoga for all ages. Release unwanted stress and tension. Improve strength, balance, flexibility and co-ordination. Most importantly smile, laugh and enjoy an hour of healthy movement. Email jo@johannapaxton.com or call 07515028072 to book a place on the next half-term of yoga classes in Gwaelod y garth Village Hall, June 2019.



PENTYRCH KNIT & NATTER



On April 12th we celebrated our 3rd birthday with a meal at The Lewis Arms. [wonderful buffet as always - thank you Emma].

What a busy few years! As well as knitters doing their own projects, we have helped our many charities including: teddy bears for "Trauma Teds", chicks and crochet blankets for Velindre Hospital, the "Poppy Appeal" and "bonding squares" for neonatal babies at St Thomas Hospital.

We have had stalls at the Village Hall Fayre selling our wares to support the Hall funds. This year "fish and chip" baby jumpers and mini bobble hats for "Help The Aged" appeal. Always ongoing however, are the neonatal baby hats and mitts for the Heath Hospital, which we know are always needed.

Three years have flown by and we still meet on Fridays 10-12 noon, now in the downstairs library / meeting room at the Community Offices, thanks to Pentyrch Community Council.

So if you knit, crochet or sew, like to chat and laugh a lot, we would like to meet you. Why not drop in for a cuppa and give us a try. You will be made welcome.

Carol Saint 20891821



LESOTHO

Three Year 13 students from Ysgol Plasmawr visited Dosbarth 5 and Class 5 to share their experiences during a recent visit to Lesotho. Molly, Elin and Nia are all former pupils. Our Year 5 pupils thoroughly enjoyed listening to their informative account of their visit.



LESOTHO

Ymwelodd tri myfyriwr Blwyddyn 13 o Ysgol Plasmawr â Dosbarth 5 a Class 5 i rannu eu profiadau yn ystod ymweliad diweddar â Lesotho. Mae Molly, Elin a Nia i gyd yn gyn-ddisgyblion. Mwynheuodd disgyblion Blwyddyn 5 wrando ar eu hanesion difyr a'r holl wybodaeth am eu hymweliad.

CREIGIAU COMPANIONS

To celebrate St. David's Day Dosbarth 2 walked to the Church Hall to entertain the Creigiau Companions. After singing beautifully they thoroughly enjoyed chatting with their new friends.



CYFEILLION CREIGIAU

I ddathlu Dydd Gwyl Dewi fe gerddodd Dosbarth 2 draw i Neuadd y Pentref i ddiddanu Cyfeillion Creigiau. Ar ôl iddynt ganu'n swynol fe fwynheuan nhw sgwrsio gyda'u ffrindiau newydd.

RED NOSE DAY

We had a bright and colourful day celebrating Red Nose Day in our 'odd' clothes! We raised £369.55 for the charity.



PUPIL VOICE WATER CHALLENGE

We held a special assembly to celebrate our success in the Pupil Voice Water Challenge. The challenge, set by Cardiff Healthy Schools Team, encouraged primary school councils and pupil voice groups to come up with ideas to increase the amount of water pupils are drinking during the school day. Pupils from Creigiau Primary scooped first prize for their ideas to promote water consumption. Mrs Trigg and Mrs Horwood from the Healthy Schools Team attended our assembly along with Nadine Griffiths, Future Blues Schools Programme manager, and Rhys Gill, a Cardiff Blues Rugby player. Our SNAG group gave a presentation explaining the work done to win the award and Rhys spoke of the importance of drinking enough water and keeping hydrated. We also had a question and answer session with Rhys. The pupils asked many sensible and relevant questions and all pupils were presented with a water bottle. It was a very exciting afternoon for all.



HER DDŴR LLAIS Y PLENTYN

Cawsom wasanaeth arbennig i ddathlu ein llwyddiant yn Her Ddŵr Llais y Disgybl. Roedd yr her, a osodwyd gan Dim Ysgolion Iach Caerdydd, yn annog cyngorau ysgol gynradd a grwpiau llais disgyblion i gynnig syniadau i gynyddu faint o ddŵr y mae disgyblion yn ei yfed yn ystod y diwrnod ysgol. Enillodd disgyblion Ysgol Creigiau'r wobwr gyntaf am eu syniadau i hyrwyddo'r defnydd o ddŵr. Mynychodd Mrs Trigg a Mrs Horwood o'r Tîm Ys-golion Iach ein gwasaneth ynghyd â Nadine Griffiths, Rheolwr Rhaglen Ysgolion y Gleision, a Rhys Gill, chwaraewr Rygbi Gleision Caerdydd. Cawsom gyflwyniad gan ein grŵp SNAG yn esbonio'r gwaith a wnaed i ennill y wobwr a siaradodd Rhys am bwysigrwydd yfed digon o ddŵr.

DIWRNOD TRWYN COCH

Cawsom ddiwrnod lliwgar a llachar yn dathlu Diwrnod Trwyn Coch yn ein dillad 'od'! Codwyd £369.55 i'r elusen.

DISCO DANCING AT ST. DAVID'S HALL

As part of the Rubicon Dance Festival the Disco Dancing troop performed under the bright lights of St. David's Hall. The team performed brilliantly and this was reflected in the audience's response. Thank you to Mrs Tewkesbury and Miss Ryall for coaching them and thank you to the parents and families for their support



DAWSIO DISGO YN NEUADD DEWI SANT

Bu'r grŵp Dawnsio Disgo'n perfformio ar lwyfan Neuadd Dewi Sant fel rhan o Wyl Ddawns Rubicon. Perffor-miodd y grŵp yn wych ac roedd ymateb y gynulleidfa'n profi bod pawb wedi mwynhau eu perfformiad yn fawr. Diolch yn fawr i Mrs Tewkesbury a Miss Ryall am eu hyfforddi a diolch i'r rhieni a'r teuluoedd am gefnogi.

RIGHTS RESPECTING SCHOOL

We have successfully achieved the first stage of the Rights Respecting Schools Award. We are now Bronze: Rights Committed. Well done to everyone involved in ensuring this success. We will now be working towards achieving the RRS Silver award.

YSGOL SY'N PARCHU HAWLIAU

Rydym wedi llwyddo i gyflawni cam cyntaf y Wobr Ysgolion sy'n Parchu Hawliau. Rydym nawr yn ysgol Efydd: Ymrwymiad i Hawliau. Da iawn i bawb fu'n ymwneud â sicrhau'r llwyddiant hwn. Byddwn nawr yn gweithio tuag at y wobwr Arian.

'OPEN THE BOOK' ASSEMBLY

Recently four parishioners from St. Catwg's Church, Pentyrch attended our Key Stage 2 English assembly to deliver an 'Open the Book' assembly. The pupils thoroughly enjoyed listening to the story - many thanks.

GWASANAETH 'AGOR Y LLYFR'

Yn ddiweddar daeth pedwar aelod o Eglwys St. Catwg i gyflwyno gwasanaeth 'Agor y Llyfr' i ddisgyblion Cyfnod Allweddol 2 yr Adran Saesneg. Roedd y disgyblion wrth eu boddau'n gwrandao ar y stori - diolch yn fawr.

SCHOOL TRIPS

Many classes have been on interesting and memorable school trips recently.

Year 4 pupils visited Hampton Court. They started from school at 6am and returned just after 6pm! It was a long and tiring day but they all said that it was the best trip ever! Class 3 and Dosbarth 3 visited Margam Discovery Centre. They enjoyed a whole host of activities and learned many facts about life as a Celt. The pupils undertook many activities outdoors and they all thoroughly enjoyed the experience. Our Reception and Derbyn pupils visited Cardiff Castle to learn more about life long ago. They all had a fabulous but tiring day! Our Year 6 pupils visited St. Fagans to learn more about life during the Victorian era. They experienced a lesson in the Victorian school. They all thoroughly enjoyed although many commented that the teacher was far stricter than Miss Williams and Miss Griffin!



GWIBDEITHIAU YSGOL

Yn ddiweddar mae nifer o ddosbarthiadau wedi bod ar wibdeithiau diddorol a chofiadwy.

Cafodd disgyblion Blwyddyn 4 wibdaith arbennig pan ymwelwn nhw â Phalas Llys Hampton. Dechreuon nhw o'r ysgol am 6yb a dychwelyd ychydig wedi 6yh! Roedd yn ddiwrnod hir a blinedig ond maent i gyd yn dweud mai dyma'r daith orau erioed! Aeth Dosbarth 3 a Class 3 ar daith i Ganolfan Parc Margam. Cawsant gyfle i ddysgu am fywydau'r Celtaid a buon nhw'n cymryd rhan mewn nifer o weithgareddau yn yr awyr agored. Cawsant hwyl wrth ddysgu ffeithiau di-ri am y Celtaid. Aeth disgyblion y Derbyn a Reception i ymweld â Chastell Caerdydd i ddysgu mwy am fywyd 'slawer dydd. Cawsant ddiwrnod gwych ond blinedig iawn! Aeth disgyblion Blwyddyn 6 i Sain Ffagan i ddysgu mwy am fywyd yn ystod Oes Fictoria. Cawsant brofiad o eistedd mewn gwern yn yr ysgol Fictorianaid. Roedden nhw wedi mwynhau'n fawr er bod nifer wedi nodi bod yr athrawes lawer yn fwy llym na Miss Williams a Miss Griffin!



SWIMMING LESSONS

Last term our Year 3 and Year 4 pupils visited Fairwater Leisure Centre for swimming lessons. Every pupil improved their swimming skills during the 5 sessions and had lots of fun.

GWERSI NOFIO

Y tymor diwethaf, bu disgyblion Blwyddyn 3 a 4 yn ymweld â Chanolfan Hamdden y Tyllgoed i gael gwersi nofio. Roedd pob un wedi gwella eu sgiliau nofio yn ystod y sesiynau ac wedi cael hwyl.

URDD ART AND CRAFT WINNERS

Eight pieces of artwork created by our pupils have been awarded prizes in the Urdd Art and Craft County Eisteddfod.

- Heti (D5)-1st for 2D Creative Work Textiles Yr 5/6
- Isla (D4)- 1st for 2D Creative Work Textiles Yr 3/4
- Theo (D1)-1st for a Coloured Print Yr2 and under
- Ela Wyn (D1)-1st for a Series of Prints Yr2 and under
- Mari (D1)-2nd for a Series of Prints Yr2 and under
- Gruffydd (D1)-3rd for a Series of Prints Yr2 and under
- Owen (D1)-3rd for a Monochrome Print Yr2 and under
- Emrys (D4)-3rd for Computer Graphics Yr3/4

The artwork that were awarded 1st and 2nd prize will be judged at the Cardiff & Vale National Urdd Eisteddfod. Congratulations to all who competed.



ENILLWYR CELF A CHREFFT YR URDD

Mae wyth darn o waith celf a grëwyd gan ein disgyblion wedi ennill gwobrau yn Eisteddfod Sirol Celf a Chrefft yr Urdd.

- Heti (D5)-1af am Waith Creadigol 2D Tecstilau BI 5/6
- Isla (D4)-1af am Waith Creadigol 2D Tecstilau BI 3/4
- Ela Wyn (D1)-1af am gyfres o Brintiau Monocrom BI2 ac iau
- Theo (D1)-1af am Brint Lliw BI2 ac iau
- Mari (D1)-2ail am gyfres o Brintiau Monocrom BI2 ac iau
- Gruffydd (D1)-3ydd gyfres o Brintiau Monocrom BI2 ac iau
- Owen (D1)-3ydd am Brint Monocrom BI2 ac iau
- Emrys (D4)-3ydd am Graffeg Cyfrifiadurol BI3/4

Bydd y gwaith a ddaeth yn 1af ac yn 2ail yn cael eu beirniadu yn Eisteddfod Genedlaethol Caerdydd a'r Fro.

CARDIFF GAMES



The Disco Dancing group and many individuals who attend our after school club on a Monday competed at the Cardiff Games Dance Competition at the Warehouse, Cardiff. They all performed brilliantly. Anni, Dosbarth 6, reached the final round of the individual competition and the group came second out of 13 groups in the group competition.

URDD COUNTY EISTEDDFOD



We had two very successful days at the Urdd Regional and County Eisteddfod. Congratulations to all who competed. All competitors who came 1st and 2nd will represent the school and Cardiff and the Vale at the Urdd National Eisteddfod held at Cardiff Bay in May.

- 1st for Molly, Class 3, Recitation (Learners Yr 3 & 4)
- 1st for Ava, Class 5, Recitation (Learners Yr 3 & 4)
- 1st for Singing Group (Learners)
- 1st for Recitation Group (Learners)
- 1st for Dramatic Presentation (Learners)
- 2nd for Recitation Group (Welsh Section)
- 2nd for Mabli, Dosbarth 4, solo Yr 3 & 4
- 2nd for Luna, Class 2, Recitation (Learners Yr 2)
- 3rd for Dramatic Presentation (Learners)

Many thanks to the Friends of the School for running the café at the Eisteddfod - and raising over £1000 for the school.

EISTEDDFOD SIR YR URDD



Cawsom ddau ddiwrnod llwyddiannus iawn yn yr Eisteddfod Gylch a Sir ym Mis Ebrill. Llonyfarchiadau i bawb a fu'n cystadlu. Bydd pob cystadleuaeth gafodd 1af neu 2ail yn cynrychioli'r ysgol a Chaerdydd a'r Fro yn Eisteddfod Genedlaethol yr Urdd a gynhelir ym Mae Caerdydd yn ystod hanner tymor y Sulgwyn.

- 1af i Molly, Class 3, Llefaru Bl 3 a 4 i ddysgwyr
- 1af i Ava, Class 5, Llefaru Bl 5 a 6 i ddysgwyr
- 1af i'r Parti Unsain i ddysgwyr
- 1af i'r Parti Llefaru i ddysgwyr
- 1af i'r Ymgom i ddysgwyr
- 2ail i'r Parti Llefaru
- 2ail i Mabli, Dosbarth 4, unawd Bl 3 a 4
- 2ail i Luna, Llefaru Bl 3 a 4 i ddysgwyr
- 3ydd i'r Ymgom i ddysgwyr.

Diolch o galon i Gyfeillion yr Ysgol am redeg y caffi yn yr Eisteddfod.

BASKETBALL FESTIVAL



Twelve Year 6 girls participated in a fun basketball festival at Cardiff Metropolitan University. The event was coached by Olympic and Commonwealth basketball player Stef Collins. 'Archers Basketball' and the 'Girls Together' campaign arranged the event, with the aim of engaging more girls in the sport. The girls all received a basketball to take home and an invitation to attend a Women's Basketball League game. Emily, Class 6, received a special gift for her sportsmanship.

TAG & TACKLING RUGBY TOURNAMENT

Four teams (both tag and contact rugby) competed at the Urdd Tournament held at Llandaff Fields. All teams played excellently with one girls' tag team reaching the semi-final round.

GŴYL BÊL-FASGED

Aeth 12 o ferched Blwyddyn 6 i gymryd rhan mewn gŵyl bêl-fasged ym Mhrifysgol Fetropolitan Caerdydd. Hyfforddwr y digwyddiad oedd Stef Collins, chwaraewr pêl-fasged Olympaidd a'r Gymanwlad. Trefnwyd y dig-wyddiad gan 'Pêl-Fasged Archers' ac ymgyrch 'Girls Together', gyda'r nod o ddenu mwy o ferched i gymryd rhan yn y gamp. Derbyniodd y merched bêl-fasged i fynd adref a gwahoddiad i fynd i gêm bêl-fasged. Derbyniodd Emily, Class 6, wobwr arbennig am ei hagwedd a'i brwdfrydedd.

TWRNAMAINR YRUGBI TAG A THACLO



Cystadlodd pedwar tîm rygbi - taclo a thag yn Nhwramaint yr Urdd a gynhaliwyd ar gaeau Llandaf. Chwaraeon nhw i gyd yn wych gydag un tîm tag merched yn cyrraedd y rownd gyn-derfynol.

CLWB GWYDDBWYLL PENTYRCH CHESS CLUB

The Pentyrch Chess club has had a successful season for 18/19 with the C team in line for promotion to division 3 of the of the East Glamorgan League with one game in hand. We are hoping to be able to field a third team for the next season.

We hosted a friendly match against our "twinned" team of Downend and Fishponds at the Kings in April. The visitors won 5-3. Retaining the cup for another year.

The club is open to anyone of all abilities who is interested in playing chess, either competitively or socially. To make contact – see www.pentyrchchess.co.uk or come along to the Kings Arms on a Monday evening. The club meets between early September and the end of April at 7.30pm (6:30 for younger members) most Mondays at the Kings Arms, Church Road, Pentyrch. We appreciate the support of the King's Arms landlord, Dan in providing us with a space to host our practice sessions and matches.

Mae croeso cynnes i aelodau newydd i ymuno gyda ni i chwarae gwyddbwyll, boed i chwarae yn gystadleuol neu yn gymdeithasol. Rydym yn cwrdd yn wythnosol yn nhafarn y Kings ar nos Lun.



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W. www.oldposthousecafe.co.uk
A. Old Post House, Greenwood Lane, St Fagans CFS 6EL.

Pentyrch Hill Race

The 33rd annual Pentyrch Hill Race: is a registered grade
BM Fell Race

Incorporating the South Wales
Regional Mountain Running
Championships.

This years race was held on
Tuesday 30th April 2019.
Compared with last years
gales and torrential rain the
day dawned bright and almost
windless. It stayed like that
throughout the day., When



athletes assembled for the start at 7 p.m. conditions were
ideal for a hard race of 7 miles and 1600 feet of climbing.

Even before the start, the race was not without incident, in
that the previous Saturday it became necessary to reroute
the course, not an easy task, particularly as a number of
marshals had to be rerouted as well. In a one lap 7 mile
course in which athletes could easily take a wrong turn,
marshals are essential: there were almost 40 around the
course. On the evening before the race I received an email
to say that a branch had fallen across the path in Ty'n y
Coed. I did not take that too seriously, but on the morning of
the race decided I ought to check it out: the branch was a
full, old beech tree that had come down in the storms a few
days previously and completely obliterated the path. It took
some time to find a scrambling alternative.

I had previously been informed by the police that they no
longer had insurance to close any roads for the event so
they were unable to give us their usual support. For 33
years they had always held traffic on the length of Ty'n y
Coed Road (the first mile) for ten minutes or so at the start
of the race, so additional road signage was bought to
support the marshals on the road sections.

So it was with this background that the 240 athletes, some
experienced international fell and cross country runners, set
off from Mountain Road in Pentyrch, and what followed was



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a superb race dominated by three times previous winner
Daniel Bodman (Aberdare Valley AC) in a time of 46.03
minutes. Such was his dominance that the second person,
John Howells (Pontyridd Roadents) was three minutes
behind him in a time of 49.04 minutes, well over half a mile
in a race of this quality. After that, the runners crossed the
finishing line in quick succession. The first lady was Katie
Beecher of Les Croupier Club in a time of 57.46 minutes.

Everyone finished, although three ladies from Chepstow
Harriers were a long way behind – ours is not a good race to
run a couple of days after the London Marathon.

Many of the athletes praised the marshalling and the
organisation of the race and vowed to return next year.
Quite a few remarked at the support they received around
the course, even to the extent of saying that they were
astonished to find support so far away from the start. It is
heartening when in the depths of the woods, or the top of
the mountain there are people cheering you on.

There were a lot of people involved in the running and the
organisation of the race and my thanks go out to them. We
maintain our claim to be the biggest and best Fell Race in
south and mid Wales. John Gough



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Creigiau Cricket Club — Super Club!

Yes, we are proud to announce Clwb Criced Creigiau Cricket Club is one of just 7 Super Clubs in the Cardiff area. Working with Sport Cardiff, Super Clubs demonstrate the highest standards in community sport, across various categories including qualified coaches, welfare and child protection, first aid and insurance. In short, it means the Club is doing things the right way!

The season has had a momentous start already! We hosted the first Women's Softball Cricket festival of 2019 on a rather cooler than average May Bank Holiday Monday (compared to our 2018 tournament!) where we welcomed teams from Sudbrook (winners on the day), Newbridge, Malpas and Treganna (Cardiff).

We held our first All Stars session (fully booked with 70 children registered!) on the 10th May and combined it with a celebratory event (BBQ, Bar, Tealicious Vintage Teas) for family members and the village community to mark the start of Cricket World Cup 2019. Creigiau is among a number of designated Cricket World Cup Clubs, see #CWC19Clubs on Twitter. It was also a chance to show off the new kitchen facility in the pavilion funded by the Creigiau Recreation Area Management Committee (CRAMC). Big thanks/diolch yn fawr to Jane Drinkwater-Evans and all who supported the evening, including Hywel John from our neighbours Pentyrch who kindly lent a hand supporting the All Stars.

Meanwhile on the pitch both 1st (newly promoted) and 2nd teams have registered a win and a loss each in the



Thomas Carroll South East Wales Cricket League, an early season highlight being a first ever century (118) struck by 1st team player Daf Taylor in the win at Rogerstone.

Finally our men have been eclipsed again by our women who flew the flag for the Club, village, (city and nation!), runners-up on debut in Spain at the recent La Manga Cricket Club's 6th Ladies 6-a-side festival which featured teams from the host nation, Belgium, Switzerland and England. To add to this achievement, Eleanor Crowley was awarded best bowler and Nia Gittins, player of the tournament!

We are a family-friendly and inclusive Club. Be part of it and join us (we even have a Club song courtesy of Messrs Proctor & Lloyd-Kendall)!

General Enquiries: Arthur Cook

Email cook3603@tiscali.co.uk

Tel. 07958 577312

For news and updates follow us on Twitter @CreigiauCC

Tennis for Kids

Launched in 2017 following the Great Britain Davis Cup win, Tennis for Kids is a 6-week course for children who are new to the game and includes a free racket & ball set and customised t-shirt for all participants. This summer holidays Tennis for Kids arrives at Pentyrch Tennis Club, running Thursdays 4pm (ages 5-7) and Thursdays 5pm (ages 8-11). Places are limited and can be booked online: www.tennisforkids.co.uk

Tennis for Kids is part of a wider refresh of junior activities at the club, with a popular term-time running every Monday and the club having representative teams in the quarterly Tennis Squad Team Challenge.

Adult activities run year-round on the floodlit courts, with weekly Mixed, Men's and Social nights, plus teams in the Tennis Wales doubles leagues.

Interested in joining the club?

You can find out more on our website at www.pentyrchtennis.co.uk



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Clwb Rygbi Pentyrch RFC

The club has enjoyed a reasonably successful season overall, with the Youth and both Senior teams having had very successful cup runs. During April the Youth XV played in the WRU Cup semi-final against a strong Tenby United side, who took the honours. They also played Rhiwbina RFC in the semi final of the Blues South Plate, where they secured a handsome 42-7 victory over Rhiwbina RFC. This allowed them to play Llandaff RFC in the final at Cardiff Arms Park on 10 May, where they were narrowly defeated 11-6.

The 2nd XV narrowly beat Rhiwbina RFC 17-16 in the semi final of the East District Ninian Stuart Cup and this also allowed them to play in the final at the Arms Park on 11 May. They faced a much bigger side in Dinas Powys RFC and despite losing 19-14 the team gave an admirable display.

The 1st XV had a good start to the season in Division 3A East Central of the WRU National league and managed to reach the fifth round of the WRU Plate. Since the turn of the year the fortunes of the team declined in the league, with only two wins recorded since January 2019. Everyone in the club hopes the team has done enough to stay in its current league following this season's national league reorganisation by the WRU.

The club also runs one of the largest Mini and Junior (M&J) sections in Wales, with approximately 250 members (girls and boys), covering all age groups between U7s to U16s. The season culminated on 4 May with the holding of the traditional Summer Ball, where nearly 200 attendees enjoyed a three course meal and dancing to a live band in the marquee. On the following day the marquee was used to present all M&J age groups with their respective trophies.

In recent months the club has also formed a female touch rugby group. This was primarily established as a keep fit exercise but the ladies hope to compete against some local sides in the near future.

For any new readers to the Community Link the Rugby Club always welcomes new members and players. The club is open every day of the week and can be hired for any type of social event or business meeting. More information is available on the club website – www.pentyrchrugby.co.uk or by contacting the Secretary, Gareth Williams, on 07503151289.

Merched y Wawr

Cafwyd cyfarfodydd amrywiol ac hynod ddiddorol yn ystod y misoedd diwethaf.

Ym mis Chwefror daeth y Dr Rowland Wynne atom i sôn am yrfa a gwaith yr Athro E J Williams ac yntau wedi cyhoedd llyfr am y gwyddonydd pwysig hwn. Roedd cynulleidfda deilwng yn gwrandao ar gyflwyniad hynod ddifwr ac addysgiadol.

Ym mis Mawrth aeth criw am de prynhawn i'r Berllan yn Radur a mwynhau'r gwleddu a'r cymdeithasu. Tro'r darlledwr adnabyddus Tweli Griffiths oedd hi yng nghyfarfod mis Ebrill a theitl ei gyflwyniad ef oedd "Yn ei chanol hi" ac yntau wedi cael cyfle i deithio a chael profiadau arbennig fel newyddiadurwr i'r Byd ar Bedwar. Cawsom ein tywys i Syria, Lybia, Cuba, Iran, Iraq ac Ethiopia a chlywed ambell stori ddirdynnol. Ar nodyn ysgafnach fe'n swynwyd hefyd gan ei allu lledrithiol wrth iddo berfformio ambell dric cofiadwy!

Merched Y Wawr



Kevin Davies a'i drefniadau yng nghyfarfod Merched y Wawr.

Merched Y Wawr have enjoyed another season of interesting meetings ranging from Dr Rowland Wynne's talk about the renowned physicist Professor E.J. Williams; Tweli Griffiths account of some of his experiences as a journalist at HTV to Kevin Davies' flower arranging evening. Members also enjoyed an excellent afternoon tea at The Orchard in Radyr. Next month we hope to learn more about tracing ancestry and the season will end with a meal at a local venue.

GEMAU CAERDYDD

Cystadlodd y grŵp Dawnsio Disgo a nifer o unigolion sy'n mynychu'r clwb dawns ar ôl ysgol nos Lun mewn cystadleuaeth ddawns Gemau Caerdydd. Perfformiodd pob un yn wych! Cyrhaeddodd Anni, Dosbarth 6, y rownd derfynol yn y gystadleuaeth unigol a chipiodd y grŵp yr ail wobr allan o 13 grŵp yn y gystadleuaeth i grwpiau

CREIGIAU COMMUNITY MARKET

The bread, buns and croissants sold out by 10 am. The pies and delicatessen sold out by 10:30 am. The fancy cakes sold out by 11:15 am and the organic vegetables sold out by 12 noon. Was it a success? I think that we can all agree that the first CREIGIAU COMMUNITY MARKET was!



Will it be held again? Yes, it will be held for a trial period, on the second Saturday in the month in June and July in order to see if there really is a desire for an organic and free range Market in the village. If people continue to support the market over these three months, then we hope to make it a regular event.

In June there will be additional supplies of bread, pies and cakes



(fancy and loaf), organic meats and poultry, freshly ground coffee, artisan preserves, farm fresh vegetables, goats products and, new for June, local honey, local flowers and, maybe, a fishy surprise!

Take advantage of free entry with a warm welcome for children. Take the opportunity to do your bit in saving the planet by purchasing a home crafted fabric bag to take away your goodies.

Everyone is welcome, but, Come Early to get your warm bread, croissants, rolls and pain au chocolate.

The next Market will be on Saturday 8th June from 9 am until 1 pm.

The third Market will be on Saturday 13th July from 9am until 1 pm.

Jennifer Nelmes, Organiser
Creigiau Community Market

**Creigiau Companions,
The Retired Persons' Club**

A warm welcome awaits those who present themselves at the Church Hall in Creigiau at meetings. We meet every other Thursday from 2 p.m to 4 p.m., generally to hear a speaker, often inspirational, sometimes funny, always informative, and we then have about 45 minutes of contact/conversations with our fellow members. We go out for a meal – lunch or tea, three times a year, and have an annual away day – an outing.

Our schedule of meetings for the immediate future is:

2nd May Talk on Blood Bikes; 16th May Talk on visiting Outer Mongolia; 30th May 13th June Summer outing; 27 June site visit and talk on the history of St Catwg's Church; 11th July Photography in Wales; 25th July Nursing in the 1950s.

We generally have about 35 members at the meeting and we charge £2 which will give you a cup of tea and one or more biscuits, and entry into a raffle.

If to need to speak to anyone one for further information then the contacts are:

John Gough 029 20891721
Pam Ayes 029 20891652

Cantorion Creigiau

Cantorion Creigiau Singers our local mixed choir continue to meet in Creigiau Golf Club on Sundays at 7.30pm. New members, particularly men, are warmly welcomed to come along and join us. We rehearse in the room upstairs, with the option of socialising in the bar downstairs afterwards. Former concerts at Creigiau Golf Club (a "Wales" theme) in March and the Radyr Festival on Saturday 4th May were well received and raised funds for "The British Heart Foundation" and "Action for Children" respectively. We look forward to performing in Salem Chapel Tonteg on Thursday 4th July (with some American themed music). All are welcome to come along and enjoy the concert. Following a successful performance at a wedding in Llandaff Cathedral, we will also be singing at a wedding in Llanishen Church in June. The choir will break for the summer on July 14th and recommence on September 8th.

We often perform to raise money for charity. For concert or wedding bookings or enquiries please contact Varion Gapper tel 01443 207923 variongapper@gmail.com

Our website-www.cantorion-creigiau
Facebook- [cantorioncreigiausingers/](https://www.facebook.com/cantorioncreigiausingers/)

Creigiau Allotments



Creigiau Allotments held their first fundraising event of 2019 with a coffee morning at Creigiau Church Hall on Saturday 6th April. The occasion was well attended, with plenty of refreshments, stunning cakes and a great selection of plant sales.

There were plenty of visitors enjoying a leisurely chat over a cuppa with friends old and new. A total of £460 was raised, with £250 going to Velindre Cancer Care and the balance to allotment funds.

The next event will be the annual Allotment Open Day on Sunday 14th July – admission is free, and there will be refreshments, plant and produce sales as well as activities for children. If you haven't visited the allotments before, please come along for a walk around the plots and a cuppa.

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Creigiau Carnival 2019

Welcome to the jungle, we've got fun and games..... It's almost like Guns 'n' Roses wrote the opening line of their song for us.



Creigiau Carnival will be held on Saturday 29 June and the theme for this year is 'Jungles and Wildlife'.

The events and dates for Carnival week are:-

Fun Run / Sports Event – Saturday 22 June, Recreation Field. Running races and fun events for all ages. Registration from 9:45am, first race 10:00am.

Carnival Quiz – Tuesday 25 June, Creigiau Inn. Test your knowledge against some of Creigiau's finest (and not so fine) brains! Teams gather from 8:30pm, first question 9:00pm.

King and Queen Disco – Thursday 27 June, Creigiau Church Hall. A fun evening where our Carnival King, Queen and attendants will be chosen to head the carnival procession. 6:30pm to 8:00pm. **Please Note** this has changed from our usual Monday evening slot.

Carnival Day – Saturday 29 June. Floats gather from 1:00pm at the Green, Parc-y-Fro for judging, depart at 1:30pm for a procession through the village arriving at the Recreation Field at around 2:00pm. Prizes for floats and fancy dress will be awarded at around 2:15pm.

Carnival will include live music, fun fair, children's entertainer, target football, archery, stalls selling plants, sweets and refreshments as well as the ever popular Creigiau 23 beer tent, prosecco stall and barbeque. Our raffle, with a first prize of £100, will be drawn at 4:00pm and tickets will be available to buy on the day and at all the weeks events.

Carnival programmes will be on sale in the run up to the event and can also be bought on the day from our sellers

NEWS FROM PENTYRCH CRICKET CLUB WALES v the MCC at PENTYRCH

The club is delighted to be hosting this prestigious 3 day game on Wednesday 12th June – Friday 14th June. Come along to enjoy some Minor Counties standard cricket – bar and refreshments available every day with lunch-time BBQ.

A MUSICAL EVENING AT THE PAVILION

On Saturday 22nd June the club will be holding a musical evening around the pavilion featuring the band the Cover Notes. Food will be provided.

FANCY A GAME?

The club welcomes everyone.

The ALL STARS on Wednesday nights from 5.30 pm (fun activities for 5 to 8 year olds)

All age group junior league cricket throughout the week with training nights on Thursdays

Competitive Saturday League cricket for seniors in the South East Wales Cricket League

Friendly matches both mid- week and on Sundays including the more informal "Sunday Smash" matches

For more information on any of the above, email alansiddall@yahoo.co.uk or call in the pavilion for a chat.



Pentyrch Horticultural, Cookery and Craft Show

**Saturday
7th September 2019**

PENTYRCH VILLAGE HALL

Open to the Public at 2.30 pm



Refreshments available

Admission £1.00

(Children Free)



Plan your entries in advance!
FREE full show programmes with details
of how to enter are available in
Pentyrch Pharmacy, Lewis Arms, Cwtch,
P&R Hopkins, Spar, Halo.



outside of the Creigiau Inn and on Cardiff Road. Avoid the queue at the gate and buy early!

All of the funds raised at the Carnival are shared between Creigiau 23 and CRAMC. Creigiau 23 donate funds to local groups and organisations – visit www.creigiau23.org.uk for details on how to apply for a donation and to see details of previous donations. CRAMC uses their share to maintain and develop the facilities for all at our village recreation field. We hope you are able to join us for another successful week of events. Post your pictures and follow us on Facebook and @creigiaucarnvl.

National Garden Scheme Local Openings

Saturday 8th/Sunday 9th June 11.00am-5.00pm
Gwaelod y Garth Village Gardens

Sunday 16th June 1.00 – 5.00pm
Creigiau Village Gardens

Refreshments & Plant Sales at many gardens

For more details visit www.ngs.org.uk



Great Gardens,



Great Cake...